

# Gairloch Leisure Centre Timetable

Monday 31<sup>st</sup> October – Sunday 8<sup>th</sup> January 2012

	1500 -1600	16.00	17.00	18.00	19.00	20.00	21.00-22.00	
<b>Mon</b>	Closed Staff Training	Courts Available (Hourly Sessions)			Spinning 16+ Adults	Body Balance 12+ Adults	Courts Available	
<b>Tues</b>	<p><b><i>FESTIVE OPENING TIMES</i></b></p> <p>Wed 28<sup>th</sup> to Fri 30<sup>th</sup> Dec 2011 the Leisure Centre will be open from 12 noon to 5pm Providing access to the Climbing Wall, Fitness Room and Court Hire.</p> <p>This timetable will resume Wed 4<sup>th</sup> to Sun 8<sup>th</sup> Jan 2012. A new timetable will run from Mon 9<sup>th</sup> Jan 2012.</p>			Courts Available (Hourly Sessions)		Bums, Legs & Tums 12+ Adults	Social Badminton (20.15-22.00) 12+ Adults	
<b>Wed</b>				Jr Archery P1-P3 (17.15-17.45)	Archery 9+ Adults	Spinning 16+ Adults (19.15-20.00)	Basketball 16+ Adults	
<b>Thurs</b>				Courts Available (Hourly Sessions)			Hockey 14+ Adults	
<b>Fri</b>	Closed	Zumbatomic P1-P3 16.00-16.30	Zumbatomic P4-P7 16.30- 17.00	Courts Available (Hourly Sessions)		Spinning 16+ Adults (19.00-20.00)	Boxercise 16+ Adults	Courts Available
		Court Available						
	10.00	11.00	12.00	13.00	14.00	15.00	16.00	
<b>Sat</b>	Wester Ross Football	Drop In Primary	Bouncy Castle/Soft Play Pre School-5yrs	Courts Available (Hourly Sessions)			Closed	
<b>Sun</b>	Football P4-P7	Football P1-P3	Bouncy Castle/Soft Play Pre Sch-5yrs	Courts Available (Hourly Sessions)				

**The Climbing Wall** is available to the General Public (climbers are required to be registered & competent for these sessions)

**Mon:** 16.15-21.45 **Tue:** 17.15-21.45 **Wed:** N/A **Thurs:** 17.15-21.45 **Fri:** 16.15-21.45

**Sat:** 11.15-16.30 **Sun:** 10.15-16.30 *Weekend times are only guaranteed when there are no Whole Hall bookings. Please phone to check availability before setting off.*

**Booking is required for all activities as there are only limited spaces available**

Well Being Hours are Mon 16.00-17.00 Fr 17.00-18.00 & Sat 13.00-14.00 All 50p Per Activity PP Outdoor Courts/Astro are available for Tennis

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