

# North Coast Leisure Centre

## Community Development Project



# Potted history

- Initial plans made in 1972
- Leisure pool opened in 1996
- Cost £404 000 to build
- Fitness suite opened in 1999
- Catchment area the size of London, population 2500



# NCLC Development Project

- *“To improve the physical, mental and social health and well-being of the wider North coast community”*
- Initial two year plan including development officer
- PR & marketing – community website
- Improved facilities – disabled access
- Major investment in training
- To become a centre of excellence in physical therapy
- Building community partnerships



# Active in the community



# Next steps...

- Training in the community – empowering carers
- Activities and events
- Embedding NCLC as ‘healthy hub’
- Taking the show on the road!
- Sharing best practice

