

# Recycling and Refuse Collections Guide

## Please use your blue recycling bin for:

### Paper



- ✓ Papers/magazines
- ✓ Unwanted mail
- ✓ Phone directories
- ✓ Greetings cards
- ✓ Shredded paper
- ✓ Catalogues
- ✓ Envelopes (excluding windows)

### Cardboard



- ✓ Cereal boxes
- ✓ Cardboard boxes
- ✓ Egg boxes
- ✓ Toilet/kitchen roll tubes

### Plastic bottles, pots, tubs, trays



(rinsed & tops off)

- ✓ Milk bottles
- ✓ Fizzy juice bottles
- ✓ Water bottles
- ✓ Detergent bottles
- ✓ Toiletry bottles
- ✓ Food trays/punnets
- ✓ Yoghurt pots etc.
- ✓ Margarine tubs etc.

### Food tins, drink cans, aerosols



(rinsed & tops off)

- ✓ Food tins
- ✓ Fizzy juice cans
- ✓ Beer cans
- ✓ Pet food tins
- ✓ Aerosols (empty, tops removed)

### Food & drink cartons



(rinsed & tops off)

- ✓ Juice cartons
- ✓ Milk cartons
- ✓ Soup cartons

## Remember all items must be:

- ✓ **clean**
- ✓ **dry**
- ✓ **loose**



## Please do NOT put these in your blue bin

- ☒ Glass
- ☒ Black plastic food trays
- ☒ General waste
- ☒ Plastic bags
- ☒ Food waste
- ☒ Plastic film
- ☒ Unclean items
- ☒ Polystyrene

## Other recycling....

- Use Recycling Centres to recycle electrical items, wood, clothing & shoes, garden waste, and much, much more.
- Please recycle your glass bottles & jars at your nearest Recycling Point or Centre.
- Donate unwanted household items to charity – call the National Reuse Phone Line on 0800 0665 820 for larger items.

## Your refuse bin....

- Excess waste will not be uplifted, all waste must be contained within your wheeled bin and the lid must close.

For more information about recycling please contact:

☎ 01349 886603

✉ [recycle@highland.gov.uk](mailto:recycle@highland.gov.uk)

🌐 [www.highland.gov.uk/recycle](http://www.highland.gov.uk/recycle)

# Recycling and Refuse Collection Dates

Cinn-latha air an tèid Ath-chuairteachadh agus Sgudal a Thogail

Your collection day is a THURS - B

## Recycling dates

## Refuse dates

2021

### January

14th  
28th

7th  
21st

### February

11th  
25th

4th  
18th

### March

11th  
25th

4th  
18th

### April

8th  
22nd

1st  
15th  
29th

### May

6th  
20th

13th  
27th

### June

3rd  
17th

10th  
24th

### July

1st  
15th  
29th

8th  
22nd

### August

12th  
26th

5th  
19th

### September

9th  
23rd

2nd  
16th  
30th

### October

7th  
21st

14th  
28th

### November

4th  
18th

11th  
25th

### December

2nd  
16th  
30th

9th  
23rd