

2 Choice Menu (October-June) for Primary Schools & Early Years

(this menu starts 28th October 2024)

weeks commencing; 28th Oct, 18th Nov, 9th Dec, 6th Jan, 27th Jan, 17th Feb (Hol), 10th Mar, 31st Mar, 21st Apr (Hol), 12th May



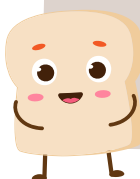
| Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------|---|---|---|--|--|
| Orange | Breaded Fish & Chips with Seasonal Veg/ Salad | Cheese Burger (Beef) with Diced Potatoes & Seasonal Veg/ Salad | Homemade Sweet & Sour Chicken & Rice with Seasonal Veg/Salad (H) | Steak Pie & Boiled Potatoes with Seasonal Veg (H) | Homemade Soup with Sliced Chicken Sandwich & Seasonal Salad |
| Green | Veggie Fried Rice with Optional Homemade Curry Sauce & Seasonal Veg/Salad (H,Ve) | Veggie Enchiladas with Seasonal Veg/Salad (H/V) | Homemade Pizza Baguette with Seasonal Veg/Salad (H,V) | Homemade Soup with Cheese Sandwich & Seasonal Salad (V) | Baked Potato with Baked Beans, Seasonal Veg/Salad (Ve) |
| Dessert | Yoghurt & Fruit | Oaty Cookie & Fruit | Fruit Muffin & Fruit | Fruit Platter | Ginger Biscuit & Fruit |



Water or milk available to drink.



H = Homemade
V = Vegetarian
Ve = Vegan



Sandwich fillings are in wholemeal bread, rolls or wraps. All breads contain over 3% fibre. All spreads are dairy free.

Yoghurts contain under 3% fat and less than 10% sugar.



Sausages contain over 62% UK Red Tractor Pork.



Our food contains no unwanted additives e.g. trans fats, MSG, sweeteners or undesirable food colouring

2 Choice Menu (October - June) for Primary Schools & Early Years

(this menu starts 28th October 2024)

weeks commencing; 4th Nov, 25th Nov, 16th Dec, 13th Jan, 3rd Feb, 24th Feb, 17th Mar, 28th Apr, 19th May



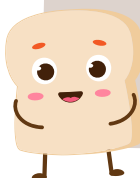
| Week 2 | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------|--|--|--|---|--|
| Orange | Macaroni Cheese with Garlic Bread & Seasonal Veg/ Salad (H,V) | Mince (Beef) & Mashed Tatties with Seasonal Veg/Salad (H) | Homemade Sausage Roll (Pork) with Mashed Potatoes & Baked Beans or Seasonal Veg/Salad (H) | Mild Chili (Beef) with Rice, Homemade Tortilla Chips & Seasonal Veg/ Salad (H) | Homemade Chicken Burger with Diced Potatoes & Seasonal Veg/ Salad |
| Green | Veggie Curry with Rice & Seasonal Salad (H,Ve) | Quorn Dippers & Chips with Seasonal Veg/ Salad (Ve) | Homemade Soup with Cheese Sandwich & Seasonal Salad (V) | Cheese and Tomato Pizza with Seasonal Veg/Salad (V) | Tomato Pasta with Crusty Bread & Seasonal Salad (H,Ve) |
| Dessert | Yoghurt & Fruit | Honey Fruit Sponge | Fruit Platter | Ice Cream & Fruit | Oaty Shortbread & Fruit |



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2 Choice Menu (October - June) for Primary Schools & Early Years

(this menu starts 28th October 2024)

11th Nov, 2nd Dec, 20th Jan, 10th Feb, 3rd Mar, 24th Mar, 5th May (Hol), 26th May



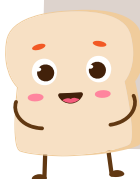
| Week 3 | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------|--|--|---|---|---|
| Orange | Hot Dog (Scottish Pork Sausage) with Sauce & Seasonal Veg/ Salad | Salmon Nibbles & Chips with Seasonal Veg/ Salad | Chicken Curry with Rice & Seasonal Veg/ Salad | Spaghetti Bolognese with Seasonal Veg (H) | Chicken Goujons in a Wrap with Seasonal Veg/ Salad |
| Green | Homemade Soup with Cheese Sandwich & Seasonal Salad (V) | Macaroni Cheese with Garlic Bread & Seasonal Veg/ Salad (H,V) | Homemade Veggie Burger with Diced Potatoes & Seasonal Veg/ Salad (H,V) | Veggie Sausage Roll with Mash & Beans or Seasonal Veg/Salad (Ve) | Homemade Cheese Wheel (Pastry, Mash & Cheese) with Seasonal Veg/ Salad (H,V) |
| Dessert | Yoghurt & Fruit | Apple Cake & Fruit | Fruit Platter | Jelly & Fruit | Flapjack & Fruit |



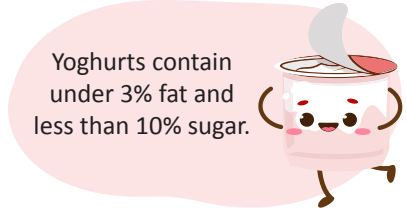
Water or milk available to drink.



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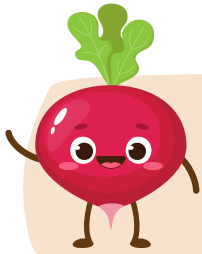


Yoghurts contain under 3% fat and less than 10% sugar.

Sausages contain over 62% UK Red Tractor Pork.



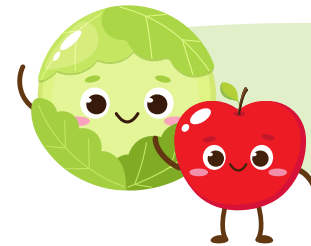
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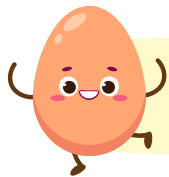
Check with your school if the meals offered are 3 Choice, 2 Choice, Single Choice or Grab & Go Friday menu.
Supply issues may mean that some meals are changed at short notice, we will attempt to communicate this through your school.



School meals for children in Primary 1 to 5 are free.
Payment options are at the link below or contact catering services
www.highland.gov.uk/info/878/schools/9/school_meals/2



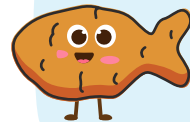
Fruit and Veg are sourced locally where possible.



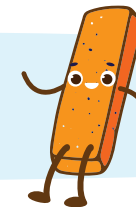
Eggs are local and free range.



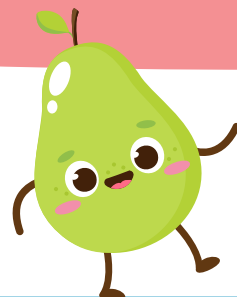
All meat and poultry is UK Farm assured.



Our salmon and white fish is certified by Marine Stewardship Council.



For Allergies, Intolerances, Cultural, Ethical or ASN meal choices - apply online
www.highland.gov.uk/info/878/schools/9/school_meals/4



Contact details
Email: cl.catering@highland.gov.uk
Phone: 01463 644102

