

<i>item:</i>	5
<i>report:</i>	CYP18/06

# HEALTH IMPROVEMENT FUNDING

By Jane Groves

## Summary

This report makes proposals for the use of the funding dedicated to health promotion activities in 2006/07, with further proposals for 2007/08.

### 1. Background

The Scottish Executive established a Health Improvement Fund (HIF) in 2000, and NHS Highland devolved the governance for the spend on children's services within this fund to the Joint Committee. The fund no longer exists as a ring-fenced budget, and is included in overall health funding. However, it is being used to continue to support the original objectives, to address issues in relation to:

- diet
- exercise
- smoking
- alcohol
- sexual health

### 2. Proposed spend for 2006/07

2.1 It is proposed that this funding is used in 2006/07 to support the following activities. This largely provides continuity with existing services.

Health Improvement	
Child Psychology	44,000
I-Can Project	39,000
GOYODA Youth Advice Service (Match Funding)	15,000
Youth Voice conference (Walk the Talk)	4,000
Supporting Sure Start / developing Family Support	70,000
Parenting Strategy - Training and Development	40,000
Health Promoting Schools Officers (part funding towards £95,000)*	60,000
Breakfast Clubs	35,000
Pre-School Fruit	35,000
School-Based Smoking Cessation	20,520

Alness One Stop Shop	7,000
<b>Total</b>	<b>369,520</b>

2.2 It is important to note issues in relation to the following activities:

Health Promoting Schools Development posts

Health Promoting Schools Officers posts were funded for two years in each of Highland's original Community Health Partnerships. At present, 2.5 wte Officers are in post. Mid-Highland CHP lacks an Officer for the Lochaber area.

These posts are line-managed by the CHP, within a partnership agreement with NHS Health Promotion Department and joint objective setting and professional support given by the Health Promoting Schools Development Manager. Former HIF money provides £60,000 of potentially recurring funds, and top-up funds are available from NHS Highland for 2006/07, but there will be a shortfall of £20,000 for 2007-8 and for any future years if these posts are to continue.

It is proposed that 3.0 wte Health Promoting Schools Development Officer posts are funded on a recurring basis from 2007/08. This would utilise the money currently allocated for schools-based smoking cessation, and these posts would help continue to support this activity. Further, the work on schools-based smoking cessation for 2006/08 will extend and embed the learning from the original STYNX project, through the development of a peer support manual, training for relevant staff, and the production of guidance for schools.

HIF Health Promoting Schools	£60,000
NHS Highland	£15,000
HIF (previously allocated to schools-based smoking cessation)	£20,520
<b>Total</b>	<b>£95,520</b>

**3. Your Choice to Healthy Living**

3.1 There is no dedicated budget at present to underpin developmental activities as part of the successful 'Your Choice to Healthy Living' campaign, which covers Health Promoting Schools, Hungry for Success,

and Active Schools. During 2005/06, materials (such as the Your Choice Implementation Plan; information leaflets and posters; Guidance on School Nutrition and Sporty Snacks) have been produced using non-recurring money from NHS Highland.

- 3.2 It is essential to identify funds to continue the development of materials and initiatives under this heading. Funds are likely to be available for health promoting schools activity in 2006/07 from NHS Highland, but this will cease in 2007/08.
- 3.3 Accordingly, it is proposed that discussions take place with GOYODA, such that this should be the final year of expenditure on this project. It was originally envisaged that GOYODA would be a youth information hub for all of Highland, but this has not proved feasible. This budget of £15,000 would then be overseen by the Your Choice Steering Group.

### **Recommendation**

The Joint Committee is asked to agree the proposals contained in this report.

**Jane Groves**  
Health Promotion Manager