

2004 Population Estimates (GROS)

Area Summary	% change			2004 population by age-band					
	2004 pop	2001 pop	2001-2004	0-15	16-29	30-44	45-59	60-74	75+
Badenoch & Strathspey	11,900	11,649	2.2	2,123	1,454	2,498	2,782	2,013	1,030
Caithness	25,164	25,552	-1.5	4,768	3,611	5,440	5,345	4,142	1,858
Inverness	67,733	66,562	1.8	12,770	10,489	15,537	14,460	9,510	4,967
Lochaber	18,789	18,791	0.0	3,585	2,493	4,048	4,293	3,053	1,317
Nairn	11,707	11,386	2.8	2,181	1,489	2,453	2,551	2,004	1,029
Ross & Cromarty	49,967	49,358	1.2	9,629	6,750	10,266	11,604	8,023	3,695
Skye & Lochalsh	12,374	12,156	1.8	2,325	1,536	2,490	3,072	1,914	1,037
Sutherland	13,706	13,466	1.8	2,302	1,467	2,560	3,246	2,757	1,374
Highland	211,340	208,920	1.2	39,683	29,289	45,292	47,353	33,416	16,307

BADENOCH & STRATHSPEY

	% change			2004 population by age-band					
	2004 pop	2001 pop	2001-2004	0-15	16-29	30-44	45-59	60-74	75+
Aviemore Central	856	892	-4.0	180	130	196	160	126	64
Aviemore East	991	949	4.4	152	225	230	224	127	33
Aviemore West	749	712	5.2	149	85	178	200	97	40
Badenoch & Strathspey South	585	579	1.0	94	54	133	133	139	32
Boat of Garten	619	616	0.5	102	63	136	139	127	52
Carrbridge	784	759	3.3	160	107	161	206	119	31
Cromdale	675	675	0.0	122	74	131	179	115	54
Grantown Central	643	609	5.6	118	75	137	141	105	67
Grantown North	782	700	11.7	125	75	144	156	138	144
Grantown South	871	855	1.9	201	115	187	187	112	69
Grantown West Rural	595	576	3.3	86	47	122	141	132	67
Kincraig	620	616	0.6	101	66	114	164	130	45
Kingussie North East	798	818	-2.4	166	109	184	171	114	54
Kingussie South West	578	587	-1.5	91	51	114	141	96	85
Nethy Bridge	729	726	0.4	107	70	128	193	155	76
Newtonmore	1,025	980	4.6	169	108	203	247	181	117
Badenoch & Strathspey	11,900	11,649	2.2	2,123	1,454	2,498	2,782	2,013	1,030

CAITHNESS

				2004 population by age-band					
	2004 pop	2001 pop	% change 2001-2004	0-15	16-29	30-44	45-59	60-74	75+
Castletown	765	802	-4.6	182	144	161	154	78	46
Castletown Rural	537	512	4.9	89	76	129	117	96	30
Dunbeath	805	772	4.3	110	88	173	184	174	76
Dunnet	850	775	9.7	148	114	155	210	177	46
Halkirk	932	922	1.1	191	128	210	182	164	57
John o' Groats	636	643	-1.1	120	77	142	137	112	48
Keiss & Lyth	658	678	-2.9	122	106	145	159	91	35
Lybster	622	653	-4.7	120	74	111	148	108	61
Reay	673	652	3.2	143	67	142	160	111	50
Scrabster	730	647	12.8	96	96	139	181	118	100
Thrumster & Clyth	637	632	0.8	92	79	127	159	131	49
Thurso North West	582	583	-0.2	116	99	120	107	87	53
Thurso Central	792	884	-10.4	102	92	143	185	161	109
Thurso Central West	594	635	-6.5	127	64	118	130	112	43
Thurso High and Low Ormlie	901	939	-4.0	204	177	205	168	109	38
Thurso Mountpleasant	745	782	-4.7	138	133	165	144	116	49
Thurso Mountvernon	556	599	-7.2	105	106	127	99	88	31
Thurso Pennyland Central	542	549	-1.3	104	71	123	115	101	28
Thurso Pennyland North	570	579	-1.6	127	82	123	127	75	36
Thurso Pennyland South	848	867	-2.2	191	122	200	158	138	39
Thurso Rural	987	877	12.5	174	142	241	220	162	48
Thurso Springpark	673	768	-12.4	99	71	146	151	137	69
Watten	821	800	2.6	154	100	152	199	150	66
Westerdale	656	654	0.3	123	75	155	145	125	33
Wick Broadhaven	609	545	11.7	141	78	146	104	80	60
Wick Central North	623	645	-3.4	83	75	139	124	107	95
Wick Central South	719	729	-1.4	152	109	192	132	87	47
Wick Hillhead North	757	860	-12.0	195	147	166	113	94	42
Wick Hillhead South	705	724	-2.6	129	91	154	172	128	31
Wick North Primary School	549	579	-5.2	97	84	124	103	107	34
Wick North Rural	580	592	-2.0	92	87	137	148	77	39
Wick Pultneytown North	568	578	-1.7	96	94	115	108	95	60
Wick Pultneytown South	518	594	-12.8	139	102	129	94	41	13

Wick South	645	704	-8.4	118	118	127	130	111	41
Wick South Head	567	603	-6.0	106	88	112	111	87	63
Wick South West	618	642	-3.7	117	79	124	122	122	54
Wick West Rural	594	553	7.4	126	76	123	145	85	39
Caithness	25,164	25,552	-1.5	4,768	3,611	5,440	5,345	4,142	1,858

INVERNESS

	% change			2004 population by age-band					
	2004 pop	2001 pop	2001-2004	0-15	16-29	30-44	45-59	60-74	75+
Ardersier	957	966	-0.9	228	124	189	191	159	66
Balloch North	721	747	-3.5	156	76	159	167	130	33
Balloch South	827	876	-5.6	176	92	160	222	118	59
Balnain	673	631	6.7	116	65	137	199	116	40
Beauly East	553	580	-4.7	73	78	114	134	93	61
Beauly Rural	706	650	8.6	141	60	148	194	124	39
Beauly West	585	574	1.9	103	92	125	117	97	51
Bunchrew	644	654	-1.5	101	64	120	206	118	35
Cradlehall South	685	704	-2.7	117	74	142	199	104	49
Croy	796	798	-0.3	174	98	203	172	115	34
Culloden Academy	811	574	41.3	185	111	224	153	93	45
Culloden Alltan	681	729	-6.6	166	145	156	140	46	28
Culloden Blackwell	535	561	-4.6	117	105	168	106	32	7
Culloden Ferntower	766	790	-3.0	147	110	217	170	84	38
Culloden North	790	806	-2.0	124	166	235	152	75	38
Culloden Walker Crescent	562	622	-9.6	116	131	121	115	55	24
Dalcross	846	840	0.7	101	261	186	177	83	38
Drumnadrochit	864	673	28.4	181	99	188	187	134	75
Drumossie	1,001	973	2.9	222	99	234	246	125	75
Inverness Ballifeary	967	1,022	-5.4	194	208	193	178	102	92
Inverness Castle Heather No	678	631	7.4	128	149	266	75	46	14
Inverness Castle Heather So	846	581	45.6	175	111	232	193	107	28
Inverness Central & Longmar	795	772	3.0	69	209	251	137	84	45
Inverness Central North West	519	578	-10.2	43	83	139	99	84	71
Inverness Central West	675	684	-1.3	103	160	197	113	67	35
Inverness Clachnaharry	578	562	2.8	74	67	119	122	107	89
Inverness Crown Central	925	933	-0.9	179	99	169	190	143	145

Inverness Crown East	847	848	-0.1	146	144	186	189	120	62
Inverness Crown South	721	771	-6.5	91	89	118	167	165	91
Inverness Crown West	937	999	-6.2	117	150	274	171	110	115
Inverness Dalneigh Central	808	829	-2.5	189	107	167	151	134	60
Inverness Dalneigh East	842	861	-2.2	138	108	167	174	167	88
Inverness Dalneigh North	744	765	-2.7	96	97	121	140	169	121
Inverness Dalneigh South	868	896	-3.1	112	138	155	146	197	120
Inverness Dalneigh South West	931	925	0.6	196	126	168	172	147	122
Inverness Dalneigh West	643	670	-4.0	122	109	119	121	109	63
Inverness Drakies Central	878	933	-5.9	169	119	236	202	115	37
Inverness Drakies North	916	952	-3.8	181	110	195	209	144	77
Inverness Drakies South	783	853	-8.2	151	123	209	205	72	23
Inverness East	765	692	10.5	127	98	168	187	111	74
Inverness Haugh East	825	890	-7.3	98	84	101	211	195	136
Inverness Haugh West	695	714	-2.7	66	132	161	146	103	87
Inverness Hilton East	905	955	-5.2	138	180	232	155	144	56
Inverness Hilton North	785	816	-3.8	151	114	173	124	131	92
Inverness Hilton North East	695	673	3.3	111	105	126	169	108	76
Inverness Hilton South	517	544	-5.0	107	75	122	90	88	35
Inverness Hilton South West	594	619	-4.0	151	104	152	95	75	17
Inverness Hilton West	628	663	-5.3	151	140	122	109	78	28
Inverness Holm Mains	936	924	1.3	168	100	188	237	166	77
Inverness Inshes	1,074	687	56.3	197	236	354	169	95	23
Inverness Inshes Wood	631	634	-0.5	143	118	180	108	55	27
Inverness Kinmylies North	818	839	-2.5	140	180	174	193	100	31
Inverness Kinmylies South	744	765	-2.7	129	151	165	199	67	33
Inverness Lochardil Central	737	726	1.5	130	49	124	141	160	133
Inverness Lochardil East	621	613	1.3	100	87	118	147	113	56
Inverness Lochardil South	801	830	-3.5	151	98	166	172	128	86
Inverness Lochardil West	535	525	1.9	148	51	140	102	66	28
Inverness Lower Drummond	647	710	-8.9	78	72	101	157	136	103
Inverness Merkinch East	675	752	-10.2	122	124	168	114	93	54
Inverness Merkinch North	643	673	-4.5	171	130	124	106	92	20
Inverness Merkinch South	933	1,002	-6.9	237	195	212	131	122	36
Inverness Merkinch Telford	979	981	-0.2	134	235	236	180	130	64
Inverness Milton	746	762	-2.1	152	120	149	170	115	40

Inverness Ness Castle	959	666	44.0	176	139	242	220	108	74
Inverness Raigmore North	642	674	-4.7	112	140	152	112	79	47
Inverness Raigmore South	815	736	10.7	140	225	174	148	94	34
Inverness Raigmore West	875	813	7.6	295	198	248	83	38	13
Inverness Scorguie	708	737	-3.9	118	112	150	215	76	37
Inverness Scorguie Central	735	709	3.7	111	114	143	193	75	99
Inverness Scorguie East	645	678	-4.9	121	103	147	142	108	24
Inverness Scorguie South	629	639	-1.6	97	94	172	154	83	29
Inverness Scorguie West	553	535	3.4	76	113	151	143	56	14
Inverness South	700	517	35.4	159	72	183	179	75	32
Inverness South Kessock	657	613	7.2	212	144	126	114	42	19
Inverness Upper Drummond	807	818	-1.3	149	88	169	171	132	98
Inverness West	896	1,033	-13.3	159	149	180	225	140	43
Kiltarlity	958	928	3.2	209	106	197	258	138	50
Kirkhill	657	590	11.4	156	63	155	162	90	31
Loch Ness East	821	750	9.5	144	70	162	231	138	76
Loch Ness North West	599	578	3.6	127	64	154	137	86	31
Loch Ness South	1,026	924	11.0	196	90	227	215	209	89
Moniack	620	584	6.2	112	77	146	163	88	34
Smithton North East	516	588	-12.2	37	138	127	95	54	65
Smithton South	928	935	-0.7	249	164	205	182	89	39
Smithton West	669	638	4.9	176	115	187	107	57	27
Strathglass	848	764	11.0	157	99	205	193	120	74
Strathnairn & Strathdearn	881	838	5.1	184	75	202	229	138	53
Westhill East	768	614	25.1	174	81	188	175	116	34
Westhill West	988	861	14.8	207	122	282	201	120	56
Inverness	67,733	66,562	1.8	12,770	10,489	15,537	14,460	9,510	4,967

LOCHABER

	2004 pop	2001 pop	% change 2001-2004	2004 population by age-band					
				0-15	16-29	30-44	45-59	60-74	75+
Ardgour, Sunart and Morvern	1,033	926	11.6	194	105	230	242	197	65
Ardnamurchan & Small Isles	541	529	2.3	102	51	93	150	103	42
Arisaig, Morar and Knoydart	781	794	-1.6	168	89	154	171	150	49
Ballachulish	761	748	1.7	122	99	167	166	124	83
Camaghael and Lochyside	753	740	1.8	125	78	136	175	152	87

Caol North East	759	829	-8.4	153	104	181	160	130	31
Caol South East	825	826	-0.1	173	163	181	159	111	38
Caol West	689	714	-3.5	144	106	153	137	108	41
Corpach East and Banavie	661	661	0.0	108	70	122	215	114	32
Corpach West	579	625	-7.4	113	70	123	91	124	58
Fort William Achintore	579	611	-5.2	79	96	119	150	84	51
Fort William Argyll Road	711	704	1.0	132	81	194	165	99	40
Fort William Central	570	568	0.4	107	101	158	83	52	69
Fort William Lundavra	631	686	-8.0	124	134	142	124	74	33
Fort William Plantation	619	645	-4.0	184	102	147	93	70	23
Fort William Upper Achintore	714	753	-5.2	188	117	139	141	101	28
Glen Nevis	770	784	-1.8	139	112	174	160	133	52
Glen Spean & Kinlochlaggan	615	578	6.4	118	57	143	154	98	45
Glencoe	604	565	6.9	122	54	105	161	113	49
Glengarry	616	586	5.1	87	67	136	175	126	25
Inverlochy	791	820	-3.5	147	113	171	155	134	71
Kinlochleven	877	884	-0.8	145	98	202	192	148	92
Loch Eil	887	849	4.5	165	112	189	260	116	45
Mallaig	791	802	-1.4	160	133	177	163	117	41
Moidart	521	494	5.5	110	47	108	119	98	39
Nether Lochaber	547	547	0.0	70	71	96	172	87	51
Spean Bridge	564	523	7.8	106	63	108	160	90	37
Lochaber	18,789	18,791	0.0	3,585	2,493	4,048	4,293	3,053	1,317

NAIRN

	2004 pop	2001 pop	% change 2001-2004	2004 population by age-band					
				0-15	16-29	30-44	45-59	60-74	75+
Auldearn	575	538	6.9	133	89	112	121	85	35
Cawdor	754	737	2.3	150	98	172	182	107	45
Nairn Academy	535	580	-7.8	129	92	106	122	70	16
Nairn Achareidh North	659	686	-3.9	115	56	102	157	136	93
Nairn Achareidh South	732	786	-6.9	135	92	167	158	126	54
Nairn Boath Park	604	627	-3.7	141	66	178	81	110	28
Nairn Central	792	821	-3.5	140	138	178	182	92	62
Nairn East Rural	947	634	49.4	200	88	264	209	129	57
Nairn Fishertown East	725	708	2.4	95	105	177	155	135	58

Nairn Fishertown West	818	752	8.8	97	67	110	192	177	175
Nairn Lochloy	774	716	8.1	119	77	158	137	207	76
Nairn Moss-side	487	529	-7.9	69	78	96	140	64	40
Nairn Sandown	636	675	-5.8	135	106	117	140	91	47
Nairn Showfield	635	653	-2.8	108	68	106	151	140	62
Nairn South	895	870	2.9	216	124	186	132	119	118
Nairn South Rural	584	560	4.3	101	75	137	154	94	23
Nairn West Rural	555	514	8.0	98	70	87	138	122	40
Nairn	11,707	11,386	2.8	2,181	1,489	2,453	2,551	2,004	1,029

ROSS & CROMARTY

	2004 pop	2001 pop	% change 2001-2004	2004 population by age-band					
				0-15	16-29	30-44	45-59	60-74	75+
Achiltibuie	490	535	-8.4	96	34	118	124	85	33
Alness Coulhill	728	745	-2.3	155	126	150	163	104	30
Alness Dalmore	820	772	6.2	121	86	165	170	176	102
Alness Firhill	840	892	-5.8	204	155	195	172	82	32
Alness Kirkside	601	635	-5.4	139	106	131	116	85	24
Alness Obsdale	791	897	-11.8	158	131	116	221	123	42
Alness Shillinghill	501	501	0.0	71	69	82	144	112	23
Alness Teaninich	786	831	-5.4	205	126	179	128	95	53
Applecross, Shieldaig & Torrie	723	672	7.6	108	84	139	174	146	72
Ardross	586	528	11.0	120	75	167	126	72	26
Aultbea	568	574	-1.0	82	54	70	144	154	64
Avoch	900	900	0.0	162	154	162	196	154	72
Balblair	807	774	4.3	150	104	178	217	126	32
Black Isle South	643	639	0.6	111	72	104	204	110	42
Conon Bridge	575	594	-3.2	99	74	129	129	91	53
Conon North	767	753	1.9	168	136	134	174	98	57
Conon Rural	575	567	1.4	122	63	123	149	92	26
Conon South	744	632	17.7	145	90	166	190	92	61
Cromarty	910	884	2.9	176	87	221	201	142	83
Culbokie	930	860	8.1	190	80	201	241	166	52
Dingwall Academy	747	821	-9.0	162	145	156	159	95	30
Dingwall Central	794	775	2.5	158	141	146	138	126	85
Dingwall North	628	679	-7.5	107	81	98	179	105	58

Dingwall Rural	788	752	4.8	146	90	176	218	127	31
Dingwall South East	663	709	-6.5	80	111	147	143	102	80
Dingwall South West	738	718	2.8	100	137	162	142	128	69
Dingwall Tulloch	767	684	12.1	127	153	177	185	87	38
Dingwall West	654	705	-7.2	178	118	153	111	75	19
Evanton	895	887	0.9	204	117	214	205	101	54
Ferindonald	668	675	-1.0	123	79	136	196	93	41
Fortrose East	692	676	2.4	118	57	99	161	155	102
Fortrose West	614	634	-3.2	93	58	106	171	124	62
Gairloch	890	837	6.3	142	108	158	228	167	87
Garve, Achnasheen & Kinloch	611	636	-3.9	80	82	111	182	111	45
Invergordon Castle Avenue	719	759	-5.3	238	112	134	135	74	26
Invergordon Central	609	580	5.0	82	102	102	139	135	49
Invergordon Cromlet	715	646	10.7	171	106	185	113	112	28
Invergordon Hospital	717	771	-7.0	190	104	199	115	78	31
Invergordon Rural	913	894	2.1	139	114	162	241	139	118
Invergordon Strath Avenue	500	504	-0.8	101	95	110	98	68	28
Killen & Raddery	765	663	15.4	198	83	206	169	86	23
Lochcarron	704	793	-11.2	91	54	104	181	189	85
Maryburgh North West	716	686	4.4	158	91	177	149	80	61
Milton & Kildary	784	787	-0.4	168	111	173	186	96	50
Muir of Ord North West	835	801	4.2	153	118	187	178	146	53
Muir of Ord Rural	866	843	2.7	159	110	180	214	163	40
Muir of Ord South East	1,049	1,001	4.8	218	139	221	173	189	109
Munlochy	779	758	2.8	161	87	167	208	109	47
Nigg & Fearn	917	896	2.3	191	102	193	226	155	50
North Kessock	877	877	0.0	132	95	147	231	198	74
Poolewe & Badachro	702	642	9.3	132	82	157	144	140	47
Portmahomack	551	510	8.0	101	59	101	150	98	42
Rosemarkie	639	605	5.6	110	88	114	136	102	89
Scotsburn & Barbaraville	932	874	6.6	145	125	197	254	141	70
Seaboard North	649	607	6.9	99	87	109	159	147	48
Seaboard South	768	808	-5.0	176	111	167	150	110	54
Strathconon	1,037	981	5.7	183	110	243	250	187	64
Strathpeffer	919	922	-0.3	197	127	179	184	133	99
Tain Academy	628	674	-6.8	103	92	108	139	112	74

Tain Central West	643	645	-0.3	101	79	115	137	128	83
Tain East Rural	605	581	4.1	110	81	127	148	106	33
Tain North West	662	688	-3.8	117	103	129	171	106	36
Tain South East	744	748	-0.5	183	124	147	150	89	51
Tain South Rural	862	865	-0.3	197	146	182	193	109	35
Tore & Kinkell	675	643	5.0	138	91	142	179	93	32
Ullapool North	676	626	8.0	149	103	177	126	76	45
Ullapool Rural & Dundonnell	695	634	9.6	122	61	121	209	129	53
Ullapool South	681	673	1.2	116	75	135	168	99	88
Ross & Cromarty	49,967	49,358	1.2	9,629	6,750	10,266	11,604	8,023	3,695

SKYE & LOCHALSH

	2004 pop	2001 pop	% change 2001-2004	2004 population by age-band					
				0-15	16-29	30-44	45-59	60-74	75+
Balmacara & Dornie	703	708	-0.7	142	71	171	179	92	48
Broadford	933	914	2.1	184	100	196	242	153	58
Duirinish	632	591	6.9	99	73	102	174	115	69
Dunvegan & Waternish	851	801	6.2	148	84	147	228	177	67
Glenshiel & Glenelg	578	593	-2.5	112	70	108	131	109	48
Kyle of Lochalsh	745	746	-0.1	156	118	171	137	104	59
Plockton & Achmore	654	651	0.5	136	76	121	180	104	37
Portree East & Rural	685	716	-4.3	90	117	132	167	103	76
Portree North	671	670	0.1	134	124	120	160	52	81
Portree West	736	697	5.6	161	146	132	148	82	67
Skye Central North	841	814	3.3	177	92	192	210	111	59
Skye East & Raasay	572	559	2.3	119	61	101	147	88	56
Skye North East	629	622	1.1	111	66	133	167	96	56
Skye South East	800	817	-2.1	138	86	200	198	131	47
Skye West	562	572	-1.7	101	51	108	149	101	52
Sleat	878	794	10.6	145	122	169	228	159	55
Uig	904	891	1.5	172	79	187	227	137	102
Skye & Lochalsh	12,374	12,156	1.8	2,325	1,536	2,490	3,072	1,914	1,037

SUTHERLAND

	2004 pop	2001 pop	% change 2001-2004	2004 population by age-band					
				0-15	16-29	30-44	45-59	60-74	75+

Bonar Bridge	675	685	-1.5	141	74	135	142	109	74
Brora North	571	578	-1.2	111	74	112	116	107	51
Brora Rural	576	536	7.5	79	60	95	163	123	56
Brora South	551	564	-2.3	88	49	78	129	136	71
Clashmore	514	523	-1.7	71	66	87	134	114	42
Dornoch East	756	666	13.5	147	120	139	156	119	75
Dornoch West	548	539	1.7	75	46	77	127	121	102
Durness	482	506	-4.7	84	48	84	118	96	52
Edderton	616	592	4.1	89	62	129	143	126	67
Embo	555	541	2.6	88	56	88	129	131	63
Golspie North	899	889	1.1	175	105	190	206	148	75
Golspie South	789	764	3.3	160	91	141	160	152	85
Helmsdale & Kinbrace	855	894	-4.4	117	85	152	210	197	94
Kinlochbervie & Achfary	538	541	-0.6	102	66	101	159	78	32
Lairg	958	919	4.2	156	84	195	223	211	89
Lochinver & Elphin	498	511	-2.5	85	82	105	123	77	26
Melvich	529	533	-0.8	87	47	105	132	120	38
Rogart	648	543	19.3	106	57	112	169	139	65
Rosehall	726	743	-2.3	105	85	134	179	156	67
Stoer & Scourie	620	591	4.9	107	53	134	145	132	49
Tongue, Bettyhill & Altnaharra	802	808	-0.7	129	57	167	183	165	101
Sutherland	13,706	13,466	1.8	2,302	1,467	2,560	3,246	2,757	1,374