## **Specialist Provision**

The Highland Council supports the Scottish Government's agenda for housing care and support and for shifting the balance of care, to enable independent living of older households and other vulnerable people.

The Council's aim is to ensure that there is an adequate supply of specially designed or adapted housing and support services are available, which will enable people with particular housing needs to live independently and safely in their own home or within a community setting. This requires a partnership approach between the NHS, Local Authorities and the third sector.

The Equality Act 2010 updates, streamlines and strengthens previous equalities legislation. It places duties on local authorities and others to eliminate unlawful conduct, advance equality of opportunity, foster good relations, and take into account the needs of people relating to age, disability, sex, race, religion and belief, sexual orientation and transgender.

## **Population**

In 2013 the Highland population stood at 232,950 (principal projection), and accounting for 4.4 per cent of the total population of Scotland. Persons aged 60 and over made up 27 per cent of Highland. This is larger than Scotland where 23.7 per cent are aged 60 and over. (NRS 2014).

## **Population Estimates (HNDA variant)**

Base year	0-15	16-29	30-49	50-64	65-74	75+	All ages
2012	40,881	34,892	61,096	50,993	25,312	19,736	232,910
2017	39,878	34,043	57,478	52,872	29,209	22,623	236,103
2022	39,903	32,600	55,640	53,342	30,596	27,417	239,498
2027	39,301	31,173	56,961	50,136	31,774	32,756	242,101
2032	38,884	30,538	56,277	46,726	33,978	37,066	243,469
2037	37,935	30,478	54,903	45,212	33,628	41,337	243,493

Base year	0-15	16-29	30-49	50-64	65-74	75+	All ages
2017	-2%	-2%	-6%	4%	15%	15%	1%
2022	0%	-4%	-3%	1%	5%	21%	1%
2027	-2%	-4%	2%	-6%	4%	19%	1%
2032	-1%	-2%	-1%	-7%	7%	13%	1%
2037	-2%	0%	-2%	-3%	-1%	12%	0%
Table 1 NRS 2014							

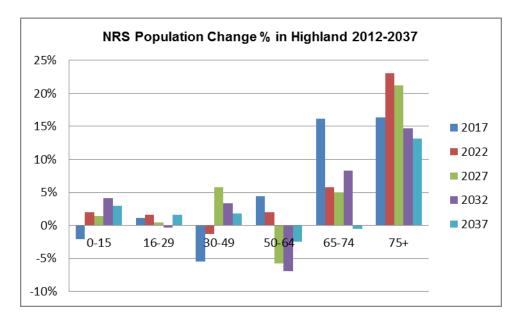


Figure 1 NRS Highland population change based on HNDA variant

Whilst the population of Highland continues to steadily grow, the 65+ age group is increasing at a much faster rate. By 2037 the 65+ age group will have increased by 60%.

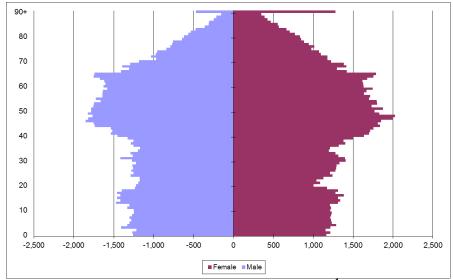


Figure 2 Highland population projection by age and gender, 2012<sup>1</sup> based on HNDA variant

## **Health and Wellbeing**

# <u>Overview</u>

In Highland, 32,378 (32%) of households are single adult dwellings according to the 2011 census. Based on total number of households, 13,374 (13.1%) one person households were aged 65 or over (41% of one bed households).

<sup>&</sup>lt;sup>1</sup> http://www.scotland.gov.uk/Topics/Statistics/Browse/Health/Data/CareData

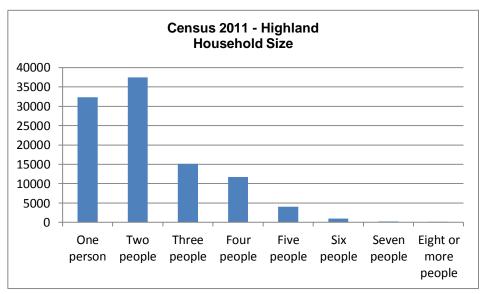


Figure 3 Census 2011

Scottish Census 2011 - Highland	Sum
Total number of households (with residents)	102,091
Household composition	%
% One person household - Aged 65 or over	13.5
% One person household - Aged under 65	18.2
% One family only: Lone parent: With dependent children	6.2
% One family only: Lone parent: All children non-dependent	3.5
% One family only: Married or same-sex civil partnership couple: With dependent children	14.2
% One family only: Married or same-sex civil partnership couple: No dependent children	20.9
% One family only: Cohabiting couple: With dependent children	4.3
% One family only: Cohabiting couple: No dependent children	5.7
% Other households: All full-time students	0.1
% Other households: All aged 65 and over	8.9
% Other households: Other	4.6

Table 2 http://www.scotlandscensus.gov.uk/ods-web/area.html

		2012						
Council area	1 adult	1 adult, 1+ children	2 adults	2+ adults, 1+ children	3+ adults	Total		
Scotland	36%	6%	31%	19%	9%	100%		
Highland	33%	6%	34%	19%	8%	100%		
	2037							
	1 adult	1 adult, 1+ children	2 adults	2+ adults, 1+ children	3+ adults	Total		
Scotland (principal)	41%	7%	31%	14%	6%	100%		
Highland (HNDA)	37%	7%	35%	15%	6%	100%		

**Table 3 NRS Population Estimates** 

## **Health Issues**

The 2011 census recorded 43,177 (18.6%) of Highland's population as living with a long-term activity-limiting health problem or disability (with an average age of 60.1

years), and 13.5% of people aged 16 to 74 as economically inactive who are long-term sick or disabled.  $^{2}$ 

Scottish Census 2011 - Highland	Sum
All people in Highland	232,132
Composition	%
% With no condition	70.4
% With one or more long-term health conditions	29.6
% With deafness or partial hearing loss	7
% With blindness or partial sight loss	2.3
% With learning disability (for example, Down's Syndrome)	0.5
% With learning difficulty (for example, dyslexia)	2.1
% With developmental disorder (for example, Autistic Spectrum Disorder, Asperger's Syndrome)	0.7
% With physical disability	6.1
% With mental health condition	3.6
% With other condition	18.3

**Table 4 Scottish Census 2011 - Health statistics** 

Based on the findings of the Scottish House Condition Survey (SHCS) 2010-12 of the 103,000 dwellings in Highland 40% of households had at least one member with long term illness / disability.

SHCS Profile		Local authority indicator					
			Number of	paired social			
	Dwellings	% of	social survey	and physical			
	(000's)	sample	cases*	survey cases			
Highland	103	4%	352	268			
Scotland	2,371	100%	11,615	9,121			

Table 5 SHCS Local Authority Tables 2012

Households where at least one member has LTI/disability by tenure

The decirculation of the monitor has Englished by tollars							
	Tenure						
		Private		Public			
	000's	%All Private	%All Stock	000's	%All Public	%All Stock	
Highland	26	34%	26%	14	67%	14%	
Scotland	488	28%	21%	330	56%	14%	

Table 6 SHCS Local Authority Tables 2012

Households where at least one member has LTI/disability by age of dwelling

	Age of dwelling						
		Pre-1945		Post-1945			
	%All			%AII			
		Pre-	%All		Post	%All	
	000's	1945	Stock	000's	1945	Stock	
Highland	10	35%	10%	32	44%	31%	
Scotland	251	33%	11%	610	38%	26%	

Table 7 SHCS Local Authority Tables 2012

<sup>&</sup>lt;sup>2</sup> http://www.scotlandscensus.gov.uk/

In 2012, 9,715 adults in Highland claimed incapacity benefit/severe disability allowance or employment support allowance.<sup>3</sup>

1,590 people aged 65+ were in receipt of free personal care at home in 2011; and there were 373 people aged 65+ with intensive care needs cared for at home in 2011.

Alzheimer Scotland estimates there being 149 people in Highland under the age of 65 years with dementia and 4,085 over 65 years in 2014.<sup>4</sup> This is consistent with the national average prevalence rate of 2%. The Quality & Outcomes Framework (QOF)<sup>5</sup>, NHS Highland recorded 2,648 cases, but it is recognised that QOF registers are likely to underestimate prevalence for conditions where people do not always consult their doctor, including dementia.

Scotland Performs: Data used for monitoring HEAT Dementia Standard (numbers of patients with Dementia)

Area	2010/11	2011/12	2012/13
NHS Highland*	2,563	2,624	2,648
SCOTLAND	40,195	41,525	41,947

Table 8 Source: ISD QOF Register raw prevalence rate

NHS Highland covers Highland and Argyll & Bute

The Scottish Consortium for Learning Disability has estimated 5.5 per 1000 adult Highland population will have a learning disability.<sup>6</sup>

Adults with learning disabilities known to local authorities by local authority area (2013)

Local authority	Total	Adults known per 1,000 population <sup>†</sup>	Change in rate from 2011
Highland	1,054	5.5	-0.5
Scotland	26,236	5.9	-0.1

Table 9 Source: eSAY 2013

†Calculated using 2013 mid-year population estimates (General Register Office Scotland)

The exact prevalence of mental health problems are difficult to estimate, primarily due to the numbers of people who do not seek treatment and difficulties in accurately recording them in a non-acute setting. In 2012, 33,538 people in Highland were prescribed drugs for anxiety/depression/psychosis. In 2009 2,227 people had a psychiatric hospitalisation, with appropriate support arrangements being required for move-on accommodation when residents leave acute psychiatric wards.

## **Approaches to Meeting Housing Need**

Some people who live in housing will need increasing levels of support. This is easier for some people to achieve than others. Projecting both an increased population and a sizeable increase in the number of older people households in Highland will have significant implications for support services and in the

<sup>5</sup> http://www.isdscotland.org/Health-Topics/General-Practice/Quality-And-Outcomes-Framework//

<sup>&</sup>lt;sup>3</sup> https://scotpho.nhsnss.scot.nhs.uk/scotpho/profileSelectAction.do

<sup>4</sup> http://www.alzscot.org/campaigning/statistics

<sup>&</sup>lt;sup>6</sup> http://www.scld.org.uk/sites/default/files/statistics\_release\_learning\_disability\_statistics\_scotland\_2013\_0.pdf\_and http://www.scld.org.uk/scld-projects/learning-disability-statistics-scotland/esay-statistics/statistics-release-tables/statistics-scotland/esay-statistics-release-tables/statistics-scotland/esay-statistics-release-tables/statistics-scotland/esay-statistics-release-tables/statistics-scotland/esay-statistics-release-tables/statistics-scotland/esay-scotland/esay-statistics-scotland/esay-scotla

http://www.scottish.parliament.uk/ResearchBriefingsAndFactsheets/S4/SB\_14-36.pdf

<sup>8</sup> https://scotpho.nhsnss.scot.nhs.uk/scotpho/profileSelectAction.do

development of assistive technologies, as we enable people to continue to live at home for as long as possible. There will also be a need for increased specialist housing and residential provision across tenures, including extra care housing and care homes, whilst remaining fit for purpose.

Meeting a diversity of needs across such a wide rural authority can be challenging. Highland has the 7th highest population of the 32 authorities in Scotland, 102,091 households<sup>9</sup> and with a land mass of 33% of Scotland it is geographically by far the largest local authority (the next being Argyll and Bute at 9%).<sup>10</sup> At 9%, Highland along with Eilean Siar, has the lowest population density per square kilometre, and at 0.04 dwellings per hectare the lowest household density per hectare.

	Area (in square kilometres - excluding inland water)	Population density (number of people per square kilometre)
Badenoch and Strathspey	2,356	5.8
Caithness	1,805	14.4
Inverness	2,961	26.8
Lochaber	4,634	4.3
Nairn	424	30.6
Ross and Cromarty	5,108	10.6
Skye and Lochalsh	2,732	4.8
Sutherland	6,071	2.3
Highland	25,659	9.1
Scotland	77,925	68.4

Table 10 Source: NRS mid-year estimates, 2013

In the 2011 census the majority of households in Highland were owner occupied 67%, (increasing to 75% when aged 65 and over). With 19% of households social rented and 14% private rented or living rent free.

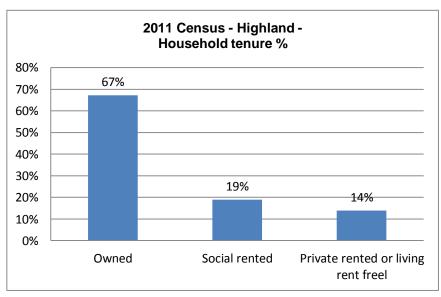


Table 11 Census 2011

10 http://gro-scotland.gov.uk/statistics/theme/population/estimates/mid-year/mid-2013/list-of-tables.html (Table 9)

<sup>9</sup> http://www.scotlandscensus.gov.uk/

## 1. Accessible & Adapted

Accessible housing, equipment and adaptations can all help older and disabled people to remain living independently in their own homes, and can reduce the need for more costly home care services, or long term admission to a care home.

## **Adaptations**

According to the 2012 Scottish House Condition Survey, Highland has 27,000 dwellings with one or more adaptations. The process for obtaining housing adaptations varies depending on the tenure of the home; whether it is private sector; Council housing; or housing association; and whilst there are a higher number of owner occupiers in Highland, proportionally there is a higher percentage of adapted public sector housing. An estimated 7,000 dwellings still required adaptations.

Dwellings with adaptations by tenure

		Tenure					
		Private		Public			
	000's	%All Private	%All Stock	000's	%All Public	%All Stock	
Highland	18	22%	17%	9	41%	9%	
Scotland	294	17%	12%	188	32%	8%	

Table 12 SHCS Local Authority Tables 2012

#### Dwellings where adaptations are required by householders

		Adaptations Required					
		Yes		No			
	000's	Row %	000's	Row %			
Highland	7	7%	95	92%			
Scotland	129	5%	2233	94%			

Table 13 SHCS Local Authority Tables 2012

The following table shows the number of new care and repair applications received in 2012/13 and the anticipated cost of the works applied for.

Care and Repair 2012/13	No of new applications received	Value of Works £
Badenoch & Strathspey	22	117,461
Caithness	44	366,864
Inverness	101	450,363
Lochaber	63	273,612
Nairn	22	86,925
Ross & Cromarty	66	403,864
Skye & Lochalsh	60	393,199
Sutherland	57	366,075
Total	435	2,458,363

Table 14 Highland Council Internal Care and Repair Monitoring

#### **Telecare**

Telecare provides remote care to elderly and physically less able people, providing the care and reassurance needed to remain living in their own homes. The use of telecoms and sensors may be part of a package which can provide support for people with specific illnesses when previously they may have needed hospital or residential care.

The 20:20 Vision for Health and Social Care provides the strategic context for telehealth care developments in Scotland. Technology-enabled care <sup>11</sup> is vital to the successful delivery of this vision, and the importance of digital technology is both recognised in the Routemap to 2020<sup>12</sup> and in the wider public-service reform agenda.

Building on the Telecare Action Plan 2010-2012 and the Telehealth Strategic Framework 2010-2012, and with an overall focus of 'at scale', the <u>National Telehealth and Telecare Delivery Plan for Scotland to 2016</u> was launched by the Cabinet Secretary for Health & Wellbeing in the spring of 2013. It set out the Scotlish Government's, CoSLA's and NHSScotland's commitment to embed technology-enabled options in the redesign of our health, care and support services.

In 2013 there were 4,328 telecare clients recorded in Highland, ranging from basic alarms to enhanced telecare. At present, the Highland telecare service is under review, anticipating the future increased need for this service.

	Client numbers by age group						Total	
Local Authority	0-17	18-64	65-74	75-84	85 plus	Unknown	Clients	
Highland	449	463	506	1,301	1,609	0	4,328	
Scotland	969	16,190	18,909	40,990	37,021	0	114,079	

Table 15 Source: Social Care Survey 2013, Home Care Census

#### **Handyperson Scheme**

Across Highland, a handyperson service is also offered to anyone aged 65 + and for people of any age with a disability. This service provides extra help with small practical jobs to make people's lives easier and safer around the home, at a minimal cost for materials.

HANDYPERSON JOBS: Repairs;adaptations;telecare	2012/13	2012/14 (%)	2013/14	2012/14 (%)
Badenoch & Strathspey	462	3%	422	3%
Caithness	1,916	13%	1,503	10%
East Ross	1,649	11%	1,482	10%
Inverness	2,882	20%	3,490	23%
Lochaber	481	3%	1,353	9%
Nairn	672	5%	764	5%
Ross & Cromarty Mid	3,506	24%	3,134	20%
Ross & Cromarty West	287	2%	308	2%
Skye & Lochalsh	2,059	14%	1,945	13%
Sutherland	844	6%	958	6%
Total	14,758	100%	15,359	100%

<sup>&</sup>lt;sup>11</sup> 'Technology-enabled care' is the term used to cover the wide range of technology solutions developing in Scotland, including Telecare, Telehealth & mobile health & wellbeing services.

<sup>12</sup> http://www.scotland.gov.uk/Resource/0042/00423188.pdf

Handyperson Client Groups	2012/13	2012/13	2013/14	2012/13
Age		%		%
Under 65	1619	11	1968	13
65+	3356	23	3104	21
70+	5649	39	6017	41
80+	3707	26	3453	23
Not Provided	38	0	209	1
Total	14369	100	14751	100
Disabled	830		492	

Handyperson Tasks	2012/13	2012/13 %	2013/14	2013/14 %
Repairs	7384	47%	6951	39%
Adaptations	6875	44%	9155	51%
Telecare	1310	8%	1676	9%
Total	15569	100%	17782	100%

Handyperson Tenure	2012/13	2012/14	2013/14	2012/14
Highland Council	3434	24%	3189	21%
Housing Association	837	6%	977	6%
Owner Occupier	9449	65%	9871	66%
Private Rented Sector	297	2%	484	3%
Croft	270	2%	221	1%
Other	220	2%	296	2%
Total	14507	100%	15038	100%

**Table 16 Source: Internal PSHG Monitoring Forms** 

#### Wheelchair Housing

The Scottish Government published Moving Forward: Review of NHS Wheelchair and Seating Services in Scotland, March 2006. <sup>13</sup>

Data provided on wheelchair services in Inverness covers Highland and the Western Isles. Notwithstanding, 3,099 wheelchair users were registered, serving a population of 255,180 (12.3 users per thousand population). It also received 731 new referrals in a year.

## **Housing Design with Integral Support**

Historically, there has been a short fall in the level of ground floor, adapted and wheelchair accessible housing. This is in part evidence in Appendix 1 analysis of the pressure related to social rented housing register for Highland. Since January 2013, the Council's Sustainable Design Guide Supplementary Planning Guidance<sup>14</sup> has actively promoted Lifetime Homes Standards,<sup>15</sup> and for social sector housing is built to Housing for Varying Needs Standards<sup>16</sup> wherever possible.

This means all new housing will need to be accessible and rooms within the buildings of a suitably size to allow for future adaptations should a person become disabled or elderly. Across Highland, 811 house completions were recorded, with some now being developed under the new policy.

http://www.highland.gov.uk/downloads/file/3019/highland\_council\_sustainable\_design\_guide

http://www.lifetimehomes.org.uk/pages/lifetime-homes.html

<sup>13</sup> http://www.scotland.gov.uk/Publications/2006/05/30113633/13

<sup>16</sup> http://www.stirling.gov.uk/\_\_documents/temporary-uploads/housing-\_and\_-customer-service/housing-for-varying-needs.pdf

The following table shows by RSL the stock that was recoded as wheelchair housing in 2012-13.

The Scottish Housing Regulator - Scottish Registered Social Landlord Statistics 2012-13

RSL Name	Total self contained units	General	Sheltered	Very sheltered	Medium dependency	Wheelchair housing	Ambulant disabled	Other adapted
	units							
Albyn Housing Society Ltd	2,700	2,592	0	54	0	54	0	0
Cairn HA	1,514	1,317	136	0	61	0	0	0
Lochalsh and Skye HA	597	573	12	0	0	12	0	0
Lochaber HA Ltd	645	632	0	0	0	13	0	0
Pentland HA Ltd	492	374	0	0	0	10	108	0
Hanover HA	333	67	263	0	0	3	0	0
Key HA	109	100	0	0	0	2	7	0
Trust HA	165	8	101	12	45	0	0	0
Margaret Blackwood HA	55	22	0	0	0	24	9	0
Caledonia HA	24	0	0	0	0	0	24	0
Total	6,634	5,685	512	66	105	118	148	0

Table 17Source: Scottish Housing Regulator, Mar 2013

In addition, Table 18 shows Scottish Government publish statistic for all social sector stock.<sup>18</sup> This shows there is a slightly higher percentage of general needs stock in Highland (93%) and less purpose-built specialist provision housing, comparative to Scotland (85%).

	Highland				Scotland			
	LA	RLS	Total	% of total stock	LA	RSL	Total	% of total stock
General	12,992	5,717	18,709	93%	270,246	235,704	505,950	85%
Sheltered	478	511	989	5%	14,756	16,318	31,074	5%
Very Sheltered	0	56	56	0%	555	3,188	3,743	1%
Medium Dependency	0	103	103	1%	6,056	8,447	14,503	2%
Wheelchair Housing	5	126	131	1%	3,239	3,916	7,155	1%
Ambulant Disabled	64	147	211	1%	18,006	6,844	24,850	4%
Other special adapted	3	4	7	0%	5,302	2,962	8,264	1%
Total	13,542	6,664	20,206	100%	318,160	277,379	595,539	100%

 $<sup>^{17}</sup>$  http://www.scottishhousingregulator.gov.uk/publications/performance-tables-%E2%80%93-stock  $^{18}$  http://www.scotland.gov.uk/Topics/Statistics/Browse/Housing-Regeneration/HSfS/socialtables

# 2. Care and Support needs

## **Residential Care**

According to ISD Scotland Residential Care statistics<sup>19</sup>, in 2013 there were 1,832 adults in long term care in Highland.

Type of Resident	2013
Average Age of Long Stay Residents	
Median Age	83
Age Group of Long Stay Residents	%
Male Under 65	32
Male 65-74	15
Male 75-84	26
Male 85 +	27
Total	100
Female Under 65	12
Female 65-74	9
Female 75-84	25
Female 85 +	54
Total	100
Both Under 65	18
Both 65-74	11
Both 75-84	26
Both 85 +	45
Total	100
Ratio Male/Female Residents	%
Percentage Male	32
Percentage Female	68

With 83 Adult Care Homes providing 2,107 spaces, at an occupancy rate of 90%, there were also 61 short term/respite stay occupants.

Highland Long Stay Residents in Care Homes - All Adults in Highland - March 2013					
Type of Resident	2013				
Total Number of Long Stay Residents	1,832				
Characteristics of Long Stay Residents	%				
Requiring Nursing Care	53				
Visual Impairment	17				
Hearing Impairment	12				
Acquired Brain Injury	5				
Other Phys.Dis. Or Chronic Illness	42				
Dementia (Medically Diagnosed)	50				
Dementia (Not Medically Diagnosed)	6				
Mental Health Problems	14				
Learning Disability	13				

<sup>19</sup> http://www.isdscotland.org/Health-Topics/Health-and-Social-Community-Care/Care-Homes/Previous-Publications/index.asp

As at November 2014 there were 125 people in long term from Highland who are placed in Out of Area Care Homes. (Note: This figure does not include all Younger Adult clients in Out of Area placements).

In line with the 'Shifting the Balance of Care' agenda, as expected there has been a fall in the numbers of care home places put into use - from 2,174 in 2000 to 1,893 in 2013.

### Older people supported in care homes, 2012/13

Area	Clients aged 65+	Total population aged 65+	Rate per 1,000 population
Highland	1.469	42.557	34.52

Figures from quarterly monitoring return. Presents number of residents supported by Local Authority.

Source: Scottish Government Health and Community Care - Datasets

NHS Highland, as the integration authority of adult care services monitors the contracted placements of care homes across Highland. Each care home retains their own waiting lists, with NHS Operational Teams making placements based on vacancies available.

## **Sheltered Housing**

In 2014, there were 125 very sheltered and 989 sheltered units in social sector in Highland. <sup>20</sup> In November 2014 the Council had 581 sheltered housing units:

Area	Sheltered Units	%
Badenoch And Strathspey Area	17	3%
Caithness Area	60	10%
Inverness Area	202	35%
Lochaber Area	12	2%
Nairn Area	42	7%
Ross And Cromarty Area	171	29%
Skye And Lochalsh Area	29	5%
Sutherland Area	48	8%
Grand Total	581	100%

The Council is currently undertaking a review of Sheltered Housing provision to contribute to the planning, design and development of improved housing options for older people in the Highlands.

### Home care

% of Older Home Care Home Home Clients Clients Care Care per 1000 per 1000 Clients **Clients** older 2009 population Aged 65+ Aged 65+ population Highland 9.4 1836 88.6 44.9

Source: http://www.sns.gov.uk/

<sup>&</sup>lt;sup>20</sup> http://www.scotland.gov.uk/Topics/Statistics/Browse/Housing-Regeneration/HSfS/SpecialNeeds

The numbers of people receiving care at home in 2013 has been extracted from Scottish Government records<sup>21</sup>, and the percentage of people in each age group receiving care at home calculated as shown in the table below: note that there is no gender breakdown in the published figures.

Age Group (persons)	2013 Client Group	Client Group as a % of Population
0-64	285	xxx
65-74	259	0.98
75-84	667	4.46
85 plus	712	13.40

Using the prevalence rates calculated above and the population projections below, the projected requirement for care at home is given in the table below.

Percentage aged 18 plus receiving personal care at home in NHS Highland, 2009-2012

	2009	2010	2011	2012	2013
Personal Care at home	2,643	2,810	2,895	2,983	3,018
Long stay care home residents	2,535	2,508	2,413	2,363	2,277
Continuing care census	124	107	96	83	69
Total	5,302	5,425	5,404	5,429	5,364
Percentage 10+ hrs home care	49.8%	51.8%	53.6%	54.9%	56.3%

Table 18 Sources: Scottish Government Quarterly Monitoring, Home Care census, Self-Direct Support (Direct Payments) & ISD, Continuing Care Census.

**2015 to 2020**: The number of people receiving care at home is projected to increase from 1,764 to 2,112: an increase of 20%, or 70 people per year.

**2015 to 2035**: The number of people receiving care at home is projected to increase from 1,764 to 3,596: an increase of 104%, or 92 people per year.

Age Group (persons)	2015	2020	2035
65-74	275	300	340
75-84	698	808	1,146
85 plus	791	1,005	2,110
Total 65 plus	1,764	2,112	3,596

## **Long Term Housing Support/Independent Living Services**

As at March 2014 there were 643 people receiving a long term housing support service in Highland.

Client		Number	%
Acquired Brain Injury		11	2%
Drug/Alcohol Misuse		21	3%
Dementia		4	1%
Learning Disability		299	47%
Mental Health		184	29%
Older People		59	9%
Physical Disability		60	9%
Skills Development		1	0%
Sensory Impairment		4	1%
	Total	643	100%

Table 19 Source: Internal housing support statistics

<sup>&</sup>lt;sup>21</sup> Health and Social care data from multiple sources **Tab8** <a href="http://www.scotland.gov.uk/Topics/Statistics/Browse/Health/Data/CareData">http://www.scotland.gov.uk/Topics/Statistics/Browse/Health/Data/CareData</a>

- Q1.) To consider what the impact is on the next LHS?
- Q2.) To consider impact on HNDA, Local Development Plan, land allocation and land use?

Appendix A

Analysis of the Highland Housing Register - 2 September 2014

	NHS Property	y Reco	mmen	dations	s –No c	f Appl	icants		
		60-	65-	70-	75-	80-	Over	Not	
Area	16-59	64	69	74	79	85	85	known	Total
Badenoch &									
Strathspey	30	7	8	3	3	3	2		56
Caithness	22	1	6	8	1	5			43
Inverness	259	59	59	33	39	20	18		487
Lochaber	71	13	9	4	14	8	5		124
Nairn	22	6	6	4	5	2	4		49
Ross East	58	10	13	12	10	8	3		114
Ross Mid	66	12	12	11	9	11	14		135
Ross West	7	3	4	2	5	4	5		30
Skye & Lochalsh	26	7	6	6	6	2	4		57
Sutherland	14	3	1	2	2	1	1		24
Not provided								1	1
Grand Total	575	121	124	85	94	64	56	1	1120

	NHS Propert	y Reco	mmen	dations	s –No c	of Appli	icants		
		60-	65-	70-	75-	80-	Over	Not	
Area	16-59	64	69	74	79	85	85	known	Total
Badenoch &									
Strathspey	3%	1%	1%	0%	0%	0%	0%	0%	5%
Caithness	2%	0%	1%	1%	0%	0%	0%	0%	4%
Inverness	23%	5%	5%	3%	3%	2%	2%	0%	43%
Lochaber	6%	1%	1%	0%	1%	1%	0%	0%	11%
Nairn	2%	1%	1%	0%	0%	0%	0%	0%	4%
Ross East	5%	1%	1%	1%	1%	1%	0%	0%	10%
Ross Mid	6%	1%	1%	1%	1%	1%	1%	0%	12%
Ross West	1%	0%	0%	0%	0%	0%	0%	0%	3%
Skye & Lochalsh	2%	1%	1%	1%	1%	0%	0%	0%	5%
Sutherland	1%	0%	0%	0%	0%	0%	0%	0%	2%
Not provided	0%	0%	0%	0%	0%	0%	0%	0%	0%
Grand Total	51%	11%	11%	8%	8%	6%	5%	0%	100%

**Type: Require Level Access** 

	16-59	60-64	65-69	70-74	75-79	80-85	Over 85	Grand Total
Badenoch & Strathspey	19	4	7	3	3	3	2	41
Caithness	14	1	5	5	1	4		30
Inverness	151	41	47	27	32	17	18	333
Lochaber	48	9	8	3	12	8	5	93
Nairn	15	3	3	4	5	1	3	34
Ross East	32	8	9	8	10	7		74
Ross Mid	37	7	10	8	7	10	14	93
Ross West	5	3	2	2	3	3	5	23
Skye & Lochalsh	17	4	3	4	5	2	4	39
Sutherland	7	3	1	2	2	1	1	17
<b>Grand Total</b>	345	83	95	66	80	56	52	777

**Type: Ground Floor Requirement** 

- Jypon Ground Free	16-59	60-64	65-69	70-74	75-79	80-85	Over 85	Grand Total
Badenoch & Strathspey	24	7	6	2	3	3	2	47
Caithness	17	1	5	6	1	5		35
Inverness	205	53	52	32	37	18	16	413
Lochaber	52	12	9	4	14	7	3	101
Nairn	17	6	5	4	4	2	3	41
Ross East	50	9	13	10	8	8	3	101
Ross Mid	50	10	9	10	9	10	13	111
Ross West	7	2	3	2	5	4	5	28
Skye & Lochalsh	18	7	5	6	6	2	4	48
Sutherland	13	3	1	2	1	1	1	22
<b>Grand Total</b>	453	110	108	78	88	60	50	947

**Type: Ground Floor Toilet** 

	16-59	60-64	65-69	70-74	75-79	80-85	Over 85	Grand Total
Badenoch & Strathspey	27	6	6	2	3	3	2	49
Caithness	18	1	5	6	1	5		36
Inverness	211	53	53	32	37	17	16	419
Lochaber	53	12	9	4	14	7	3	102
Nairn	17	6	6	4	4	2	3	42
Ross East	50	9	12	11	8	8	3	101
Ross Mid	50	10	9	9	8	10	12	108
Ross West	7	2	3	2	5	4	5	28
Skye & Lochalsh	21	6	5	5	5	2	4	48
Sutherland	13	3	1	2	1	1	1	22
Grand Total	467	108	109	77	86	59	49	955

**Type: Ground Floor Bathroom** 

71	16-59	60-64	65-69	70-74	75-79	80-85	Over 85	Grand Total
Badenoch &								
Strathspey	25	6	6	2	3	3	2	47
Caithness	18	1	5	6	1	4		35
Inverness	208	53	53	32	37	17	16	416
Lochaber	51	12	9	4	13	7	4	100
Nairn	17	6	6	4	4	2	3	42
Ross East	49	9	13	10	8	8	3	100
Ross Mid	48	10	9	10	8	10	12	107
Ross West	7	2	3	2	5	4	5	28
Skye & Lochalsh	21	7	5	6	6	2	4	51
Sutherland	14	3	1	2	1	1	1	23
<b>Grand Total</b>	458	109	110	78	86	58	50	949

Type: Walk-in Shower Required

	16-59	60-64	65-69	70-74	75-79	80-85	Over 85	Grand Total
Badenoch &								
Strathspey	18	6	5	1	3	3	2	38
Caithness	14	1	5	4	1	4		29
Inverness	139	40	35	24	29	14	15	296
Lochaber	35	7	8	4	12	8	3	77
Nairn	10	3	4	4	2		4	27
Ross East	33	8	7	9	6	7	1	71
Ross Mid	36	8	9	6	5	9	13	86
Ross West	4	2	3	1	4	2	5	21
Skye & Lochalsh	14	5	4	4	4	2	4	37
Sutherland	12	2	1	2	2	1	1	21
<b>Grand Total</b>	315	82	81	59	68	50	48	703

Type: Wheelchair Adapted Property

,,	16-59	60-64	65-69	70-74	75-79	80-85	Over 85	Grand Total
Badenoch &								
Strathspey	2		1					3
Caithness	2			1				3
Inverness	27	2	4		1		3	37
Lochaber	5					1		6
Nairn	5				1			6
Ross East	12		1		1			14
Ross Mid	5		1	1		1		8
Ross West	1	1		1				3
Skye & Lochalsh	6			1				7
Sutherland	2							2
<b>Grand Total</b>	67	3	7	4	3	2	3	89

**Type: Other Special Requirements** 

Typer Giller Opecial	16-59	60-64	65-69	70-74	75-79	80-85	Over 85	Grand Total
Badenoch &								
Strathspey	8	1	1	1	2			13
Caithness	3			1				4
Inverness	69	14	12	8	4	3	5	115
Lochaber	17	1	1	2		3	1	25
Nairn	8		2		1		1	12
Ross East	17		5	1		2		25
Ross Mid	13	1	1	2		4		21
Ross West	2	1		1	1	2	2	9
Skye & Lochalsh	5	2	1		1	1		10
Sutherland	3	2		1				6
<b>Grand Total</b>	145	22	23	17	9	15	9	240

**Type: OT Assessment** 

	16-59	60-64	65-69	70-74	75-79	80-85	Grand Total
Badenoch &							
Strathspey	2	1					3
Inverness	18	2	2		1		23
Lochaber	4		1		1	2	8
Nairn	1				1		2
Ross East	8		1		1		10
Ross Mid	4		1				5
Ross West				1			1
Skye & Lochalsh	4		1				5
Sutherland	1						1
<b>Grand Total</b>	42	3	6	1	4	2	58

Type: Extra Bedroom Required for Medical/Care Reasons

	16-59	60-64	65-69	70-74	75-79	80-85	Grand Total
Badenoch &	1	1					2
Caithness	1		1				2
Inverness	14	3	1		1	1	20
Lochaber	6					1	7
Ross East	6	1	1	1			9
Ross Mid	2						2
Ross West		1					1
Skye & Lochalsh	2		1		1		4
<b>Grand Total</b>	32	6	4	1	2	2	47

Type: Require to be near medical facilities

71	16-59	60-64	65-69	70-74	75-79	80-85	Over 85	Grand Total
Badenoch &								
Strathspey	2							2
Caithness				2				2
Inverness	10		1	1			1	13
Lochaber	2				1			3
Nairn	1							1
Ross East	2			1				3
Ross Mid	2				1			3
Skye & Lochalsh				1				1
Sutherland	1							1
<b>Grand Total</b>	20		1	5	2		1	29

**Type: Require Wet Room** 

- <b>,</b>	16-59	60-64	65-69	70-74	75-79	80-85	Over 85	Grand Total
Badenoch &								
Strathspey	1							1
Caithness	1							1
Inverness	10							10
Lochaber	2						1	3
Nairn	2							2
Ross East	7		1			1		9
Ross Mid	3							3
Ross West		1			1			2
Skye & Lochalsh	3							3
Sutherland	1							1
<b>Grand Total</b>	30	1	1	0	1	1	1	35

Appendix B
Analysis of Housed Applicants Highland Housing Register
Applicants with specific property requirements - housed between 2012-2014

NHS Pro	perty Recomi	menda	tions –	No of A	Applica	ints Ho	used	
		60-	65-	70-	75-	80-	Over	
Area	16-59	64	69	74	79	85	85	Total
Badenoch &	9	1		1				11
Caithness	28	6	7	10	6	4	2	63
Inverness	116	18	18	13	13	8	5	191
Lochaber	22	3	3	2	5	2	1	38
Nairn	2	4	2	5	4	2	2	21
Ross East	34	9	7	5	2	1	1	59
Ross Mid	37	10	4	4	2	5	4	66
Ross West	5	4	4	1	1	1		16
Skye & Lochalsh	10	1	·	2	·	1	2	16
Sutherland	11	1	3	3	1	2	1	22
Grand Total	274	57	48	46	34	26	18	503

NHS Pro	perty Recomi	menda	tions –	No of A	Applica	nts Ho	used	
		60-	65-	70-	75-	80-	Over	
Area	16-59	64	69	74	79	85	85	Total
Badenoch &	2%	0%	0%	0%	0%	0%	0%	2%
Caithness	6%	1%	1%	2%	1%	1%	0%	13%
Inverness	23%	4%	4%	3%	3%	2%	1%	38%
Lochaber	4%	1%	1%	0%	1%	0%	0%	8%
Nairn	0%	1%	0%	1%	1%	0%	0%	4%
Ross East	7%	2%	1%	1%	0%	0%	0%	12%
Ross Mid	7%	2%	1%	1%	0%	1%	1%	13%
Ross West	1%	1%	1%	0%	0%	0%	0%	3%
Skye & Lochalsh	2%	0%	0%	0%	0%	0%	0%	3%
Sutherland	2%	0%	1%	1%	0%	0%	0%	4%
Grand Total	54%	11%	10%	9%	7%	5%	4%	100%

**Type: Housed Level Access** 

,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	16-59	60-64	65-69	70-74	75-79	80-85	Over 85	Grand Total
Badenoch & Strathspey	6	1						7
Caithness	20	2	4	8	6	4	2	46
Inverness	78	16	16	11	12	8	5	146
Lochaber	16	3	3	2	5	2	1	32
Nairn	2	4	2	5	4	1	2	20
Ross East	23	9	7	5	2	1	1	48
Ross Mid	28	10	4	4	2	5	4	57
Ross West	4	2	4	1		1		12
Skye & Lochalsh	6	1		2		1	2	12
Sutherland	9	1	3	2	1	2	1	19
<b>Grand Total</b>	192	49	43	40	32	25	18	399

**Type: Housed Ground Floor** 

,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	16-59	60-64	65-69	70-74	75-79	80-85	Over 85	Grand Total
Badenoch & Strathspey	6	1		1				8
Caithness	18	3	5	9	5	4	2	46
Inverness	89	17	18	11	12	7	5	159
Lochaber	17	3		1	4	1	1	27
Nairn	2	3	2	5	4	1	2	19
Ross East	27	8	7	4	2	1	1	50
Ross Mid	32	8	3	4	2	5	4	58
Ross West	5	2	4		1	1		13
Skye & Lochalsh	8	1		2		1	2	14
Sutherland	9	1	3	3	1	2	1	20
<b>Grand Total</b>	213	47	42	40	31	23	18	414

**Type: Housed Ground Floor Toilet** 

,,,	16-59	60-64	65-69	70-74	75-79	80-85	Over 85	Grand Total
Badenoch & Strathspey	6	1		1				8
Caithness	19	3	5	9	6	4	2	48
Inverness	89	17	18	11	12	7	5	159
Lochaber	15	3		1	5	1	1	26
Nairn	2	4	2	5	4	1	2	20
Ross East	28	8	6	4	2	1	1	50
Ross Mid	33	8	3	4	2	5	4	59
Ross West	5	4	4		1	1		15
Skye & Lochalsh	8	1		1		1	2	13
Sutherland	9	1	3	3	1	2	1	20
Grand Total	214	50	41	39	33	23	18	418

Type: Housed Ground Floor Bathroom

	16-59	60-64	65-69	70-74	75-79	80-85	Over 85	Grand Total
Badenoch &	7	1		1				9
Caithness	17	3	5	9	5	4	2	45
Inverness	88	17	18	11	12	7	5	158
Lochaber	16	3		1	5	1	1	27
Nairn	2	3	2	5	4	1	2	19
Ross East	27	8	6	4	2	1	1	49
Ross Mid	32	8	3	4	2	5	4	58
Ross West	5	2	4		1	1		13
Skye & Lochalsh	8	1		2		1	2	14
Sutherland	8	1	3	3	·	2	1	18
<b>Grand Total</b>	210	47	41	40	31	23	18	410

Type:Housed Walk-in Shower Required

	16-59	60-64	65-69	70-74	75-79	80-85	Over 85	Grand Total
Badenoch &	7							7
Caithness	16	3	3	8	5	4	1	40
Inverness	60	11	14	10	10	7	5	117
Lochaber	12	3	2	2	3	1	1	24
Nairn	1	3		5	4	2	2	17
Ross East	26	8	6	3	2	1	1	47
Ross Mid	25	5	3	4	1	5	4	47
Ross West	3	3	3		1	1		11
Skye & Lochalsh	6	1		2		1	2	12
Sutherland	10	1	3	2	1	2		19
Grand Total	166	38	34	36	27	24	16	341

**Type: Housed Wheelchair Adapted Property** 

	16-59	60-64	65-69	70-74	75-79	80-85	Over 85	Grand Total
Caithness	2	1	1	3	3	1		11
Inverness	13	5	2	1				21
Lochaber	1							1
Ross East	6		1	2				9
Ross Mid	6	2	1			1	1	11
Ross West		1	1					2
Skye & Lochalsh	1							1
Sutherland	1							1
<b>Grand Total</b>	30	9	6	6	3	2	1	57

**Type: Housed Other Special Requirements** 

	16-59	60-64	65-69	70-74	75-79	80-85	Over 85	Grand Total
Caithness	7	1	1			1		10
Inverness	26	3	4	2	5	1	1	42
Lochaber	3		2				1	6
Nairn					1			1
Ross East	4							4
Ross Mid	5	2	1	2	1		1	12
Ross West		2	1					3
Skye & Lochalsh							1	1
Sutherland	2							2
<b>Grand Total</b>	47	8	9	4	7	2	4	81

**Type: Housed OT Assessment** 

	16-59	60-64	65-69	70-74	Grand Total
Caithness			1		1
Inverness	10	2	2		14
Ross East	5		1	1	7
Ross Mid	4	1	1		6
Skye & Lochalsh	1				1
<b>Grand Total</b>	20	3	5	1	29

Type: Housed Extra Bedroom for Medical/Care Reasons

,	16-59	60-64	70-74	Grand Total
Badenoch &	2			2
Caithness			1	1
Inverness	7		1	8
Lochaber		1		1
Nairn	1			1
Ross Mid	2	1		3
Skye & Lochalsh	1			1
<b>Grand Total</b>	13	2	2	17

Type: Housed Require to be near medical facilities

. ypor riodou i roqu	16-59	65-69	Over 85	Grand Total
Caithness		1		1
Inverness	1			1
Ross East	1			1
Ross Mid	3			3
Skye & Lochalsh	2		1	3
<b>Grand Total</b>	7	1	1	9

**Type: Housed Require Wet Room** 

турогого	16-59	60-64	65-69	70-74	75-79	80-85	Over 85	Grand Total
Badenoch &								
Caithness	1		2	2	2			7
Inverness	17	3	1	3	3			27
Lochaber	1							1
Nairn								
Ross East	6	2	3	2				13
Ross Mid	5	2	1			2		10
Ross West		1	1			1		3
Skye & Lochalsh	1	1						2
Sutherland	3		1				1	5
<b>Grand Total</b>	34	9	9	7	5	3	1	68