

# Your **NEW** Improved Recycling Service

**Ur Seirbheis Ath-chuairteachaidh ÙR Leasaichte**



**Plastic pots, tubs, trays, aerosols and cartons  
now collected.**

# Helping you recycle more

**Gur cuideachadh gus barrachd ath-chuairteachadh**

**Thank you for recycling your household waste. Around 45% of waste in the Highlands is currently recycled.**

The Scottish Government's Zero Waste Plan sets out a commitment for all Local Authorities to recycle 70% of waste by 2025. Zero Waste means everyone in Scotland needs to play their part in reducing the amount of waste sent to landfill so we need to do more and we need your help. To help reach this target, we are making changes to your kerbside recycling collection service which means it will be easier for you to recycle more of your waste.

The new improved service means that as well as your paper, cardboard, plastic bottles, food tins and drink cans, you can now also recycle:

- Plastic pots, tubs and trays (clean, dry and loose – no black trays)
- Aerosols (empty, lids removed)
- Food & drink cartons (empty, lids removed)
- Envelopes (no windows)



# Your kerbside recycling collection service

**Ur seirbheis togail ath-chuairteachaidh bhon chabhsair**

## Your blue recycling bin: Communal bin or Individual bin



Paper, cardboard, envelopes, food tins, drink cans, aerosols, food & drink cartons, plastic bottles, pots, tubs and trays.

All items should be clean, dry and loose.

For a copy of your collection calendar

 [www.highland.gov.uk/recycle](http://www.highland.gov.uk/recycle)

 [recycle@highland.gov.uk](mailto:recycle@highland.gov.uk)

 01349 886603



# Blue Recycling Bin

**Biona Ath-chuairteachaidh Gorm**

All items should be clean, dry and loose.

**Collected every 2 weeks**

## Remember

You can now recycle plastic pots, tubs and trays such as yoghurt pots, fruit punnets and meat trays. Please give these a rinse to remove any food residue before recycling.



**1** Collect and prepare your materials for recycling.



**2** Wash and squash your cans, tins, cartons and plastic containers. Don't forget to remove the lids.



**3** Flatten your cardboard and plastic bottles.



**4** Take your materials to your communal bin store



**5** and place them loosely into your blue bin - no bags please.

## YES ✓

### Paper

- ✓ Envelopes - remove window
- ✓ Magazines
- ✓ Newspapers
- ✓ Office paper
- ✓ Yellow pages and telephone directories
- ✓ Brochures and catalogues
- ✓ Shredded paper

### Food Tins, Drink Cans, Aerosols

- ✓ Metal lids from jars and bottles
- ✓ Soft drinks cans
- ✓ Food cans eg. baked bean tins
- ✓ Large metal tins such as empty biscuit and chocolate tins
- ✓ All aerosol cans – empty and lids removed

### Cardboard and Cartons

- ✓ Cereal boxes
- ✓ Cardboard packaging
- ✓ Large brown cardboard boxes
- ✓ Cardboard tubes
- ✓ All food & drink cartons – rinsed and lids removed

### Plastic Bottles, Containers

- ✓ All plastic bottles such as milk, detergent, sauce bottles
- ✓ Plastic tubs, pots, trays and punnets

## NO ✗

- ✗ Glass
- ✗ Plastic bags & wrapping
- ✗ Black plastic trays
- ✗ Polystyrene

## Remember

Glass bottles and jars cannot be recycled in your blue recycling bin. Take them to your nearest Recycling Point or Centre.

# Save a tasty £470 a year

**Sàbhail £470 blasta sa bhliadhna**



Every year in Scotland we throw away over 630,000 tonnes - or £1 billion worth - of food. That's £470 a year, or £39 a month, for the average household. Some of it is just peelings and bones, but most of it is good food that we simply didn't get around to eating. Here's some tips to help you make the most of your food:

Step 1 – Plan your meals in advance and write a shopping list.

Step 2 – Store food in the right way using instructions on the packaging.

Step 3 – Freeze food for later if your plans change, you'd be surprised what can go in your freezer.

Step 4 – Know your portions so you don't make too much, there is a portion tool at **lovefoodhatewaste.com** to help.

Step 5 – Know your dates. Use by dates are about food safety – food should not be eaten after this date. Best before dates are about the food's quality, and could still be eaten if in good condition.

Find out more here:

Website: **lovefoodhatewaste.com**

Facebook: **facebook.com/lovefoodhatewastescotland**

Twitter: **@lfhw\_uk**

Or download the app by searching for **Love Food Hate Waste** on the app store.

# Bulky Uplift Service

**Seirbheis Togail Tomadach**

Want to dispose of large household items? We offer a collection service, otherwise known as a Bulky Uplift Service, at a charge, for unwanted large household items.

To arrange a collection, find out what we can collect or how much it will cost, contact the Service Centre on **01349 886603**. This service is for householders only.

## Remember

You can also donate re-usable household items in good condition such as sofas, furniture and beds to Blythswood Care or New Start Highland. See page 8 for more information.





# Your household waste Recycling Centre

**Ur Ionadan Ath-chuairteachaidh airson sgudal taigheadais**

There are a number of Recycling Centres throughout the Highlands which allow you to recycle a wide range of materials. Items such as household furniture, small and large electrical items, garden waste, glass bottles and jars, clothing, shoes, bric-a-brac and much more can be recycled at these locations. For further information about your local Recycling Centre – where it is and what can be recycled:

📞 [www.highland.gov.uk/recycle](http://www.highland.gov.uk/recycle)  
✉ [recycle@highland.gov.uk](mailto:recycle@highland.gov.uk)  
☎ **01349 886603**

## How to use your Recycling Centre:

- Always separate your waste before visiting the site.
- Do not bring unsorted waste in bags as many items can be recycled at the site.
- Do not put recyclable materials in the landfill skips.
- Please note - large loads could be turned away during peak times.



# What happens to the materials I recycle?

**Dè tha tachairt dha na stuthan a bhios mi ag ath-chuairteachadh?**

The materials we collect from your blue bin are sent to a Materials Recycling Facility (MRF) where different materials are identified and separated. The various materials are then sent to reprocessing outlets where they are turned into new products.

Did you know that

- Paper is made into bales, shredded and turned into new paper products. It is important that no other materials (e.g. plastic windows from envelopes) are put in the bin as this contaminates the bales and they could be rejected by the re-processor.
- Plastic bottles and containers are sorted by their plastic type (that's why they have numbers on them) and turned into new plastic items. For example plastic bottles can be used to make new fleece jackets.



## Remember

Do not use bags for your recycling. All items should be loose in the bin because the machines at the MRF cannot sort out bagged waste.

# Re-use

## Ath-chleachdadh

Every year in Scotland many potentially re-useable items are sent to landfill.

There are great re-use organisations in the Highlands that offer alternative ways of disposing your unwanted items whilst helping your local community and reducing the volume of waste sent to landfill.

### Why re-use?

- You'll be benefiting your local community and charitable organisations by supporting employment and volunteering opportunities.
- You'll be helping to reduce the amount of items being sent to landfill, reducing the environmental impact of waste.
- You'll be saving your Local Authority in landfill disposal costs; money which can be better spent in your community.



Blythswood Care: **0845 456 9460**

New Start Highland:  
Inverness, Lochaber and South Highlands  
**01463 715 615**

Caithness & Sutherland **01847 890 696**



# Questions and answers

## Ceistean is Freagairtean

### Q Where can I recycle my glass bottles and jars?

A Please remember, DO NOT place glass bottles and jars in your blue bin. There is an extensive network of Recycling Points and Recycling Centres located at various sites throughout Highland to recycle your glass bottles and jars. Glass is not accepted in the blue bin because small fragments will become mixed with the other items. This is very hard to remove and can mean that the recycling is of much poorer quality and may even be rejected by the processors.

For further information about where your nearest facilities are visit:

 [www.highland.gov.uk/recycle](http://www.highland.gov.uk/recycle)

 [recycle@highland.gov.uk](mailto:recycle@highland.gov.uk)

 **01349 886603**

### Q Why don't you accept plastic bags for recycling?

A Plastic bags are made of a range of lower-value plastics which are difficult to sort and re-process, they can contaminate other materials and become entangled in the sorting machinery. Re-use your carrier bags or take them to a supermarket that has a recycling collection for bags.

### Q Why should I recycle?

A One of the most important reasons why you should recycle is that it helps protect the environment. Recycling reduces the need for extracting raw materials from our planet to make new products. For example, did you know that plastics are made from oil?

To request this information in an alternative format e.g. large print, Braille, computer disc, audio tape or suitable language, please contact us using the details below.

If you would like more information on any of the Highland Council's recycling services visit:

 **[www.highland.gov.uk/recycle](http://www.highland.gov.uk/recycle)**  
 **[recycle@highland.gov.uk](mailto:recycle@highland.gov.uk)**  
 **01349 886603**



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