

<i>item:</i>	9
<i>report:</i>	CYP14/08

## **IMPLEMENTATION OF THE MENTAL HEALTH FRAMEWORK By Sally Amor**

### **Summary**

This paper details how children, young people and carers have been involved in the development of the Highland CAMHS Framework Implementation Plan to date, and considers further options for how children, young people and their carers will be involved in the development and implementation of the plan over the coming months.

### **1. Background**

1.1 The Mental Health of Children and Young People: A Framework for Promotion, Prevention and Care, was published by the Scottish Executive in November 2005, with a ten year timescale for implementation. The Joint Committee for Children and Young People will be familiar with the expectations of the Framework that integrated children's systems address, a range of mental health needs and difficulties for children and young people across the whole continuum of mental health, from mental health promotion, through preventing mental illness, to supporting, treating and caring for those children and young people experiencing mental health difficulties of all ranges of complexity and severity. The Framework document details these under the following chapter headings:

- Early years (universal)
- Schools (universal)
- Additional and Specific Supports
- Community supports
- Specialist CAMHS

1.2 In February 2008, the NHS Board considered the Highland CAMHS Framework Implementation Plan for specialist CAMHS services (attached as Appendix One). Following a series of integrated children's services seminars from autumn 2007 into 2008, a further paper will be taken to the Board in the summer that will detail implementation activity for the remaining chapter headings. This will include an updated plan for the involvement of children, young people and their carers.

### **2. User and Carer involvement and engagement across the continuum of promotion, prevention and care**

2.1 The importance of involving and engaging children, young people and carers in the development of CAMHS services across a continuum of promotion, prevention and care is not disputed and is a priority for government. (The Mental Health of Children and Young People: A Framework for Promotion, Prevention and Care 2005, Building Strong Foundations, (2002)) This approach is already well evidenced in Highland through the work of Highland Children's Forum, Who Cares? and Highland Users Group (HUG). The

development of the CAMHS Framework Implementation Plan requires a particular focus on mental health issues and the perspectives of children and young people on what mental health is, what helps or hinders achieving and maintaining good mental health, and how to access help and services for those with mental health needs and difficulties.

- 2.2 The proposed approach, detailed below, considers work that has already been undertaken to inform the Framework to date and details work that will be undertaken in the coming months.

### **3. Work undertaken to date across the CAMHS continuum**

- 3.1 Elements of this work have been captured through the series of integrated children's services seminars on the CAMHS Framework.

#### **Promotion:**

- Youth Voice activity on health and well being
- Curriculum related activity across early years, primary and secondary schools on well being and emotional intelligence and emotional literacy
- Community based activity through Highland youth services

#### **Prevention**

- Various consultation exercises through Highland Children's Forum for children with additional health needs
- Stigma Plays across Highland schools
- Community learning and youth work initiatives that explore well being with more vulnerable groups of young people

#### **Care**

- Participation in the Quality Improvement Network for Multi Agency CAMHS (QINMAC) process which is a user informed approach to setting standards for CAMHS services
- Highland Users Group Retrospective exploration of mental health issues for young people ( to be considered at a future Joint Committee meeting)

### **4. Future work across the CAMHS continuum**

#### **Promotion**

- Specific programme of consultation with early years providers regarding infant mental health promotion
- Detail options for engaging with Youth Voice to capture the perspectives of young people on mental health and well being
- Detail options for engaging with youth services to capture the perspectives of young people on mental health and well being

#### **Prevention**

- Highland Children's Forum consultation exercise to be detailed for young people with additional health needs and learning disabilities
- Specific consultation with community based initiatives working with vulnerable young people, eg. Wild Walks, Duke of Edinburgh Awards programme, young carers

- Consider options for a young persons perspective on mental health pathway developments

#### **Care**

- Develop the findings of research undertaken by the Mental Welfare Commission in 2005 over the views of children and young people who have used in patient units, linked to developments to increase in patient facilities through the NHS North of Scotland Planning Group
- Explore options for gathering the perspectives of young people on how to address mental health needs and difficulties who have been out of authority placements

### **5. Conclusion**

To date, the views of young people on mental health across a continuum of promotion, prevention and care have been captured in the CAMHS Framework Implementation Plan in a variety of ways, as detailed in this paper. It is now proposed that a more explicit approach is taken to evidence a clear trail of involvement and engagement in the process. Options for achieving this have been detailed in this paper.

#### **Recommendation**

Members are invited to consider and comment on this report.

**Sally Amor**

Child Health Commissioner/Public Health Specialist

**UPDATE ON THE DEVELOPMENT OF A HIGHLAND IMPLEMENTATION PLAN FOR THE MENTAL HEALTH OF CHILDREN AND YOUNG PEOPLE: A FRAMEWORK FOR PROMOTION, PREVENTION AND CARE**

Report by Sally Amor Child Health Commissioner/Public Health Specialist and Jan Baird, Director of Community Care

The Board is asked to:

- Note the progress made in developing the Highland Implementation Plan for the Mental Health of Children and Young People: A Framework for Promotion, Prevention and Care since October 2007, evidenced in the updated, revised Implementation Plan for Specialist Child and Adolescent Mental Health Services (CAMHS) appended to this report.
- Note the identified priority for investment in Child and Adolescent Mental Health Services across NHS Highland in 2008/09.
- Note that a further update detailing Implementation Plans for our work with integrated children's service partners will be brought to the Board in September 2008.

1 Background and Summary

The Mental Health of Children and Young People: A Framework for Promotion, Prevention and Care, was published by the Scottish Executive in November 2005, with a ten year timescale for implementation. This Framework expects that NHS systems address range of mental health needs and difficulties for children and young people across the continuum of mental health, from mental health promotion, through preventing mental illness, to supporting, caring and treating those experiencing mental health difficulties of the entire spectrum of complexity and severity. The Framework acknowledges that the primary purpose of specialist NHS CAMHS is to provide for those children and young people with the greatest mental health need. A close priority is the need for specialist CAMHS to provide consultation and training to partners providing services to children and young people with mental health needs and difficulties. These principles underpin the approach in the development of the Highland CAMHS Framework Implementation Plan.

This paper updates the NHS Board on work that has been undertaken since October 2007, to develop the Highland CAMHS Framework Implementation Plan. In the intervening six months considerable progress has been made, with the CAMHS Review process that began in January 2007 drawing to a close and an explicit move to a process of implementation. The principle elements of this process are captured in the appended Highland CAMHS Implementation Plan.

The Chief Officers Group of the Joint Committee for Children and Young People and the Argyll & Bute Health & Care Strategic Partnership continue to serve as the project board while the bi-annual performance visits from the Scottish Government's Delivering for Mental Health team ensure ongoing oversight of the process from the centre. CAMHS services in Argyll and Bute are now an integral part of the process.

Highlights of this process are detailed below.

## 2 Progress and Highlights

### 2a. Service Design

Agreement across the NHS Highland system to develop a Highland CAMHS Network

Key elements of the Highland CAMHS Network are to include the following:

- Child and young person focussed;
- Standard driven: NHS Highland is exploring with the Scottish Government the option of becoming a pilot site for the Royal College of Psychiatry Quality Improvement Network for Multi Agency CAMHS (QUNMAC) in Scotland. This will allow NHS Highland to benchmark the CAMHS service with other health systems in Scotland and the United Kingdom, with the process over time, informing progress being made to implement the Framework to 2015;
- Pathway led: the journeys of children and young people will be informed by best available evidence and the views of users where possible;
- Outcome focussed: developing the CAMHS e health infrastructure to support service planning, design and delivery.

Non recurring funding is being sought through Mental Health Delivery monies to support a CAMHS Network Manager who would have an explicit role to support the development of the Network and related implementation initiatives to support the redesign and CAMHS Implementation Plan process.

Exploring the adoption of the Care and Partnership Approach (CAPA) across CAMHS services

A study day involving representatives from CAMHS services explored how the service might work across the system to better manage demand and capacity and consequently waiting lists. This approach has already been explored in the Department of Family Psychiatry, with a lot of learning captured in the evaluation of its use, and this approach is now being explored with clinical psychology and primary mental health worker colleagues and managers.

### 2b. Service Models

At the most recent CAMHS Implementation Day, feedback was given on the four consultation events that had been held with the four Highland CHPs from October to November 2007. The event allowed for further sharing of the complementary yet different CAMHS service models that have been developed across the NHS Highland system prior to integration; in Argyll and Bute, a

devolved service model ensures that complex needs can be met in remoter geographies whilst the strengths of the Primary Mental Health Worker model in Highland, developed in 2002, supports extensive training, education and consultation where there are lower levels of complexity but where mental health needs are clearly demonstrated.

As a result of the discussion and sharing, a consensus view was reached by those involved in the event from across the four CHPs and SSU to pilot service models that will bring a Primary Mental Health Worker approach in Argyll and Bute CHP and a devolved Tier 3 specialist post in the North CHP to address more complex need at a locality level. This service development is being submitted into the priorities and planning process for 2008/09.

#### 2c. Workforce and Financial Planning

A process for detailing workforce needs and financial planning has been agreed and developed to address the gap between where NHS Highland is at currently and where workforce planning guidance suggests we should be. The initial analysis of national workforce planning guidance indicates that specialist CAMHS are significantly under resourced. This approach will include an analysis of competencies against career frameworks and health needs assessment to ensure we recruit, develop and deploy the right staff with the right skills, in the right place across Highland CAMHS services. This process is expected to report in June 2008.

In addition, there have been initial discussions as to how the collaborative contracting approach that is being developed elsewhere in the NHS Highland system might inform the CAMHS Implementation Plan developments. Initial scoping using the CAPA approach detailed above suggests that the two additional posts that are being sought for the Department for Family Psychiatry, to offset pressures on staff and manage the self harm/emergency rota, will allow for up to 60 additional children/young people to be seen in the Inverness based service, although this number might be reduced if travel is required for staff to remoter parts of Highland.

#### 2d. Integrated Children Services Partners

Non recurring Mental Health Implementation monies are being sought to develop a non recurring post to deliver training and consultation to Highland Council staff and foster carers who are involved with looked after and accommodated children and young people. The support of the Joint Committee for Children and Young People Chief Officer Group has been secured for this proposal.

Recurring drug and alcohol monies have also been secured for a CAMHS substance misuse post which is shortly to go to advert. The Youth Action Service will be part of the Reference Group that will have oversight of this post.

In addition, funding is being sought through the NHS Highland prioritisation and planning process 2008/09, to develop a joint CAMHS and learning disability post. It is expected that this post will have a pivotal role to play in

supporting early interventions for children and young people with mental health needs and difficulties that to date have resulted in an out of authority placement because of challenging behaviour and high level needs that we have not been able to manage within our existing services.

## 2e. Enduring risks and concerns

All services continue to operate under considerable pressure with high demands being made from within the NHS, from the aspirations of our integrated children's service partners, the needs of children and young people and the on going challenges in recruiting to some highly specialist clinical posts.

The last three months have seen a considerable increase in highly vulnerable young people with high level needs who are being maintained in the community, sometimes on discharge from in-patient adolescent units. Their immediate needs have been addressed in the short term, though at some cost to staff and waiting lists. The opportunity to address more enduring and complex needs are however limited by the constraints of current service capacity and this is an enduring risk and concern for the organisation, and good evidence of the need for investment in services in the near future.

## 2f. Conclusions

Considerable progress is being made in developing a Highland CAMHS Implementation Plan, building on the commitment of partnerships to improve the mental health and well being of children and young people across the continuum of care.

To date, staff across specialist CAMHS in NHS Highland have brought considerable good will and commitment to the process of change and redesign evidenced in this paper. Without their engagement, the progress detailed in this paper would not have been possible. This is particularly the case when it is noted that staff numbers have remained much as they were a year ago, and to date, there is no guarantee of additional resources.

Therefore the enduring challenges inherent in this process remain and should not be underestimated:

- Staff continue to work under considerable pressure;
- There are significant organisational risks with the current staffing of the service.

Initial priorities have been identified and funding submissions through the planning and prioritisation process are being made.

The support of the Board in achieving the intent of the Implementation Plan is most welcome and will be a key factor in supporting and achieving necessary change.

### 3 Contribution to Board Objectives

The work programme detailed in this paper and the associated CAMHS Implementation Plan will address both direct improvements in health and build organisational capacity to enable direct improvements in health as follows:

- Specific objectives and milestones from Delivering for Mental Health and Delivering a Healthy Future: An Action Framework for Children and Young People's Health in Scotland will be met;
- In addition, the following goals in Delivering for Health will be met: shifting the balance of care, long term conditions, service redesign, workforce strategy;
- Additional Board objectives will also be addressed as follows: HEAT targets, health improvement, quality of service delivery, engagement with the public and users and carers.

### 4 Governance Implications

- Governance arrangements for staff will be addressed through engagement in the Review process and related service redesign and workforce planning developments;
- There is a clear process for ensuring the involvement and engagement of users and carers to address the Patient Focus Public Involvement agenda;
- Clinical Governance issues will be identified and addressed through service redesign and work force planning developments;
- The process includes all Highland CHPs as equal partners;
- The process is embedded in both the Highland and Argyll and Bute partnership processes.

### 5 Equality and Diversity Impact Assessment (EQIA)

This EQIA follows on from the assessment carried out on the CAMHS Paper discussed at the October Board Meeting.

#### Key Areas of Potential Impact on Equality and Diversity Groups

#### 5a. Positive Impact

- The development of the Substance Misuse and Learning Disability specialist posts will have a positive impact on groups at increased risk of discrimination in terms of access to services as well as broader health outcomes.
- The need for training and joint working across generic Young People services will have a positive impact in terms of providing a wider range of opportunities for raising awareness with different groups of Young People and targeting groups at specific risk or specific need.
- The range of models of service provision is seen as positive in terms of increasing choice and likelihood of contact, assessment, and attendance. But further assessment will be required ensuring that any impacts on service provision are noted and acted upon, particularly impact on equality groups in rural communities.

- The reference to engagement and consultation is seen as positive in terms of ensuring that the views of service users are included in development. Further information required regarding the involvement of equality groups.

5b. Negative Impact

- Further clarification is required but there are some concerns around support during transition which is considered a key period for the development of more severe problems for certain equality groups (Lesbian, gay, bisexual and transgender).

5c. Recommendations

In order to ensure that there is equality of access across provision and that any increased vulnerability to risk factors because of membership of an equality group is not exacerbated, it is recommended that EQIA is carried out on the following:

- Care and Partnership Approach;
- Each of the Service Models;
- Transition service provision and protocols.

It is anticipated that the process for initially taking forward these recommendations will be agreed and coordinated between the Child Health Commissioner and the Community and Health Improvement Planning Team.

Sally Amor  
Child Health Commissioner/Public Health Specialist

Jan Baird  
Director of Community Care

**CAMHS FRAMEWORK IMPLEMENTATION PLAN BI ANNUAL REVIEW (JANUARY 2008)**

IMPROVEMENT OBJECTIVES KEY OUTCOMES	DELIVERY STRATEGIES	PROGRESS	Timescale	RAG	OPERATIONAL RESPONSIBILITY	MANAGEMENT RESPONSIBILITY	STRATEGIC RESPONSIBILITY	GOV.
<p>To develop a CAMHS Framework Implementation Plan to inform the implementation of: the Mental Health of Children and Young People: A Framework for Prevention Promotion and Care (2005), Delivering for Mental Health (2006), Delivering a Healthy Future: An Action Framework for Children and Young People's Mental Health in Scotland (2007). This process to address accountability, governance and communication across the NHS and integrated children's service partners for the development of CAMHS services and the performance management of the Highland CAMHS Implementation Plan, across the two Highland partnerships. (Key milestone and Action: Delivering a Healthy Future: An Action Framework for Children and Young People's Health in Scotland)</p>	<p>The developments of a project structure that will performance manage the process. The oversight of this is as follows: the Chief Officers Group (Joint Committee for Children and Young People) will act as Project Board, with a related process through the Argyll and Bute Partnership. The NHS Highland Children's Services Network has devolved responsibility for oversight of the development and performance management of the implementation plan to the CAMHS Development and CAMHS Management Groups.</p>	<p>Role and remit of CAMHS Management and CAMHS Development Group detailed in Jan/Feb 2007: these groups meeting monthly. Six monthly update papers to Chief Officers Group, (Highland and Argyll and Bute) Feb 07 and Sep 07. CAMHS is a standing item on Children's Services Network, meeting 6 weekly. Update to the NHS Board due February 2007.</p> <p>Review of scope and role of the CAMHS Development Group and CAMHS Management Group to take place February 2008.</p>	<p align="center">February 2008</p>	<p align="center">Green</p>	<p>Children's Services Managers/Child Health Commissioner</p>	<p>Children's Services Network, Children's Services Network Argyll and Bute Children's Services Service Managers SSU and CHPs</p>	<p>Chief Officer Group JCCYP, Argyll &amp; Bute Health &amp; Care Strategic Partnership</p>	<p>NHS Board</p>
	<p>Bi annual visits by the Scottish Executive to review NHS Board action re Delivering for Mental Health</p>	<p>Initial visits, May and October 2007. Inform and oversight of the CAMHS agenda, Next visit: April 2008.</p>	<p align="center">April 2008</p>	<p align="center">Green</p>	<p>Children's Services Managers/Child Health Commissioner</p>	<p>Director lead for Children's Services NHS Highland</p>	<p>Chief Officer Group JCCYP, Argyll &amp; Bute Health &amp; Care Strategic Partnership</p>	<p>NHS Board</p>

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To develop a CAMHS e health infra structure (systems, processes and data management) to support both the delivery of clinical CAMHS across NHS Highland and a service model that is outcome based	<p>Proposal submitted to the NHS Highland e Health Project Board for funding to support a CAMHS e Requirements exercise (Jan 2007)</p> <p>Seek to influence wider e health developments re CAMHS</p>	<p>NHS Highland e Health is working with the CAMHS e-health group to develop a GCS system that will begin to address e health needs. Further requirements to be scoped as the CAMHS Implementation Plan is implemented</p> <p>Linking to national e health work re children through the Maternal and Child Health Information Strategy Group</p>	<p>June 2008</p> <p>Feb 2008</p>	<p>Amber</p> <p>Green</p>	<p>Children's Services Managers</p> <p>Child Health Commissioner</p>	<p>E Health Technical lead</p> <p>E Health Technical lead</p>	<p>NHS Highland E Project Board</p> <p>NHS Highland E Project Board</p>	<p>NHS Board</p> <p>NHS Board</p>
	<p>Detail the service model/ infra structure required to support an outcome-based service model</p>	<p>The 12 December CAMHS Review Day has begun to detail a Highland CAMHS Network that will be informed by QINMAC standards and related pathway/policy and workforce planning developments</p>		<p>Amber</p>	<p>Children's Services Managers/Child Health Commissioner</p>	<p>Managers on CAMHS Development Group</p>	<p>Children's Services Network Children's Services Network Argyll and Bute</p>	<p>NHS Board</p>

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To ensure that NHS Highland specialist CAMHS is designed to deliver and support the implementation of specialist CAMHS services in the CAMHS Implementation Plan	A series of CHP based workshops to consider local service delivery models that will inform the Highland CAMHS service model: Sep- Nov 2007	Four workshops were held October-December 2007  Findings and feedback informed CAMHS Review/Implementation Day December 2007 - one result being the proposal for a Tier 3 post in the north as further developed at the December Review day	January 2008	Green	Child Health Commissioner/CHP Assistant General Managers	Service Managers in CAMHS Development Group	Children's Services Network Children's Services Network Argyll and Bute	NHS Board
	Implementation of single point of referral across specialist CAMHS in the Highland partnership	CAMHS approach completed - awaiting feedback from community paediatricians regarding their role in providing services for ADHD and ASD	March 2008	Amber	Heads of Service in DCFP, and Psychology Service for Children and Young People Primary Mental Health Workers	Service Managers in CAMHS Development Group	Children's Services Network Children's Services Network Argyll and Bute	NHS Board
	Detail options for the development of care pathways informed by GIRFEC across the NHS Highland systems	GIRFEC related work will inform discussions re Highland CAMHS Network and related pathway and policy developments	June 2008	Amber	Child Health Commissioner/Children's Services Managers	Service Managers in CAMHS Development Group	Children's Services Network Children's Services Network Argyll and Bute	NHS Board
	To detail a service model for across the NHS Highland system, across all service (Tiers. 1-4), from primary mental health workers to intensive outreach.	Initial service model scoped at 12 December CAMHS Review Day - further work to be undertaken to scope and develop service models dependant in part on securing resources through prioritisation and planning 2008/09.	April 2008	Amber	Child Health Commissioner/Children's Services Managers	CAMHS Development Group	Children's Services Network Children's Services Network Argyll and Bute	NHS Board

		<p>Detail a strategic workforce plan with related financial implications. This to be updated annually. (Key milestones: Delivering a Healthy Future: An Action Framework for Children and Young People's Health in Scotland)</p>	<p>Workforce planning discussed at CAMHS Development Group November 2007 and Workforce Planning Group to be established. Role and remit to be confirmed January, to report June 2008</p> <p>In the meantime:</p> <ul style="list-style-type: none"> <li>• Agreement across the NHS system to develop a CAMHS Nursing Bank has been secured</li> <li>• Funding has been sought to develop a child psychotherapy training post, subject to a training post being prioritised in the CAMHS Implementation Plan</li> </ul> <p>However:</p> <ul style="list-style-type: none"> <li>• recruitment to Consultant Psychiatry posts remains very challenging</li> <li>• Services based in Inverness are working to very high levels of need and risk</li> <li>• Staff morale remains vulnerable</li> </ul>	<p>June 2008</p>	<p>Amber</p>	<p>Child Health Commissioner/Children's Services Managers/Workforce planning lead</p>	<p>CAMHS Development Group</p>	<p>Children's Services Network Children's Services Network Argyll and Bute</p>	<p>NHS Board</p>
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		<p>Detail liaison, consultation and training options for NHS specialist CAMHS and integrated children's service partners addressing new to CAMHS and specialist training needs (social work, education, youth action, youth justice voluntary sector etc) (Key milestone and Action: Delivering a Healthy Future: An Action Framework for Children and Young People's Health in Scotland)</p>	<p>To be considered in March by CAMHS Development Group, and JCCYP Chief Officer Group informed by CHP workshops and integrated children's services workshops</p> <p>Awaiting the last two integrated children's services workshops, 17 and 25 January</p>	<p>March 2008</p>	<p>Amber</p>	<p>Child Health Commissioner/Children's Services Managers</p>	<p>CAMHS Development Group</p>	<p>Children's Services Network Children's Services Network Argyll and Bute</p>	<p>NHS Board</p>
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To ensure the NHS Highland specialist CAMHS system is designed to deliver and support CAMHS with integrated children's service planning partners	Hold a series of workshops with integrated children's service partners to consider and inform the development of the CAMHS Framework Implementation Plan across the Highland and Argyll and Bute partnerships	Dates, venues, outcomes detailed: workshop sessions being developed: events to run Oct-Jan, to be informed by Getting It Right processes	March 2008	Green	Child Health Commissioner/local service managers (NHS Highland, Highland and Argyll and Bute Councils)	Managers on CAMHS Development Group, Heads of Service Children and Families (Highland and Argyll and Bute Councils)	Children's Services Network Children's Services Network Argyll and Bute	JCCYP, Argyll & Bute Health & Care Strategic Partnership
	Detail service models and options for liaison, consultation and training for early years services (ante natal to pre school) across the Highland and Argyll and Bute partnerships across the continuum of promotion, prevention and care and related Getting It Right developments	To be informed by early years seminar 17 January	March 2008	Amber	Child Health Commissioner/local service managers (NHS Highland, Highland and Argyll and Bute Councils)	Managers on CAMHS Development Group, Heads of Services (Highland and Argyll and Bute councils)	Children's Services Network Children's Services Network Argyll and Bute	JCCYP, Argyll & Bute Health & Care Strategic Partnership
	Detail service models and options for liaison, consultation and training with secondary care settings with a focus on children with complex physical disorders, across the continuum of promotion, prevention and care and related Getting It Right developments	To be considered in CAMHS Development Group in Spring 2008	May 2008	Amber	Child Health Commissioner/Children's Services Managers	Managers on CAMHS Development Group	Children's Services Network Children's Services Network Argyll and Bute	JCCYP, Argyll & Bute Health & Care Strategic Partnership

	<p>Detail service models and options, for liaison, consultation and training alongside related Learning Disability services developments to ensure that the mental health needs of children with learning disabilities are addressed across the continuum of promotion, prevention and care and related <i>Getting It Right</i> developments</p>	<p>Opportunity to recruit to dual Learning Disability/CAMHS Consultant Spring 2008.</p> <p>Requires funding to be identified in prioritisation and planning 2008/09</p>	April 2008	Amber	<p>Child Health Commissioner/local service managers (NHS Highland, Highland and Argyll and Bute Councils)</p>	<p>Managers on CAMHS Development Group, Heads of Services (Highland and Argyll and Bute councils)</p>	<p>Children's Services Network Children's Services Network Argyll and Bute</p>	<p>JCCYP, Argyll &amp; Bute Health &amp; Care Strategic Partnership</p>
	<p>Detail service models and options for liaison, consultation and care for youth forensic services across the Highland and Argyll and Bute partnerships across the continuum of promotion, prevention and care and related <i>Getting It Right</i> developments</p>	<p>Awaiting outcome of Scottish Government Spending Review re funding for Youth Action services</p> <p>Perpetrators of sexual abuse have been identified as a group requiring specialist input.</p>	April 2008	Amber	<p>Child Health Commissioner/local service managers (NHS Highland, Highland and Argyll and Bute Councils)</p>	<p>Managers on CAMHS Development Group, Heads of Services (Highland and Argyll and Bute councils)</p>	<p>Children's Services Network Children's Services Network Argyll and Bute</p>	<p>JCCYP, Argyll &amp; Bute Health &amp; Care Strategic Partnership</p>

IMPROVEMENT OBJECTIVES KEY OUTCOMES		DELIVERY STRATEGIES	PROGRESS	Timescale	RAG	OPERATIONAL RESPONSIBILITY	MANAGEMENT RESPONSIBILITY	STRATEGIC RESPONSIBILITY	GOV.
		Detail service models and options for liaison, consultation and training for substance misuse services across the continuum of prevention, promotion and care and related Getting It Right developments	Service model to be informed by wider ICS seminars in 2008. In the short term, funding identified for a substance misuse post: job description now finalised and submitted for grading with recruitment for early Spring. Likely to be a training post to build capacity.	March 2008	Amber	Child Health Commissioner/local service managers (NHS Highland, Highland and Argyll and Bute Councils)	Managers on CAMHS Development Group, Heads of Services (Highland and Argyll and Bute councils)	Children's Services Network Children's Services Network Argyll and Bute	JCCYP, Argyll & Bute Health & Care Strategic Partnership
		Detail service models and options for liaison, consultation and care for Looked After and Accommodated Children and Young People (Delivering for Mental Health Recommendation. Key milestone and Action: Delivering a Healthy Future: An Action Framework for Children and Young People's Health in Scotland)	Service model to be informed by wider ICS seminars into 2008. Specific seminar for November 2007.  In the short term, funding identified to support training and consultation for staff and foster carers involved with or working with Looked After and Accommodated Children and Young People as per Delivering for Mental Health recommendations.  Services for children requiring support following disclosure of sexual abuse have also been identified as an issue.	March 2008	Amber	Child Health Commissioner/local service managers, Looked After Children specific posts (NHS Highland, Highland and Argyll and Bute Councils)	Managers on CAMHS Development Group, Highland Looked after Children Strategy Group, Heads of Services (Highland and Argyll and Bute councils)	Children's Services Network Children's Services Network Argyll and Bute	JCCYP, Argyll & Bute Health & Care Strategic Partnership

	<p>Detail options for the development of therapeutic services across the Highland and Argyll and Bute Partnerships</p>	<p>To be informed by service modelling and workforce planning processes.</p>	<p>June 2008</p>	<p>Amber</p>	<p>Child Health Commissioner/local service managers (NHS Highland, Highland and Argyll and Bute Councils)</p>	<p>Managers on CAMHS Development Group, Heads of Services (Highland and Argyll and Bute councils)</p>	<p>Children's Services Network Children's Services Network Argyll and Bute</p>	<p>JCCYP, Argyll &amp; Bute Health &amp; Care Strategic Partnership</p>
	<p>Detail a strategic workforce plan with related financial implications across the Highland and Argyll and Bute partnerships for the areas detailed in this section</p>	<p>To be informed by service modelling and workforce planning processes and related workshops and seminars- work to develop into Spring 2008</p>	<p>June 2008</p>	<p>Amber</p>	<p>Child Health Commissioner/local service managers (NHS Highland, Highland and Argyll and Bute Councils)</p>	<p>Managers on CAMHS Development Group, Heads of Services (Highland and Argyll and Bute councils)</p>	<p>Children's Services Network Children's Services Network Argyll and Bute</p>	<p>JCCYP, Argyll &amp; Bute Health &amp; Care Strategic Partnership</p>

**CAMHS FRAMEWORK IMPLEMENTATION PLAN BI ANNUAL REVIEW (JANUARY 2008)**

IMPROVEMENT OBJECTIVES KEY OUTCOMES	DELIVERY STRATEGIES	PROGRESS	Timescale	RAG	OPERATIONAL RESPONSIBILITY	MANAGEMENT RESPONSIBILITY	STRATEGIC RESPONSIBILITY	GOV.
<p>To ensure that NHS Highland and partner local authorities (Highland and Argyll and Bute) are compliant with Mental Health Legislation in relation to 16-18 year olds (Key milestone and Action: Delivering a Healthy Future: An Action Framework for Children and Young People's Health in Scotland)</p>	<p>Detail options for service models and policies/guidelines to address liaison, consultation and training across CAMHS and adult mental health services for young people approaching transition between adolescent and adult mental health services (16-24 years) (Delivering for Mental Health Recommendation)</p>	<p>Transitions working group established - draft protocol drawn up and to be reviewed in six months</p> <p>Bench marking exercise to be undertaken to review where NHS Highland is at re implementation of the Mental Health and what outstanding actions are required</p> <p>Service models and options to be scoped into 2008</p>	<p>June 2008</p>	<p>Amber</p>	<p>Transitions Working Group NHS Highland, Children's Network Argyll and Bute</p>	<p>Managers on CAMHS Development Group, Heads of Services (Highland and Argyll and Bute councils)</p>	<p>Children's Services Network Children's Services Network Argyll and Bute</p>	<p>JCCYP, Argyll &amp; Bute Health &amp; Care Strategic Partnership</p>
	<p>Detail workforce planning requirements and related financial plan</p>	<p>To be developed into 2008</p>	<p>June 2008</p>	<p>Amber</p>	<p>Transitions Working Group NHS Highland, Children's Network Argyll and Bute</p>	<p>Managers on CAMHS Development Group, Heads of Services (Highland and Argyll and Bute councils)</p>	<p>Children's Services Network Children's Services Network Argyll and Bute</p>	<p>JCCYP, Argyll &amp; Bute Health &amp; Care Strategic Partnership</p>

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Ensure access to In patient facilities and related consultancy and advice for children and young people	Access and links to Children's In patient Unit national developments (Key milestone and Action: Delivering a Healthy Future: An Action Framework for Children and Young People's Health in Scotland)	Children in patient beds accessed through national in patient unit at Yorkhill. Linked to national Children's MCN Network developments	June 2008	Green	CAMHS Psychiatrists NHS Highland	Managers on CAMHS Development Group	Children's Services Network Children's Services Network Argyll and Bute	NHS Board
	Representation on North of Scotland Planning Group In Patient Unit Project Board and West of Scotland Regional Planning CAMHS group (Key milestone and Action: Delivering a Healthy Future: An Action Framework for Children and Young People's Health in Scotland)	NHS Highland represented by Management and Clinicians, represented at 4 out of 5 meetings to date  Tier $\frac{3}{4}$ needs assessment required to inform business case	March 2008	Amber	Child Health Commissioner/CAMHS Psychiatrists NHS Highland	CAMHS Development Group	North of Scotland Planning Group	NHS Board
	Engagement with NHS Board with the North of Scotland Planning Group and West of Scotland Planning Group	Progress to develop NOS Model is slower than hoped for	May 2008	Amber	Child Health Commissioner	CAMHS Development Group	North of Scotland Planning Group	NHS Board
	Ensure relevant synergies with related proposals/developments regarding intensive community support and outreach services across NHS Highland	Ensuring resources and funding for posts in the current financial climate will be a challenge	May 2008	Amber	Child Health Commissioner	CAMHS Development Group	Children's Services Network Children's Services Network Argyll and Bute	NHS Board
	Explore options for working with NHS Western Isles to support specialist CAMHS through the North of Scotland Planning Group	Initial discussions re current and future service models to be held January/March	March 2008	Amber	Child Health Commissioner	Director of Public Health	Directors of Planning NOSP	NHS Board

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<p>Ensure the involvement of users and carers in the development and implementation of the CAMHS Framework Implementation Plan</p>	<p>Engage with Highland's Children's Forum and Highland Users Group to detail options for engaging and consulting with service users</p>	<p>Two meetings have taken place, HUG to explore retrospective experiences of adults who developed mental health difficulties as children/young people. A further meeting being sought: funding identified to support user involvement - full proposal to be scoped for November, to inform service modelling and pathway/policy/protocol development. User/carer involvement/ input sought for ICS seminars</p> <p>HUG have limited capacity for 2008 - seeking to find capacity to support Framework Implementation into 2009/10</p> <p>On-going dialogue with Highland Children's Forum required in the meantime</p>	<p>March 2008</p>	<p>Amber</p>	<p>Children's Services Managers/Child Health Commissioner</p>	<p>Managers on CAMHS Development Group</p>	<p>Children's Services Network Children's Services Network Argyll and Bute</p>	<p>JCCYP, Argyll &amp; Bute Health &amp; Care Strategic Partnership</p>

	Utilise Highland Youth Voice and Youth Parliament in Argyll and Bute to seek the views of children and young people on mental health and well being issues	ICS Seminar for January to look at community supports and involvement of young people in the process of service modelling and pathway/policy/protocol development.	March 2008	Amber	Children's Services Managers/Child Health Commissioner	Managers on CAMHS Development Group	Children's Services Network Children's Services Network Argyll and Bute	JCCYP, Argyll & Bute Health & Care Strategic Partnership
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