

'Pay as you go' and 'budget' membership prices

Sports Hall (per hour)	Adult	Concession	Budget
Full hall	£29.10	£14.55	-
2 Court	£19.70	£9.85	-
1 Court	£11.10	£5.55	-

Racquet Sports (per Person)	£3.15	£1.60	50p
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Gym Induction	£7.00	£3.50	50p
Gym Session	£4.40	£2.20	50p
Fitness Class	£4.25	£2.15	50p
Active kids session (1hour or less)		£2.25	50p
Kids Club		£3.35	50p
Youth Drop In		£1.00	50p

Hire of equipment	All memberships	£1.70
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Changing & Shower only	Standard	£1.70
	Concession	85p

Youth Room Hire	£11.35 per hour
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Team Changing Facilities	£11.15 per room
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Community Function - Bookable Saturday Evenings only

Please note in line with Highland Councils pricing policy additional Out of hours charges and pricing bands apply. Terms & Conditions apply - See booking form for further info.

Children's Birthday Parties

Sports/Activity party	£55	Up to 20 children	choose from a range of sports or games
Bouncy Castle party	£55	Up to 20 children	Inflatable jungle castle with slide
Additional Member of staff	£20	For 1 hour	Required to exceed numbers or to assist with second hour

Parties are bookable on Saturday & Sunday

Sports Hall and a for 1 hour & Youth Room for 1 Hour – Self Catering and Self Decorating.

Events

BLAS Festival 13th
September

Cancellations 13th September

Body Blast, Football, Street Dance Adult & Primary

High
Life

San
Bheathar

Badenoch Leisure Centre

Spey Street, Kingussie, PH21 1EH
(01540) 662485 www.highland.gov.uk

badenoch.centre@highland.gov.uk

All Inclusive access to all facilities

Family Membership £23.60 by monthly direct debit.
Individual Membership £16.80 by monthly direct debit

22nd August – 9th October

Programme may be subject to change.

Opening Hours

Monday, Wednesday, Friday 7.30am – 10.00pm

Tuesday & Thursday 7.00am – 10.00pm

Saturday & Sunday 10.00am – 4.00pm

Highlife 50p Happy Hour - Weekends 3pm – 4pm & Wednesday 9pm – 10pm

All Inclusive High Life members benefit from FREE use of the wet leisure facilities at Aviemore Highland Resort Leisure Arena

Pool Opening times: *Monday to Sunday 8am - 8pm

Pay as you go: £8.00 adult £4.00 child Budget Members: £0.50
50p Happy Hour: Thursday 6pm - 7pm / Sunday 5pm - 6pm
(Available to all users)

Gym available to All Inclusive members at £5.00 per session or £15.00 per month

Hotel pool admission policy requires under 16's to be accompanied by an adult



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The Highland Council
Comhairle na Gàidhealtachd
SERVING The Highland Community

All activities listed here are **FREE** to **All Inclusive High Life** members.

Pre School Activities				
Mon	10.30am – 11.30am	Mucky Minis Accompanied Under 5s		messy & explorative play
	11.30am -12.00pm	Musical Minis. Accompanied Under 5s		move and groove to sing along songs & stories.
	12.15pm – 1.00pm	Moving Minis Accompanied Under 5s		crawl, clamber, balance and bounce
	2.30pm – 3.00pm	Nursery Ballet 3 – 5 years		balance, coordination & movement
Primary Activities				
Mon	3.00pm – 3.30pm	Ballet	P1	balance, coordination & movement
	3.45pm – 4.30pm	Ballet	P2 – P3	balance, coordination & movement
	3.30pm – 5.00pm	Kids Club	P1 – P7	mixture of multi sports & creative crafts
Tues	3.30pm – 4.15pm	Funky Feet	P1 – P3	funky music & moves
	3.30pm – 4.15pm	Football	P4 – P7	skills, drills & games
	4.15pm – 5.00pm	Street Dance	P4 – P7	hottest moves as seen on MTV & the movies
	4.15pm – 5.00pm	Football	P1 – P3	Skills, drills & games
Wed	3.30pm – 5.00pm	Kids Club	P1 – P7	mixture of multi sports & creative crafts
Thurs	3.30pm – 4.15pm	Funky Feet	P1 – P3	funky music & moves
	3.30pm – 4.15pm	Football	P4 – P7	Skills, drills & games
	4.15pm – 5.00pm	Street Dance	P4 – P7	hottest moves as seen on MTV & the movies
	4.15pm – 5.00pm	Football	P1 – P3	Skills, drills & games
Fri	3.30pm – 5.00pm	Kids Club	P1 – P7	mixture of multi sports & creative crafts
Secondary Activities				
Tues	7pm – 9pm	Youth Room Drop In		S1 – S6
	9pm – 9.45pm	Street Dance		S1 – S4
Thurs	7pm – 9pm	Youth Room Drop In		S1 – S6
	9pm – 9.45pm	Football		S1 – S4
Fri	7.30pm – 9.30pm	Youth Room Bookable for party / function		12 – 17 years

Children's activities must be booked in advance and consent forms must be completed and submitted prior to participation

Adult Fitness

NEW	Mon	10.00am – 11.00am	Yoga	Balance, strength & flexibility
	Mon	6.30pm – 7.30pm	Thai Boxing	Kick and punch combos
	Tues	10.00am – 11.00am	Fit plus	Circuits perfect for 50+ or beginners
	Tues	12.15pm – 1.00pm	Body Tone	Low impact whole body toning
	Tues	6.30pm – 7.30 pm	Body Blast	High intensity whole body workout
	Tues	7.45pm - 8.45pm	Street Dance	hottest moves as seen on MTV & the movies
	Wed	10.00am -11.00am	Zumba	Latest Latin dance workout
	Wed	12.15pm – 1.15pm	Dynamic Yoga	Balance, strength & flexibility
	Wed	6.30pm – 7.30pm	Boxing Circuits	CV circuits and pad work
	Thu	10:00am – 11:00am	Fit Plus	Circuits perfect for 50+ or beginners
NEW	Thu	12.15pm - 1.00pm	Body Fit	Time efficient CV and scupltling
	Thu	6.30pm – 7.30pm	Circuits	CV and strength stations
	Thu	7:45pm – 8:45pm	Zumba	Latest Latin dance workout
	Fri	6.30pm – 7.30pm	Yoga	Balance, strength & flexibility

Indoor Cycling – Must be booked in advance

New	Mon	7.45pm – 8.30pm	Please ensure that indoor shoes are worn for ALL activities.
	Tues	7.05am – 7.50am	
	Wed	7.45pm – 8.30pm	
	Thurs	7.05am – 7.50am	
	Fri	12.15pm – 1.00pm	