## Latheronwheel & Latheron Improvement Group

25th October 2021

To Whom it may concern

On behalf of our Group I write to offer our support for the proposed new Health and Wellbeing Centre in Dunbeath.

Many of our residents use the services provided by Dunbeath and District Centre and with an ever aging population never has the need for such a service been so great.

Over the years our group has developed several paths in the area, including the fairy glen and cliff top walks, incorporating picnic areas, which are now enjoyed by the Dunbeath and District Centre walking group on a regular basis.

We hope you fulfil your aspirations and continue to service our community for many years to come.

Yours faithfully

Anne Sutherland

Chairperson



# **Seaview House**

Community, Business and Energy Resource Centre

Harbour Road, Lybster Caithness. KW3 6AH Telephone: 01593 721283 Email: llccdc@outlook.com

To Whom It May Concern

29th October 2021

Dear Sir/Madam,

Re: Letter of Support for New Centre at Dunbeath & District Centre

It is my pleasure to write a letter of support for the proposal to build a new centre at Dunbeath.

We recognise their valuable contribution in our local community and full endorse any new initiatives and ideas.

The centre is an important part of our community and the proposed project to build a new facility and develop the existing centre is fully supported by our organisation.

In conclusion, I fully support the organisation and wish them every success in the future

Yours Faithfully



Tom Briscoe

Resource Centre Manager

Latheron, Lybster & Clyth Community Development Company (LLCCDC)

Tel: 01593 721283 Mobile: 0777 225 9222 Email: <u>llccdc@outlook.com</u> Web: <u>http://llccdc.co.uk/</u>

#### **Dunbeath Parent Council**

c/o Dunbeath School, Dunbeath, Caithness, KW6 6ED

2<sup>nd</sup> November 2021

To Whom It May Concern

**Dear Sirs** 

#### **Dunbeath and District Centre, Business Plan Proposals**

I write on behalf of the Dunbeath Parent Council to lend our support to the Dunbeath and District Centre's plans to establish a new-build Wellbeing Hub in Dunbeath.

The Dunbeath & District Centre has already firmly established itself as a pivotal and much respected facility within the community. The Centre provides opportunities for all ages within the community and has linked closely with the Primary School to promote inter-generational interactions. An example of this has been the children walking up to the Centre to practice their reading skills by reading aloud to the older users of the centre. This was enjoyed immensely by both generations and is an important aspect of the children's education and social development.

Covid restrictions have unfortunately limited the amount of interaction between the centre and the school in recent times, however the Parent Council are keen to increase and expand the opportunities for inter-generational collaboration as soon as circumstances allow. We feel that a larger, purpose-built centre will provide these opportunities and will help ensure that all ages of the community have the opportunity to interact on a regular basis, undertaking activities that the children find fun to do whilst providing the older users with an opportunity to pass on their skills of activities and games that may otherwise die out.

The importance of inter-generational collaboration cannot be understated in the social and educational development of primary school children and, in the longer term, will hopefully help to ensure the long-term success and continued development of the new Centre.

Yours faithfully,

Chair: Vacant

Mrs Alexa MacAuslan

Secretary, Dunbeath Parent Council

on behalf of all members of the Dunbeath Parent Council

### CAITHNESS COMMUNITY CONNECTIONS

1 Southend Lybster Caithness KW3 6AN

26 October 2021

To whom it may concern

Letter Of Support

We are a community organisation that got to know and work in partnership with the Dunbeath and District Centre during the Covid 19 pandemic. This partnership has continued with us recognising the obvious expertise that exists in the centre for adult activities, health and wellbeing and the centre recognising the expertise we have with young people. Their plans for a new Centre are very exciting and would give us a number of opportunities to continue the partnership.

We have hired the centre to hold a peripatetic craft group. Like groups across Caithness, we are finding some individuals are happy to return to physically meeting and others are more nervous. This means we are looking for bigger spaces to allow physical distancing, but also looking for spaces that people in their community know are cleaned regularly, and between activities so they feel safe using the service.

Larger space in a new centre would let us help the Centre provide a wider range of intergenerational activities. This includes Messy Plays with toddlers where older, isolated adults can come along and interact with the very young people or simply have a coffee and listen/watch them playing. We would also be able to provide other intergenerational activities such as boccia, bingo, crafts etc, and activities solely for young people. This would provide the Centre with a some rental income, but more importantly would help expand the activities already offered to improve individuals' health and wellbeing, and community spirit.

The Centre also acts as an emergency centre, for instance in bad weather, and have agreed to cover what became "our patch" during the pandemic, if there was a day we were unable to cover our activities for whatever reason.

The work the Centre does for its communities is very much appreciated and a lifeline to many. When we are out and about individuals often tell us about the groups and activities they attend there, the meals they have enjoyed, the visits from volunteers, shopping they receive and of course their baking is always a highlight!

We are delighted the Dunbeath and District Centre have such ambitious plans for the future and are pleased to be able to provide this letter of support.

Yours faithfully

Heather Urquhart Project Co-ordinator

# LATHERON LYBSTER & CLYTH COMMUNITY COUNCIL

Email: latheronlybsterclythce@outlook.com

22 October 2021

To whom it may concern

We thank you for your business plan relating to the proposed purpose built centre in Dunbeath and our members fully support your plans.

As a neighbouring Community Council, we are fully aware of the unique services provided by Dunbeath and District Centre, from daily home cooked meals to activities which help with both mental and physical health and wellbeing; particularly supporting the needs of the elderly and vulnerable in our area. During the recent pandemic we were very impressed and supportive of how everyone involved with Dunbeath and District Centre pulled out all the stops to support anyone in need within our communities.

We are all aware of the increasing number of users requiring the range of services provided and how the current premises struggle to accommodate everyone.

Yours faithfully

A TANNER Chair

#### Dr Fiona Neal

Dunbeath Surgery, Achorn Road, Dunbeath, Caithness, KW6 6EZ.
Telephone (01593) 731205 Fax (01593) 731378
VAT registration number:- 170171830

To Dunbeath & District Centre 7 Neil Gunn Road DUNBEATH KW6 6EP

Dear sir/madam

I am writing on to inform you that we here at Dunbeath Surgery have taken time to look over the business plan for Dunbeath and District Wellbeing Hub 'Jigsaw Project' and we are in full support of the project.

During the last few years both before Covid and especially since the DDC has provided an invaluable service that has impacted our community in the most positive way. Our most vulnerable members of the community have been able to access a service that would otherwise not be available in this area.

We are in full support of a land asset transfer which would give DDC the opportunity to carry this forward to expand an already excellent service.

We wish you all the best in your plans and look forward to seeing the positive impact on the community.

Yours Sincerely,

Darren Chambers Practice Manager

Signed on behalf myself and that of Dr Fiona Neal

Dr Jonathan Emery-Barker General Practitioner



### Dunbeath Preservation Trust, Old School, Dunbeath, Caithness KW6 6ED

To whom it may concern Letter of Support

## Dunbeath and District Wellbeing Hub - Jigsaw Project

On behalf of the Dunbeath Preservation Trust, I would like to express our enthusiastic support for this excellent project. This new provision is urgently required to fulfil the need which has already been proved to exist in our community.

The existing Centre facility provides an excellent service of very high quality but is too small and now requires to be expanded to cope with demand and improve the service. It is without doubt the best example of community provision in south east Caithness and we look forward to its further development.

Yours sincerely,

Ranald MacAuslan Chair

Meg Sinclair Manager

12th Oct 2021







Date: 6 October 2021

To-Trustees of Dunbeath & District Centre

#### Proposals for a new centre

Dear Sirs,

Thank you for providing the business plan and the information around the land asset transfer in relation to the land at Achorn Road, Dunbeath. I have been fortunate during the last five years to see the great work the centre does supporting the local community and never was this more highlighted than during the Covid-19 pandemic when the support provided to the elderly and most vulnerable was just superb.

I think it is clear that the centre is now getting to the stage of outgrowing its current building and as they look to expand their services for both the growing elderly population and to provide services to other sections of the community they need to look at a custom built centre so I am very much in support of the proposed asset transfer.

Please do not hesitate to contact me should you require any further information.

Allan Tait Senior Development Officer



02 November 2021

#### Dear Sirs

I write in support of the Dunbeath and District Centre's plans to expand and improve their current facility to better serve the future needs of the local community.

Within the rural setting, the Dunbeath and District Centre acts as an important focal point for many members of the local community. The Centre's plans for expansion will help to consolidate the work already achieved by the Centre whilst building more opportunities for community resilience and greater community interaction.

As an employer and landlord to a number of people within the local community, I fully support the Centre's business plan which will help to attract and keep people of all ages within the local community and provide a much-needed community hub.

Yours faithfully,

Mr Anson C W MacAuslan Agent

To whom it may concern,

I am writing in support of Dunbeath and District Centre in their plans to develop a new Centre.

As the Rural Development Officer for the Aspiring Communities Project in 2019 and now the Project Coordinator of the second phase, Chair of two multi agency mental health forums, we have evidenced through community consultation that there are deep issues in terms of mental health and mental wellbeing within the community of Dunbeath and the wider Caithness Community.

Frequently we learn in consultation that many issues could be addressed with access at the first point of experiencing difficulties.

South East Caithness relies heavily on the outreach of the Centre, their offerings have been outstanding throughout the pandemic, some describing them as a lifeline.

Whilst on secondment to the Centre over the summer of 2020, I saw first-hand the intense needs of the south east Caithness community. Issues of depression, anxiety and social isolation became more pronounced due to the restrictions, the Centre was bursting at the seams with the emerging needs.

DDC introduced a range of outreach services to meet the immediate needs in the community. The transition from inhouse support to outreach services was incredibly challenging as the National guidelines were changing almost daily. Nevertheless, to their credit, their determination to provide emotional and physical support for their community was remarkable.

South East Caithness, a remote and rural area, needs their services. They enable people to access the help needed to enable them to stay at home, become less reliant on public services and also improve their quality of life.

DDC understands the real-time community needs. Whilst experiencing an increase in demand for their services, they acknowledge the complexity of the difficulties which people are facing in the community. Often, issues in mental wellbeing can stem from not having early interventions when problems arise; DDC are available as a gateway for obtaining further services to assist them. DDC ensure that mental health and well-being is interweaved through every activity and service offered. Sustaining current services whilst being mindful of future needs is desperately needed within South East Caithness and addresses evidenced community need.

I hope that you will consider this application and wish DDC every success.

With thanks for your consideration

