

## Route 1: The Green Route, Anagach Woods





#### Route 1 Green route, Anagach Woods

Down the military road, you are surrounded by towering beech trees, the inspiration for the famous ceiling of St Paul Cathedral. Follow the path through Caledonian pine forest, originally planted in 1766 when the town was being built. Look out for the dainty roe deer, who feed on the undergrowth.

DISTANCE: Approximately 2.1km TIMING: Approximately 1 hr SURFACE: Flatish OBSTACLES: None CAR PARKING: See map REST POINTS: Marked on the map with

Things of interest to look out for:
Hangmans Tree
Military Road



#### Step it Up! Highland

Step it Up! Highland is an initiative developed through partnership with Volunteering Highland, NHS Highland and Paths to Health, that aims to develop a series of walking opportunities in the Highlands. For more information Tel.01479 810004













### Route 2: Kylintra Meadows





### Route 2 Kylintra meadows

Breathe in the beautiful scent of meadow sweet as you walk around Kylintra. Look for a tall plant with a creamy white puff of flowers growing in the marshy meadows. Search for orchids in the grass in the summer, in winter look out for the footprints rabbits have left in the snow.

DISTANCE: Approximately 0.5km TIMING: Approximately 20minutes SURFACE: Flat OBSTACLES: None CAR PARKING: See map P REST POINTS: Marked on the map with \*

Things of interest to look out for:

Orchids
 Skating pond



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## Route 3: The Roches Moutonees, Dulnain Bridge





### Route 3 The Roches Moutonees, Dulnain Bridge

The ice has scarred these rocks, leaving scratches on their surfaces. The weight of the glacier that once covered the strath has altered the shape of the rocks leaving them smooth and rounded.

Read the fantastic interpretation at the site to find out more.

DISTANCE: Approximately 0.5km TIMING: Approximately 20minutes SURFACE: Uneven and steep in places OBSTACLES: Tree roots, small stones CAR PARKING: See map P REST POINTS: Marked on the map with \*

Things of interest to look out for:

Geology (throughout whole site)
 Viewpoint



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### Route 4: The Blue Route, Anagach Woods





#### Route 4 The Blue Route, Anagach Woods

Look out for small birds searching in the cracks for unlucky insects on the orangey pink bark of the scots pine. Listen for the angry chats of the red squirrels as you disturb them on your walk and watch as they dash up the nearest tree to safety.

DISTANCE: Approximately 3.3km TIMING: Approximately 1¼ hrs SURFACE: Flatish OBSTACLES None. There is a gate at the curling pond but there is space to walk round it. CAR PARKING: See map P REST POINTS: Marked on the map with \*

Things of interest to look out for:

Curling Ponds



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### Route 5: Around Grantown-on-Spey





### Route 5 Around Grantown-on-Spey

Up the glorious lime avenue leading to the church the air is buzzing in summer as bees feast on the nectar of these beautiful lime trees.

While beside the Kylintra burn, look out for some ferocious characters lurking in wait for their next meal to swim past. Dragonfly nymphs rule the water.

DISTANCE: Approximately 2.4km TIMING: Approximately 1 hr SURFACE: Pavement or mown grass OBSTACLES: Route used by dog walkers. CAR PARKING: See map P REST POINTS: Marked on the map with \*

Things of interest to look out for:





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### Route 6: Ladies Walk



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### Route 6 Ladies Walk

Among the reeds in the skating pond, there lives a variety of wildlife. Coots show off their white beaks, nodding as they swim, propelling themselves with unwebbed feet, and mallards vie for first go at the regular deliveries of bread.

DISTANCE: Approximately 1.4km TIMING: Approximately 30 minutes - or more if exploring the Free Church Wood SURFACE: Dusted fill OBSTACLES: Steep section CAR PARKING: See map ₽ REST POINTS: Marked on the map with ★

Things of interest to look out for:

Skating pond



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Route 7: The Burnie Path to the River Spey beach





### Route 7 The Burnie Path to the River Spey beach & back

Walking on this path at the right time of day, you could encounter rabbits and foxes, though the rabbits are trying to avoid the foxes.

Roe deer move silently through the woods, and squirrels run from tree to tree never having to touch the ground.

### DISTANCE:

Approximately 1.6km TIMING: Approximately 30 minutes - allow longer to include a break SURFACE: Good surface OBSTACLES: Fairly short steep section, underpass CAR PARKING: See map ₽ REST POINTS: Marked on the map with ★

Things of interest to look out for:

- Skating Pond
- 2 Grantown beach
- 3 Kylintra meadow

*Note:* You can link to route 6 or route 8 from route 7 Step it Up! Highland



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# Independent Walks Around Grantown-on-Spey

#### Route 8: River Spey beach to the Old Cemetery





### Route 8 The River Spey beach to the Old Cemetery

Take a moment to sit and enjoy the river. Watch dippers streak past low to the water, seeking new places to dive under to feed on watery insects. Look for statuesque herons or carefree wagtails dancing from rock to rock and watch salmon break the surface and disappear again into the depths.

DISTANCE: Approximately 1.3km TIMING: Approx 25 minutes but 1hr if linked to start from YMCA SURFACE: On a quiet road OBSTACLES: None CAR PARKING: See map P REST POINTS: marked on the map with \*

Things of interest to look out for:Inverallan CemeteryBeach



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#### Route 9: The military road to the Old Spey Bridge





### Route 9 The military road to the Old Spey Bridge

The old bridge with all its nooks and crannies is awash with wildlife. Daubentons bats roost in tiny cracks during the day, waking at dusk to lift insects off the surface of the water, and the purple flower of the trailing ivy-leaved toadflax flourishes in the lime mortar.

DISTANCE: Approximately 3km TIMING: Approximately1.5hrs - allow longer to include a break. SURFACE: Flat but there are tree roots beside the river OBSTACLES: Tree roots CAR PARKING: See map ₽ REST POINTS: Marked on the map with \*

Things of interest to look out for:

Old Spey Bridge
 Old Military road



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#### Route 10: The railway circular through Beachen Woods



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### Route 10 The Railway circular through Beachen Woods

Wood wasps look scary, but actually don't have a sting, and the bog, while home to beautiful dragonflies is also responsible for producing midges. But don't be put off, you may be pleasantly surprised by butterflies like the small tortoiseshell.

DISTANCE: Approximately 1.2km TIMING: Approx 30 minutes SURFACE: Flat with a short steep section OBSTACLES: Large stones on railway, please wear stout boots. CAR PARKING: See map ₽ REST POINTS: Marked on the map with ★

Things of interest to look out for:

Old Railway
 Beautiful bog!



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### Route 11: Viewpoints Walk





#### Route 11 Viewpoints Walk

A walk to build up to, but worth every step of the short steep climb. From this vantage point you can view the special habitat of mountain hares, ptarmigan and red deer on the distant Cairngorm slopes. Marvel at the man-power needed to create the dramatic cutting on the Highland Main Line.

DISTANCE: Approximately 3.2km TIMING: Approx 1.5hrs SURFACE: Informal track with some tree roots OBSTACLES: The start of the route is very steep. Uneven path surface. Stile to viewpoint 1 CAR PARKING: See map P REST POINTS: Marked on the map with \*

Things of interest to look out for:

Old Railway line with fantastic cutting
 Etching of landscape
 Waterfall



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# Independent Walks Around Grantown-on-Spey

Route 12: The Green Trail, Beachen Woods





### Route 12 The Green Trail, Beachen Woods

Broadleaved woodland, pinewoods, bogs, farmland, heath, ponds and rocky outcrops. Could anyone want anymore from a walk? The sheer diversity of this route is something to marvel at. Every time you visit you will notice something different – bursting buds, flowers catching some rays, autumnal colours, footprints in the snow.

DISTANCE:

Approximately 3.1km TIMING: Approx 1.5hrs SURFACE: Informal path with some tree roots. OBSTACLES: A short steep section. Uneven surface with stones in places. Some tree roots. CAR PARKING: See map P REST POINTS: marked on the map with

Things of interest to look out for:
Railway Pond
Old Railway Line
Old Quarry



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