

Recycling and Refuse Collections Guide

Please use your blue recycling bin for:

Paper



- ✓ Papers /magazines
- ✓ Unwanted mail
- ✓ Phone directories
- ✓ Greetings cards
- ✓ Shredded paper
- ✓ Catalogues
- ✓ Envelopes (excluding windows)

Cardboard



- ✓ Cereal boxes
- ✓ Cardboard boxes
- ✓ Egg boxes
- ✓ Toilet / kitchen roll tubes

Plastic bottles, pots, tubs, trays



(rinsed & tops off)

- ✓ Milk bottles
- ✓ Fizzy juice bottles
- ✓ Water bottles
- ✓ Detergent bottles
- ✓ Toiletry bottles
- ✓ Food trays / punnets
- ✓ Yoghurt pots etc.
- ✓ Margarine tubs etc.

Food tins, drink cans, aerosols



(rinsed & tops off)

- ✓ Food tins
- ✓ Fizzy juice cans
- ✓ Beer cans
- ✓ Pet food tins
- ✓ Aerosols (empty, tops removed)

Food & drink cartons



(rinsed & tops off)

- ✓ Juice cartons
- ✓ Milk cartons
- ✓ Soup cartons

Remember all items must be:

- ✓ **clean**
- ✓ **dry**
- ✓ **loose**



Please do **NOT** put these in your blue bin

- ☒ Glass
- ☒ Black plastic food trays
- ☒ General waste
- ☒ Plastic bags
- ☒ Food waste
- ☒ Plastic film
- ☒ Unclean items
- ☒ Polystyrene

Other recycling....

- Use Recycling Centres to recycle electrical items, wood, clothing & shoes, garden waste, and much, much more.
- Please recycle your glass bottles & jars at your nearest Recycling Point or Centre.
- Donate unwanted household items to charity – call the National Reuse Phone Line on 0800 0665 820 for larger items.

Your refuse bin....

- Excess waste will not be uplifted, all waste must be contained within your wheeled bin and the lid must close.

For more information about recycling please contact:

☎ 01349 886603

✉ recycle@highland.gov.uk

🌐 www.highland.gov.uk/recycle

Recycling and Refuse Collection Dates

Cinn-latha air an tèid Ath-chuairteachadh agus Sgudal a Thogail

Your collection day is a **MON - A**

Recycling dates

Refuse dates

2020

January

13th
27th

6th
20th

February

10th
24th

3rd
17th

March

9th
23rd

2nd
16th
30th

April

6th
20th

13th
27th

May

4th
18th

11th
25th

June

1st
15th
29th

8th
22nd

July

13th
27th

6th
20th

August

10th
24th

3rd
17th
31st

September

7th
21st

14th
28th

October

5th
19th

12th
26th

November

2nd
16th
30th

9th
23rd

December

14th
28th

7th
21st