## Supporting Children and Young People from Armed Forces Families

### Serving, Veteran & Reservist

# Toolbox of Practical Support and Suggestions Used in Schools

#### **Suggestions from some Highland Secondary Schools**

- Easily accessible noticeboard which is regularly updated with relevant information.
- Regular advertisement of activities and support via social media and newsletters.
- Dialogue with partners to access relevant information and Unit Welfare Officer support e.g. Army Welfare Support, Military Liaison Group (MLG), Promoting Positive Relationships Team.
- Share information of deployments with staff to highlight support issues.
- Ensure all pupils know who in school is responsible for supporting Armed Forces children and where they can go if they want to.
- Support / facilitate pupils' participation in MLG activities.
- Drop in sessions

#### **Suggestions from some Highland Primary Schools**

- Accessing useful links on Twitter and other appropriate social media
- Check-ins / Check-outs
- Talk boxes
- Open door policy with parents and other stakeholders
- SMT attendance at military coffee mornings / deployment briefings
- Access to reading materials and support projects e.g. Reading Force, RCET Resources
- Active listening training for all staff
- Sharing of RCET DVD and support materials with pupils, staff, parents and other stakeholders
- Drop in sessions

#### General

- Raising awareness though staff training, noticeboards, social media
- Good knowledge of relevant links, websites and stakeholders
- Age appropriate Resources e.g. RCET Early Years Resource Box, DVD, Teen Talks leaflets and films