



Bun-sgoil Ulapuil Ullapool Primary School

Quay Street Ullapool IV26 2UF

Tel: 01854 612535

Email: <u>ullapool.primary@highland.gov.uk</u>
Website: <u>www.ullapoolprimary.wordpres</u>s.com



English and Gaelic Nursery Welcome Pack

Information given is accurate at December 2019. Parents will be notified of any major changes which may take place during the current school session.

Bine ati venit

Powitanie

Contents

Aims	Page 5
Childcare service	Page 15
Curriculum	Page 7
Comments and /complaints Policy	Page 19
Fostering independence	Page 13
Gaelic Medium Nursery	Page 9
Getting it right for every child	Page 11
In Nursery I'm learning to be	Page 8
Illness	Page 19
Healthy Eating	Page 17
List of staff	Page 4
Moving to Primary 1	Page 11
Parents' Days	Page 10
Policies	Page 10
Planning and record keeping	Page 10
Parents as Partners	Page 12
Parent Council	Page 21
Severe weather	Page 18
School term and holiday dates	Page 22
Snacks	Page 10
Sun cream	Page 14
Toileting	Page 14
Useful information	Page 15/16
Outside agencies	Page 20
Our school vision	Page 23
Waterproof suits	Page 14
Welcome	Page 3
What's on	Page 14
What we do in Nursery	Page 6

A warm welcome to Ullapool Primary School's English and Gaelic Medium Nurseries.

Our staff would like to take this opportunity to welcome you and your family to Ullapool Nurseries. We offer a happy, secure, friendly and stimulating environment where children learn and have fun together, supported by an enthusiastic and professional team.

Ullapool Primary School offers non-denominational education to children during their pre-school year (4 year olds) and during their ante-pre-school year (3 year olds)

Your children arrive at Nursery as experienced learners, bringing from home a great deal of knowledge about themselves and their world. We look forward to working with you and your child to build on and extend their developing interests, skills and experiences.

We are pleased to offer both English and Gaelic medium sessions. By developing their social skills and learning in their chosen language children have the best possible start before progressing to P1 to continue their learning in either Gaelic or English.

I am happy to support you as you make your decision about Gaelic or English medium education. Please do get in touch if you would like to discuss this.

Ms Eva Faber Headteacher



STAFF

Headteacher: Eva Faber Principal Teacher: Jill Quigley

Early Years Practitioners

Early Years Practitioners

Zuzanna Buvalova
Tess Hewitt

Catriona Weston
Jo Marsh

Out of School Care Auxiliary Vicky Mackenzie

Clerical Assistant: Alison Brinkler

Our Nurseries operate an open door policy and our Nursery staff are available before and after each session if you wish to speak to them.

Alternatively, appointments can be made with the Headteacher by contacting the Primary School on 01854 612535.

Occasionally students join us on placements and work alongside our staff.

OUR AIMS



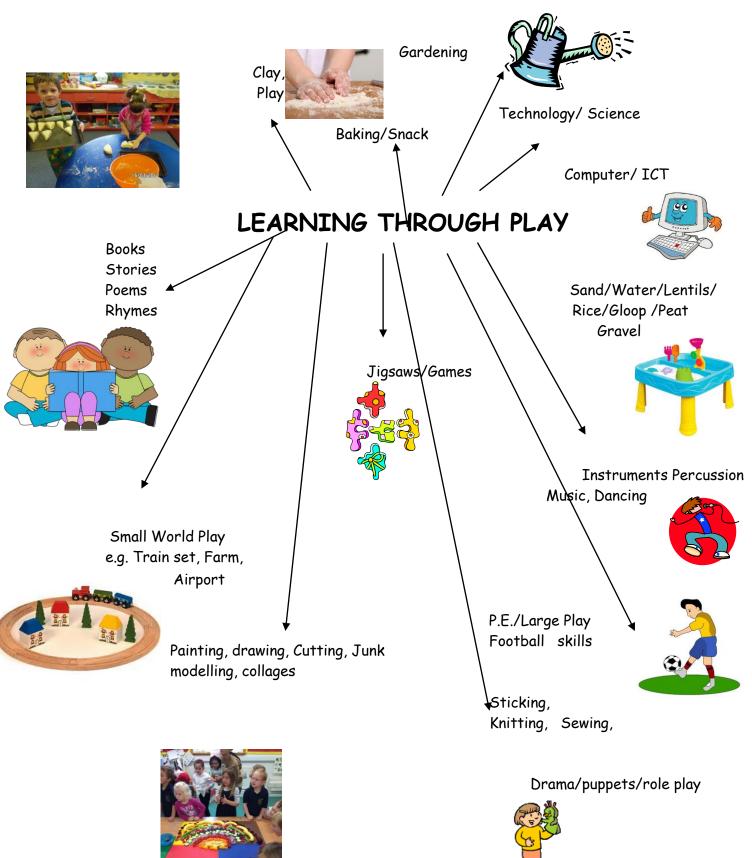
At Ullapool Primary School Nurseries we aim to:

- provide a broad experience of pre-school experiences in keeping with the Curriculum for Excellence.
- develop Learning Journeys for each child in partnership with parents
- work alongside parents to develop the potential of their child following the SHANARI principles: safe, healthy, achieving, nurtured, active, respected, responsible and involved
- work in partnership with other professionals to promote the health and welfare of children through 'Getting it Right for Every Child'
- use National Care Standards (0-16) and Child at the Centre 2 to review procedures, policies and improve the standard of care provided through monitoring and self-evaluation
- identify and provide relevant training for staff, including that required to meet the S.S.S.C. registration requirements.



What do children do in Nursery?

When children are asked "What did you do in Nursery today?" often the answer is "I was just playing!" There is more to playing than meets the eye!



A day in the life of the under fives

Oh, What a busy morning
I've been playing with the dough

And with a little help upon a card I've learned to sew

I've helped my friend "nurse" Sarah perform an operation

Then fixed the track together for my train and built a station.

I popped inside the home corner to make a cup of tea

And stood beside the cooker making lunch for 23!

I completed three whole jigsaws

And played a new board game

And had a turn on all the bikes, the slide and climbing frame.

I handed round the fruit and milk at snack time,

Then listened to a story and sang a nursery rhyme

But now the morning's over

And the mummies are all waiting,

I hope my mother doesn't say

"Oh, darling, where's your painting?"





The Nursery Curriculum

Each week, following children's interests, play activities and experiences are planned by the nursery staff to promote each child's development and learning in each of the key areas.

Emotional, Personal and Social
Literacy and English
Knowledge and Understanding of the world
Numeracy and Mathematics
Expressive and Aesthetic
Physical Development and Movement

Each child has a Learning Journey where examples of his/her successes and photos of activities are kept. Parents are invited to contribute to their child's Learning Journey.

In line with Curriculum for Excellence we promote the Four Capacities so that our children become confident individuals, effective contributors, successful learners and responsible citizens.

A successful learner

- I want to learn everything
- I want to do my best
- I like to think about new ideas and try new things
- I can use my reading, writing, talking, listening, maths and number skills in play and real life
- I can use technology to help me learn
- I can think things through
- I can use my imagination
- I can learn to do things by myself and with others
- I can explain what I think about something and say why I think it
- I can use all I know to help me with new things

A confident individual

- I know that I am important
- I know that I need to be fit and healthy happy and safe
- I know what matters to me
- I want to do well in the things that I choose to do
- I can play and work with others and help to organise myself
- I can make healthy choices by eating healthy snacks running and playing washing my hands and brushing my teeth
- I can show that I care for others through the things I say and do
- I can do as much as possible by myself
- I can help to keep myself safe
- I can do lots of things well

In nursery I am learning to be...

A responsible citizen

- I care for others
- I join in with things in and out of the centre
- I can learn more about where I live, Scotland and other places in the world
- I can learn more about how people live and what they believe in
- I can begin to make my own choices and decisions
- I can begin to think about how to make our world a better place
- I can show I understand what is right and fair

An effective contributor

- I find trying new things exciting
- I will keep trying, even when I find things difficult
- I know what I am good at doing and join in
- I can tell other people my ideas
- I can work with a partner and in a group
- I can do things for myself and help others
- I can think of ways to solve new problems
- I can use my own ideas and imagination to make something new and then try to improve it
- I can work out different ways of doing things

OUR GAELIC MEDIUM NURSERY

The Gaelic Nursery curriculum is based on play and active learning, like all other nurseries. The children acquire Gaelic language through day to day routines and play. Close links and regular contact with P1 enhances the quality of learning at this key stage and supports Gaelic full immersion.

From the beginning, children are gently encouraged to speak to each other and to nursery staff using the words and phrases they are learning. When they first begin to speak Gaelic they will make many mistakes. The nursery staff correct mistakes gently through games, stories, songs, structured and free play.

Weekly Gaelic targets are displayed in the cloak room and copies are available to parents who wish to support their children in learning them.

Please speak to a member of staff if you would like to know more about Gaelic Medium Education at Ullapool Primary School.

If helpful, we can put you in touch with other parents who can share their experience of Gaelic Medium Education with you.

USEFUL PHRASES

Ciamar a tha thu? How are you?

Tha gu math, tapadh leibh Fine, thank you.

Am fàod mi....? May I....?

De tha thu dol a dhèanamh'? What are you going to do?

De tha thu a 'dèanamh? What are you doing?

Mòr, beag Big, small

Fuar, blath cold, warm

Tha mi...... I am.....

Bheil thu deiseil? Are you ready?

Numbers 1 - 10 aon, dha, tri, ceithir, coig, sia, seachd, ochd, naoi, deich

Colours black dubh, white geal, red dearg, yellow buidhe,

blue gorm/liath, green uaine, brown donn/ruadh



Snacks A healthy snack is provided for the children every day comprising toast, fruit or vegetables and a drink of milk or water. The children may also

have something they have baked, something savoury or food from around the world. Snack time also offers pupils a valuable opportunity to develop their social skills.

Please see the nursery notice board for the weekly changes. An allergens list is displayed in the nursery.



Policies

A copy of welfare and curricular policies for English and Gaelic Nurseries are available to view in the nurseries.

The English and Gaelic Nurseries often come together for outside play and a variety of different activities.

Planning, Record Keeping and Assessment

Observations and assessments are ongoing throughout the year. These are recorded by nursery staff in My Learning Journey to establish what each child can do and to help plan their next steps. Parents are invited to contribute to their child's Learning Journey. Developmental Overviews are also produced by nursery staff and parents.

"My Progress Report" is shared with parents in May or June. It is also given to the Primary 1 teacher to support continuity and progression.

Parents' Days

The nursery holds parents' sessions each term when parents are invited to view their child's work, listen to their songs and performances.

During the year you will be given the opportunity to discuss your child's progress with the nursery staff.

Additional Support Needs

All children attending nursery are respected and treated as individuals. Occasionally, children require additional support to help them achieve their potential. If you feel this applies to your child, please speak to a member of staff or make an appointment with the Headteacher, Eva Faber.



Getting it right for every child Working Together: Statement for Parents

All pre-school education centres work closely with NHS Highland and other agencies to ensure resources and information are readily available to families. Our aim is to ensure that the right service is available for your child at the right time.

Nurseries work with NHS Highland to offer services such as the Pre-school Vision Screening programme. We confirm your child's name, date of birth and address to NHS Highland to assist with child health records.

Our Link Health Visitor is Karen Otter: 01854 613169

If your child would benefit from help from other agencies, you will be asked for permission so that relevant information can be shared. This enables staff to get a rounded picture of your child and means you won't keep being asked for the same information by different people. If your child's immediate safety or welfare is at risk, information may legally be shared without your consent.

November 2015

Moving to Primary 1

During their pre-school year the children are involved in a number of different activities to help them move smoothly to P1. During the summer term each child is paired with a P6 buddy who helps look after them in the playground. Visits to P1 classes are arranged to familiarise the children with staff and the new routine.

P1 pupils visit the Nursery to share activities with the children. The children also attend other special school events.

Parents are also invited to a parents' session in May or June, to hear more about starting school and to meet the Primary 1 teacher.

SAFE, STRONG AND FREE WORKSHOPS

These workshops are run annually for children in their pre-school year. Parents will be informed of dates and will be invited to a parents' workshop.

PARENTS AS PARTNERS



Parents are children's most important educators in their earliest years and continue to play a major role in their young child's learning when they enter the early years setting.

(A Curriculum Framework for Children 3 - 5)

We value your role as parents and look forward to working in partnership with you in the Nursery setting. Here are some ways you can become more involved with nursery, support your child's learning experiences and help build a unique link between home and school:

- check our parents' notice board regularly to keep up to date with events in nursery
- Follow our Webpage at <u>https://ullapoolprimary.wordpress.com</u>
- Encourage your child to bring in something to support our nursery themes or let us know if you have a suggestion or are able to help
- sign up for a stay and play session
- help with a nursery trip in the local community or a nursery session
- join our open day at the end of term to see what your child has been doing (if you are unable to come, perhaps another family member can)
- come to hear of future developments from the Headteacher and share your ideas for our nurseries.
- take advantage of opportunities before and after each session to speak with staff about your child's development
- contribute to your child's Learning Journey.
- attend Parent Council meetings





Fostering independence

We encourage nursery children to become more independent by doing things for themselves, for example:

Put on/take off coat
Fasten zip or buttons
Put shoes on correct feet
Dress/undress







Washing and drying hands, especially before meals
Tidy up toys
Put on/off aprons
Wash own cup
Spread butter etc.

Things you can continue to do at home:

- Read to your child every day, talk about the books and read familiar words to them: for example, labels on their favourite foods, titles of T.V. programmes etc.
- Encourage your child to listen to songs, music, stories and rhymes and retell or sing them back to you.
- Talk with them, answer questions and play remembering games and quessing games such as "I Spy"
- Encourage them to ask questions and to be aware of daily routines.
- Encourage them to count and use numbers in every day situations and in nursery rhymes
- Help them to match and sort things, e.g. putting knives and forks, cups and saucers and socks into pairs or sorting out big and little tins and putting packets into order of size
- Give them the chance to use their fingers and hands, e.g. building with bricks, cutting out with scissors, helping with baking or food preparation and fastening zips and buttons
- Encourage them to express their own ideas and feelings using crayons, pens, pencils, paint, music and play.
- Encourage them to explore their own environment.
- Encourage respect for others.



Toileting

Encourage your child to be able to use the toilet independently. Your child should be able to manage his/her clothes independently. No belts, braces or bibs!!

Please make sure your child can ask to go to the toilet.



Should your child need help with toileting, please speak to the Nursery staff.

Waterproof Suits

All in one weatherproof suits and wellies are provided to enable all children to engage in outdoor activities whatever the weather.



Sun cream

Please make sure your child comes to nursery with sun cream applied on sunny days. Sun hats and sun glasses are also welcome. Hats and glasses are best named to avoid upsets.

What's on locally?

Please see our notice board for details of clubs/groups available in and around our area. Leaflets from Lochbroom Leisure will be given to the children as they become available.

USEFUL INFORMATION

Nursery Sessions: 8.50 - 15.20 Mon - Thurs

8.50-12.50 Friday

Both nurseries will be offering 30 hours fully funded from

January 2019

Lunches: From January all nursery pupils will be entitled to a free school meal. You will be handed a menu which details what is on offer every day. Please sit with your child and help them to make a choice, which can be entered on a daily basis as you drop your child off in the morning.

Security The nursery door will be closed just as soon as parents have dropped off their children. Please try to arrive on time so that your child starts the nursery session feeling relaxed and part of things.

If you are late, please ring the door bell.

Attendance and absences Regular attendance offers children benefits from the continuity of activities and experiences in their pre-school year. If a child is unable to attend due to illness, holiday or family circumstances, please contact the school office to let us know on 01854 612535. It is helpful if you could phone before 8.50am. If we do not hear from you, we will contact you to ensure your child is safe at home with you.

Collection of Children The adult bringing your child to nursery is asked to sign the 'Collection of Children' record and give the name of any other adult collecting your child. Staff will sign your child out when he/she is collected.

Emergency Details Please advise us of any change to emergency details (eg new mobile phone number or change of names or addresses.) to ensure we can contact you quickly, if necessary. We will also contact you if your child does not turn up for nursery and we have not heard from you.

Parents' Notice Board Please read the parents' notice board. Visit the webpage https://ullapoolprimary.wordpress.com. A working weekly plan of activities is displayed on the notice board and any changes will be added to it.

Photographs Photos and videos of the children are routinely taken by staff for display purposes and to record achievements.

The school arranges a date with Tempest Photography to have individual and class photos taken alternately, each year, usually in time for Christmas.

Healthy Eating

Snack time is an integral part in the social life of the nursery. It is also a time to reinforce children's understanding of the importance of healthy eating. We hope to achieve this by ensuring that:

All food will be provided by the nursery.

Children's medical and personal dietary requirements are respected. Parents of children who are on special diets will be asked to provide as much written information as possible about suitable foods.

Menus are planned in advance and a selection of fruit/vegetables is offered daily.

Other foods are offered once or twice a week to add variety and give children the opportunity to try unfamiliar foods. These may reflect our multi-cultural society, a celebration or be something the children have grown or baked.

The dietary rules of religious groups and also of vegetarians/vegans are known and met in appropriate ways.

Semi skimmed milk or drinking water will be served with morning snacks. Water will be available at other times if children are thirsty.

Parents or guardians will be advised if their child is not eating well.

Visits from the Oral Health Educator and Health Visitor reinforce the importance of a good diet.

Children help devise menus through discussion.

Children will be encouraged to develop good eating skills and table manners and will be given plenty of time to eat.

Parents of children with food allergies will be asked for advice regarding food for their child at parties etc.

Birthday cakes brought to nursery by parents must be shop bought.

Any snacks provided are varied and avoid large quantities of fat, sugar, salt, additives, preservatives and colourings.



Severe Weather

It is the responsibility of parents to decide whether it is safe for their child to travel to school. Please see below for our closure procedures in the event of severe weather or any other unforeseen circumstances.



ULLAPOOL PRIMARY SCHOOL EMERGENCY CLOSURE PROCEDURES

If the school has to close for any reason, a message will be put on the School's Telephone Messaging Service and on the webpage

https://ullapoolprimary.wordpress.com. The Highland Council School closures website can be accessed at https://www.highland.gov.uk/schoolclosures

Every attempt is made to make a decision by 8am. To access this message please phone:

- > Highland Council Schools' Messaging Service: 0800 564 2272
- > Now enter Ullapool Primary PIN number 043200

However, if the school has to close unexpectedly during the nursery session we will contact you or your emergency contact to ask you to collect your child.



Illness

NHS Highland recommendations for infectious illness in relation to nurseries, schools and workplace are listed below:

CHICKENPOX Keep at home for 5 days from onset of rash.



COLDS It is only necessary to exclude children with a temperature or a severe cough or sore throat.

CONJUNCTIVITIS Exclusion is unnecessary unless there is a lot of pus being produced in which case keep at home <u>until 3 days of treatment</u> has been completed.

VOMITING AND/OR DIARRHOEA Keep at home until there have been <u>no symptoms for 48 hours.</u>

IMPETIGO Children should be excluded until the lesions have crusted over or until they have been receiving antibiotics for 48 hours.

THREADWORM Children may return after treatment

HEADLICE Children may return after treatment. More information is available from the Health Visitor, Louise Mackenzie should you need it.

Look for Head Lice



Other Agencies we work with:

Karen Otter Health Visitor Health Centre

Ullapool

Tel: 01854 613169

Donna Mackay
Oral Health Educator
NHS Highland
Kinlochbervie Health Centre

Tracy Robson Speech & Language Therapist Fodderty Way, Business Park Dingwall IV15 9XB

Tel: 01349 868700

COMMENTS AND COMPLAINTS POLICY - ULLAPOOL NURSERY

We feel confident that your child will enjoy his/her time at our Nursery and we welcome comments or suggestions which could help us to improve our service.

However, we are aware that difficulties can occur from time to time and if you feel you have reason to complain then, please, follow the procedure below.

Please use the open door policy and speak to a member of nursery staff, either at the beginning or end of a session. If you prefer, an appointment can be made to speak to the Headteacher, Eva Faber on 01854 612535. We endeavour to respond to any complaint within two weeks.

If need be, the matter will be brought to the attention of the Area Education Manager who will decide what the next steps should be. Parents will be kept fully informed at each stage and will be invited to attend any meetings being held.

Parents/carers are also able to contact the Care Inspectorate directly with a complaint, if they so wish. The local address and telephone number of our centre is:

Care Inspectorate

1st Floor

Castle House
Fairways Business Park
Inverness IV2 6AA
Tel: 01463 227630

The Care Commission publication:

"How to use the Care Commission Complaints Procedure" is also available. You will find a copy of this displayed on our Nursery Notice Board.

ULLAPOOL PRIMARY SCHOOL PARENT COUNCIL COMHAIRLE NAM PÀRANT BUNSGOIL ULLAPUIL



ChairpersonBriony HumeTel: 01854 612822Vice-ChairpersonSarah DiRolloTel: 01854 612525Treasurer:Anna RushforthTel: 01854 613035Secretary:Clare BrownTel: 01854 612866

Kirsty Lavelle Clare Brown Andrew Lintern
Nanette Cowie Janis Patterson Heidi Hercus
Delia Keating Ruth Maclennan Suzanne Lewis-Ing

Advisers to Board: Eva Faber, Headteacher Tel: 01854 612535 Teacher Member: Elspeth Buxton Tel: 01854 612535

Community Member: vacancy
Co-opted Member: vacancy

The Parent Council members are elected every year at the AGM in September to represent parents' views and support the work of the school. The Headteacher attends Parent Council meetings in a non-voting capacity, as do representatives from the teaching staff. There is usually one meeting each term and all parents are most welcome to attend.

The Parent Council have a Facebook forum where we publicise our activities and encourage parents to ask questions and chat about school related issues. Please join our group at Ullapool Primary Parent Council Forum.

Our Parent Council is actively involved in fundraising for the school and offers an online shopping scheme,

www.easyfundraising.org.uk/ullapoolschpc

When using this facility a small percentage of the profit goes to the Parent Council. Any parents interested in taking on a fundraising event are very welcome to approach a member to discuss this.

SCHOOL TERM AND HOLIDAY DATES 2019/20

School Opens

2019 Tuesday, 20th August 2019 Monday, 28th October 2020 Monday, 6th January 2020 Tuesday, 14th April

School Closes

2019 Friday, 11th October 2019 Friday, 20th December 2020 Friday, 27th March 2020 Thursday, 2nd July

School Closures

Monday, 19th August 2019 Monday 16th & Tuesday, 17th September 2019 Thursday 21st & Friday 22nd November 2019 Monday, 17th & Tuesday, 18th February 2020 Wednesday 19th February 2020 Monday 8th May 2020 Monday, 1st June 2020 In-Service - staff only in school
In-Service - staff only in school
In-Service - staff only in school
Holiday
In-Service - staff only in school
Bank Holiday
In-Service - staff only in school

School Vision, Values and Aims: Ullapool Primary School 2017/18

To prepare and equip our children for the wider world,

by

working together with our wider community to fulfil our potential.

Our vision is to provide a happy, healthy, safe and nurturing environment for our young people and staff

Our Aims are to have happy, supported, secure, resilient children who can operate within an ever changing environment both within and out with school. To empower children to build on their strengths, identify their development aims and become the best they can be. To value every individual, celebrate their strengths to support their needs and to work alongside parents, building an openness and trust with a shared responsibility for education and wider development.

Our Values are to promote

Kindness Enthusiasm for life Responsibility Respect Equality Diversity Fairness Justice
Resilience Politeness Celebration of strengths and achievements in all areas A supportive and safe environment
Encouragement Honesty Positive attitude Can-do approach Individuality Caring Friendship Creativity
Challenge Confidence Success Enterprise Good citizens Curiosity

These were written following consultation with staff in 2017