

The Highland Council



**Education, Culture &  
Sport Committee**

**Comataidh Foghlaim,  
Cultair is Spors**

**Thursday 18 September 2008**

# The Highland Council



# yourchoice

implementation plan 2008/09  
plana-gnìomh 2008/09

[www.highland.gov.uk/learninghere/childrensservices/healthyliving](http://www.highland.gov.uk/learninghere/childrensservices/healthyliving)

# The Highland Council



## Your Choice Implementation Plan 2008/9

Action	Standard/Target	Who must take action	Strategy
	<i>How many/how often/by when. Links to key outcome targets.</i>	<i>Identify the key people in schools and centres to make this happen</i>	<i>What is our strategy for achieving this? Is this adequate – what boost might it need?</i>
<b>1. Improve the oral health of children and young people.</b>	<p>FHC2, Healthy, 16.</p> <p>CfE HWB outcomes - Safe and Hygienic Practices</p> <p>80% of all three to five year old children to be registered with a NHS dentist by 2010/11.</p> <p>60% of 5 year olds (Primary 1) with no signs of dental disease.</p> <p>60% of 11 year olds (Primary 7) with no signs of dental disease in permanent teeth.</p> <p>Increase the percentage of under 18's under the care of an NHS dentist</p> <p>Childsmile 20% of Primary School with the highest need committed supervised tooth brushing programmes in P1 &amp; P2.</p> <p>The importance of providing young people with appropriate advice on preventing dental trauma and protecting teeth from injury.</p>	<p><b>Lead Officer: Miranda Moodie</b></p> <p>Head Teachers</p> <p>HPS Manager</p> <p>HPS Officers</p> <p>HAG members</p> <p>Oral Health Improvement Co-ordinators and educators</p> <p>Public Health Nurses</p>	<p>Work with schools to raise awareness of Oral Health and how it can be achieved through training and simple practice such as healthy food choices, regular dental attendance and daily tooth brushing with fluoride toothpaste.</p> <p>HWB sessions 'Fit as a Fiddle' to incorporate oral health. Training sessions targeting professionals in 0-5 childcare providers and pre-school groups.</p> <p>During Healthy Highland week 2008, include an awareness campaign to raise profile of the Childsmile programme.</p> <p>Three Food and Behaviour courses delivered as part of the ECS training calendar. All training will incorporate oral hygiene and CfE. This training will be made available to school communities at their request, i.e. delivered to SNAG groups.</p> <p>Maintain supervised Tooth brushing programmes in Primary Schools and Intensive Support and Vocational Centres. Childsmile School - phased rollout of integrated programme in 2008. Pan Highland by 2012. <a href="http://www.child-smile.org">www.child-smile.org</a>. A aide-memoir (FAQ) sheet produced to support schools and professional responding to enquiries about Childsmile</p> <p>Continue to work with secondary schools through PE departments and active schools coordinators to raise awareness via 'Teen Smile' presentation and provision of Tooth Trauma kits.</p>

# The Highland Council



Action	Standard/Target	Who must take action	Strategy
<p><b>36. H4S18. Furniture design, layout and usage, along with other factors such as décor and background music, should be considered by all schools, with significant pupil input and programmes for change drawn up.</b></p>	<p>A whole school approach is adopted to ensure the social experience of lunchtime is maximised.</p>	<p><b>Lead Officer: Norma Murray</b> HPS Manager Head Teachers Catering Providers</p>	<p>Public Private Partnership (PPP) have full consultation and support for inclusion of Hungry For Success and Health Promoting Schools in new school builds.</p> <p>SNAG/Pupil Council to assist in surveys and development of programmes of change.</p> <p>Existing good practice disseminated through Health Promoting Schools to inspire and support school's developments. Use of HVLC website.</p> <p>SNAG training to incorporate survey examples.</p>
<p><b>37. Introduce Healthy Vending in schools, Swimming Pools and Leisure Centres.</b></p>	<p>All The Highland Council leisure venues are compliant with Hungry For Success principles.</p> <p>All The Highland Council operated leisure centres are adopting standards of the School (Health Promotion and Nutrition) (Scotland) Act for the sale of snacks and drinks.</p> <p>'Your Choice to Healthy Living' stickers have been produced and distributed to venues that can demonstrate consistency with school standards.</p>	<p><b>Lead Officer: Jonathan Warde</b> HPS Manager Catering Providers CLL Child Health Lead Dietician CPD Co-ordinators Quality Improvement Officer</p>	<p>All advertising, branding and sponsorships comply with products consistent with Hungry for Success principles.</p> <p>Training venues used by ECS and NHS Highland must provide healthy food and water during training.</p> <p>Guidance being produced nationally that will be disseminated to training providers.</p>

The Highland Council



**Education, Culture &  
Sport Committee**

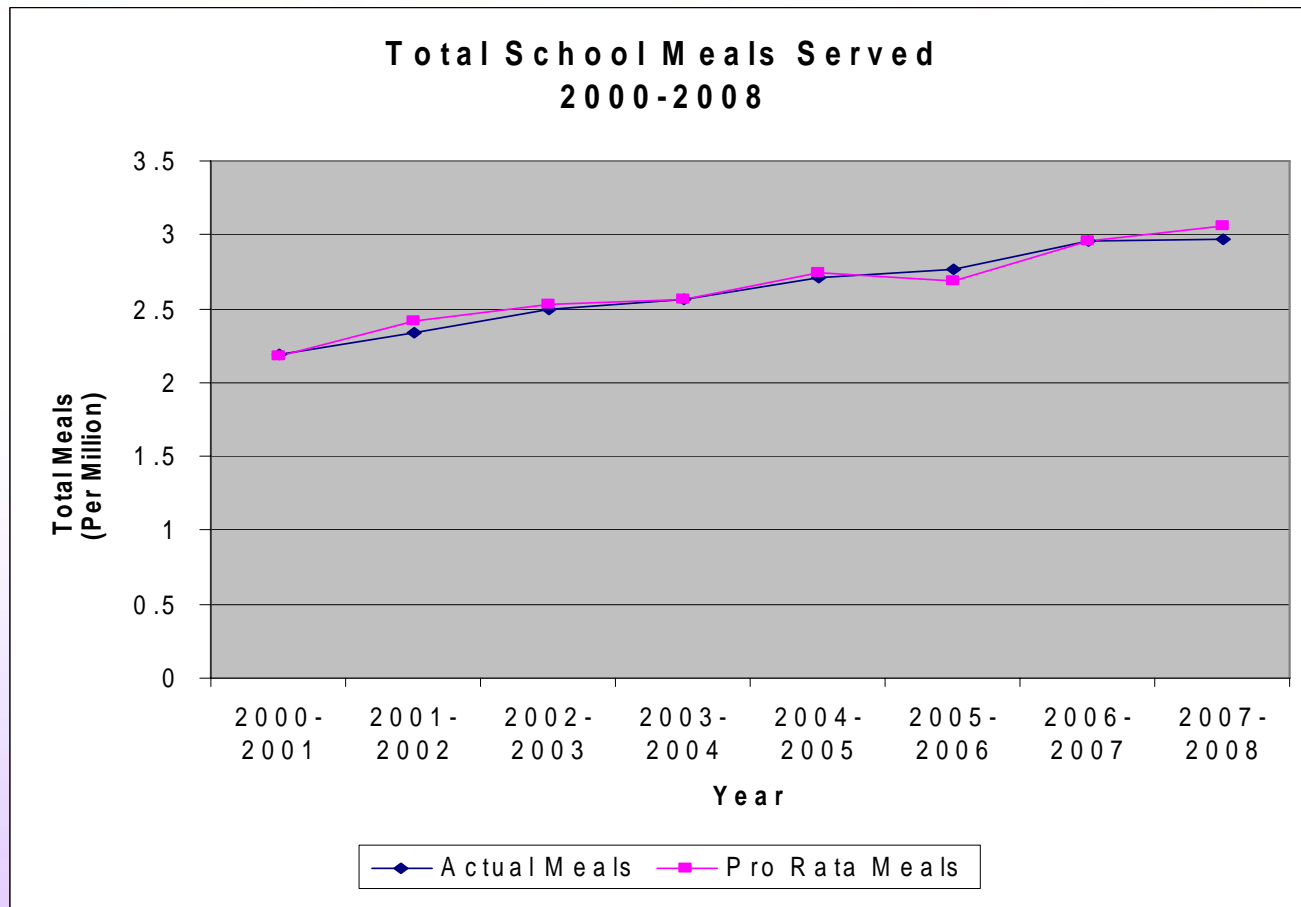
**Comataidh Foghlaim,  
Cultair is Spors**

**Thursday 18 September 2008**

# The Highland Council



# The Highland Council



The Highland Council



**Education, Culture &  
Sport Committee**

**Comataidh Foghlaim,  
Cultair is Spors**

**Thursday 18  
September 2008**

# The Highland Council



HWB Trialling HPSManager · My Account · Help · Sign Out · wikispaces

home Edit This Page page discussion (1) history notify me

**Actions**

- New Page
- Recent Changes
- Manage Space
- Search

**Navigation**

- Home
- documents
- Highland Support
- HWB Trialling Grid
- Process Advice
- Unofficial Trialling Projects

[edit navigation](#)

Collaborative Learning

Welcome to the wiki for Highland school communities participating in trialling the [Curriculum for Excellence draft Health and Wellbeing Experiences and Outcomes](#). Eventually this wiki will be linked to the [Highland Virtual Learning Community website](#), but to get the ball rolling this space has been created here.

You'll notice on the left hand side bar a separate link to a documents page, the HWB Trialling Grid, Highland Support and Process Advice. Anyone participating in trialling in Highland is welcome to upload helpful documents and enter developments into the HWB Trialling Grid or edit the support pages. A discussion page is linked above for noting any quirks, offers of help, points of interest or observations. It's easy to use and the best thing of all...it's always up to date! If you'd like a little explanation of exactly how wikis work go to the help section or check out the little video clip on [Louise's blog](#).

**Schools participating in official trialling:**

- Raigmore Primary School
- Craighill Primary School and Tain Royal Academy
- Glen Urquhart High School
- Kilchuimen Academy
- Gergask Primary School
- Kingussie Primary School
- Avoch Primary School
- Dornoch Primary School and Dornoch Academy

**NEWS - Launch Event Date** - There will an 'official' launch of the HWB outcomes in Inverness on the 5th September, led by LTS. we have limited places only so if you wish to attend please do let Louise know, **this is now fully booked**. This will be held at the Drummosie Hotel. The programme for the day is in the documents section for information only.

The Highland Council



**Education, Culture &  
Sport Committee**

**Comataidh Foghlaim,  
Cultair is Spors**

**Thursday 18 September 2008**