

## **Board/Committee Curriculum Vitae**

### **Lydie Bocquillon**

Originally from Avignon, Provence, Lydie is a classically taught French chef. She trained in Burgundy, the home of French Gastronomy, and was mentored by some of France's most renowned Michelin-winning Chefs, Jacques Lameloise and Bernard Loiseau. She now owns and runs a highly acclaimed, Good Food Guide listed, restaurant and hotel in Kingussie. Lydie is also vice-chair of Kingussie Business Forum and chair of Kingussie Food on Film Festival.

### **Elizabeth Anne Duncan (liz)**

After gaining Secretarial and Business Studies qualifications she worked for many years for both Governmental and Commercial businesses. Last full-time position was as an Assistant Pension Manager with a Merchant Bank in Glasgow. She moved to London, then Europe and then the Far East due to her partners employment. Liz have held posts both as Treasurer and Manager in various Clubs. Currently she is Treasurer of the Loch Morlich Sailing Club and a member of Kingussie & Vicinity Community Council. Interests include skiing, hiking, sailing and supporting our local community.

### **Jonathan Bailey (Jon)**

Jon started working life as a marine biologist (HNC) at the Marine Research Laboratory in Aberdeen working on fisheries stock assessment. He then qualified as a Chartered Engineer (CEng) in Naval Architecture and Offshore Engineering (BEng) and spent 10 years with Lloyd's Register of Shipping surveying all types of Offshore and Marine vessels. During this time he was posted to Malta, Belgium and Japan working in drydocks, shipyards and on existing assets. Moving to Shell International Trading and Shipping based in London, Jon worked as a Naval Architect and Project Engineer. In 2001 he was posted to Korea working in Samsung shipyard as a site naval architect for two years on a major offshore project and then managed the newbuilding of 3 gas ships in the Daewoo shipyard. After 4 years in the far East of Russia as the Technical manager (Shipping) working in the Commercial Directorate for a major offshore capital project Jon worked another 7 years in Shell's London headquarters as a Project Manager and latterly as Shell's Principal Naval Architect. Since retiring Jon is now Commodore of the Loch Morlich Sailing Club and Treasurer for the Kingussie & vicinity Community Council.

### **Chantel McGrath**

Herbal Medicine BSc Hons, Member of National Institute of Medical Herbalists (NIMH). Expert knowledge traditional medicines and botany. Member of the ARC Committee with remit over the garden plant planning. Chantel has a natural passion for Highland and Gaelic traditional herbal medicine and is currently actively research the work of Alexander McCuthcheon, a local pharmacist who recorded the food and medical use of many local plants used in and around Kingussie (1919). Before going back to practice full-time as a Herbalist Chantel, ran Avena Consultants Ltd for 11 years, a natural product compliance consultancy that provided scientific, regulatory and therapeutic expertise to global companies to help them develop products such a herbal medicines and health foods. Chantel hopes to assist the project overall to create a local wellbeing garden, drawing on her holistic knowledge of health maintenance and traditional local herbs to create a really pleasing environment.

## Noreen Grant

Gained her degree with Open University 2009-2016. My under-graduate degree qualification is BSc (Hons) Combined Social Sciences (Sociology). She started my PhD in October 2017 and will finish in October 2022. Her PhD project title is 'How can digital technologies help improve mental health and reduce inequalities in mental health recovery in rural areas'.

Noreen was born in Kingussie and has until moving back permanently in 2001. The project has all the elements required to create a much-needed community gathering place. The vision for the project offers an environment and activities that promote and support mental health recovery which was needed even before the Covid-19 pandemic. It will be a very valuable asset in helping people recover from the unknowable effects of the dramatic and life-changing results of living with the changes to our behaviour and lifestyle required to keep people safe in this time.