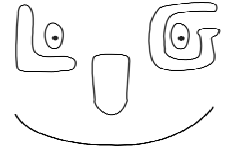




Same As You
inverness



35

Note next venue is at the Shirlie
[Our next meeting is 7pm on Thursday 6th October 2011](#)

Note – this week the 8th is cancelled for the accessible information group however the accessible information group will meet in the highland council next week 15th 1pm to 3pm committee room 3

the statistics release for the same as you – if you have not had a chance to see the same as you implementation results from the 2010 learning disability and/or autism count then look on line to see where your service is in terms of improving ‘experts’ lives. we are still failing in some areas such as quality day time opportunities or at least reviewing individuals quality in outcome or personal choice/ and having quality further education opportunities or at least having them linked to further goals such as day time activity paid, taster or other reward or self furtherment, on leaving. We are also still not recognising the whole of the autism spectrum or recognising the different needs for different services along that spectrum. This should hopefully change for the next statics collection now that the autism adults’ service is nearly at its launch point.

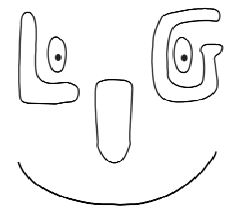
<http://www.sclid.org.uk/sclid-projects/esay/publications-and-resources>

Other – we got feedback on the great amount of work to be passed on to social work senior managers on transport. Thank you to everyone and anyone who input to the transport co-ordinator Jennifer Campbell issues, ideas and gaps. We know the new Highland Community Care

policy took note of needing to look at transport seriously as a way of keeping people seen and integrated and not becoming isolated and more dependent on services. We know the change team is expected to look at all of your input to help the wider NHS and Highland Council partnership in changing services for children and adults. Jennifer has managed to show Community Connectors, Stagecoach, Highland Council TEC services and community care teams all your input, so we wish them all well in thinking of good and interesting ways in helping 'experts' young and old and their families stay on the move. Some of you will see Jennifer in her new role in Self Directed Support another exciting way to help 'experts' get into the community and out to meet their dreams!

OUR NEWS

CN and A – went to the Black Isle show and used the Plus one card. Most people had not tried to use it in places like this. So it shows it is worth flashing your card if you are unsure. It was a very good day with sheep shearing competitions and the only woman shearer we knew of. It was said that women made better shearers than men and gave the sheep better haircuts. There were all animals even quails which were like baby chickens. There was a strong man competition and the winners go forward to the strong man world competitions we see on television at Christmas. There were fair rides too but too scared to go on them and it was better watching the people's faces on them!



E – warned us about checking what you are shredding as an old RAF photo had got mixed up with paper and got shredded but they are going to see if the RAF will have old copies as they usually keep parade records. The photo was of a passing out which is like a graduation.

N – Was on a cruise to Norway on a big boat which had entertainment every night and three meal times and slept overnight on the boat. It was a bit rough but not seasick. Once the big boat got to Norway there were small boats and trains to take people away and the trains were considered the best bit of the trip. People got photos taken as you were allowed to

drive the trains via a wheel. The trains went one way. Joke – did you go up the fjords, no I went up the stairs – actual fact!

E – Also had a cruise – down the canal! it was great and the cruise ended up at the waltzing waters. The colours, lights and music were lovely. There was an odd smell. The waters even went heart shaped. One ‘expert’ bought the video of the water and all said it was well worth going.

N and A – The ‘experts’ went to the Innes Bar. It has been painted and has a new floor and new owners. It looks really nice now but people hoped the food would be just as good as they enjoyed their mince and potato there.

C, C and E – everyone had a surprise to see C as she sported new hair colour style, new glasses and looked very young in pink. she had lost twenty years to her. C and E had been shopping for rings and other jewellery and looked very up to the minute with chunky lace type rings.

D – told us he has been to Glasgow and talked about a disability magazine show with pony media, SCLD and Wales WCLD. they are all looking jointly for funding for the newsletter and magazine show. D told us how to keep safe on the computer and how to check the companies out. We were also told about Reboot, a company which gets computer systems from services or companies then cleans them up for people with disabilities.

CN – told us that Scotland people first were going to boat of garten to put on a version of ‘hello, hello’. The ‘experts’ told everyone to wear jumpers. Some were going as a group but everyone is welcome. They had also gone to see boyzone and knew all the words to the songs. Some liked them very much and there was screaming from fans everywhere. Simple minds even though very wet was enjoyed by many too.

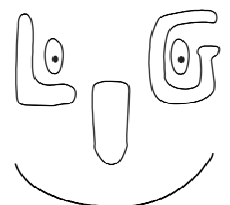
E – told us that people are coming in to Inverness for the 10k loch ness run. Some ‘experts’ were doing this run too. C is a champion runner so is doing the 5k on their own. They are also going to grange mouth with the forth valley flyers and highland disability sport. The ‘experts’ will get the chance to try out lots of sports and compete.

D – Reminded everyone who uses a walker to get it winter serviced as people forget to do children’s bikes and canes and walkers brakes and tyres. Winter wheels were in D’s Xmas stocking wish list!

R – the two autism alert cards have been launched one from ARGH and one from the NAS. The NAS one you must register for, the ARGH one you just send a £1 for postage. Both details are on their websites.

At the launch event there were people from all the services such as the police, fire brigade, nursing, employment and ambulances. There were very useful books which we have listed in the events info section and the fire brigade were taking names for safety checks. One ‘expert’ has had them out already and they fitted a smoke alarm in the bedroom as well as the hall. They also advised of engine arrival time for their area. In flats it was important that everybody knew what there duty was to other residents and have checks too. so if one alarm went off in a flat then all services have to attend.

EVENTS



- Link to the website from the people who make health guidelines for ‘experts’, patients, carers and staffs

<http://www.sign.ac.uk/patients/index.html>

- Free guide for criminal justice professionals Autism: a guide for criminal justice professionals <http://www.autism.org.uk/cjsguide>

- For the NHS Highland Health Voice Network Newsletter, lots of info and links whatever your needs or your cared for ones needs <http://www.nhshighland.scot.nhs.uk/GetInvolved/PublicPartnershipForums/Pages/NetworkNews.aspx>

- 'How to do things differently', Thursday 8 September Eden Court Theatre. More information and booking for the Inverness road show. This road show will provide practical information to help your organisation make the most of new opportunities. You'll also have the chance to network with other third sector organisations from the Highlands and Islands. Workshops include: Community Jobs Scotland, Fundraising for beginners, Making Freedom of Information work for you, SCIOs: A whistle-stop tour, Health & social care - the third sector way, Good governance events@scvo.org.uk

- forum@gay-ness.org.uk Highland LGBT Forum - August newsletter

- Portable software: Supporting the needs of print-disabled pupils <http://www.ltscotland.org.uk/sharingpractice/p/portablesoftware/introduction.asp?strReferringChannel=supportinglearners&strReferringPageID=tcm:4-520567-64> This project involved a group of schools investigating the use of portable, open-source, freeware programs designed to meet the accessibility needs experienced by print-disabled children and young people.

- Coal yard transition project – providing stepping stones to employment for young people with learning disabilities <http://www.ltscotland.org.uk/sharingpractice/c/coalyard/introduction.asp?strReferringChannel=supportinglearners&strReferringPageID=tcm:4-520567-64>

The Coal yard is a project in Lark hall offering support and skills development to young people with additional support needs who are making the transition into employment, training or further education.

- Highland Advocacy 23rd September advocacy conference with American speakers

BOOKS FROM SERVICES

- 'your guide to fire safety' a simple booklet with clear fire safety questions www.dontgivefireahome.com

'Be safe, be secure' a more in-depth but with simple sections in a 'practical guide to crime safety' including personal safety www.homeoffice.gov.uk

'Don't advertise your stuff to thieves' a booklet including ATM safety www.homeoffice.gov.uk

'Student survival guide' a booklet with student stories on tips to surviving crime inside and out www.homeoffice.gov.uk

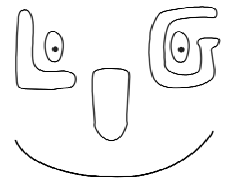
- <http://www.inclusionscotland.org/reports.asp>

- [Say here newsletter](#) – put your community news items to sayhere@hotmail.co.uk, our media 'expert' DJ, is the editor of this new community newsletter.

SAY LIG Dates for 2011 are

3rd November

3rd December to be confirmed



www.highland.gov.uk/socialwork/learningdisability/ligs

Most meetings will be at the Shirlie 01463 716179

Or contact

rona.mem@hotmail.co.uk