

What else can we do?

We can fit "Aids to Daily Living" such as grab rails or other items to help keep people independent. We can also install some types of equipment if Social Work or NHS staff assess a need.

We can put you in touch with other agencies who can offer further assistance, for example, we have information on energy efficiency and on who to contact should your housing needs change in the future. We can offer advice for people who need to arrange for their own tradesmen for larger repairs, and we can refer clients to Care & Repair for assistance with eligible larger repairs and adaptations.

Care & Repair is managed by Cairn Housing Association and can be contacted directly on 01463 229150.

To request this booklet in an alternative format e.g. large print, braille, computer disk, audio tape, or suitable language please contact:

Housing & Property Services,

The Highland Council, Glenurquhart Road, Inverness IV3 5NX.

Telephone: 01463 702772

Email:

housingandproperty@highland.gov.uk

How do I apply?

It's easy. You can contact any of the agents below:

Cairn Housing Association

Telephone: 01463 229 151

Email: handyperson@cairnha.com

Care in Strathnairn

Telephone: 01808 521 446

Mobile: 07936 738 930

Email: info@careinstrathnairn.org.uk

Volunteering Highland

Telephone: 01463 711 393

Mobile: 07834 753 766

Email:

handypersons@volunteeringhighland.org

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Care in Strathnairn
Registered Scottish Charity SC038826



Highland Handyperson Service Seirbheis Neach-goireis na Gàidhealtachd

Inverness, Nairn,
Badenoch & Strathspey

Inbhir Nis, Inbhir Narann,
Bàideanach & Srath Spè



Are you aged
over 65 or living
with a disability?

Do you need a
Handyperson to
help with minor
repairs at home?

What do we do?

Your local Handyman Service is a partnership between Cairn Housing Association, Care in Strathnairn, Volunteering Highland and The Highland Council.

Together, we are here to help you with minor repairs around the home which you may find difficult if you are an older resident or have a disability.

Our Handyman Teams have all been vetted by Disclosure Scotland and will be able to show you their identification badge when they knock on your door.

Who do we help?

The Handyman Service is for people aged 65+ who have difficulties with carrying out small jobs around the house, and for people of any age with a disability.



How much will it cost?

Each Handyman is fully equipped with tools and will be ready to undertake your repair. We will only charge you for the materials the Handyman uses to complete the agreed work. We will make no charge for the Handyman's time or travel expenses.



How can we help you?

These are the kinds of things the Handyman could help you with. Please call us if your job is not listed and we will do our best to help you:

- changing light bulbs and tap washers;
- cleaning windows;
- painting and decorating;
- moving furniture within the house;
- securing carpets;
- securing trailing wires and flexes;
- putting up shelves, bathroom cabinets and other small items of a similar nature;

- taking down and putting up curtains/tracks;
- unblocking sinks and baths;
- replacing toilet seats, small areas of tiling, sealant around bath/sink;
- fitting grab rails and handrails;
- fitting and repairing of locks;
- fitting smoke/carbon monoxide alarms; and
- fitting chains and peepholes.

Volunteering Highland and Care in Strathnairn also offer a gardening service and can help with:

- weeding and pruning;
- grass cutting;
- hedge trimming;
- laying stones or bark; and
- painting fence or shed.

