





Quick Access to Key Contacts & Information To Support Highlands Children and Young People from Armed Forces Families

Military Liaison Group (Education)



[Click Here](#) for Highland Council's Armed Forces website

Defence Children's Services (DCS)




RC-DCS-HQ-EAT@mod.gov.uk for UK based enquiries
RC-DCS-HQ-OES@mod.gov.uk for Overseas education enquiries
[Click here](#) to visit website

Army Welfare Service




[Click Here](#) to email Personal Support direct
 Telephone direct: 01904 882053
[Click Here](#) to visit website

SSAFA— Armed Forces charity: direct support for families & dependents



[Click here](#) to email provider direct
 Telephone direct: 03000 111 723
[Click here](#) to visit website


Highland Council Education & Learning



Schools/ELC's make referral via Highland Practice Model to appropriate specialist provider/ service providing additional information around the military situation (military child & deployment)
[Click here](#) for more information




Forces Children Scotland



[Click here](#) to email provider direct
 Telephone direct: 0131 322 7350
[Click here](#) to visit website

Rowan Counselling



First contact ***should be made*** via a Schools Head Teacher for Primary or Guidance Teacher for Secondary
[Click here](#) to visit website to explore the service

Just Ask Helpline (Highland Council)



Contact Health & Education Professionals direct:
 Telephone: 0300 303 1365
[Click Here](#) to visit website