



Highland Community Planning Partnership

Violence Against Women

Training Programme

2019/2020

Date	Course	Location	Times
27th February 2019	Level 1 Understanding Gender Inequality and VAW	Fort William	10.00 – 13.00
27th February 2019	Supportive Responses to VAW including MARAC	Fort William	13.30 - 16.30
13th March 2019	Practice Day - MARAC in Action inc Risk Assessment and Effective Information Sharing	Inverness	10.00 – 16.30
3rd April 2019	Level 1 Understanding Gender Inequality and VAW	Inverness	10.00 - 13.00
3rd April 2019	Supportive Responses to VAW including MARAC	Inverness	13.30 - 16.30
17th April 2019	Level 1 Understanding Gender Inequality and VAW	Golspie	10.00 - 13.00
17th April 2019	Supportive Responses to VAW including MARAC	Golspie	13.30 - 16.30
7th May 2019	VAW Update: Refresher for Routine Enquiry & MARAC	Inverness	10.00 - 13.00
9th May 2019	Level 1 Understanding Gender Inequality and VAW	Dingwall	10.00 - 13.00
9th May 2019	Supportive Responses to VAW including MARAC	Dingwall	13.30 - 16.30
15th May 2019	The Impact of Rape and Other Forms of Sexual Violence	Inverness	10.00 - 13.00
15th May 2019	VAW and the Traumatic Impact	Inverness	13.30 - 16.30
29th May 2019	Practice Day - Working with Children and Young People Affected by Domestic Abuse	Golspie	10.00 -16.30
5th June 2019	Children's Experience of Domestic Abuse	Inverness	10.00 - 13.00

5th June 2019	Working with Perpetrators of Domestic Abuse	Inverness	13.30 - 16.30
11th June 2019	VAW Update: Refresher for Routine Enquiry & MARAC	Golspie	10.00 - 13.00
19th June 2019	Children's Experience of Domestic Abuse	Dingwall	10.00 - 13.00
19th June 2019	Working with Perpetrators of Domestic Abuse	Dingwall	13.30 - 16.30
26th June 2019	Practice Day - MARAC in Action inc Risk Assessment and Effective Information Sharing	Fort William	10.00 - 16.30
21st August 2019	Level 1 Understanding Gender Inequality and VAW	Inverness	10.00 -13.00
21st August 2019	Supportive Responses to VAW including MARAC	Inverness	13.30 - 16.30
4th September 2019	VAW Update: Refresher for Routine Enquiry & MARAC	Inverness	10.00 -13.00
11th September 2019	The Impact of Rape and Other Forms of Sexual Violence	Golspie	10.00 - 13.00
11th September 2019	VAW and the Traumatic Impact	Golspie	13.30 - 16.30
18th September 2019	Level 1 Understanding Gender Inequality and VAW	Dingwall	10.00 -13.00
18th September 2019	Supportive Responses to VAW including MARAC	Dingwall	13.30 - 16.30
25th September 2019	Practice Day - Working with Perpetrators to Promote Safety	Inverness	10.00 – 16.30
1st October 2019	VAW Update: Refresher for Routine Enquiry & MARAC	Dingwall	10.00 - 13.00
30th October 2019	Practice Day - Working with Children and Young People Affected by Domestic Abuse	Dingwall	10.00 - 16.30
6th November 2019	Practice Day - MARAC in Action inc Risk Assessment and Effective Information Sharing	Inverness	10.00 -16.30

13th November 2019	The Impact of Rape and Other Forms of Sexual Violence	Dingwall	10.00 - 13.00
13th November 2019	VAW and the Traumatic Impact	Dingwall	13.30 - 16.30
19th November 2019	Children's Experience of Domestic Abuse	Golspie	10.00 – 13.00
19th November 2019	Working with Perpetrators of Domestic Abuse	Golspie	13.30 – 16.30
15th January 2020	Practice Day - MARAC in Action inc Risk Assessment and Effective Information Sharing	Golspie	10.00 - 16.30
4th February 2020	Level 1 Understanding Gender Inequality and VAW	Inverness	10.00 - 13.00
4th February 2020	Supportive Responses to VAW including MARAC	Inverness	13.30 - 16.30
18th February 2020	Level 1 Understanding Gender Inequality and VAW	Dingwall	10.00 - 13.00
18th February 2020	Supportive Responses to VAW including MARAC	Dingwall	13.30 - 16.30
26th February 2020	Practice Day - Working with Children and Young People Affected by Domestic Abuse	Inverness	10.00 - 16.30
3rd March 2020	Level 1 Understanding Gender Inequality and VAW	Golspie	10.00 - 13.00
3rd March 2020	Supportive Responses to VAW including MARAC	Golspie	13.30 - 16.30
18th March 2020	Practice Day - Working with Perpetrators to Promote Safety	Dingwall	10.00 - 16.30

Violence Against Women Training – Introduction

The Highland Community Planning Partnership offers a number of training programmes on Violence Against Women throughout Highland, detailed below. The focus of this training is to increase awareness and understanding of Violence Against Women issues and to develop skills and practices when responding to abuse.

We can combine our offer of training to meet the needs of teams and are happy to offer team training sessions out with this open calendar.

New for 2019/2020 – Practice Days

We have added three Master Classes in the form of Practice Days to our new calendar. These are full day intensive courses for the following topics:

- MARAC in Action
- Working with Children and Young People Affected by Domestic Abuse
- Working with Perpetrators to Promote Safety

These are primarily aimed at staff working directly with people affected by these issues and will provide practical skills training to support you in your work.

Training Costs

All training is provided free of charge. We will provide Tea and Coffee where possible and participants should make their own lunch arrangements. Please note that we may impose a **£30 charge** for non-attendance without prior notice.

Place Confirmation

After booking a place on one of the courses using the application form below, you will be contacted by email confirming your place and the venue and times of the training approximately 2 weeks prior to training date. Please send your application to gail.waters@nhs.net

If you have to cancel your place on any of the courses, please contact us as soon as possible. Many of the courses become fully subscribed and we operate waiting lists for these.

Training Requirements

In order to access Level 2 training and the workshops that we are offering, participants MUST have previously attended a Level 1 Violence Against Women course or relevant third sector Violence Against Women training in the past 3 years.

Violence Against Women Training BOOKING FORM

Name: _____

Job Title: _____

Organisation: _____

Address: _____

Telephone: _____ **Mobile no:** _____

(For immediate contact if course is cancelled)

Email: _____

COURSE DETAILS

COURSE TITLE/S:

AM _____

PM _____

DATE AND LOCATION: _____

ACCESS REQUIREMENTS: _____

IMPORTANT

Have you previously attended Level 1 Understanding Gender Inequality and Violence against Women **(this is mandatory before attending other courses)**?

YES ☐ **NO** ☐

Where did you hear about this training? _____

Data Protection

Information gathered from this form will only be used for the administration and evaluation of the services provided by the Health Improvement Training Team. We may contact you in future to evaluate the impact of the training. The data will not be shared further unless required by law. If you no longer wish your details to be held, please contact us at:

high-uhb.healthimprovementtraining@nhs.net

The boxes below must be ticked to give us explicit consent to hold your information:

☐ **I consent** to my information being held for administration and evaluation of the services provided by the Health Improvement training team and to being contacted in relation to these.

☐ **I understand** that I can withdraw my consent at any time.

Please return completed forms to:

Gail Waters, Violence Against Women Administrator, Larch House, Stoneyfield Business Park, Inverness, IV2 7PA

Tel: 01463 704814

Email: gail.waters@nhs.net

Violence Against Women Training – Aims & Learning Outcomes

Overall Aims of all VAW training

- Increasing understanding of Violence Against Women as both a cause and a consequence of gender inequality
- Recognising the impact of VAW on individuals and on wider society
- Improving practice responses to VAW
- Develop and share best practice including approaches and practical tools

Level 1 – Understanding Violence Against Women and Gender Inequality (½day)

Participants can:

- Explain why Violence Against Women is a product of gender inequality
- Describe the many forms of Violence Against Women and describe how these are interlinked
- Discuss how the effects of experiencing the forms of VAW are broadly similar
- Give examples of policies to support staff to respond to VAW
- Illustrate their own role and the role of other organisations in supporting those affected by VAW

Practice Day - Working with Children and Young People Affected by Domestic Abuse

Participants can:

- Illustrate the impact of domestic abuse on CYP (Children and Young People)
- Illustrate challenges for practitioners and potential impact on child –centred support and assessment
- Illustrate approaches to managing safe contact
- Explain the Safe and Together approach
- Implement safety planning tools
- Implement a range of practical tools supporting engagement with CYP impacted by domestic abuse

Practice Day - MARAC in Action inc Risk Assessment and Effective Information Sharing

Participants can:

- Explain the historical context, purpose and aims of MARAC
- Illustrate risk factors in relation to high risk domestic abuse
- Illustrate a range of responses to disclosure of domestic abuse
- Explain MARAC processes
- Implement risk assessment and referral tools

Practice Day - Working with Perpetrators to Promote Safety

Participants can:

- Explain the perpetrators code
- Illustrate the Caledonian Approach adopted in Highland
- Consider challenges and barriers for practitioners
- Implement approaches to holding perpetrators to account
- Consider a range of tools to support practice

Supportive Responses to Violence Against Women (½day)

Participants can:

- Demonstrate asking about Violence Against Women issues – routine enquiry & suspicions
- Demonstrate supportive responses to disclosure
- Carry out risk assessment and initial safety planning discussions (includes MARAC assessment & referral)
- Analyse how service responses can increase risk & assess how to mitigate these

Violence Against Women - the Traumatic Impact (½day)

Participants can:

- Explain what experiences might lead to psychological trauma
- Describe the differences between Type 1 and Type 2 trauma
- Illustrate the impact of experiencing trauma
- Implement approaches to enable a Trauma Informed Service
- Implement supportive responses to those affected by trauma

Perpetrators of Domestic Abuse (½day)

Participants can:

- Explain a perpetrators 'code'
- Outline how the 'code' can be challenged
- Analyse the perpetrators tactics in order to promote safety
- Demonstrate good practice when working with perpetrators of domestic abuse

Children's Experiences of Domestic Abuse (½day)

Participants can:

- Explain the of impact of domestic abuse on a child/young person at key development stages
- Discuss how the Highland Practice Model can be used to support children and young people affected by domestic abuse, and their families
- Apply models of working to increase perpetrator visibility & promote safe contact
- Analyse own practice in responding to children and young people with experience of domestic abuse

The Impact of Rape and other forms of Sexual Violence (½day)

Participants can:

- Demonstrate understanding of the different forms of sexual violence
- Illustrate the concept of 'consent' in relation to sexual relationships and sexual violence
- Discuss the myths and realities of Sexual Violence
- Illustrate interventions which can promote recovery from Sexual Violence

VAW Update: Refresher for Routine Enquiry & MARAC (½day)

Participants can:

- Re-visit and reflect upon knowledge and understanding of violence against women and its impact
- Demonstrate an understanding of key themes in relation to Domestic Abuse
- Re-visit routine enquiry and reflect on best practice
- Re-visit risk assessment and safety planning and demonstrate approaches
- Re-visit key aspects of Multi Agency Risk Assessment Conferencing (MARAC) process and implications for practice

E learning – NHS staff only

Two Violence Against Women modules are available on Learn Pro for NHS Highland staff. Staff in other agencies can access these through Learn Pro Community, for which there is a registration charge. The Highland Council is exploring the possibility to hosting these modules on its own elearning platform.

Please note that if you are required to attend mandatory Violence Against Women training, these modules are sufficient as refreshers only.

Gender Based Violence – Learn Pro emodule

- Explain what is meant by gender-based violence
- Define the health impact of gender-based violence
- Describe the nature of a sensitive healthcare response to someone who has experienced such abuse
- Explain what needs to be recorded following disclosure of abuse
- Identify sources of community supports for survivors of gender-based violence

Highland MARAC – Learn Pro emodule

Participants can:

- Describe the MARAC process
 - Explain their role in relation to the MARAC process
 - Carry out the Risk Assessment Checklist
- Demonstrate a MARAC ref