

Information on welfare, benefits and employment rights in Highland Libraries

- **Free access to the internet** in all libraries, giving access to a range of government and voluntary agency websites
- **Community Information database** under development, listing support groups and advocacy organisations
- Legal advice from **CANS Advice Notes**, a **free** database of consumer advice and employment rights run by the Citizen Advice Bureau - available in all libraries (or online at home) to library members
- **KnowUK** - a **free** database in all libraries (or online at home) allowing library members access to a wide range of directories and legal advice and support
- Consumer protection advice from the Consumers' Association available through the **Which? Online** database (Inverness Library only)
- A range of **up-to-date books** on the Scottish legal system, the benefits system, employment and educational opportunities and employment rights, for example:

- Directory of grant-making trusts
- Guide to grants for individuals in need
- Charities digest
- Charities in Scotland
- Employment law
- Benefits information guide
- Welfare benefits and tax credits handbook
- Disability information guide
- Directory of volunteering and employment opportunities

- **College and University prospectuses** for the whole of the UK (Inverness Library only)
- **FRILLS** (Free Research Information Leaflets) – a collection of leaflets produced by a wide range of private organisations and government agencies, arranged by subject (Inverness Library only)

Essential Guide to Benefits and Money Advice, a guide produced by the Highland Council providing essential advice and information for individuals and groups who:

- believe they may be entitled to benefit;
- care for or support another person;
- know of someone that may be entitled to benefit;
- need assistance and advice with their finances; and
- need advice about energy efficiency.

Available in libraries or online at www.highland.gov.uk