

# Recycling and Refuse Collection Dates

## Your collection day is a MONDAY

Please place your bin at the kerb before 7am on the day of collection

### Recycling dates

### Refuse dates

2023

#### January

9th  
23rd

\*2nd  
16th  
30th

#### February

6th  
20th

13th  
27th

#### March

6th  
20th

13th  
27th

#### April

3rd  
17th

10th  
24th

#### May

1st  
15th  
29th

8th  
22nd

#### June

12th  
26th

5th  
19th

#### July

10th  
24th

3rd  
17th  
31st

#### August

7th  
21st

14th  
28th

#### September

4th  
18th

11th  
25th

#### October

2nd  
16th  
30th

9th  
23rd

#### November

13th  
27th

6th  
20th

#### December

11th  
\*25th

4th  
18th

\*Please check collection day change at [www.highland.gov.uk/recycle](http://www.highland.gov.uk/recycle)

MON - A

# What goes in your blue recycling bin?

**food tins,  
drink cans,  
aerosols &  
aluminium  
foil/trays**



- RINSED & TOPS OFF\***
- ✓ Food Tins
  - ✓ Fizzy Juice Cans
  - ✓ Beer Cans
  - ✓ Pet Food Tins
  - ✓ Aerosols
  - ✓ Aluminium foil/trays (clean, no food residue)

**mixed  
paper**



- ✓ Papers
- ✓ Magazines
- ✓ Unwanted Mail
- ✓ Phone Books
- ✓ Greetings Cards
- ✓ Shredded Paper
- ✓ Catalogues
- ✓ Envelopes (excluding windows)

**cartons**



- ✓ Juice Cartons
- ✓ Milk Cartons
- ✓ Soup Cartons
- ✓ Food Cartons

**cardboard**



- ✓ Cereal Boxes
- ✓ Cardboard Boxes
- ✓ Egg Boxes
- ✓ Toilet Roll Tubes
- ✓ Kitchen Roll Tubes

**plastic  
bottles, pots,  
tubs & trays**



- RINSED & TOPS OFF\***
- ✓ Milk Bottles
  - ✓ Fizzy Juice Bottles
  - ✓ Water Bottles
  - ✓ Detergent Bottles
  - ✓ Toiletry Bottles
  - ✓ Food Trays
  - ✓ Plastic Punnets
  - ✓ Yoghurt Pots etc

\*PLASTIC TOPS CAN GO IN YOUR BLUE BIN SEPARATELY

**Please do NOT put these in your recycling bin**

- Glass\***
- Food waste**
- Nappies**
- Dirty items**
- Hard plastics**
- Textiles & footwear**
- Flower pots & plant trays**
- Garden waste & wood**
- Polystyrene**
- Soil & rubble**
- General waste**
- Plastic bags**

**\*Please take glass to your local mixed glass recycling point. There is no need to separate glass into different colours.**

