

## Spring / Summer 2022 – Early Years Single Choice Menu from 18<sup>th</sup> April to 7<sup>th</sup> October 2022

**Week 1:** weeks commencing 18<sup>th</sup> April (in service), 9<sup>th</sup> May, 30<sup>th</sup> May, 20<sup>th</sup> June, 15<sup>th</sup> August, 5<sup>th</sup> September, 26<sup>th</sup> September

	Monday	Tuesday*	Wednesday*	Thursday*	Friday*
<b>Main Meal</b>	<sup>MSC</sup> Salmon Fish Fingers (or Quorn Dippers <sup>V</sup> ) & Chips	Butchers Hot Dog Sausage in a Roll	Chilli & Rice with Crusty Bread	Roast Beef, Gravy & Tatties	<sup>RT</sup> Chicken Fillet Bites, Mashed Tatties & Beans
All served with Seasonal Veg &/or Salad					
<b>Dessert</b>	<b>Yoghurt &amp; Fruit</b>	<b>Oaty Shortbread &amp; Fruit</b>	<b>Carrot Cake &amp; Fruit</b>	<b>Custard &amp; Fruit</b>	<b>Flapjack &amp; Fruit</b>

**Week 2:** weeks commencing 25<sup>th</sup> April, 16<sup>th</sup> May, 6<sup>th</sup> June, 27<sup>th</sup> June, 22<sup>nd</sup> August, 12<sup>th</sup> September(in Service), 3<sup>rd</sup> October

	Monday	Tuesday*	Wednesday*	Thursday*	Friday*
<b>Main Meal</b>	Cheese & Tomato Pizza <sup>V</sup>	<sup>RT</sup> Chicken Curry & Rice	<sup>MSC</sup> Fish & Chips	Steak Pie & Tatties	Beef Burger in a Bun
All served with Seasonal Veg &/or Salad					
<b>Dessert</b>	<b>Custard &amp; Fruit</b>	<b>Oaty Cookie &amp; Fruit</b>	<b>Muffin &amp; Fruit</b>	<b>Mixed Fruit Platter</b>	<b>Carrot Cake &amp; Fruit</b>

**Week 3:** weeks commencing 2<sup>nd</sup> May (hol), 23<sup>th</sup> May, 13<sup>th</sup> June, 29<sup>th</sup> August, 19<sup>th</sup> September

	Monday	Tuesday*	Wednesday*	Thursday*	Friday*
<b>Main Meal</b>	Macaroni Cheese <sup>V</sup> & Crusty Bread	Homemade Meatballs & Diced Potatoes	Homemade Sausage Roll, Mashed Potatoes & Baked Beans	Roast <sup>RT</sup> Chicken, Gravy & Tatties	Pasta Bolognese
All served with Seasonal Veg &/or Salad					
<b>Dessert</b>	<b>Ice Cream &amp; Fruit</b>	<b>Yoghurt &amp; Fruit</b>	<b>Mixed Fruit Platter</b>	<b>Flapjack &amp; Fruit</b>	<b>Oaty Shortbread &amp; Fruit</b>

## **Meals consists of 2 courses: Main Meal plus Today's Dessert**

MILK AND WATER ARE AVAILABLE TO DRINK EVERY DAY.

MSC certified by the Marine Stewardship Council; RT Red Tractor ; <sup>V</sup>Vegetarian; \*please pre-order vegetarian options, these vary in each school

FOOD ALLERGENS AND INTOLERANCES – Please contact Catering Services about your requirements.

Some meals may be subject to change due to unforeseen circumstances. We will attempt to communicate changes to you locally where possible

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