

SMOKING CESSATION SERVICES

Smokeline: 0800 84 84 84

NHS Highland Smoking Cessation Service

Hilary Shearer
Smoking Cessation Adviser
Culloden Clinic
Keppoch Road
Inverness

Tel: 01463 795521
Mobile: 07795 238927

Jennifer Larsen
Smoking Cessation Adviser
Maywood
Ferry Road
Dingwall

Tel: 01349 868780
Mobile: 07795 238898

Maria McLeod
Smoking Cessation Adviser
Glencoe Hospital
Glencoe
Argyll

Tel: 01855 811254
Mobile: 07795 238913

Trish Greenford
Smoking Cessation Adviser
Caithness General Hospital
Bankhead Road
Wick

Tel: 01955 880214

Drop-in Smoking Cessation Service

Spectrum Centre, Inverness, Thursday evening 6.15pm – 9.00pm. Roddy MacKenzie.

Pharmacy Smoking Cessation Service

Mitchells Chemist
High Street
Dornoch
IV25 3SH

P Grant
22 High Street
Kingussie
PH21 1HR

National Co-operative
23-25 High Street
Tain
IV19 1AE

Rosebank Pharmacy
1 High Street
Nairn
IV12 4AG

GP's

All GP's can give advice on Smoking Cessation and can prescribe NRT etc.