

The Highland Licensing Board

Meeting – 27 August 2013

Agenda Item	4
Report No	HLB/107/13

Consultation on Proposals for Overprovision Statement 2013-16

Report by the Clerk to the Board

Summary

Following receipt of the evidence and recommendations submitted by NHS Highland attached at **Appendix 1** and a further assessment of crime statistics submitted by Police Scotland attached at **Appendix 2**, the Board is invited to agree options in relation to proposals for an Overprovision Statement on which to consult statutory consultees and the public and to agree an appropriate consultation period.

1. Background

- 1.1 On 7 August 2013, the Board agreed proposals for the process of developing a statement under section 7 of the Licensing (Scotland) Act 2005 (the “Act”) as to the extent to which the Board considers there to be overprovision of licensed premises, or licensed premises of a particular description, in any locality within the Board’s area. This process involved first ingathering evidence, where available, in relation to all of the five licensing objectives, with the assistance, in particular, of NHS Highland and Northern Constabulary – now part of Police Scotland.
- 1.2 The ingathering and analysis of evidence has taken longer than was initially anticipated and has not been an easy task. This is particularly because of the differences in the way in which data on alcohol-related harm is and has been collected by the various agencies in Highland, some being collected at intermediate geography/data zone level but some being collected at multimember ward level or, in the case of crime statistics, at police area level or police beat level. It also became apparent that some types of alcohol-related harm data which might have been useful had not previously been collected by agencies or, if collected, had not been collected over a sufficient period of time to allow analysis of any trends.
- 1.3 Notwithstanding these difficulties, assessments have now been received from the Public Health Department of NHS Highland and from Police Scotland (**Appendices 1 and 2**). These provide a considerable volume of statistical information on alcohol related harm, obtained from both Highland and national sources and from those European sources which were accessible. It is

believed that the information is sufficient to allow the Board to identify options for proposals for an overprovision statement on which to go out to consultation.

1.4

It should be noted that the Board is not being asked at this point to express any concluded view as to the overprovision statement options it may ultimately wish to adopt or discard. The Board will debate the options only after consulting on them and considering consultation responses.

1.5

The evidence of alcohol-related harm provided in the NHS and Police statistics cannot be linked to particular premises in particular localities. The Act, however, does not require such specific links to be established before a Board may make an overprovision finding.

1.6

In deciding whether there is overprovision of licensed premises, or licensed premises of a particular description in any locality, the Board must have regard to the number and capacity of licensed premises of the particular description the Board is looking at within the locality and must then consult with statutory consultees.

1.7

Before deciding which particular descriptions of premises to focus on, however, it is legitimate for the Board to have regard to general trends in relation to alcohol consumption and related harm. The information before the Board in Appendix 1 would suggest the following general trends.

2. General trends

2.1 Alcohol Sales

The NHS data on alcohol sales shows a 30% decrease in Scotland in alcohol sales through the on-sales trade between 1994 and 2011 and a 48% increase in alcohol sales through the off-sales trade over the same period. It is further estimated that about 69% of all alcohol sold in Scotland in 2011 was sold through off-sales trade, with only 31% sold through on-sales trade. Although specific sales data is not available for Highland, the NHS advise that it is likely that off-sales and on-sales alcohol sales trends in Highland are similar to those elsewhere in Scotland.

This advice ties in with that contained in the paper previously submitted to the Board by NHS Highland in October 2011 and which is re-circulated at **Appendix 3**. This paper advised that it was widely accepted that the most common location for drinking alcohol in the Highland area was in private homes, consuming alcohol bought in off-licensed premises. The 2011 paper also cited research which indicated that in the North East, multiple grocers were the off-sales premises through which the majority of off-sales occurred.

2.4 Premises types

A significant proportion of licensed premises in Highland support the tourist industry. These include visitor centres, souvenir shops, distilleries and micro-breweries, hotels and licensed guest houses, restaurants, pubs and nightclubs.

With regard to on-sales from these descriptions of premises, the NHS advice on alcohol sales suggests that these will account for less than a third of pure alcohol sales in Highland (Appendix 1, para 2.3). Moreover, consumption of alcohol through on-sales is known to be declining. It can be inferred from this therefore that on-sales from these types of premises do not account for the greatest proportion of alcohol-related harm in Highland.

Although some of these types of premises may be licensed for both on-sales and off-sales, their individual off-sales capacities are generally small. Moreover, their share of the off-sales market is likely to be small as it is known that the majority of off-sales occur through multiple grocers. Again, it can be inferred therefore that off-sales from these types of premises do not account for the greatest proportion of alcohol related harm in Highland.

2.5 Conclusions from general trends

These general trends suggest that there is evidence to support findings of overprovision in relation to premises licensed purely for off-sales as they account increasingly for the vast majority of alcohol sales. Moreover, the NHS recommendations in Appendix 1 indicate the NHS's acceptance that the evidence currently available supports a finding that it is off-sales premises with capacity above a certain level which are likely to account for the majority of alcohol sales.

- **It is recommended therefore, that in selecting options for proposals for its overprovision statement 2013-16 on which to consult, the “premises of a particular description” on which the Board focuses be premises licensed purely for off-sales.**

It will, of course, be open to the Board to consider consultation on options in relation to further categories of premises during the currency of its 2013-16 overprovision statement should evidence of the need to do so come to light during that period. This is because the Board has power under section 6(2) of the Act to develop and issue supplementary policy statements during the 3-year period of each main policy statement.

3. **Number and capacity of premises licensed purely for off-sales (“off-sales premises”)**

- 3.1 The full list of off-sales premises currently licensed in Highland are listed per multimember ward at **Appendix 4**. This list includes all off-sales premises, including tourist attractions such as visitor centres and museums, distilleries,

breweries, specialist whisky and beer shops, woollen mill and souvenir shops. These categories of premises are referred to in the remainder of this Report as “tourist attractions”. There are approximately 35 premises on the list which come in to this tourist attraction category, with 21 of the 35 having small off-sales capacities (i.e. display areas) of well under 10 m² and only 4 having capacity of over 40 m². These larger tourist attractions are Cairngorm Brewing Company (41.43 m²), The Whisky Shop, Fort William (42.88 m²), The Whisky Shop, Inverness (75 m²) and Urquhart Castle (157.3 m²). Booker’s Cash & Carry (247.50 m²) is also included in the list, but it should be borne in mind that most of its off-sales will be to trade.

All of the premises on the list have been included in the assessment of total off-sales capacities per multimember ward set out at **Appendix 5**. Although this assessment has been included to illustrate off-sales availability per ward, many people will obviously travel to other wards either specifically to purchase alcohol or to do their main grocery shop, which may include their shop for alcohol. The figures in Appendix 5 must therefore be read with this in mind.

- 3.2** On the basis that the NHS 2011 report indicates that the majority of off-sales are from multiple grocery stores, an analysis of the number of these types of store in particular, arranged in bands of 10 m² of capacity, is also attached at **Appendix 6**. This analysis excludes all types of tourist attractions mentioned at paragraph 3.1 above and also excludes Majestic Wine (404.40 m²) as it is not a multiple grocery store. Booker’s Cash & Carry (247.50 m²), which sells principally to trade, is also excluded. The aim of this analysis is to give an indication of the typical capacity of the various types of multiple grocery stores serving the Highland area.

4. Options for proposals on which to consult

- 4.1** The NHS Highland recommendations contained in **Appendix 1** are that the Board should consider only off-sales premises at this stage, and should consider one of the following options to adopt as its overprovision statement 2013-16:

1. Introducing a policy whereby there is a presumption against the grant of any premises licence where the off-sales capacity sought is 40 m² or over (or is over such other number of m² as the Board considers appropriate) **and to apply this policy Highland wide**, or
2. Introducing the same policy as in 1. but **to make it applicable only in the 12 wards identified in the NHS 2011 report as the areas of greatest incidence of alcohol-related harm in Highland**.

- 4.2** The Police Scotland recommendations in **Appendix 2**, while encouraging the Board to introduce measures to curb excessive alcohol consumption, do not include specific recommendations on options as to how this could be achieved via the Board’s overprovision statement.

4.3 Any overprovision statement which the Board ultimately adopts will clearly affect the commercial interests of one sector of the licensed trade or another. These private commercial interests are, however, of no direct relevance to the Board's ultimate decision, since the primary aim of any policy statement which the Board adopts (including its policy statement in relation to overprovision) is to ensure that the policy stated in the statement seeks to promote the licensing objectives.

4.4 However, it is also important that any policy on overprovision which the Board ultimately adopts is reasonable and proportionate, and that, by adversely impacting upon private commercial interests, the Board's policy does not lead indirectly to local communities being deprived of other facilities needed to sustain them, such as locally accessible grocery shops (particularly in remote areas) and such as tourist attractions – most of which are also very important sources of employment in Highland.

4.5 **Against this background, it is accordingly recommended that the Board agree :**

- 1. To undertake statutory and public consultation on the two options in relation to the Board's overprovision statement 2013-16 recommended by NHS Highland and detailed at paragraph 4.1 above;**
- 2. To seek views, in respect of both options, as to the particular level of off-sales capacity at which the policy should in either case apply;**
- 3. To seek views as to whether the Board, if adopting either option, should apply the policy to all new premises licence applications which are purely for off-sales, or should exclude from application of the policy off-sales premises which the Board considers are principally tourist attractions, and**
- 4. That the consultation include encouragement to respondents to state their case for alternative or additional options for the Board's overprovision statement 2013-16 should they consider there to be an evidential basis for such alternative or additional options.**

5. Equalities

5.1 Equalities impact assessment screening and, if necessary, full equalities impact assessment, will be required before any final proposals are adopted.

Recommendation

The Board is invited to agree

- to focus, in its consultation on options for a policy statement on overprovision of licensed premises in Highland, on licensed premises of the particular description recommended at paragraph 2.5 of this Report, and to do so on the basis that these are the premises most likely to be contributing to alcohol-related harm in Highland having regard to the evidence submitted to the Board by NHS Highland;
- to undertake statutory and public consultation on the options for proposals for the Board's overprovision policy statement 2013-13 which are recommended by NHS Highland in Appendix 1 and in the terms recommended at paragraph 4.5 of this Report, inviting respondents also to make a case for alternative proposals if they so wish;
- that the consultation period should run for 4 - 5 weeks, and
- that the Clerk report back to the Board at the end of the consultation period with consultation responses and any further recommendations, with a view to the Board adopting a final statement of its policy on overprovision for inclusion in its final Policy Statement 2013-16.

Date: 18 August 2013

Author: Susan Blease

Appendices:

Appendix 1 – NHS Highland, Assessment of overprovision of licensed premises in the Highland area 2013

Appendix 2 – Police Scotland, Overprovision Assessment

Appendix 3 – NHS Highland 2011 Overprovision Report

Appendix 4 – List of premises per multimember ward licensed purely for off-sales (with capacities)

Appendix 5 – Analysis of all pure off-sales in Highland: numbers and capacities per multimember ward and population

Appendix 6 – Analysis of off-sales capacities: multiple grocery stores only.

Assessment of the over provision of licensed premises in the Highland Council area

Submitted by the Public Health Department, NHS Highland, August 2013

1. Situation

This paper provides background information and recommendations to inform the Licensing Board's development of a statement on the overprovision of alcohol sales capacity in the Highland Council area in accordance with section 7 of the Licensing (Scotland) Act 2005.

This paper builds on the first paper submitted to the Licensing Board in 2011 entitled '*Preparation of Overprovision Statement under Section 7 of the Licensing(Scotland) Act 2005*¹'. It also makes reference to a paper currently in the public domain published at the same time as Highland's Council draft consultation entitled '*Is there Evidence of Possible Overprovision in Highland?*²' See link below.

<http://www.highland.gov.uk/businessinformation/licensing/>

This paper assesses:

- Information on alcohol related health harm in the Highland Council area
 - An overview of health harm attributable to alcohol
 - Multimember ward level information on health harm attributable to alcohol
- Population access to off-sales and on-sales licensed premises
- Crime and house fire data
- Views of the public

Section 4 makes recommendations for the Licensing Board to consider in preparation of the statement on alcohol overprovision.

In addition a short documentary is available providing expert opinion from a number of sources. These views have been gathered from those personally affected by alcohol and by professionals involved in public health and service delivery.

2. Background

The Licensing (Scotland) Act 2005 (Scottish Government 2005)³ has five central objectives:

- Preventing crime and disorder
- Securing public safety
- Preventing public nuisance
- Protecting and improving public health
- Protecting children from harm.

The Act stipulates that each Licensing Board must publish a statement of its policy with respect to the exercise of the Board’s functions under the Act, in advance of each three-year period.

2.1 The cost of alcohol harm in Highland

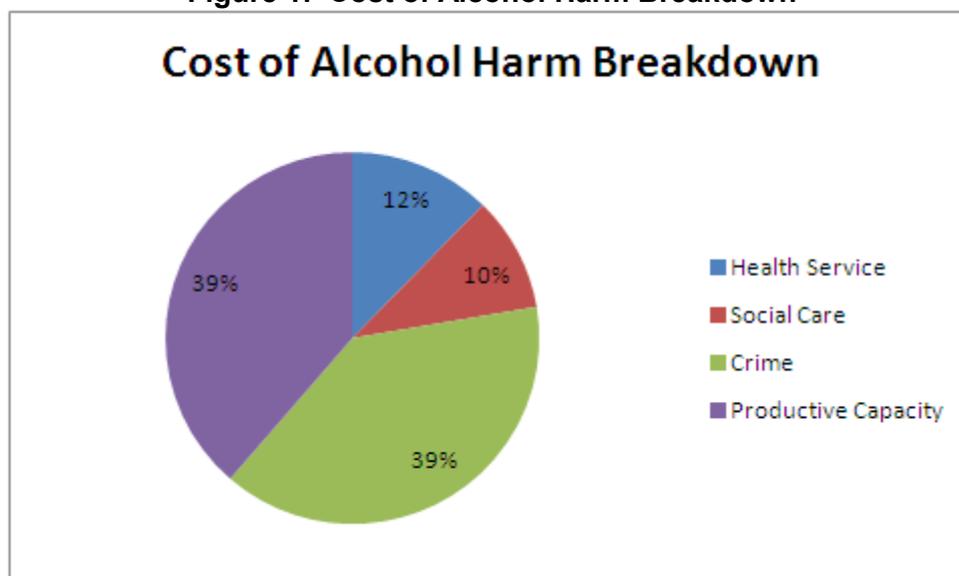
The following Table 1 and Figure 1 show the breakdown of social care and productive capacity costs for Highland as a result of harm caused by alcohol for the year 2010/11⁴. The Highland total is approximately £85 million and this equates per head of population to £383; in comparison the Scotland figure is slightly higher at £396 per head. This does not include wider social costs that estimate the value of non-paid work and intangible social costs associated with people who experience premature mortality from alcohol-related diseases.

Table 1: Cost of Alcohol Harm Breakdown 2007

Cost of Alcohol Harm Breakdown	Millions	Percentage
Health Service	10.40	12
Social Care	8.51	10
Crime	33.11	39
Productive Capacity	32.83	39
Total	84.85	100%

(Source: Alcohol Focus 2010/11⁴)

Figure 1: Cost of Alcohol Harm Breakdown



Source: Alcohol Focus 2010/11⁴

2.2: Problems related to alcohol

Alcohol is an important part of Highland life. Whisky production and associated businesses provides work for thousands of people and brings money into the Highland economy. It can also make a positive contribution to an individual’s mental, and social health, and wellbeing

when used sensibly. Similarly, for communities it can make a positive contribution to social interactions and gatherings.

Alcohol, if not used sensibly, has great potential to cause harm leading the way to negative social, physical and mental health problems including:

Harm - health

- Death
- Acute poisoning and intoxication
- Falls and injuries
- Long term conditions
- Sexual abuse, sexually transmitted diseases and unwanted pregnancies

Societal

- *Crime
- Domestic violence
- Employment issues
- **House fires
- Relationship issues
- Road accidents
- Violence

The list shows that alcohol causes harm beyond the physical and psychological health of the drinker and can impact on the health and wellbeing of people around them.

Alcohol carries a significant risk of dependence and is characterised by the individual not being able to control their drinking and this affecting their social interactions, employment and recreational activities. A European study⁵ estimated that 9.3% of men and 3.6% of women in England were alcohol dependant. Although figures are not given for Scotland prevalence can be estimated for the Highland area. This has been calculated as 11,400 males and 4,640 females aged 18 and over. These figures are probably an underestimate as alcohol sales and prevalence of health harm is higher in Scotland.

***Crime**

Police data shows that between April and November 2012 67530 incidents were logged and out of these 11.6% or 7825 were recorded as alcohol related. When the incidents involving alcohol are broken down into premises types the top three were the categories of Public Place/Rd/Street 40%, Dwelling House 37% and Licensed Premises 5%. Although listed third in Table 2 the incidents associated with licensed premises total less than 5%.

Table 2: Incidents Involving Alcohol by Premise Type April to November 2012

Location	Percentage	Total
Public Place/Rd/Street	40.7	3185
Dwelling House	38.1	2983
Licensed Premises	4.9	391
Shop/Office	3.2	256
Guest House/Hotel	2.0	159
Hospital including medical premises	1.3	104
Police	1.2	101

Residential Establishments	7.1	56
Leisure/Sporting Premises	0.5	42
No information	7.0	548
Total	100%	7825

Source: Police Scotland Highlands and Islands Division 2012⁶

The police beats come out with the highest number of incidents involving alcohol correlate with the most deprived areas in the Highlands. The most common beats where these incidents occur are:

- Inverness Centre
- Inverness West – Merkinch
- Fort William
- Nairn
- Alness
- Dingwall
- Inverness West – Ness
- Wick

****House Fires**

In 2011/12 to date there have been 7 alcohol-related dwelling fires in Highland. This compares to 11 in 2010/11 and 6 in 2009/10. From 2009 to March 2012 there has been one recorded fire fatality from alcohol related dwelling fires. This occurred in Lochaber in 2011/12. It is difficult to interpret these figures because of the small numbers and differing populations covered in each area.

Table 3: Alcohol Related Dwelling Fires

Area	2009/10	2010/11	2011/12	Total
Caithness	1	1	2	4
Easter Ross	0	4	0	4
Inverness & Nairn	4	6	1	11
Lochaber	1	0	0	1
Skye & Lochalsh	0	0	2	2
Sutherland	0	0	1	1
Badenoch & Strathspey	0	0	1	1
Wester Ross	0	0	0	0
Total	6	11	7	24

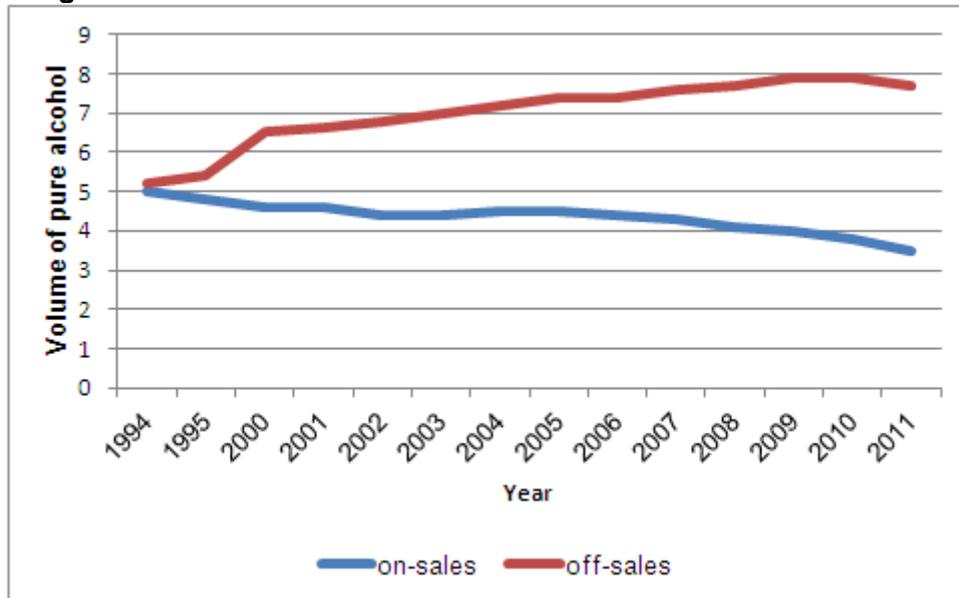
Source: Highland & Islands Fire and Rescue Service 2009-2012⁷

2.3 Alcohol Sales

Although specific sales data is not available for Highland trends for Scotland are available and it is likely that off-license and on-licensed sales will be very similar. In Scotland, the volume of pure alcohol sold per adult through the on-trade decreased by 30% from 5.0L in 1994 to 3.5L in 2011, whereas off-trade sales increased by 48% over the same time period,

from 5.2L in 1994 to 7.7L in 2011. It is estimated that about two-thirds (69%) of all pure alcohol sold in Scotland in 2011 was sold through the off-trade.

Figure 2: Trends in Alcohol Sales in Scotland for on and off sales



Source: NHS Health Scotland 2012⁸

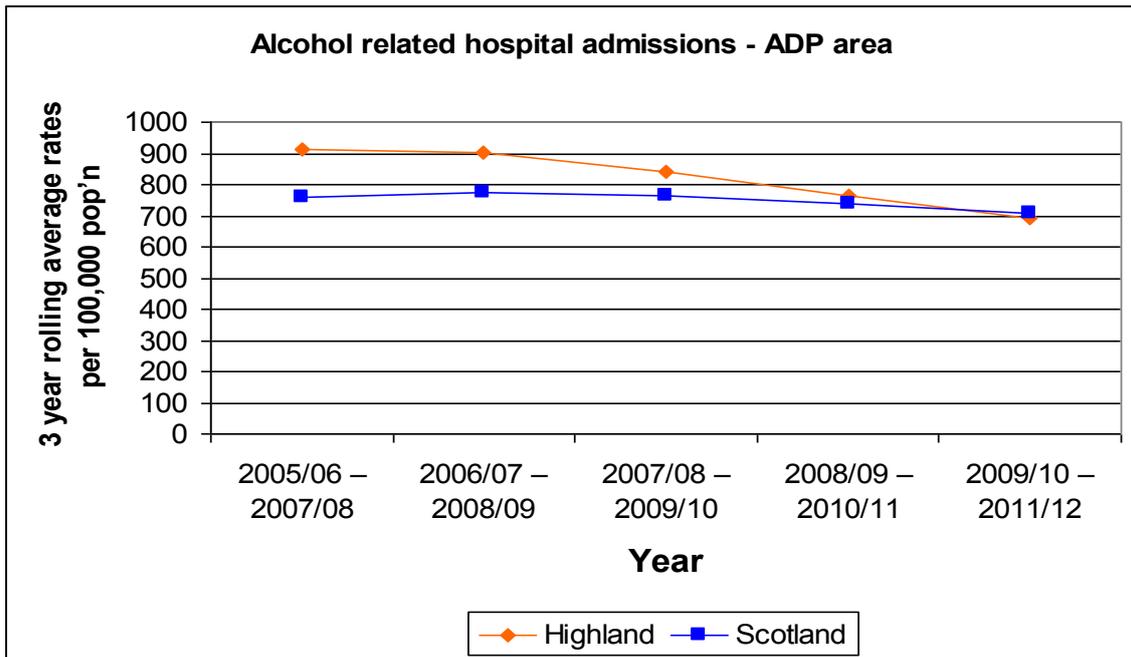
3. Assessment

The following indicators have been included because these data are collected nationally and show changes over time and comparisons to the Scottish average.

3.1 Alcohol Related Hospital Admissions

Highland Alcohol and Drugs Partnership (ADP) area and Scotland both have a decreasing rate per 100,000 population of alcohol related hospital admissions. Highland ADP area remained above the national rate until 2011/12 where it fell just below. Although this downward trend is good news drinking levels still remain dangerously high for many people who live in Highland.

Figure 3: Alcohol Related Hospital Admissions – Highland Council and Scotland



Source: ISD, SMR01 (Mar 2013)⁹ Admissions from non-obstetric and non-psychiatric hospitals

Table 4: General acute inpatient and day care discharges with alcohol-related diagnosis in any position. 3 year rolling average rates per 100,000 population

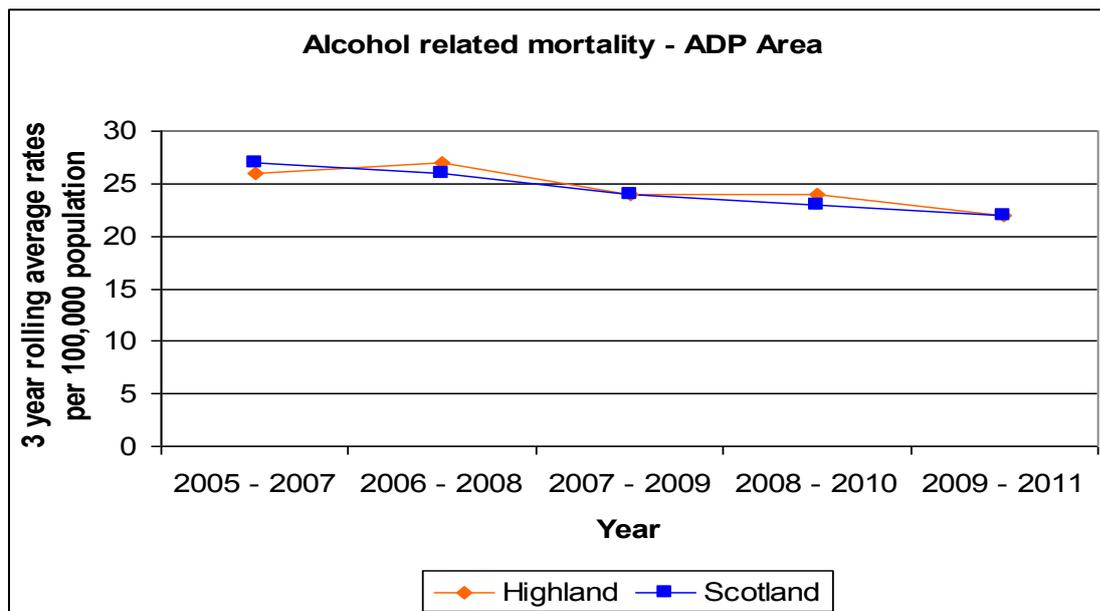
ADP	2005/06 – 2007/08	2006/07 – 2008/09	2007/08 – 2009/10	2008/09 – 2010/11	2009/10 – 2011/12
Highland	913	903	840	763	690
Scotland	758	776	766	736	710

Source: ISD, SMR01 (Mar 2013)⁹

3.2: Alcohol Related Mortality

Highland ADP area and Scotland have had an almost identical rate of alcohol deaths since 2005 showing an encouraging downward trend.

Figure 4: Alcohol Related Mortality by ADP area



Source: ISD 2013¹⁰

Table 5: Alcohol related deaths (underlying cause); Calendar years 2005 - 2011, 3 year rolling average rates per 100,000 population

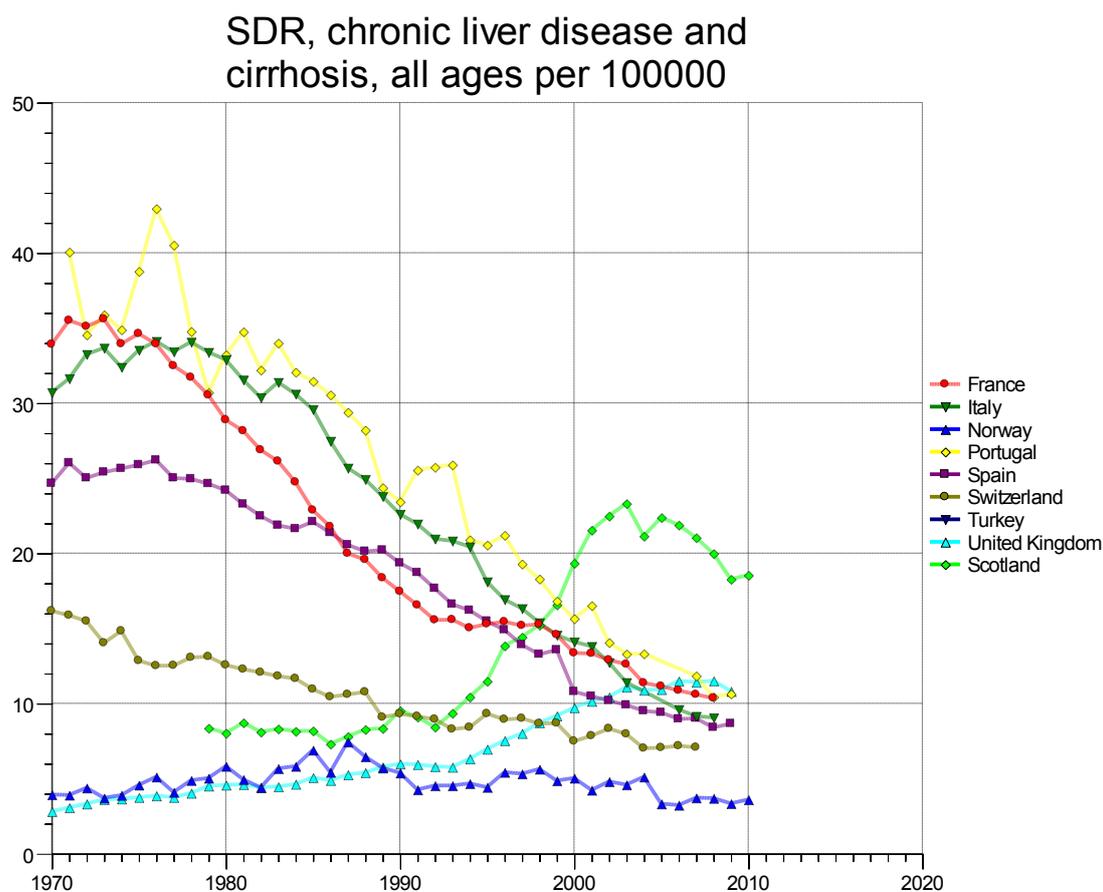
ADP	2005 - 2007	2006 - 2008	2007 - 2009	2008 - 2010	2009 - 2011
Highland	26	27	24	24	22
Scotland	27	26	24	23	22

Source: ISD 2013¹⁰

3.3: Scotland in Comparison to Europe

The recent downward trend for alcohol related deaths and mortality rates for Scotland is encouraging but in comparison to Europe the impact of alcohol remains of concern. Figure 5 shows the Standardised Death Rate for selected alcohol related causes per 10,000 population; Scotland has the highest SDR of these selected countries and between 1995 and 2000 showed an upward trend¹¹. It is also of note that Scotland is higher than the UK figure. See Table 6.

Figure 5: Standardised chronic liver disease and cirrhosis, all ages per 10,000



Source: ScotPHO¹¹

Table 6: SDR Selected Alcohol Related Causes

Country/SDR per 10,000 popn	Scotland	United Kingdom	France	Italy
2001	82.47	51.94	82.15	53.5
Latest data	70.65 (2009)	50.4 (2010)	65.68 (2008)	40.46 (2008)

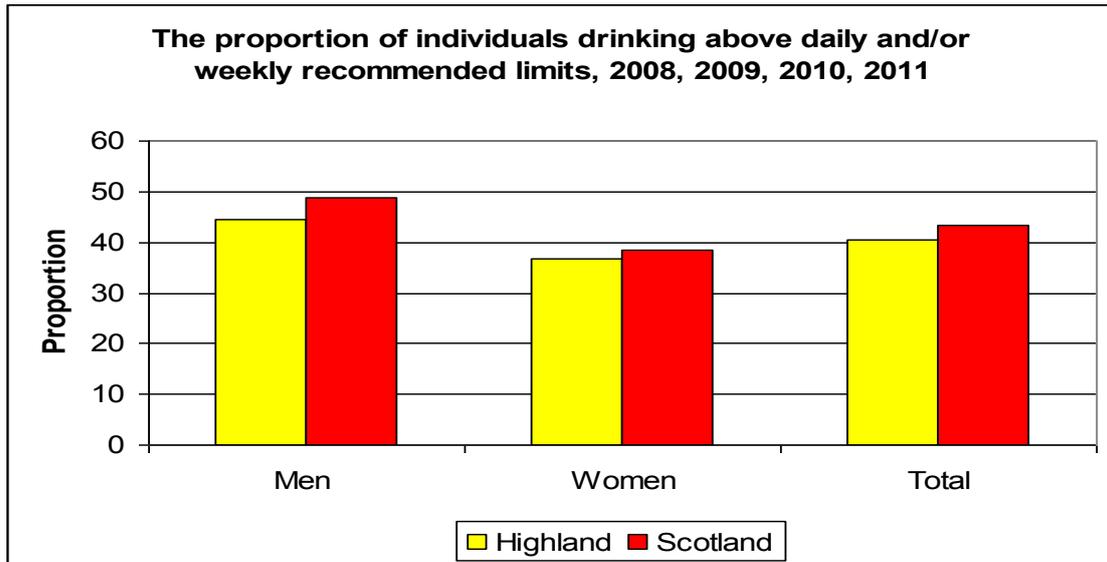
Source: ScotPHO¹¹

3.4: Alcohol related behaviours

3.3.1: Population exceeding weekly and/or daily limits

An indicator has been agreed to measure the population exceeding weekly and/or daily recommended limits. It is as follows: *if an individual drank more than 4 units (men) or 3 units (women) on heaviest drinking day, and/or drank more than 21 units (men) or 14 units (women) in a usual week*. Figures for 2008 to 2011 for the Highland area show 44.5% of men and 36.7% of women drink over the recommended levels that are slightly below the Scottish average¹² but not statistically significant. See Table 7.

Figure 6: The proportion of individuals drinking above daily and/or weekly recommended levels 2008-2011 combined



Source: Scottish Health Survey (2008-11)¹²

Table 7: The proportion of individuals drinking above daily and/or weekly recommended limits, 2008, 2009, 2010, 2011: Aged 16 and over (Figures based on all survey respondents) NHS Board

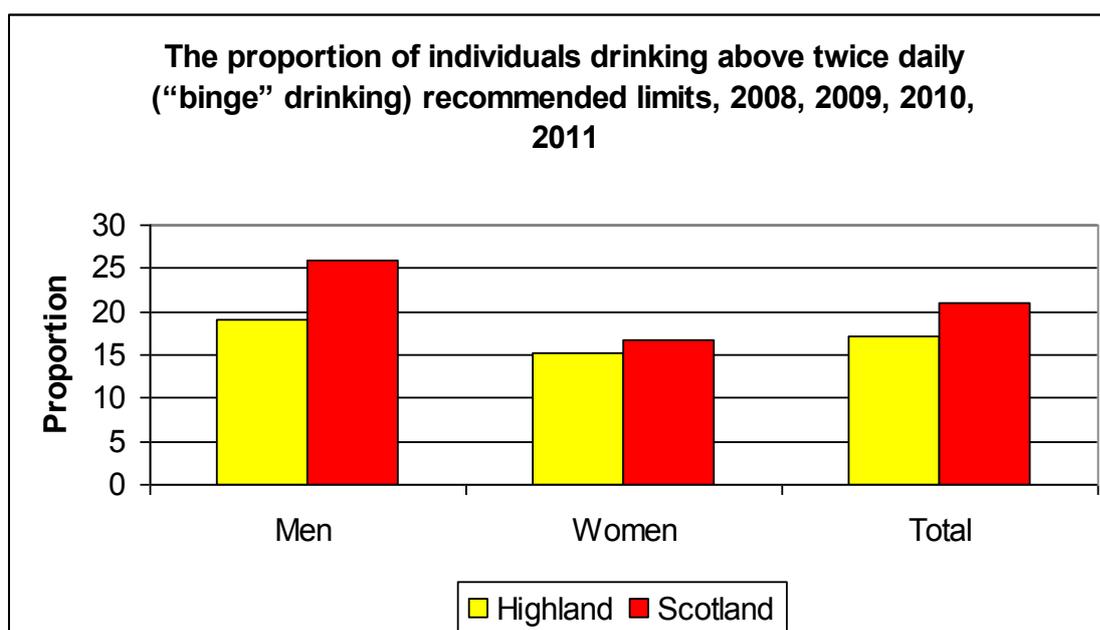
NHS Board	Men	Women	Total
Highland	44.5	36.8	40.5
Scotland	48.7	38.6	43.4

Source: Scottish Health Survey (2008-11)¹²

3.4.2: Proportion of individuals drinking above twice daily recommendations

The indicator for drinking above twice the daily recommendations was drinking greater than 6 units on one occasion for women and greater than 8 units for men. More men than women drank above twice the daily recommendation¹³. The difference between the Highland figure 19.1 and the Scotland figure 26, for men, is statistically significant.

**Figure 7: Proportion of individuals drinking above twice daily recommendations
Combined data 2008 to 2011**



Source: Scottish Health Survey (2008-11)¹³

Table 8: The proportion of individuals drinking above twice daily ("binge" drinking) recommended limits, 2008, 2009, 2010, 2011: Aged 16 and over and current drinker

NHS Board	Men	Women	Total
Highland	19.1	15.2	17.1
Scotland	26.0	16.7	21.1

Source: Scottish Health Survey (2008-11)¹³

3.5: Highland Council – multi member wards

For the purposes of planning and licensing, it is necessary for the Licensing Board to be able to consider the health picture in local areas rather than across the whole council area. When breaking data down to look at very small areas, it can be difficult to interpret the numbers generated due to the small populations or the small numbers of people affected. This is particularly the case for the Highland council area due to the remote and rural nature of its territory. The information in this section of the report is presented at multimember ward level which is large enough to make valid comparisons between places but also small enough to provide locally relevant information.

The data on health related harm is produced by the Scottish Public Health Observatory and illustrates the numbers and rates of people admitted to hospital where their condition is directly or largely attributable to the effects of alcohol. This includes both short term health effects of intoxication and alcohol poisoning and longer term effects on health such as damage to the liver. The figure also includes the fraction of people in

whom alcohol contributed to the development of their health condition including heart attacks, stroke and some types of cancer. As the data is of hospitalisations only, it does not reflect people who were not admitted to hospital, for example those who consulted their GP with an alcohol related problem. It also does not include information from psychiatric and psychological services. It is therefore a significant underestimation of the true picture of health harm as a result of alcohol.

Table 9: Rates of hospitalisation for alcohol related conditions presented by multimember ward for the period between 2007 and 2009¹

Ward Name	Rate of Hospitalisation per 100,000
Aird and Loch Ness	1092.4
Badenoch and Strathspey	1054.7
Black Isle	877.4
Caol and Mallaig	1715.2
Cromarty Firth	1493.7
Culloden and Ardersier	1066.9
Dingwall and Seaforth	1274.7
East Sutherland and Edderton	1137.3
Eilean a' Chèo	1637.3
Fort William and Ardnamurchan	1708.8
Inverness Central	2484.8
Inverness Millburn	1395.6
Inverness Ness-Side	1348.9
Inverness South	1022.8
Inverness West	1521.5
Landward Caithness	1280.1
Nairn	1109.8
North, West and Central Sutherland	1236.9
Tain and Easter Ross	1196.7
Thurso	1475.7
Wester Ross, Strathpeffer and Lochalsh	1189.3
Wick	2143.1

Source: Directorate of Public Health¹

The Scottish average rate for this period is 1088 hospitalisations per 100,000 people in the population. The majority of the multimember wards show rates statistically significantly above the low standard of the Scottish average. These areas are coloured in green in Table 9. Only one multimember ward area, the Black Isle has a directly standardised rate of hospitalisation significantly lower than the Scottish average.

3.6: Population Access to licensed locations: 10 minute walk time and 10 minute drive time

Alcohol availability has been shown in research to have a strong influence on alcohol use and a recent systematic review identified studies that showed significant positive relationships between the density of outlets and levels of violence, alcohol related traffic accidents, self-reported injuries and suicide, sexually-transmitted disease and child abuse or neglect¹⁴. While the nature of the association is contested, the authors conclude that there is sufficient evidence to indicate drinking-related harm associated with increased outlet density.

The postcodes of the alcohol licensed locations in conjunction with unit postcode population data available from the Community Health Index (CHI) at October 2012 to undertake a network analysis in a Geographical Information System. This allowed the calculation of the number of licensed outlets accessible from every postcode in Highland with A CHI population. The access extents were defined by ten minute drive time and a ten minute walk time.

Table 10: Percentage of Highland population within 10 minutes drive and walk times of an alcohol licensed outlet by Licensing Board

All licensed locations	Highland	North	Mid & West	East
10 minutes drive	93.8	94.1	90.4	95.6
10 minutes walk	65.6	65.5	57.7	70.7
Off licenses				
10 minutes drive	90.4	91.1	83.8	94.1
10 minutes walk	53.6	55.1	41.9	60.0

Source: Directorate of Public Health and Policy (2013)¹⁵

Table 10 shows that 94% of the population of Highland are within a 10 minute drive time and 66% are within a 10 minute walk time of a licensed location. For off-licenses only the percentage falls slightly to 90% of the population being within a 10 minute drive time and 54% being within a 10 minute walk time. There are variations within Licensing Board areas for example access is highest in the East and lowest in the Mid and West areas.

3.7: Views of the Public

Two surveys were undertaken to provide public opinion about alcohol provision and overprovision in Highland. The data was collected by using the on-line survey monkey tool

and through a participatory appraisal technique. These methods were chosen to add another dimension to the discussion about alcohol overprovision in addition to quantitative data. It is not possible to report all the findings here and separate reports are posted on Scotland's Alcohol Focus website¹⁶ and available from the HADP.

<http://www.alcohol-focus-scotland.org.uk/licensing-policy-and-practice>

See Appendix one for a summary of the main findings.

Participatory Appraisal - Key results

Question 1: "Alcohol is part of Highland life. Do you agree or disagree with this statement?"

The first question on the Participatory Appraisal asked, "Alcohol is part of Highland life. Do you agree or disagree with this statement?" Figure 8 indicates that 80% (470) of people agreed. When broken down by gender both males 82% (218) and females 79% (252) were mostly in agreement with this statement.

Figure 8: "Alcohol is part of Highland life. Do you agree or disagree with this statement?" (n = 584)

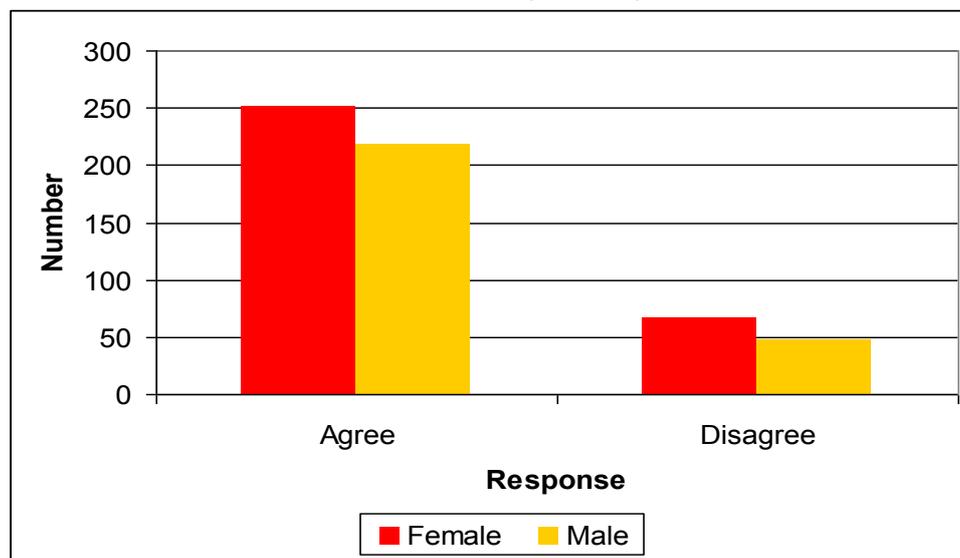
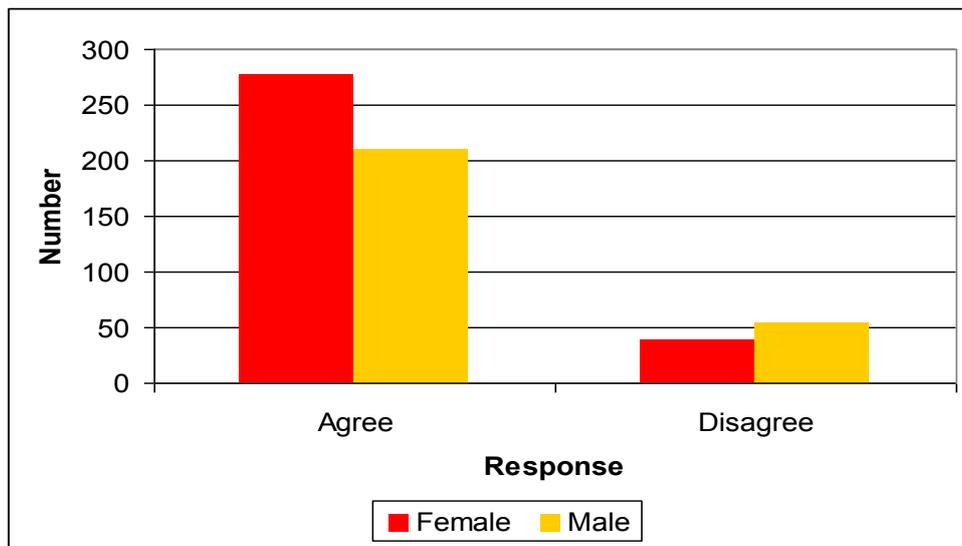


Figure 8 shows how strongly people agreed with the statement (10 being most strongly agree). The majority chose "10", 26% (121) or "8", 24% (111) which indicates there was a very strong agreement to the statement. When the highest three scores (8, 9 and 10) are added together a cumulative 80% strongly agreed.

Question 2: “There are enough places selling alcohol in the area where you live. Do you agree or disagree with this statement?”

The second question on the Participatory Appraisal asked, “There are enough places selling alcohol in the area where you live. Do you agree or disagree with this statement?” 84% (487) agreed with this statement, 48% females (277) and 36% males (210) (Figure 15.)

Figure 9: “There are enough places selling alcohol in the area where you live. Do you agree or disagree with this statement?” (n = 579)

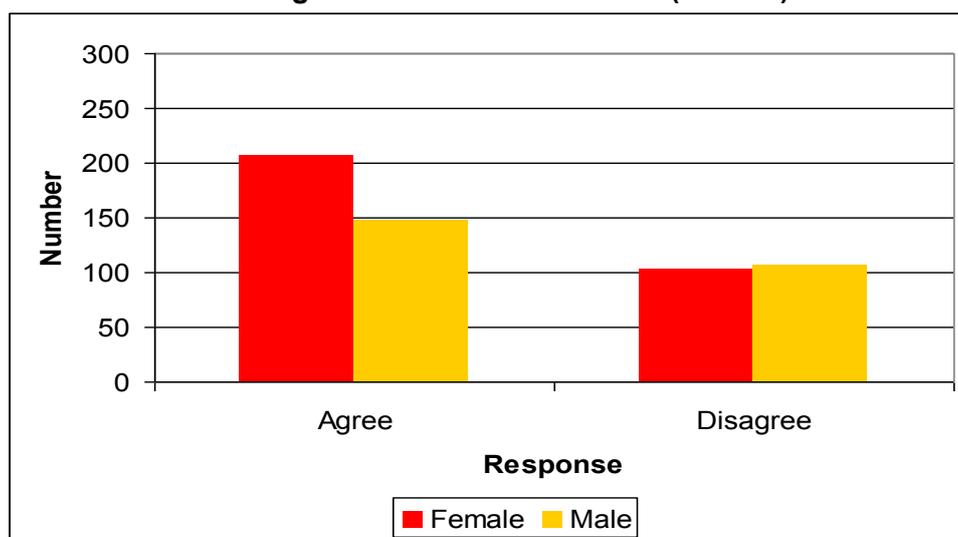


When asked how strongly they agreed the vast majority, 40%, chose the strongest score of 10 (198). Only 1% (7) people chose a low level of agreement (a score of 1-4). This indicates that the majority of respondents feel there are enough places selling alcohol in the area where they live (Figure 9) When the highest three scores (8, 9 and 10) are added together it shows that 71% strongly agreed that there are enough places selling alcohol in the area where they live.

Question 3: “When more alcohol is available people tend to drink more. Do you agree or disagree with this statement?”

The final question in the Participatory Appraisal asked, “When more alcohol is available people tend to drink more. Do you agree or disagree with this statement?” 63% (355) of respondents agreed with this statement (Figure 10.)

Figure 10: “When more alcohol is available people tend to drink more. Do you agree or disagree with this statement?” (n = 565)



The majority of those who agreed with this statement, when asked about strength of feeling gave it a high score (Figure 10). Again, 10 was the strongest level of agreement. Most people scored 8, 23% (84) followed by 22% scoring 10 (77). When the highest three scores (8, 9 and 10) are added together it shows that over half of respondents (56%) strongly agreed that when more alcohol is available people will drink more.

4: Summary and Recommendations

In developing this report it is recognised that alcohol has an important place in Highland culture and contributes significantly to the economy. The two recommendations are intended to tackle the overprovision of alcohol and to reduce alcohol related harm.

The levels of alcohol related health harm in the Highland Council area remain of concern even though in recent years there is a slight downward trend in some of the data such as mortality and hospital admissions. Standardised Death Rates (SDR), comparing Scotland and selected European countries, show that Scotland has one of the highest SDR for chronic liver disease. It is estimated in Highland there are 11,400 males and 4640 females aged 18 and over who are alcohol dependant. As stated previously these figures are probably an underestimate as alcohol sales and prevalence of health harm is higher in Scotland.

The cost of alcohol harm has been estimated in Highland to be £383 per head of population (Scotland is £396) and includes health and social care costs, crime and productive capacity.

The 40.5% of the Highland population exceeding weekly and/or daily drinking limits and the 17.1% of individuals drinking double or more than above twice the daily recommended limit remains of grave concern. Variations in rates of hospitalisation for alcohol related conditions are found at multi-member ward level and should be considered as part of developing the policy statement.

The impact of the downward trend of on-sales and upward trend of off-sales should be considered as part of developing the policy statement. Furthermore the report provides evidence of the population's ease of access to alcohol because over 90% of the population of Highland are within a ten minute drive time of a licensed premise.

The results from the two public surveys indicate that the public are aware of the harmful drinking culture; concerned about the impact of alcohol on children; and confirmed the social trend of buying alcohol from off-sales premises. The public also cited the role of licensing in controlling the supply of alcohol.

There have been a number of challenges in assessing the various data sources because of differences in geographical areas, small data sets and a limited number of time trends. For future analyses this can be improved by agreeing data sets, recording data over time and improved data sharing. The Highland Alcohol and Drugs Partnership from July 2013 manages an agreed set of indicators that will help with future analysis.

Recommendations

The Licensing Board accepts the information provided within this assessment when formulating the Licensing Policy.

Option 1

The Licensing Board should consider in relation to off-sales the overall supply of alcohol in Highland as well as individual premises and agree that the current supply is sufficient. To limit the supply, no more off-sales licenses are agreed, where the sales capacity is 40 square meters and over (or such other square meters as the LB considers appropriate).

Key Evidence

- Standardised mortality rates for Scotland in comparison to European rates (Table 5)
- Alcohol related hospital admission rates and alcohol related mortality (Table 4&5)
- Increased supply of alcohol through off-sales (Figure 2)

- Overall cost to Highland of alcohol related harm is estimated as £383.00 per head (2.1)
- Highland patterns of harmful drinking (Table 7 & 8)
- 79% of alcohol related incidents recorded by the police take place in a 'public place/road/street' and 'dwelling house' , not on licensed premises (Table 2)
- Population access to alcohol licensed premises; 10 minute drive time and walk time (Table 9)
- Public opinion suggesting a willingness to accept a change to licensing practice (3.7)

This is the NHS preferred option.

Option 2

The Licensing Board should consider in relation to off-sales the evidence of health harm based on the 2011 report² where specific multi-member wards are above the Scottish average. To limit the supply, no more off-sales licenses are agreed, where the sales capacity is 40 square meters and over (or such other square meters as the LB considers appropriate).

This relates to the following wards: Caol and Morag; Cromarty Firth; Dingwall and Seaforth; Eilean a'Cheo; Fort William and Archnamurchan; Inverness Central; Inverness Milburn; Inverness Ness-Side; Inverness West; Landward Caithness; Thurso and Wick.

Key Evidence

- Rates of hospitalisation for alcohol related conditions based on the report submitted by Public Health Directorate 2011 (Table 9)
- Alignment to police data (2.2 Crime)
- As option 1

Finally, the Licensing Board agrees to receive future reports on the impact of alcohol harm as the data sources continue to be developed.

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Appendix 1

A Survey Monkey (SM) style questionnaire of 15 questions was posted on the Highland Council and NHS Highland websites and sent out through ADP networks during February 2013. 420 people responded to this questionnaire.

A Participatory Appraisal (PA) tool was devised (for adults) and the data was collected by trained volunteers co-ordinated by the Highland Interface. The local ADP groups also helped collect the data. Over 600 responses were collected through this technique during February and March 2013.

Both tools focused on off-sales access, availability and affordability. Respondents were not asked about personal drinking habits.

Results of the survey and participatory appraisal

There was close alignment between the findings of both surveys.

SM: 76% (316) of off-sales alcohol was purchased most frequently from the supermarket

PA: 58% (350) of off-sales alcohol was purchased most frequently from a supermarket

SM: 62% (256) of respondents travelled for less than 15 minutes to purchase alcohol.

PA: 49% (194) of respondents travelled less than 5 minutes to purchase alcohol. If travel time is increased to less than 15 minutes the percentage goes up to 71%

PA: 80% (470) of respondents agreed that alcohol was part of Highland life.

(SM; No equivalent question.)

SM: 75% (299) respondents agreed there were either 'about right' or 'too many' places selling alcohol in the area they lived.

PA: 84% (487) of respondents agreed that there were enough places selling alcohol in the area where they lived

PA: 63% (355) of respondents agreed that when more alcohol was available people tend to drink more.

(SM: No equivalent question).

PA: 64% (256) of respondents said they were influenced by alcohol type/brand promotions. Furthermore 37% (146) reported that the amount of alcohol they purchased was influenced by promotions and offers.

(SM: No equivalent question).

SM: Overwhelmingly, when asked to select which premises should not be selling alcohol, respondents selected 'garages/petrol stations' 93% (256). Supermarkets were selected by 11% (27) of the respondents.

(PA: No equivalent question).

PA: Comfort/relaxation/socialising 80% (319) followed by price 62% (249) were reported to be the main reason why people drank at home rather than a licensed premise.

(SM: No equivalent question)

Children and the control of alcohol.

One question was dedicated to the issue of children and the control of alcohol (SM) and was entirely free text. Key issues such as the normalisation of alcohol alongside everyday products and the importance of parents being role models were raised. Solutions varied

from parents being seen as role models by drinking sensibly and alcohol being banned in the home where there were children.

Questions relating to what the public would like to change

There were many thoughtful and meaningful suggestions in response to questions about what the public would like to change. There were a polarisation of views and opinions such as further liberalisation of alcohol versus further licensing restrictions. The role of licensing was raised particularly in relation to the statement 'is there enough places selling alcohol in the area where you live'. The respondents saw licensing an important control measure in these circumstances. Most comments about education related to changing the drinking habits of younger people.

Participatory Appraisal Questions

It is not practical to include all the survey data. Here are the three key questions asked in the participatory appraisal:



DATE

Your Ref:

Our Ref:

Ms Susan Blease
Deputy Clerk to the Highland Licensing Board
The Highland Council
Council Offices
High Street
Dingwall
IV15 9QN

Divisional Co-ordination Unit
Highland and Islands Division
Police HQ
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01463 720817

roddy.nicolson@scotland.pnn.police.uk

Dear Ms Blease

LICENSING (SCOTLAND) ACT 2005 OVERPROVISION ASSESSMENT CONSULTATION

I refer to the above and submit the following information.

To assist with this process the following crime and incident data has been compiled from Crime & Incident Figures Relating to Alcohol, Highland Area Command^{1st} April 2012 to 30th November 2012.

Currently there are approximately 1212 licences in the Highland area, which breaks down to:

- 313 off-sales
- 899 on-sales

To create this report the following data has been examined:

- All alcohol related incidents in Highland by beat area
- All alcohol defined crimes (crimes of drunkenness)
- SIMD 2012
- Data from the Health Intelligence and Knowledge Team NHS Highland

The period covered is **1st April 2012 to 30th November 2012.**

Report Constraints

A breakdown of the locations of licensed premises has not been provided therefore no mapping of licence provision in Highland has been provided within this report.

Recording constraints with regards to the geocoding of the locations of incidents have meant that crime mapping is not available. The data is not recorded at datazone level, therefore the results returned in this report are broken down by beat area.

SIMD 2012

The SIMD crime domain measures the rate of selected crime at small area level. It is based on six indicators of broad crime types, chosen partly on the basis of the relevance of their impact on the local neighbourhood and partly on the availability of data.

The six indicators are:

- **Recorded Crimes of Violence**
- **Recorded Sexual Offences**
- **Recorded Domestic Housebreaking**
- **Recorded Vandalism**
- **Recorded Drugs Offences**
- **Recorded Common Assault**

The top data zones in the Crime domain for the Highlands are shown in the following table:

Data Zone Name	Data Zone Reference	Overall Rank in Highland in 2012
Inverness Central & Longman	S01003853	3
Wick Pultneytown South	S01003977	48
Inverness Merkinch North	S01003860	51
Wick	S01003984	74
Fort William	S01003731	91
Loch Ness/Drumnadrochit	S01003758	101
Inverness Crown and Haugh	S01003815	105
Wick South	S01003978	160
Thurso West	S01004007	174
Dingwall	S01003907	183
Inverness Merkinch	S01003849	188
Inverness Merkinch	S01003855	206
Inverness Hilton	S01003793	221
Alness	S01003922	232
Invergordon	S01003920	258
Inverness Muirtown	S01003824	263
Thurso East	S01004002	265

There are 17 data zones in the Highlands which are in the most deprived 15% in Scotland and these are shown in the following table:

Data Zone Name	Data Zone Reference	Rank in Highland 2012	Rank in Scotland 2012	% in Highland 2012	% in Scotland 2012	Population
Inverness Merkinch North	S01003860	1	32	5%	5%	709
Inverness South Kessock	S01003862	2	107			694
Wick Pultneytown South	S01003977	3	288			481

Inverness Merkinch East	S01003849	4	298		920
Invergordon Strath Avenue	S01003924	5	375		496
Wick Hillhead North	S01003985	6	404		661
Inverness Central & Longman	S01003853	7	479	10%	1052
Inverness Merkinch South	S01003855	8	519		855
Wick South	S01003976	9	578		725
Alness Kirkside	S01003926	10	686		639
Inverness Hilton West	S01003796	11	796		638
Seaboard South	S01003937	12	797		754
Inverness Merkinch Telford	S01003845	13	821		1000
Dingwall Central	S01003907	14	867		752
Wick South Head	S01003978	15	918		507
Inverness Raigmore North	S01003839	16	949		631
Alness Teaninich	S01003922	17	970	10%	906
					Total = 12420

The data zones in the above table are common with the beats contained within this report which are connected to alcohol related crimes and incidents.

Consultation with NHS Highland

The NHS Health Intelligence and Knowledge Team have carried out their own research into alcohol related illnesses and how they affect NHS Highland.

General acute inpatient and day case discharges:

- Over the 5 year period 2006-07 to 2010-11, there has been a 19% decrease in the rate of alcohol-related discharges in NHS Highland. This compares with a 6% reduction nationally. Rates in NHS Highland are currently very similar to those reported for the whole of Scotland.
- The decrease could be connected to the change in the pattern of psychiatric inpatient care in recent years with more care now being provided in the community setting in NHS Highland. This has resulted in a reduction in alcohol-related psychiatric discharges, however, one in five of all discharges in psychiatric specialties have a diagnosis directly related to alcohol.
- There are differences in alcohol related diagnoses with age. Alcohol intoxication and toxic effects of alcohol are more frequently recorded in the hospital care of those in younger age groups, while liver disease, psychoses and dependence are more frequently recorded in those in the older age groups.
- In 2011-12, the rate of alcohol-related discharges from general acute hospitals was 5 times greater from patients living in the most deprived twenty percent of areas in NHS Highland compared to those living in the least deprived twenty percent. However it is worthy of note that this is a consequence of conditions that often arise from years of alcohol-related chronic illness. These years are often associated with downward social mobility as chronic drinking results in the dislocation of work and family functions, loss of employment and new living arrangements are common outcomes and there is frequently a requirement for new housing and this accommodation is often necessarily found in the most deprived areas. This pattern reflects the burden of disease resulting from long-term alcohol misuse.
- In NHS Highland hospitals, 40 beds on average are occupied every day by patients with a diagnosis directly attributable to alcohol.

Alcohol Related Deaths:

- In 2011 there were 53 alcohol related deaths in Highland.

- In recent years there has been a fall in the number of male alcohol related deaths recorded in Highland and Scotland.
- Nationally there has been a small reduction in female alcohol-related mortality rates whereas the comparable rates for females in Highland have been static since 2006.
- Mortality from chronic liver disease (including cirrhosis) is higher for men and women aged 15-74 years in Scotland than of those in England and Wales.
- Alcohol related mortality rates in men in Highland and Scotland are over twice as high as those of women.

Alcohol related incidents

Research has been carried out of all incidents logged in Northern Constabulary's Incident Logging system which are marked as alcohol related.

Between April and November 2012, 67,530 incidents were logged. Out of these incidents 7,825 were marked as having Alcohol involved.

The percentage of incidents involving alcohol over this period is 11.6%.

The most common Incident Subject Types that involve alcohol over this period are:

Subject Description	Total
BREACH OF THE PEACE	1242
DRUNK PERSON	1068
ASSAULT	604
DOMESTIC INCIDENT	576
NOISE – NEIGHBOUR	444
MEDICAL SERVICES	349
CONCERN FOR PERSON	345
NOISE OTHER	329
ADVISORY CALL	298
DRINK DRIVING	268
VANDALISM (DELIBERATE DAMAGE)	260
THEFT - NOT HB/OLP/VEHICLE	190
DRUGS	135
OTHER CRIME	109
SHOPLIFTING	109
CHILDREN/YOUTHS (INCL C&YP)	93

The percentage of Violent/Disorder incidents which involve alcohol are 44.6%, which is nearly half of all logged incidents involving alcohol.

When these incidents are broken down into Beat areas, Inverness Centre, Inverness West Merkinch, Fort William, Nairn and Alness are some of the beats which have the highest number of incidents involving alcohol. The following table provides figures for the beats with incidents involving alcohol from April to November 2012.

BEAT	Total
INVERNESS CENTRE	1118
INV WEST – MERKINCH	659
FORT WILLIAM	454

BEAT	Total
INV EAST - DRAKIES	34
CASTLETOWN	31
GLENCOE	31

NAIRN	368	DRUMNADROCHIT	29
ALNESS	357	FORT AUGUSTUS	28
DINGWALL	316	STRATHPEFFER	28
INV WEST – NESS	301	DORNOCH	27
WICK	289	GAIRLOCH	27
THURSO	247	MALLAIG	27
INV WEST – DALNEIGH	245	EVANTON	25
INV EAST - HILTON/MILTON	237	BANAVIE	24
TAIN	211	BALLOCH	23
INVERGORDON	209	NORTH KESSOCK	23
AVIEMORE	200	NEWTONMORE	20
INV EAST - CROWN	188	UIG	18
INV EAST - RAIGMORE	175	LYBSTER	17
INV EAST - INSHES/LEYS	116	LOCHINVER	14
SMITHTON	115	BONAR BRIDGE	12
INV EAST - LONGMAN	106	CARRBRIDGE	12
INV EAST - DRUMMOND/LOCHARDIL	94	CROMARTY	12
PORTREE	92	DUNVEGAN	12
BEAULY	90	SPEAN BRIDGE	12
CULLODEN	84	DAVIOT	11
CAOL	77	STRONTIAN	11
INV WEST - KINMYLIES	75	NETHYBRIDGE	10
FOYERS	73	RHICONICH	10
MUIR OF ORD	73	LOCHCARRON	9
ULLAPOOL	68	HALKIRK	8
KYLE OF LOCHALSH	66	INVERGARRY	7
GRANTOWN ON SPEY	65	WATTEN	7
WESTHILL	64	LAIRG	6
CONON BRIDGE	58	BOAT OF GARTEN	5
INV WEST - SCORGUIE	53	HELMSDALE	5
ARDERSIER	52	CANNICH	3
FORTROSE	46	INVERNESS SUPPORT	3
KINLOCHMORE	44	TONGUE	3
GOLSPIE	42	DUNBEATH	2
BRORA	38	OTHER FORCE	1
BROADFORD	37	REAY	1
KINGUSSIE	37		

When the incidents involving alcohol are broken down into premises types, Public Place/Road/Streets and Dwelling Houses are the most common types.

The following table shows the type of premises where these incidents occur:

LOCATION TYPE	Total
PUBLIC PLACE/RD/STREET	3185
DWELLING HOUSE	2983
LICENSED PREMISES	391
SHOP/OFFICE	256
GUEST HOUSE / HOTEL	159
HOSPITAL (INCL MEDICAL PREMS)	104
POLICE	101
RESIDENTIAL ESTABLISHMENT	56
LEISURE / SPORTING PREMISES	42

The total number of incidents occurring at Licensed Premises during this period is 391 which is a total of 5% of the incidents, although we cannot confirm how many incidents which occurred in Public Place/Road/Streets were connected to Licensed Premises.

The most common days of the week for incidents occurring involving alcohol are Saturday, Sunday and Friday as shown in the table below:

DAY OF WEEK	Total
SATURDAY	1929
SUNDAY	1790
FRIDAY	1171
THURSDAY	864
WEDNESDAY	713
MONDAY	690
TUESDAY	670

The most common hours of the day for these incidents to occur is between 21:00 and 03:00 hours as the following table shows:

HOUR OF DAY	Total	HOUR OF DAY	Total
0	733	15	274
1	719	14	254
23	658	13	206
22	645	4	202
2	603	11	156
21	543	12	145
3	431	10	131
20	416	5	125
19	397	9	97
18	311	8	70
17	304	6	66
16	281	7	60

Combining the days of the week and the hours of the day, the most common day and hour combination for incidents to occur involving alcohol are:

- **Friday between 21:00 and 23:00 hours.**
- **Saturday between 20:00 and 03:00 hours.**
- **Sunday between 00:00 and 04:00 hours.**

Incidents at Licensed Premises Marked as Crimes

Analysis of incidents which have been marked as a crime and taken place at the location type of Licensed Premises, show the following areas as having the highest incidence of these crimes;

Area	Number of Incidents
Inverness	83
Caithness	7
Badenoch	7
Ross & Cromarty	10
Lochaber	3

Incidents Marked as Public Place/Road/Street with Alcohol Involved

A total of 3185 incidents were reported to have occurred at the location of Public Place/Road/Street and the most common type of offences at this location are:

Offence Type	Total
DRUNK PERSON	642
BREACH OF THE PEACE	499
ASSAULT	263
DRINK DRIVING	231
CONCERN FOR PERSON	151
MEDICAL SERVICES	131
NOISE OTHER	96
VANDALISM (DELIBERATE DAMAGE)	95
DRUGS	83

Out of these incidents reported, the most common beats were:

Beat	Total
INVERNESS CENTRE	662
INV WEST - MERKINCH	216
NAIRN	179
FORT WILLIAM	176
INV WEST - NESS	145
DINGWALL	132

Beat	Total
ALNESS	109
WICK	104
AVIEMORE	99
INV EAST - CROWN	95
TAIN	94
THURSO	91

Incident Type of Urinating

The following table shows the number of incidents reported as the subject type of Urinating over the days of the week:

BEAT	MON	TUE	WED	THU	FRI	SAT	SUN	Total
INVERNESS CENTRE	8	5	7	10	1	21	31	83
AVIEMORE	3	1		2	1	1	7	15
DINGWALL			2			3	6	11
NAIRN	2		3			3	3	11
FORT WILLIAM				1		4	5	10
WICK		2			1		5	8
THURSO	2	2	1			1	1	7

Over the period searched it shows that Inverness Centre had the most incidents of this type.

Incidents Marked as Crimes

After looking at the incidents for the period 1st April to 30th November 2012, out of the 7,825 incidents reported involving alcohol, 466 incidents were marked as crimes using the following specific crime types:

- D&I & Habitual Drunk (Last 3 Cons/3 Last Yr)
- Disorderly on Licensed Premises
- Drunk & Attempt to Enter Licence Premises

- Drunk in Charge of a Child
- Drunk in/Attempt to Enter Designate Sport Ground
- Refusing to Quit Licensed Premises.

The most common beat areas where these types of crimes were committed are as displayed in the following table:

BEAT	D&I & HABITUAL DRUNK(LAST 3CONS/3LASTYR)	DISORDERLY ON LICENSED PREMISES	DRUNK & ATTEMPT TO ENTER LICENCE PREM.	DRUNK IN CHARGE OF A CHILD	DRUNK IN/ATT. ENTER DESIGNATE SPORT GRND	REFUSING TO QUIT LICENSED PREMISES	Total
INVERNESS CENTRE	115	2	1	3		29	150
INV WEST - NESS	24						24
INV WEST - MERKINCH	21			1			22
FORT WILLIAM	18					3	21
INV EAST - LONGMAN	8				6		14
DINGWALL	8				5		13
INV EAST - RAIGMORE	13						13
INV EAST - CROWN	12						12
NAIRN	11	1					12
THURSO	9					2	11
WICK	6	3				2	11
TAIN	9					1	10
INV WEST - DALNEIGH	6						6
INVERGORDON	4					1	5
ALNESS	4						4
INV EAST - HILTON/MILTON	3			1			4
INV WEST - SCORGUIE	4						4
WESTHILL	4						4
AVIEMORE	1					2	3
PORTREE	2					1	3
BEAULY	2						2
BROADFORD	1					1	2
CAOL	1			1			2
DRUMNADROCHIT	2						2
GLENCOE	2						2
INV WEST - KINMYLIES	2						2
MUIR OF ORD	2						2
SMITHTON	1			1			2
ULLAPOOL	1					1	2
BANAVIE	1						1
BRORA	1						1
CONON BRIDGE		1					1
CULLODEN	1						1
DUNROSSNESS						1	1
HALKIRK			1				1
INV EAST - DRAKIES				1			1
INV EAST - DRUMMOND/LOCHARDIL	1						1
INV EAST - INSHES/LEYS	1						1
INVERNESS SUPPORT	1						1
LOHCARRON			1				1
NORTH KESSOCK						1	1
SPEAN BRIDGE				1			1

Liquor Licensing Offences

Research into the following liquor licensing offences:

- Liquor Licensing Laws – Other Offences
- Permit Riotous Behaviour In Licensed Premises
- Person Under 18 Excisable / Consume at Bar
- Purchase Excise Liquor For Consume By Under 18
- Sale Of Drink To Person Under 18
- Sports Ground Offence (Possess Alcohol)

shows that 47 incidents in total were marked as crimes.

The breakdown of the locations where these incidents have occurred is shown in the following table:

BEAT	LIQUOR LIC.LAWS - OTHER OFFENCES	PERMIT RIOTOUS BEHAVIOUR IN LIC PREM	PERSON U18 BUY EXCISABLE / CONSUME AT BAR	PURCHASE EXCISE LIQ FOR CONS BY U18	SALE OF DRINK TO PERSON UNDER 18	SPORTS GROUND OFFENCE (POSSESS ALCOHOL)	Total
ALNESS					4		4
INV EAST - CROWN				3			3
INV EAST - LONGMAN						3	3
DINGWALL				1		1	2
FORT WILLIAM				1	1		2
NAIRN				2			2
TAIN				2			2
BRORA				1			1
CONON BRIDGE			1				1
DRUMNADROCHIT	1						1
FORTROSE				1			1
INV WEST - MERKINCH				1			1
KYLE OF LOCHALSH				1			1
WICK				1			1

Incidents Types Marked As Crimes

The following table shows the most common Incident Types to be marked as crimes which involved alcohol:

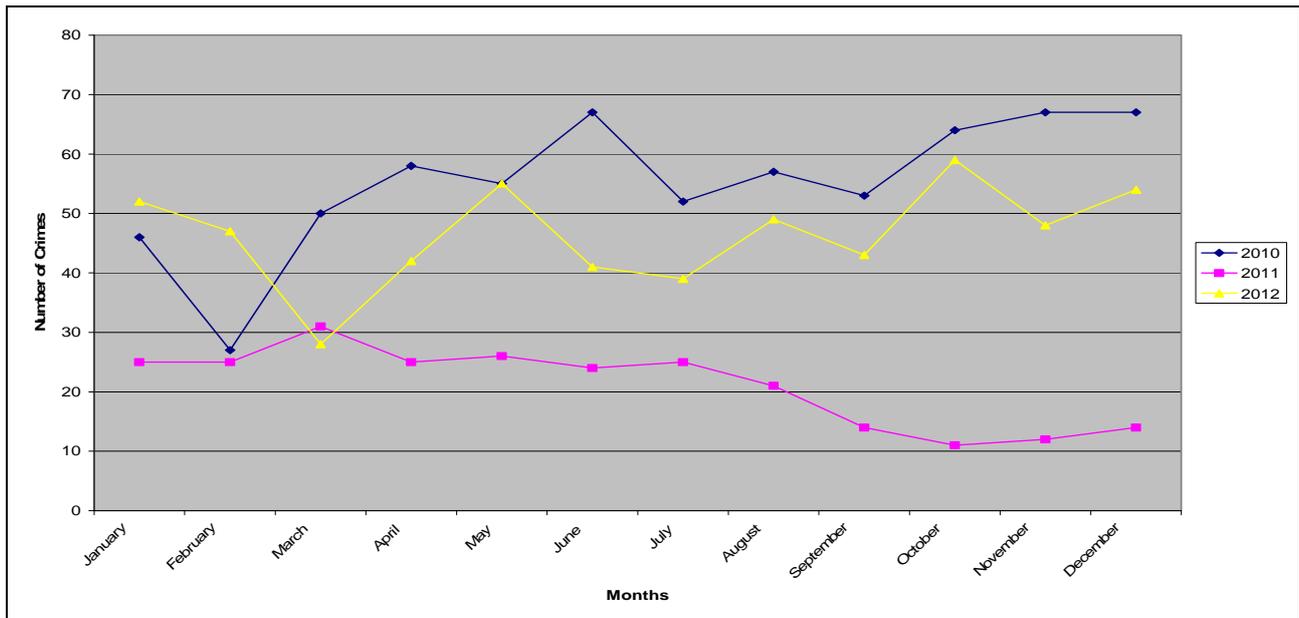
SUBJECT TYPE	INCIDENTS INVOLVING ALCOHOL MARKED AS CRIME
BREACH OF THE PEACE	634
ASSAULT	495
DOMESTIC INCIDENT	366
DRUNK PERSON	295
VANDALISM (DELIBERATE DAMAGE)	230
DRINK DRIVING	194
THEFT - NOT HB/OLP/VEHICLE	127
SHOPLIFTING	107
OTHER CRIME	95
DRUGS	84
COURT OFFENCE	64
LOCAL BYELAW OFFENCE	46
CIVIC GOVT(S) ACT OFFENCE	37
ASSAULT ON POLICE	34

Out of the 3,199 incidents which were marked as crimes, 1,790 of these involve Violent/Disorder crimes.

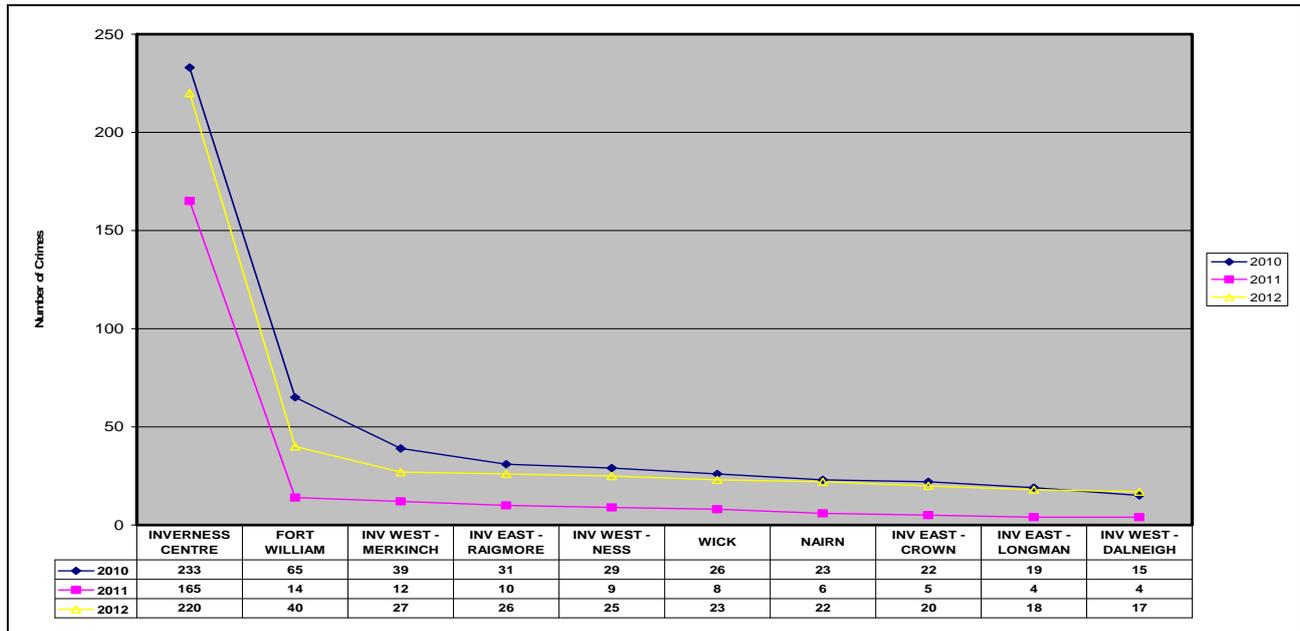
Analysis of Crimes of Drunkenness – Date Period January to December 2010-2012

Analysis was carried out of crimes of drunkenness, over the period of January to December, 2010 to 2012.

The following chart shows the 3 year period broken down by months:



The following chart shows the beats where the majority of crimes of drunkenness have occurred over the three year period.



Key Findings

- The beats which come out with the highest number of incidents involving alcohol correlate with the most deprived areas in the Highlands. The most common beats where these incidents occur are:
 - Inverness Centre
 - Inverness West – Merkinch
 - Fort William
 - Nairn
 - Alness
 - Dingwall
 - Inverness West – Ness
 - Wick
- The most common types of incidents which involve alcohol are:
 - Breach of the Peace
 - Drunk Person
 - Assault
 - Domestic Incident
- The most common type of premise where incidents occur which involve alcohol are:
 - Public Place/Road/Street
 - Dwelling House
- The most common day and hour combinations for incidents to occur which involve alcohol are:
 - Friday between 21:00 and 23:00 hours
 - Saturday between 20:00 and 03:00 hours
 - Sunday between 00:00 and 04:00 hours
- Licensed Premises in Inverness have the highest incidence of recorded crime.

- The mortality rate from chronic liver disease (including cirrhosis) is higher for men and women aged 15-74 years in Scotland than that of those in England and Wales.
- Alcohol related mortality rates in men in Highland and Scotland are over twice as high as those of women.
- In 2011-12 the rate of alcohol-related discharges from general acute hospitals was 5 times greater from patients living in the most deprived twenty percent of areas in NHS Highland compared to those living in the least deprived 20%.

If the overprovision policy statement takes into account the above information, I believe that in the longer term, it will contribute positively towards the Licensing (Scotland) Act 2005 'Licensing Objectives'

- Preventing Crime and Disorder
- Securing Public Safety
- Preventing Public Nuisance
- Protecting and Improving Public Health
- Protecting Children from Harm

I hope this information helps inform the debate surrounding the Overprovision assessment and as always am happy to discuss the matter further.

Yours sincerely

Colin Gough
Chief Inspector
Divisional Co-ordination Unit

**Provision of licensed premises in the Highland Council area
Health harm attributable to alcohol
Submitted by the Public Health Department, NHS Highland, October 2011**

This paper provides background health information and recommendations to inform licensing board's development of a statement on the overprovision of alcohol sales capacity in the Highland Council area in accordance with section 7 of the Licensing (Scotland) Act 2005.

The paper includes

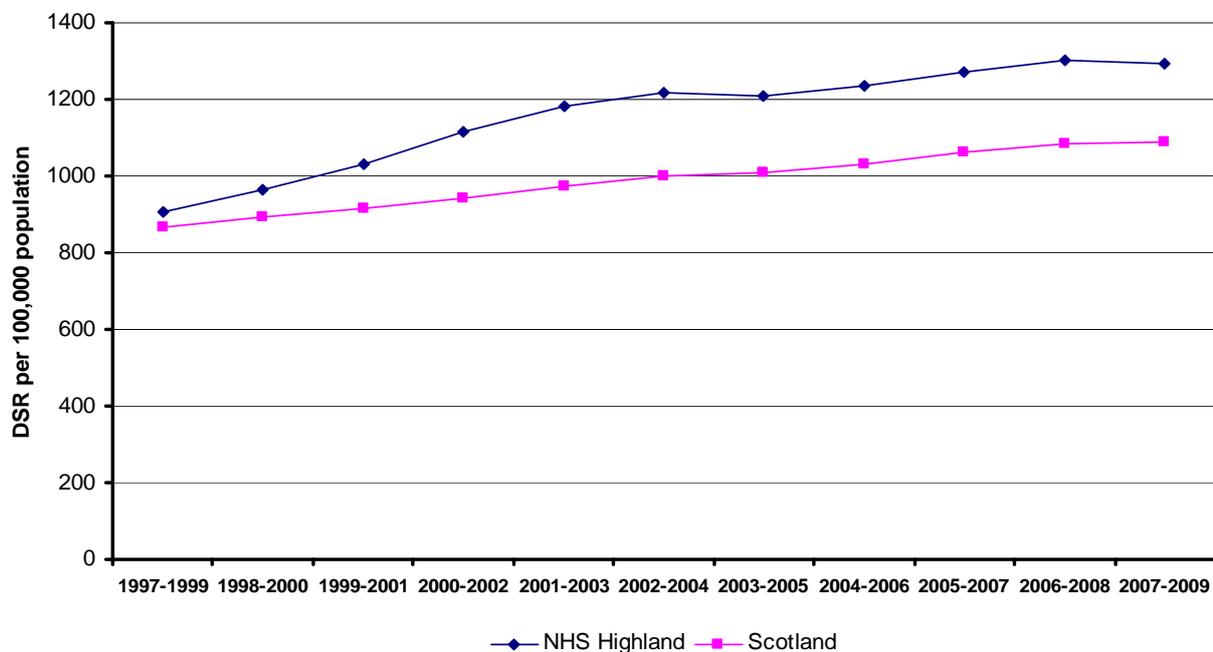
- 1 Information on alcohol related health harm in the Highland Council area
 - a. An overview of health harm attributable to alcohol
 - b. Multimember ward level information on health harm attributable to alcohol
- 2 An examination of the spatial relationships between areas of high health harm and premises density
- 3 Recommendations for the board policy and statement on overprovision

An overview of health harm attributable to alcohol

Alcohol is an important contributor to the economy and cultural identity of the Highland Council area. Whilst it holds a central importance to various aspects of our lives, it also has a profound effect on our health and wellbeing.

Over the past 10 years, the rate of hospital admission as a result of harmful alcohol use has increased in the NHS Highland area, as it has done across Scotland (Figure 1). Rates of harm are in excess of the Scottish average and the difference between the two widened over the past 10 years. Scotland is one of the worst offenders in the UK and across Europe for alcohol related health harm; it is used in this illustration as a comparator and we do not suggest that this is an ideal standard to be aimed for. This widening gap is a clear cause for concern.

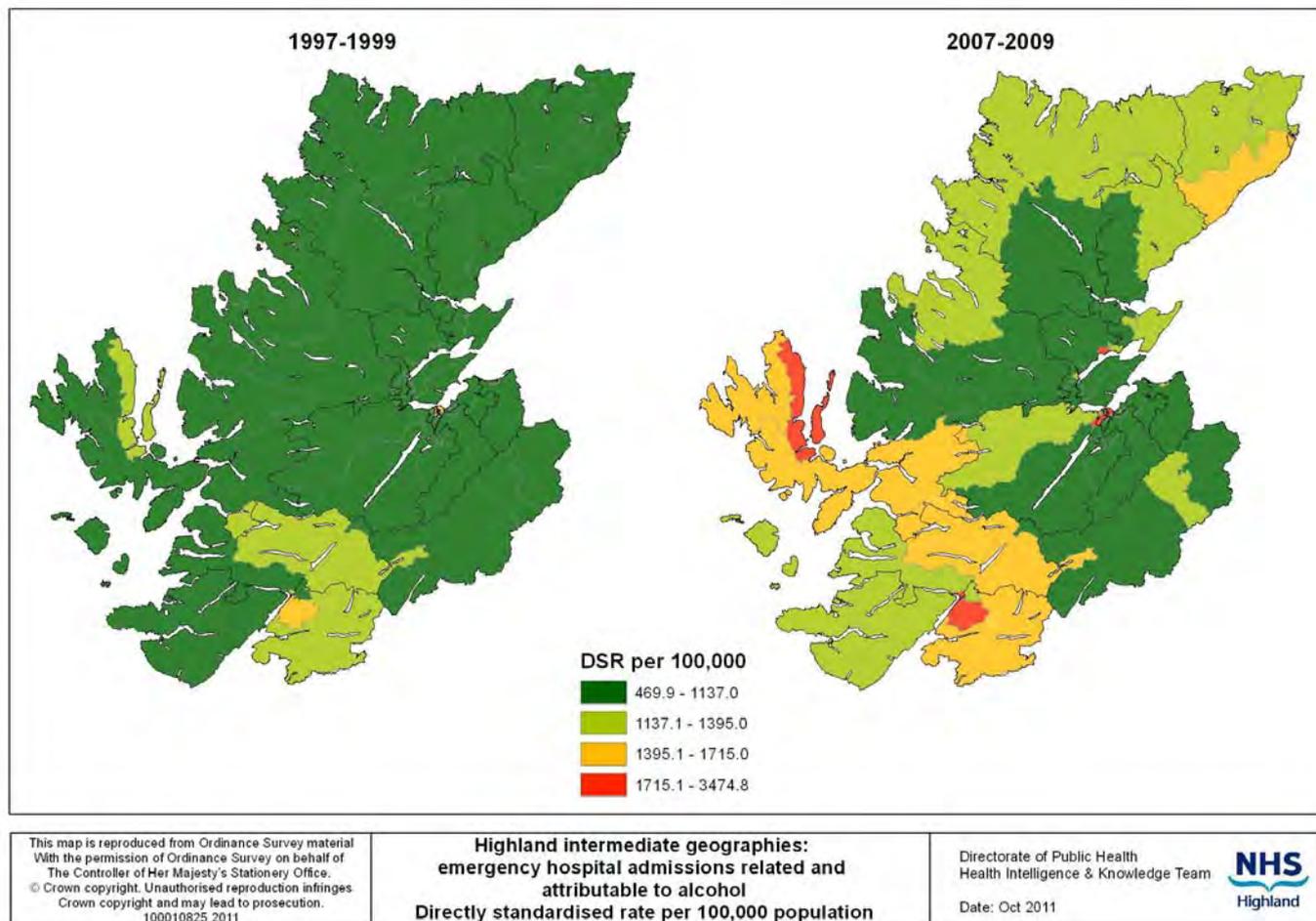
Figure 1: Patients hospitalised with alcohol related conditions in NHS Highland and Scotlandⁱ



It is possible to illustrate this trend looking at a more local level within the Highland council area as illustrated in figure 2. Large parts of the Highland Council area show a worsening health picture. It is noteworthy that 10 years ago, no part of the Highland council area was displaying the excessively high rates of alcohol related harm, coloured red. These rates, which can be up to three and a half times the Scottish average, are seen in Inverness, Skye, Fort William and Alness

ⁱ 3 year average directly standardised rates per 100,000 population. Data sourced from SCOTPHO community profiles 2010

Figure 2 Change in hospital discharge rates over 10 year period from years 1997-9 to years 2007 – 9ⁱⁱ



For the purposes of planning and licensing, it is necessary for the board to be able to consider the health picture in local areas rather than across the whole council area. When breaking data down to look at very small areas, it can be difficult to interpret the numbers generated due to the small populations or the small numbers of people affected. This is particularly the case for the Highland council area due to the remote and rural nature of its territory. The information in the rest of the report is presented at multimember ward level which is large enough to make valid comparisons between places but also small enough to provide locally relevant information.

ⁱⁱ3 year average of patients discharged from hospital with alcohol related and attributable conditions in Highland Intermediate geographies directly age-sex standardised rates per 100,000 directly age-sex standardised rates per 100,000. There are 54 'intermediate geographies' in Highland. They are 'intermediate' between small areas such as datazones, and larger areas such as Local Authority areas.

Data source: ScotPHO Community Health and Wellbeing Profiles (2010)

Multimember ward level information on health related harm

The data on health related harm is produced by the Scottish Public Health Observatory and illustrates the numbers and rates of people admitted to hospital where their condition is directly or largely attributable to the effects of alcohol. This includes both short term health effects of intoxication and alcohol poisoning and longer term effects on health such as damage to the liver. The figure also includes the fraction of people in whom alcohol contributed to the development of their health condition including heart attacks, stroke and some types of cancer. As the data is of hospitalisations only, it does not reflect people who were not admitted to hospital, for example those who consulted their GP with an alcohol related problem. It also does not include information from psychiatric and psychological services. It is therefore a significant underestimation of the true picture of health harm as a result of alcohol

Table 1: Rates of hospitalisation for alcohol related conditions presented by multimember ward for the period between 2007 and 2009³

Ward Name	Rate of hospitalisation per 100,000
Aird and Loch Ness	1092.4
Badenoch and Strathspey	1054.7
Black Isle	877.4
Caol and Mallaig	1715.2
Cromarty Firth	1493.7
Culloden and Ardersier	1066.9
Dingwall and Seaforth	1274.7
East Sutherland and Edderton	1137.3
Eilean a' Chèo	1637.3
Fort William and Ardnamurchan	1708.8
Inverness Central	2484.8
Inverness Millburn	1395.6
Inverness Ness-Side	1348.9
Inverness South	1022.8
Inverness West	1521.5
Landward Caithness	1280.1
Nairn	1109.8
North, West and Central Sutherland	1236.9
Tain and Easter Ross	1196.7
Thurso	1475.7
Wester Ross, Strathpeffer and Lochalsh	1189.3
Wick	2143.1

The Scottish average rate for this period is 1088 hospitalisations per 100,000 people in the population. The majority of the multimember wards show rates statistically significantly above the low standard of the Scottish average. These areas are coloured in orange in table 1. Only one multimember ward area, the Black Isle has a directly standardised rate of hospitalisation significantly lower than the Scottish average.

It is considered that alcohol related harm is related to patterns of alcohol consumption which is function of both availability and affordability. There are certain groups of people who are more likely to experience health harm as a result of alcohol than others;

³Patients discharged from hospital annually with alcohol related and alcohol attributable conditions. 3 year average presented is directly standardised rate per 100,000 population. Data source SCOTPHO

these include people who are socio economically disadvantaged. The Licensing Act (Scotland) 2005 does not give any statistical thresholds for what constitutes overprovision leaving it to the local licensing board to decide what levels of alcohol related harm, including alcohol related health harm are acceptable.

We have acknowledged that the Scottish average is not a healthy starting point, however despite this, 21 out of the 22 multimember wards show rates of alcohol related health harm that are comparable to or worse than this average.

We would conclude that in the majority of the Highland Council area, provision and availability of alcohol are sufficient. Furthermore, the evidence of unacceptably high levels of alcohol related health harm in the 12 highlighted areas serves as an indicator of overprovision both in and around these areas.

Examination of spatial relationships between alcohol related health harm and the provision of licensed premises

Premises density

The nature of the link between the density of licensed premises and alcohol related harm is widely cited in the literature. Density can be defined as the number of premises per unit number of people usually resident in that area or per unit area and a number of measures exist as to how this can be measured. It is of value to consider both given the geographical terrain covered by the Highland Council area

The number of premises per 1000 people ranges from 14 in the multimember ward of Fort William and Ardnamurchan to 1 in the Inverness Ness Side ward area, there is an average of 5 premises per 1000 people across the whole of the Highland Council area.

Associations have been demonstrated between the spatial density of licensed premises and levels of violent crime, child abuse and neglect, domestic abuse and road traffic accidents. In common with this previous research, we have identified a positive correlation between the premises density as measured by the number of premises per 1000 people and rates of health harm. The relationship may be explained by confounding factors, that is that a higher density of outlets may co exist in areas of higher deprivation. When taking into account indicators of socioeconomic deprivation, a positive association was still observed, although this association lacked statistical significance. Causality, if present could be mediated by patterns of drinking and patterns of social interaction

There is an average of about 2 premises per square kilometre, ranging from 29 per km² in Inverness Central to 0.014 in North West and Central Sutherland. The highest densities are seen in Inverness, Thurso and Wick. This range is a reflection of the range of geographical terrain in the Highland Council area from large towns to remote settlements. It is difficult to draw out any firm conclusions about any patterns that may be present.

Types of premises

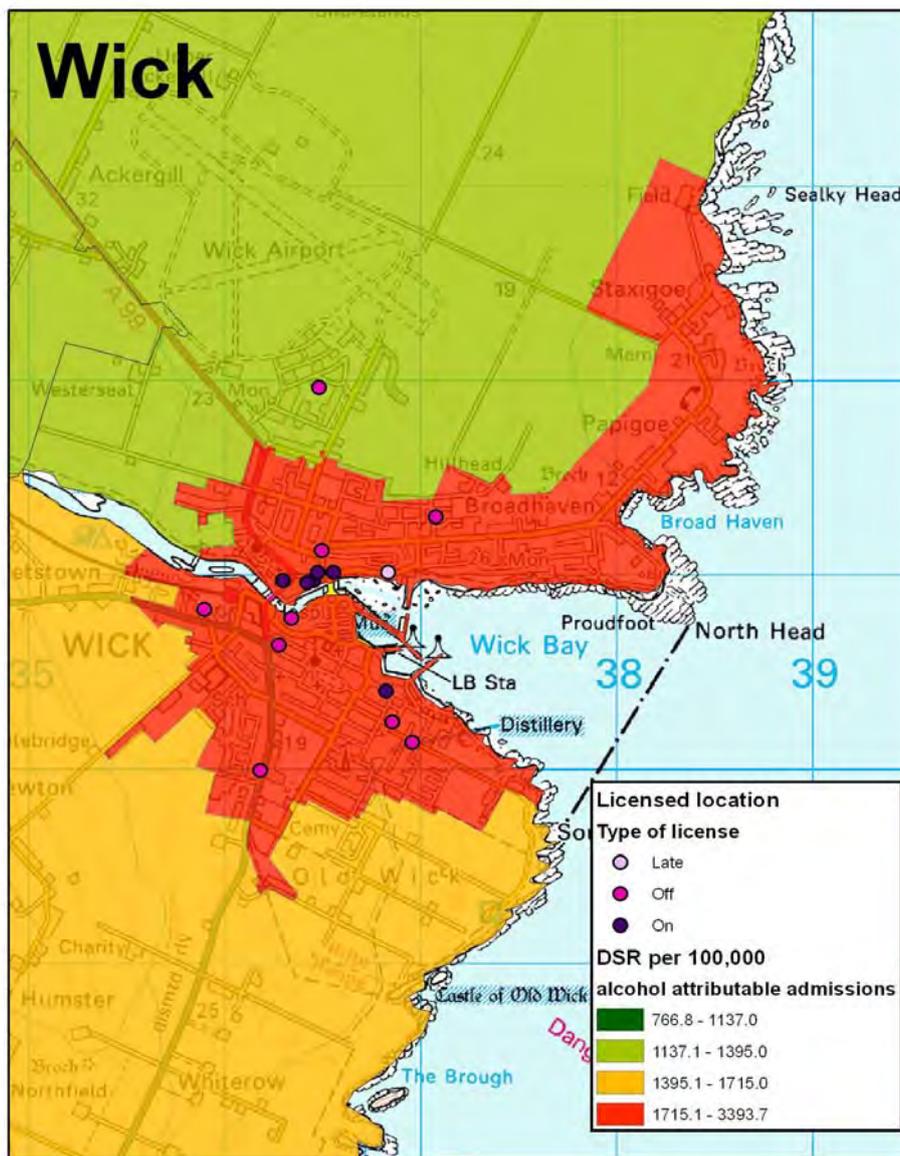
A significant proportion of the licensed premises present in the Highland Council area support the tourist industry. Studies from New Zealand excluded facilities intended solely or mainly for the purposes of tourism¹. There is some evidence that a greater mix of premises is associated with lower levels or different types of alcohol harm. The most common predictors of harm are pubs, bars, nightclubs and off licences². This section of analysis focused on pubs and other on premises licensed establishments, off sales and late night premises as classified by the Highland licensing board. It is widely accepted that the most common location for drinking alcohol in the Highland council area is in private homes, consuming alcohol bought in off licensed premises. The market share of

these off licensed premises in the North East (including figures for the Grampian area) suggests that the majority of off license sales occur through multiple grocers ³.

A more detailed area profile is provided for some of the areas highlighted as having high levels of alcohol related health harm.

Whilst these maps provide an indication of the location of particular licensed premises in relation to levels of health harm at a local level, they do not provide the complete picture. People will travel large distances to purchase alcohol and access particular offers and discounts. This may be particularly the case for some parts of the Highland Council area than others given the geography and location of amenities.

Figure 3: Wick area detail: alcohol licensed premises and patients discharged from hospital with alcohol related and attributable conditions in Highland Intermediate geographies: directly age-sex standardised rates per 100,000



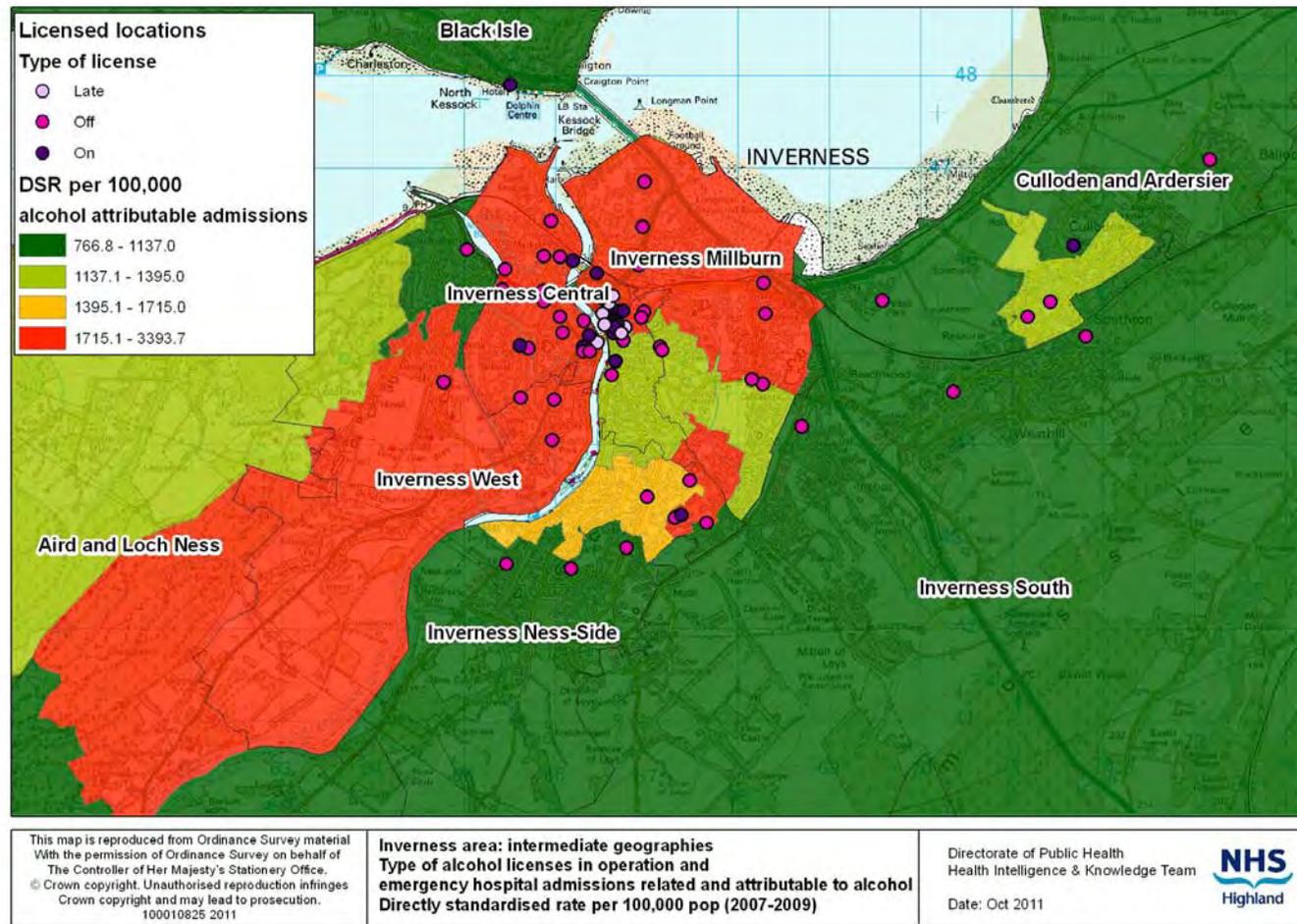
Wick area: intermediate geographies
Type of alcohol licenses in operation and emergency hospital admissions related and attributable to alcohol
Directly standardised rate per 100,000 pop (2007-2009)

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NHS Highland
 Directorate of Public Health
 Health Intelligence & Knowledge Team
 Assynt House
 Date: Oct 2011

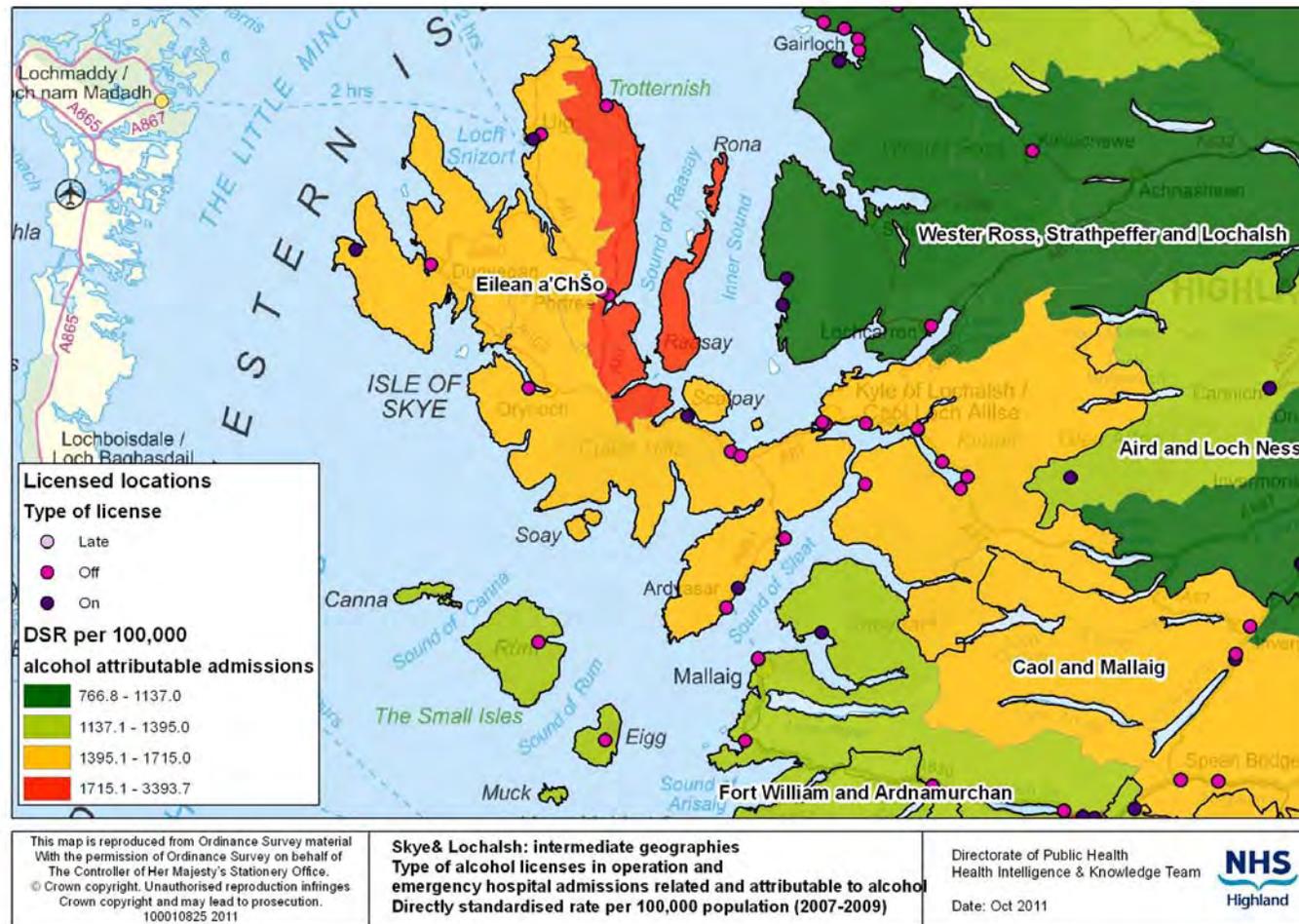
Data source: ScotPHO Community Health and Wellbeing Profiles (2010)

Figure 4: Inverness area detail: alcohol licensed premises and patients discharged from hospital with alcohol related and attributable conditions in Highland Intermediate geographies: directly age-sex standardised rates per 100,000



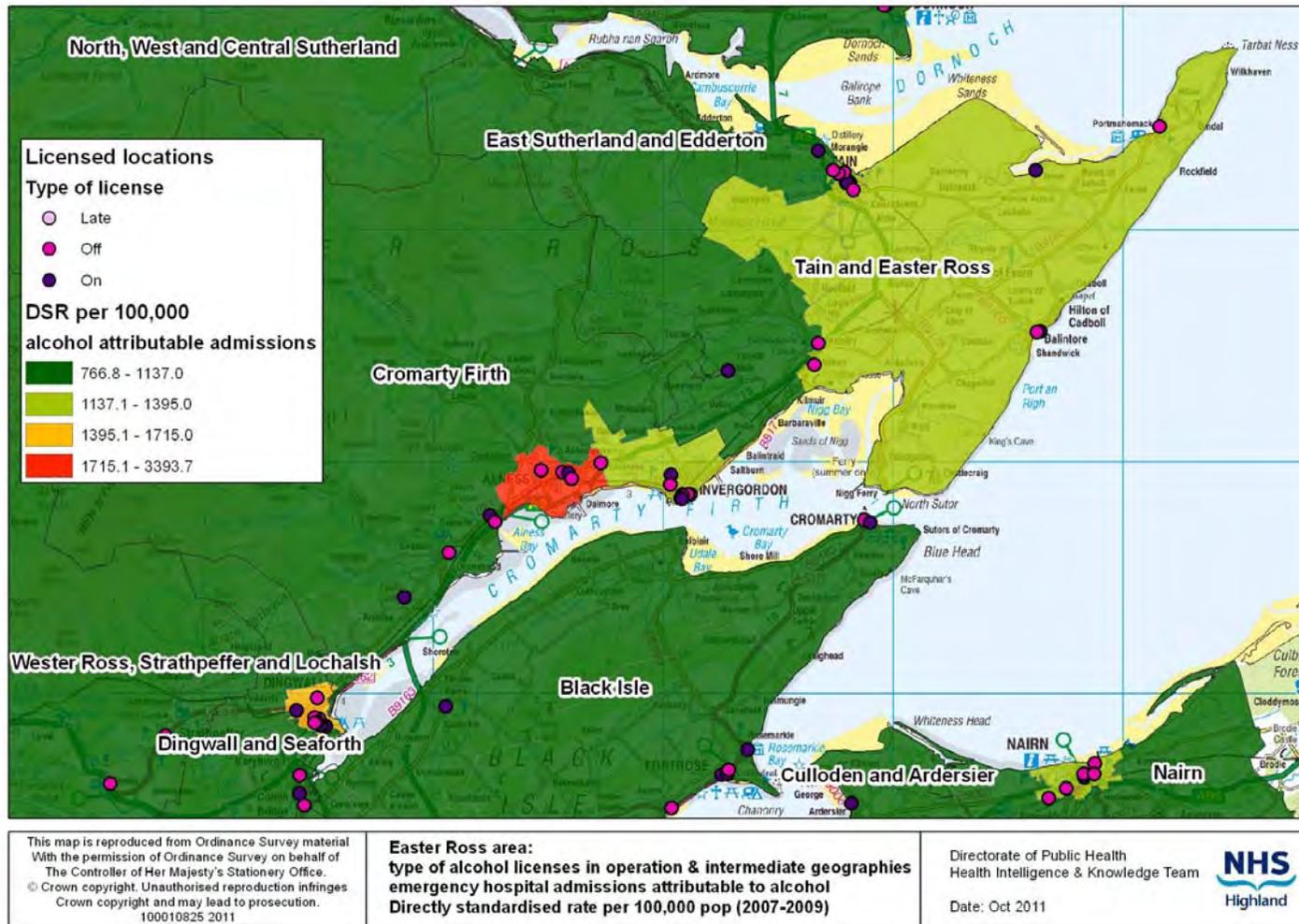
Data source: ScotPHO Community Health and Wellbeing Profiles (2010)

• Figure 5: Skye and Lochalsh area detail: alcohol licensed premises and patients discharged from hospital with alcohol related and attributable conditions in Highland Intermediate geographies: directly age-sex standardised rates per 100,000



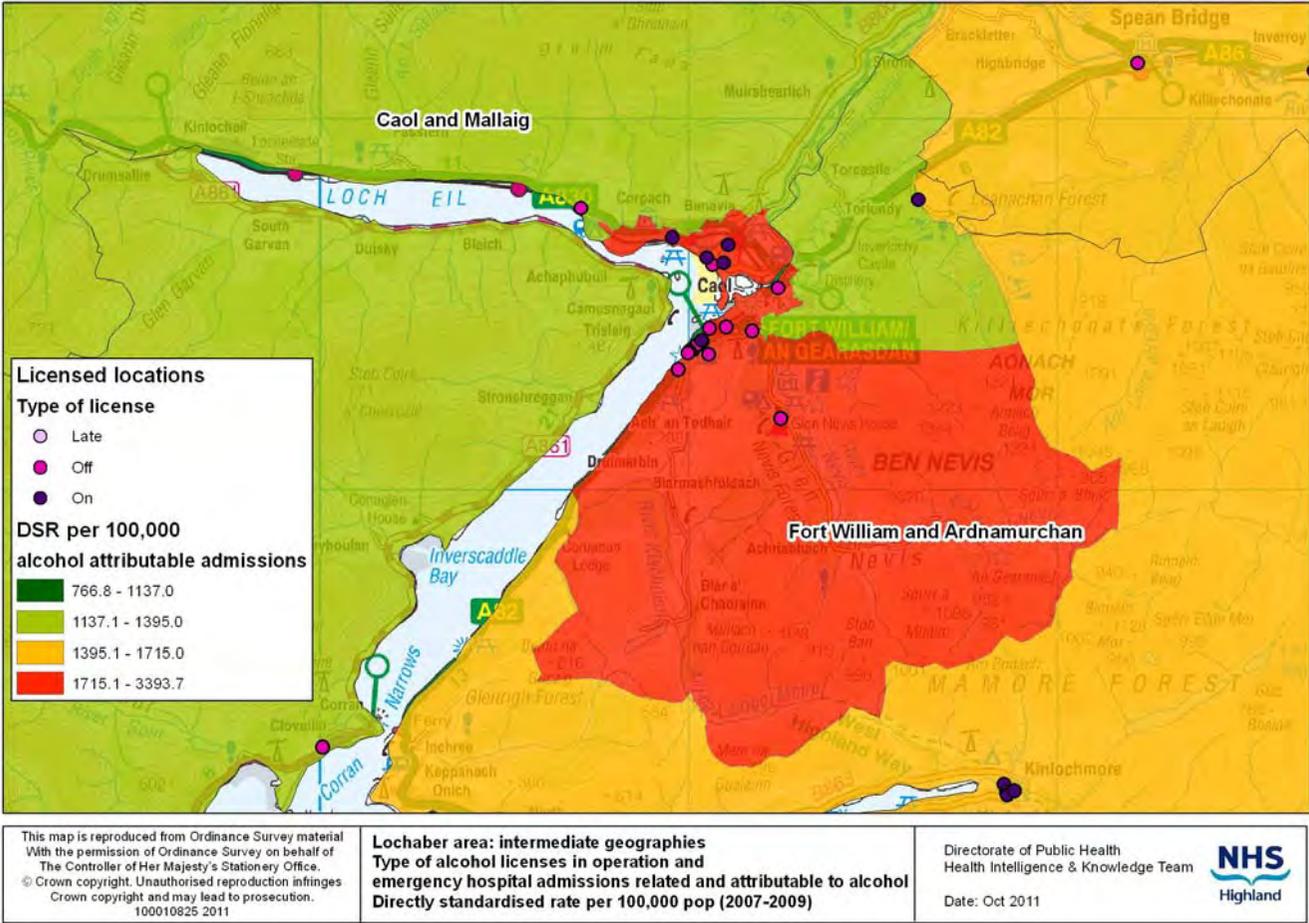
Data source: ScotPHO community health profiles 2010

• Figure 6: Easter Ross area detail: alcohol licensed premises and patients discharged from hospital with alcohol related and attributable conditions in Highland Intermediate geographies: directly age-sex standardised rates per 100,000



Data source: ScotPHO Community Health and Wellbeing Profiles (2010)

Figure 7: Lochaber area details: alcohol licensed premises and patients discharged from hospital with alcohol related and attributable conditions in Highland Intermediate geographies: directly age-sex standardised rates per 100,000



Data source: ScotPHO Community Health and Wellbeing Profiles (2010)

Recommendations for the Licensing Board's statement on overprovision

The levels of alcohol related health harm in the Highland Council area are overall in excess of the Scottish average, this level of health harm is. A positive association has been demonstrated between the number of licensed premises per 1000 people and levels of alcohol related health harm. We are not able to conclude from existing evidence what is the optimum number of premises to reduce rates of health harm to an acceptable level.

12 multimember council wards have been identified to have rates of harm significantly in excess of the Scottish average and NHS Highland would consider levels of this magnitude to be intolerably high.

We would recommend that in these 12 areas, the licensing board consider there to be at present over provision of pubs and on premises licenses, late opening and off licenses. In these areas we would recommend that the Licensing board ask potential licensees for evidence to demonstrate that their premises will not further contribute to the health harm already present before granting further licenses or renewing expired licenses.

In areas out with these 12 affected ward areas but where there is likely to be a draw of customers from the 12 affected areas, we would recommend that consideration be given to the impact of this on the health harm in these neighbouring areas. In practice this may be the case where the application concerns large and multiple grocer establishments or a super pub rather than for small pubs or corner shops.

The licensed trade business in the Highland Council area is a dynamic one subject to changes and seasonal variations. The provision of more detailed information from the licensing board, including sales data, capacity and opening hours of premises would be of benefit in further analysing the relationship between the provision of licensed premises and health harm.

NHS Highland would recommend that the next statement of licensing policy produced by the licensing board is developed whilst giving consideration to health and health harm evidence. NHS Highland would be able to provide such information on request.

- 1 Connor JL, Kypri K, Bell ML et al. 2011 Alcohol outlet density: levels of drinking and alcohol related harm in New Zealand a national study *JECH* 65(10) 841-847
- 2 Newton A, Hirschfield A, Sharrat K et al 2010 Building an evidence base on alcohol supply points: a pilot project to generate intelligence for managing areas with licensed premises. University of Huddersfield, Applied Criminology Centre
- 3 Pattaoni L, Emmerson C, Sudbery M et al 2007 The relationship between off sales and problem drinking in Scotland: literature review. Scottish Executive Social Research

NAME OF PREMISES	ADDRESS 1	ADDRESS 2	ADDRESS 3	ADDRESS 4	OFF-SALE CAPACITY	WARD NAME
Lochinver Stores	10 Main Street	Lochinver	Sutherland	IV27 4JY	15.00	Ward 01 - North, West and Central Sutherland
J J S Horne	West End Stores	Melvich	Sutherland	KW14 7YL	2.56m ³	Ward 01 - North, West and Central Sutherland
Drumbeg Stores	Drumbeg	Sutherland	IV27 4NW		5.50	Ward 01 - North, West and Central Sutherland
Kyle Bakery	Dornoch Road	Bonar Bridge	Sutherland	IV24 3EB	3.75	Ward 01 - North, West and Central Sutherland
Bettyhill General Merchants	Bettyhill	by Thurso	Caithness	KW14 7SP	2.75	Ward 01 - North, West and Central Sutherland
Richard Mackay & Son (Durness) Limited	Durine	Durness	Sutherland	IV27 4PN	8.12	Ward 01 - North, West and Central Sutherland
Inverpark Stores	Inverpark	Lochinver	Sutherland	IV27 4LN	7.95	Ward 01 - North, West and Central Sutherland
Invercassley Stores	Rosehall	by Lairg	Sutherland	IV27 4BD	3.58	Ward 01 - North, West and Central Sutherland
Bervie Stores Ltd	The Harbour	Kinlochbervie	Sutherland	IV27 4RR	7.50	Ward 01 - North, West and Central Sutherland
Studio 17	Balnakeil Wines	Sangomore Headland	Durness	Sutherland	8.40	Ward 01 - North, West and Central Sutherland
Peter Burr Stores	Tongue	by Lairg	Sutherland	IV27 4XF	5.20	Ward 01 - North, West and Central Sutherland
Shin Stores	Spar Store	Lochside	Lairg	Sutherland	9.20	Ward 01 - North, West and Central Sutherland
Tongue Stores and Post Office	Main Street	Tongue	Sutherland	IV27 4XF	4.18	Ward 01 - North, West and Central Sutherland
Scourie Stores	Scourie	Sutherland	IV27 4SX		9.60	Ward 01 - North, West and Central Sutherland
The Store	Bettyhill	by Thurso	Caithness	KW14 7SS	12.00	Ward 01 - North, West and Central Sutherland
Oasis Store	170 Main Street	Lairg	Sutherland	IV27 4AR	7.00	Ward 01 - North, West and Central Sutherland
Bridgend Stores	Ord Place	Lairg	Sutherland	IV27 4AZ	5.50	Ward 01 - North, West and Central Sutherland
Mathers	Sangomore	Durness	Sutherland	IV27 4PZ	3.75	Ward 01 - North, West and Central Sutherland
Post Office Stores	Rogart	Sutherland	IV28 3XA		11.00	Ward 01 - North, West and Central Sutherland
Talmine Stores & Post Office	Talmine	Melness	by Lairg	IV27 4YT	3.30	Ward 01 - North, West and Central Sutherland
Co-operative Group Food Limited	Meadow Lane	Thurso		KW14 8ER	65.75	Ward 02 - Thurso
Bin Ends	42 Princes Street	Thurso		KW14 7AB	41.45	Ward 02 - Thurso
McColls	Provost Sinclair Road	Thurso		KW14 7AS	23.43	Ward 02 - Thurso
Tesco Store	Millbank Road	Thurso		KW14 8PS	174.00	Ward 02 - Thurso
Lidl UK GmbH	Castlegreen Road	Thurso		KW14 7LS	32.85	Ward 02 - Thurso
Shop	4 Traill Street	Thurso		KW14 8EJ	16.50	Ward 02 - Thurso
D & M Fraser	The Shop	Castlegreen Road	Thurso	KW14 7NB	37.65	Ward 02 - Thurso
Co-operative Group Food Limited	2 Mount Pleasant Road	Thurso		KW14 8HR	10.83 cubic metres	Ward 02 - Thurso
Bridgend Filling Station	Bridgend	Thurso		KW14 8PP	4.46	Ward 02 - Thurso
Co-operative Group Food Limited	Angle Park	Thurso Road	Wick	KW1 5LW	44.77	Ward 03 - Wick
The Shop Girnigoe Street Ltd	12 Girnigoe Street	Wick		KW1 4HH	12.80	Ward 03 - Wick
Tesco Store	Wick Airport	Wick		KW1 4QS	239.00	Ward 03 - Wick
Lidl UK GmbH	South Road	Wick		KW1 5NH	38.11	Ward 03 - Wick
Bin Ends	2 River Street	Wick		KW1 5EA	40.00	Ward 03 - Wick
Hillhead Store	9 Hillhead Road	Wick		KW1 4JE	18.50	Ward 03 - Wick
One Stop Shop	29 Wellington Street	Wick		KW1 5HJ	5.42	Ward 03 - Wick
Pulteney Distillery	Huddart Street	Wick		KW1 5BA	6.25	Ward 03 - Wick
Malcolm's	73 Kinnaird Street	Wick		KW1 5BB	5.00	Ward 03 - Wick
Shop First and Last in Scotland	Pier	John O'Groats	Wick	KW1 4YR	5.20	Ward 04 - Landward Caithness
Keiss Corner Shop	Main Street	Keiss		KW1 4UY	15.00	Ward 04 - Landward Caithness
McColls	Main Street	Castletown		KW14 8TU	21.37	Ward 04 - Landward Caithness
John O'Groats Knitwear Co	County Road	John O'Groats		KW1 4YR	1.17	Ward 04 - Landward Caithness
Woodside Store	Main Street	Watten		KW1 5XG	3.22	Ward 04 - Landward Caithness
2 C Local	Main Street	Lybster		KW3 6AE	11.60	Ward 04 - Landward Caithness
The Shop	The Village	Dunbeath		KW6 6EG	14.09	Ward 04 - Landward Caithness
Reay Shop	Main Street	Reay		KW14 7RG	7.40	Ward 04 - Landward Caithness
Mackay of Halkirk	1 Sinclair Street	Halkirk		KW12 6XP	12.05	Ward 04 - Landward Caithness
Berry Good	c/o Tiree Cottage	Watten		KW1 5YJ		Ward 04 - Landward Caithness

NAME OF PREMISES	ADDRESS 1	ADDRESS 2	ADDRESS 3	ADDRESS 4	OFF-SALE CAPACITY	WARD NAME
Nisa Local	1A Dornoch Retail Park	Dornoch	Sutherland	IV25 3SF	18.00	Ward 05 - East Sutherland and Edderton
Co-operative Group Food Limited	Main Street	Golspie	Sutherland	KW10 6RA	25.94	Ward 05 - East Sutherland and Edderton
Co-operative Group Food Limited	Fountain Square	Brora	Sutherland	KW9 6NX	26.73 cubic metres	Ward 05 - East Sutherland and Edderton
West End Stores	Main Street	Golspie	Sutherland	KW10 6TQ	8.26	Ward 05 - East Sutherland and Edderton
Spar Foodstore	2 Dunrobin Street	Helmsdale		KW8 6JA	13.00	Ward 05 - East Sutherland and Edderton
Dornoch Stores	12 Castle Street	Dornoch	Sutherland	IV25 3SN	12.39	Ward 05 - East Sutherland and Edderton
Clynelish Distillery	Brora	Sutherland		KW9 6LR	21.00	Ward 05 - East Sutherland and Edderton
Co-operative Group Food Limited	Cathedral Square	Dornoch	Sutherland	IV25 3SJ	26.16	Ward 05 - East Sutherland and Edderton
Benview Stores	Ross Street	Golspie	Sutherland	KW10 6SA	14.40	Ward 05 - East Sutherland and Edderton
Cunninghams	South Brae	Brora	Sutherland	KW9 6NU	31.80	Ward 05 - East Sutherland and Edderton
Grannies Heilan Hame Supermarket	Embo	Dornoch	Sutherland	IV25 3QD	11.00	Ward 05 - East Sutherland and Edderton
ICS Retail	Bridgend	Brora	Sutherland	KW9 6NR	12.00	Ward 05 - East Sutherland and Edderton
Nisa Store	Main Street	Golspie	Sutherland	KW10 6TG	18.59	Ward 05 - East Sutherland and Edderton
McColls	8 Trentham Street	Helmsdale	Sutherland	KW8 6JD	10.59	Ward 05 - East Sutherland and Edderton
McColls	Auchtercairn	Gairloch	Ross-shire	IV21 2BH	20.90	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Sands Caravan and Camping	Gairloch	Ross-shire		IV21 2DL	4.17	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Kinlochewe Service Station	Kinlochewe	By Achnasheen		IV22 2PA	2.29	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Balmacara Stores	Reraig	Balmacara	Ross-shire	IV40 8DH	32.37	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Polbain Stores	201 Polbain	Polbain	Achiltibuie	By Ullapool	4.80	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
West Highland Woollen Company	5 Shore Street	Ullapool	Ross Shire	IV26 2UJ	14.89	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Dornie Stores	3 Francis Street	Dornie	Kyle	IV40 8EJ	4.85	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Kinlochewe Village Stores	Kinlochewe	by Achnasheen	Ross Shire	IV22 2PA	3.16	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Shiel Shop	Glenshiel	Kyle		IV40 8HW	5.07	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Kyle Station Visitor Centre	Station Platform	Kyle of Lochalsh	Ross-shire	IV40 8AQ	9.40	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Ceol na Mara	7 Shore Street	Ullapool	Ross Shire	IV26 2UJ	3.27	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Strath Stores	Strath	Gairloch	Ross Shire	IV21 2BZ	12.88	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Laide Post Office & General Store	Laide	by Achnasheen	Ross Shire	IV22 2NB	5.02	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Lochcarron Food Centre	Main Street	Lochcarron	Ross Shire	IV54 8YD	11.50	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Contin Village Stores	Contin	By Strathpeffer		IV14 9ES	3.34	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Achiltibuie Stores	155 Achiltibuie	Achiltibuie	Ross Shire	IV26 2YG	3.58	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
McColls	The Square	Strathpeffer	Ross Shire	IV14 9DW	22.58	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Aultbea Stores	Aultbea	by Achnasheen	Ross Shire	IV22 2JD	12.65	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Poolewe Village Store	Poolewe	Achnasheen		IV22 2JU	6.62	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Tesco Store	Latheron Lane	Ullapool		IV26 2XB	74.00	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Ebor Foodmarket Limited	26-28 West Argyle Street	Ullapool		IV26 2TY	42.80	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
The Glenelg Shop	Kirkton	Glenelg		IV40 8JR	3.60	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Dundonnell Stores	Durnamuck	Dundonnell	Ross-shire	IV23 2QZ	7.53	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Co-operative Group Food Limited	Bridge Road	Kyle of Lochalsh		IV40 8BU	34.00	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Gairloch Chemi-store	Pier Road	Gairloch	Ross Shire	IV21 2BQ	2.07	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Kyle Post Office & Mini Market	Station Road	Kyle of Lochalsh		IV40 8AE	29.81	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
A. & J. Grocers	Carn-Raineach	Camustiel	by Strathcarron	Wester Ross	5.60	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Inverewe Garden Visitor Centre and Retail Shop	Inverewe Garden	Poolewe	by Achnasheen	Ross Shire	4.64	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Lochbroom Filling Station	Garve Road	Ullapool		IV26 2SX	5.24	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Inverinate Service Station	Inverinate	By Kyle		IV40 8HB	6.10	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Kintail Crafts	Ault-Na-Chruinn	Glenshiel	By Kyle	Ross-shire	2.98	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Lochcarron Garage	Main Street	Lochcarron	Strathcarron	Ross Shire	16.00	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Murray Retail	83 High Street	Invergordon		IV18 OAB	36.75	Ward 07 - Cromarty Firth
Invergordon Service Station	130 High Street	Invergordon		IV18 OAE	3.15	Ward 07 - Cromarty Firth

NAME OF PREMISES	ADDRESS 1	ADDRESS 2	ADDRESS 3	ADDRESS 4	OFF-SALE CAPACITY	WARD NAME
Skiach Filling Station	Evanton			IV16 9XJ	4.49	Ward 07 - Cromarty Firth
The Co-operative Food	46/48 High Street	Alness		IV17 0PS	47.40	Ward 07 - Cromarty Firth
Morrisons	Dalmore Road	Alness		IV17 0UY	196.00	Ward 07 - Cromarty Firth
The Co-operative Food	101/105 High Street	Invergordon		IV18 0AB	46.80	Ward 07 - Cromarty Firth
Milton Stores Ltd	Drovers Way	Milton	Invergordon	IV18 0PT	10.00	Ward 07 - Cromarty Firth
Lidl UK GmbH	Dalmore Road	Alness		IV17 0UY	44.95	Ward 07 - Cromarty Firth
Visitor Centre Shop	Dalmore Distillery	Alness			2.85	Ward 07 - Cromarty Firth
SER Supplies	131-133 High Street	Invergordon		IV18 0AJ	12.06	Ward 07 - Cromarty Firth
Alldays Stores	Coulhill Locality Centre	Coulhill	Alness	IV17 0RS	30.50	Ward 07 - Cromarty Firth
Co-operative Group Food Limited	13 Balconie Street	Evanton		IV16 9UN	27.35	Ward 07 - Cromarty Firth
Reid Road Stores	Reid Road	Invergordon		IV18 0QF	6.92	Ward 07 - Cromarty Firth
Bridgend Stores	5 Novar Road	Alness		IV17 0QG	25.00	Ward 07 - Cromarty Firth
Asda Store	Knockbreck Road	Tain			173.40	Ward 08 - Tain and Easter Ross
Co-operative Group Food Limited	Morangie Road	Tain		IV19 1HP	80.15	Ward 08 - Tain and Easter Ross
Co-operative Group Food Limited	14 High Street	Tain		IV19 1AE	31.50	Ward 08 - Tain and Easter Ross
Portmahomack Post Office & Stores	Main Street	Portmahomack		IV20 1YB	6.08	Ward 08 - Tain and Easter Ross
Kens Garage	Kildary	IV18 ONX			27.86	Ward 08 - Tain and Easter Ross
Lidl UK GmbH	Morangie Road	Tain		IV19 1PY	37.89	Ward 08 - Tain and Easter Ross
Spar	8 Main Street	Balintore	Ross-Shire	IV20 1UE	37.50	Ward 08 - Tain and Easter Ross
Spar - Balintore	14a Bank Street	Balintore		IV20 1UQ	3.59	Ward 08 - Tain and Easter Ross
I & R Bannerman	The Burgage	Tain		IV19 1BW	4.75	Ward 08 - Tain and Easter Ross
Tesco Superstore	Shore Road	Tain		IV19 1EH	140.65	Ward 08 - Tain and Easter Ross
Spar Dingwall	40 High Street	Dingwall	Ross Shire	IV15 9SN	7.25	Ward 09 - Dingwall and Seaforth
Maryburgh Stores	Proby Street	Maryburgh	Dingwall	Ross Shire	17.00	Ward 09 - Dingwall and Seaforth
Tesco Store	Mart Road	Dingwall	Ross Shire	IV15 9PP	210.00	Ward 09 - Dingwall and Seaforth
Co-operative Food Limited	Old Evanton Road	Dingwall	Ross-shire	IV15 9RA	29.91	Ward 09 - Dingwall and Seaforth
The Mace Store	14 Mill Street	Dingwall	Ross-shire	IV15 9PX	5.69	Ward 09 - Dingwall and Seaforth
Highland Groceries	Great North Road	Muir of Ord		IV6 7TP	20.75	Ward 09 - Dingwall and Seaforth
Spar Conon Bridge	Station Road	Conon Bridge	Ross Shire	IV7 8BJ	12.39	Ward 09 - Dingwall and Seaforth
West End Filling Station	Strathpeffer Road	Dingwall	Ross-shire	IV15 9QF	34.88	Ward 09 - Dingwall and Seaforth
Co-operative Food	Co-operative Food	Bridge Street	Muir of Ord	Ross-shire	31.12	Ward 09 - Dingwall and Seaforth
Ord Filling Station	Great North Road	Muir of Ord		IV6 7XR	19.30	Ward 09 - Dingwall and Seaforth
Glen Ord Distillery Visitor Centre	Glen Ord Distillery	Muir of Ord	Ross-shire	IV6 7UJ	33.50	Ward 09 - Dingwall and Seaforth
Crofters Foods & Deli	18 High Street	Rosemarkie	Ross-shire	IV10 8UF	6.90	Ward 10 - Black Isle
Scotmid	37 High Street	Avoch		IV9 8PT	31.80	Ward 10 - Black Isle
Tore Service Station	Tore	Ross Shire		IV6 7RZ	8.39	Ward 10 - Black Isle
M G Phillips Ltd	17 High Street	Rosemarkie	Ross-shire	IV10 8UF	10.64	Ward 10 - Black Isle
Co-operative Group Food Limited	67/73 High Street	Fortrose	Ross Shire	IV10 8TF	21.50	Ward 10 - Black Isle
Spar Shop	White House	Main Street	North Kessock	Ross Shire	8.06	Ward 10 - Black Isle
Scotmid	27 Millbank Road	Munloch	Ross Shire	IV8 8NL	26.00	Ward 10 - Black Isle
Culbokie Village Store	Smithfield	Culbokie	by Dingwall	Ross Shire	2.24	Ward 10 - Black Isle
Cromarty Stores	15 Bank Street	Cromarty	Ross Shire	IV11 8UY	21.35	Ward 10 - Black Isle
Black Isle Brewery	Allangrange Mains	Munloch	Ross Shire	IV8 8NZ	15.00	Ward 10 - Black Isle
The Cromarty Brewing Company	Canon Street	Davidston	Cromarty	Ross shire	12.80	Ward 10 - Black Isle
Isle of Skye Emporium	The Green	Portree	Isle of Skye	IV51 9BT	10.45	Ward 11 - Eilean a' Cheo
Staffin Stores Limited	Talla Stafainn	Staffin	Isle of Skye	IV51 9JS	6.70	Ward 11 - Eilean a' Cheo
Co-operative Group Food Limited	Woodpark	Dunvegan Road	Portree	Isle of Skye	75.20	Ward 11 - Eilean a' Cheo
The Brewery Shop (Buth An Leanna)	The Pier	(Unit 2)	Uig	Isle of Skye	2.00	Ward 11 - Eilean a' Cheo

NAME OF PREMISES	ADDRESS 1	ADDRESS 2	ADDRESS 3	ADDRESS 4	OFF-SALE CAPACITY	WARD NAME
The Stop Shop	Carbost	Isle of Skye		IV47 8SR	3.78	Ward 11 - Eilean a' Cheo
Co-operative Group Food Limited	Main Street	Broadford	Isle of Skye	IV49 9AB	55.05	Ward 11 - Eilean a' Cheo
Rankins Stores and Post Office	Uig	By Portree	Isle of Skye	IV51 9XP	10.40	Ward 11 - Eilean a' Cheo
Uig Filling Station	Uig Pier	Uig	Isle of Skye	IV51 9XX	8.91	Ward 11 - Eilean a' Cheo
Portree Knitwear	11 Wentworth Street	Portree	Isle of Skye	IV51 9EJ	2.05	Ward 11 - Eilean a' Cheo
Ardvasar Foodstore	Ardvasar	Isle of Skye		IV45 8RS	4.29	Ward 11 - Eilean a' Cheo
The Watermill at Skye Serpentarium	The Old Mill	Harrapool	Broadford	Isle of Skye	0.86	Ward 11 - Eilean a' Cheo
The Top Shop	Ford Road	Broadford	Isle of Skye	IV49 9AB	8.27	Ward 11 - Eilean a' Cheo
Fasgadh Stores	Dunvegan	Isle of Skye		IV55 8WA	10.22	Ward 11 - Eilean a' Cheo
The Co-operative Food	3 Bank Street	Portree	Isle of Skye	IV51 9DA	24.38	Ward 11 - Eilean a' Cheo
MacKenzie Stores	Staffin	Isle of Skye		IV51 9JS	3.00	Ward 11 - Eilean a' Cheo
Praban Na Linne Ltd	Eilean Iarmain	Isle of Skye		IV43 8QR	2.64	Ward 11 - Eilean a' Cheo
Co-operative Group Limited	Kilmallie Road	Caol	Fort William	PH33 7EN	13.75	Ward 12 - Caol and Mallaig
Glengarry Filling Station	Invergarry	Inverness-shire		PH35 4HL	0.60	Ward 12 - Caol and Mallaig
Rum Stores	Isle of Rum	PH43 4RR			2.53	Ward 12 - Caol and Mallaig
K K Cameron	Glenloy Street	Caol	Fort William	PH33 7DR	7.29	Ward 12 - Caol and Mallaig
Seven Heads Store	Spean Bridge	PH34 4EB			9.13	Ward 12 - Caol and Mallaig
Roy Bridge Stores	Roy Bridge	PH31 4AE			5.04	Ward 12 - Caol and Mallaig
Linnhe Lochside Holidays Shop	Corpach	Fort William		PH33 7NL	3.23	Ward 12 - Caol and Mallaig
The Harbour Shop	Main Street	Mallaig		PH41 4PU	8.34	Ward 12 - Caol and Mallaig
Glenfinnan Station Museum	Glenfinnan Station	Glenfinnan		PH37 4LT	0.50	Ward 12 - Caol and Mallaig
Spar	The Harbour	Arisaig	Inverness-shire	PH39 4NH	14.87	Ward 12 - Caol and Mallaig
Spar	Spean Bridge	Inverness-shire		PH34 4EP	23.58	Ward 12 - Caol and Mallaig
Co-operative Group Limited	Station Road	Mallaig		PH41 4PY	21.86	Ward 12 - Caol and Mallaig
Isle of Eigg Shop	An Laimhrig	Isle of Eigg		PH42 4RL	3.20	Ward 12 - Caol and Mallaig
Co-operative Group Food Limited	1 Royal Bank Buildings	Corpach	Fort William	PH33 7JG	26.66	Ward 12 - Caol and Mallaig
Spar	Main Street	Mallaig		PH41 4PU	29.73	Ward 12 - Caol and Mallaig
Great Glen Trading Centre	Tartan House	Glen Service Station	Dunard	Fort Augustus	19.84	Ward 13 Aird and Loch Ness
Glenmoriston Stores	Invermoriston	IV63 7YA			3.02	Ward 13 Aird and Loch Ness
Foyers Stores	Foyers	Inverness-shire		IV2 6XU	6.00	Ward 13 Aird and Loch Ness
Urquhart Castle	by Drumnadrochit	Nr Inverness		IV63 2XJ	157.30	Ward 13 Aird and Loch Ness
Bridgend Filling Station	Station Road	Beauly	Inverness-shire	IV4 7EH	15.11	Ward 13 Aird and Loch Ness
Bunchrew Caravan Park Shop	Bunchrew	Inverness-shire		IV3 8TD	1.10	Ward 13 Aird and Loch Ness
Cannich Post Office & Stores	Main Street	Cannich	Beauly	IV4 7LN	10.97	Ward 13 Aird and Loch Ness
Scotmid (The Square, Beauly)	The Square	Beauly	Inverness-shire	IV4 8BX	20.91	Ward 13 Aird and Loch Ness
Scotmid (Drumnadrochit)	Balmacaan Road	Drumnadrochit	Inverness-shire	IV63 6UQ	39.54	Ward 13 Aird and Loch Ness
Loch Ness Clansman Hotel Gift Shop	Brackla	Loch Ness Side	Inverness-shire	IV3 8LA	6.91	Ward 13 Aird and Loch Ness
Loch Ness Monster Visitor Centre	Drumnadrochit	Inverness		IV63 6TU	8.19	Ward 13 Aird and Loch Ness
The Whisky Shop	Loch Ness Exhibition	Drumnadrochit	Inverness-shire	IV63 6TU	11.69	Ward 13 Aird and Loch Ness
Drumnadrochit Post Office	Main Street	Drumnadrochit		IV63 6TX	1.92	Ward 13 Aird and Loch Ness
Co-operative Group Food Limited (Beauly)	7 High Street	Beauly	Inverness-shire	IV4 7BY	32.21	Ward 13 Aird and Loch Ness
East Kindrummond Farm	Dores	Inverness		IV2 6TU	0.36	Ward 13 Aird and Loch Ness
Bught Park Stores	98 Torvean Avenue	Inverness		IV3 5SW	2.08	Ward 14 Inverness West
Laidlaws	95 Bruce Gardens	Inverness		IV3 5HF	8.28	Ward 14 Inverness West
Spar Kinmylies	2 Charleston Court	Kinmylies	Inverness	IV3 8YB	8.50	Ward 14 Inverness West
Morning, Noon & Night (Glenurquhart Road, Inverness)	Unit 1	Glenurquhart Road	Inverness	IV3 5NZ	45.60	Ward 14 Inverness West
Blackpark Filling Station	Great North Road	Inverness		IV3 8QH	3.04	Ward 14 Inverness West
LA Food Centre	36 Laurel Avenue	Inverness		IV3 5RP	8.13	Ward 15 Inverness Central

NAME OF PREMISES	ADDRESS 1	ADDRESS 2	ADDRESS 3	ADDRESS 4	OFF-SALE CAPACITY	WARD NAME
Fox's Newsagents	47 Tomnahurich Street	Inverness		IV3 5DU	38.38	Ward 15 Inverness Central
Aldi Stores Telford Street Inverness	16 Telford Street	Inverness		IV3 5JZ	33.39	Ward 15 Inverness Central
Chalky's	65 Haugh Road	Inverness		IV2 4SD	4.33	Ward 15 Inverness Central
Tesco Metro (Tomnahurich Street)	8-10 Tomnahurich Street	Inverness		IV3 5DD	116.00	Ward 15 Inverness Central
Greig Street Stores	19 Greig Street	Inverness		IV3 5PT	12.18	Ward 15 Inverness Central
Co-operative Group Limited (Church Street, Inverness)	61 Church Street	Inverness		IV1 1DR	39.86	Ward 15 Inverness Central
The Edinburgh Woollen Mill	28/30 High Street	Inverness		IV1 1JQ	1.80	Ward 15 Inverness Central
Lidl UK GmbH (Store: 1021)	Telford Street	Inverness		IV3 5LU	46.62	Ward 15 Inverness Central
Key Store	4 Lochalsh Road	Inverness		IV3 8HW	6.37	Ward 15 Inverness Central
Dalneigh Stores	36 St Margarets Road	Inverness		IV3 5HQ	5.65	Ward 15 Inverness Central
Co-Operative Group Food Ltd (Telford Street, Inverness)	Telford Street	Inverness		IV3 5LS	83.00	Ward 15 Inverness Central
G B Rodgers	18 Grant Street	Inverness		IV3 8BL	5.03	Ward 15 Inverness Central
Marks and Spencer	9 Eastgate	Inverness		IV2 3TL	59.62	Ward 15 Inverness Central
The Whisky Shop	17 Bridge Street	Inverness		IV1 1HD	75.00	Ward 15 Inverness Central
James Pringle Weavers of Inverness	21 Bridge Street	Inverness		IV1 1HG	6.00	Ward 15 Inverness Central
Ezee	114 Academy Street	Inverness		IV1 1LX	24.00	Ward 15 Inverness Central
Iceland	Unit 3 B	Rose Street	Inverness	IV1 1NQ	11.00	Ward 15 Inverness Central
The Highlander	6-8 Bridge Street	Inverness		IV1 1HD	4.38	Ward 15 Inverness Central
Inverness Mini Mart	118 Benula Road	Inverness		IV3 8EL	3.17	Ward 15 Inverness Central
Station Newsagents (formerly The Bus Stop)	Farraline Park	Inverness		IV1 1NH	11.88	Ward 15 Inverness Central
Barney's	35 Castle Street	Inverness		IV2 3DU	3.28	Ward 15 Inverness Central
Spar	45 Thornbush Road	Inverness		IV3 8AB	10.38	Ward 15 Inverness Central
Spar	40 Montague Row	Inverness		IV3 5QB	15.09	Ward 15 Inverness Central
Tomlinsons Beer Shop	79 Castle Street	Inverness		IV2 3EA	27.66	Ward 15 Inverness Central
Merkinch Store & Post Office	1-3 Lochalsh Road	Inverness		IV3 8HU	4.02	Ward 15 Inverness Central
Home Bargains	Unit 4	Rose Street Retail Park	Rose Street	Inverness	25.44	Ward 15 Inverness Central
Highland Bottle Shop	45 King Street	Inverness		IV3 5DG	18.32	Ward 15 Inverness Central
Scotmid (Hilton Village)	6 Hilton Village	Inverness		IV2 4HT	17.00	Ward 16 Inverness Ness-side
Scotmid (Green Drive, Culduthel)	1 Green Drive	Culduthel	Inverness	IV2 4EX	14.70	Ward 16 Inverness Ness-side
Co-operative Group Limited (Tomatin Road, Inverness)	13 Tomatin Road	Hilton	Inverness	IV2 4UA	9.09	Ward 16 Inverness Ness-side
Drummond Stores	114 Culduthel Road	Inverness		IV2 4EE	5.24	Ward 16 Inverness Ness-side
Tesco Superstore (Dores Road)	Ness Side	Dores Road	Inverness	IV2 4QX	92.40	Ward 16 Inverness Ness-side
Lochardil Stores	Morven Road	Inverness		IV2 4BU	14.88	Ward 16 Inverness Ness-side
Drumblair Stores	31 Dores Road	Inverness		IV2 4RP	10.34	Ward 16 Inverness Ness-side
Scotmid	Balloan Road	Inverness			40.20	Ward 16 Inverness Ness-side
Crown Deli	17 Kingsmills Road	Inverness	IV2 3JT		1.62	Ward 17 Inverness Millburn
McColls	40 Culcabock Road	Inverness	IV2 3XQ		28.20	Ward 17 Inverness Millburn
Kingswell Service Station Ltd	36 Old Perth Road	Inverness	IV2 3RH		9.75	Ward 17 Inverness Millburn
Morning, Noon & Night (Raigmore)	2-4 Mackintosh Road	Raigmore	Inverness	IV2 3TT	22.20	Ward 17 Inverness Millburn
Crown Stores	13 Kingsmills Road	Inverness	IV2 3JT		6.35	Ward 17 Inverness Millburn
Esso Kessock Service Station	Longman Road	Inverness	IV1 1SD		12.68	Ward 17 Inverness Millburn
Morrisons	Millburn Road	Inverness	IV2 3TR		252.11	Ward 17 Inverness Millburn
Majestic Wine Warehouse	12a Harbour Road	Inverness	IV1 1SY		404.40	Ward 17 Inverness Millburn
Highland Wholefoods Workers Co-operative	Unit 6	13 Harbour Road	Longman Indus	Inverness	1.06	Ward 17 Inverness Millburn
Booker Limited	19 Longman Drive	Inverness	IV1 1SU		247.50	Ward 17 Inverness Millburn
BP Longmans Filling Station	22-24 Longman Road	Inverness	IV1 1RY		5.76	Ward 17 Inverness Millburn
Historic Scotland, Fort George Visitor Centre	Ardsier	Inverness shire	IV2 7TD		2.34	Ward 18 - Culloden and Ardsier
Co-operative Group Food Limited (Shopping Centre, Inverness)	Shopping Centre	Keppoch Road	Culloden	Inverness-shire	20.00	Ward 18 Culloden and Ardsier

NAME OF PREMISES	ADDRESS 1	ADDRESS 2	ADDRESS 3	ADDRESS 4	OFF-SALE CAPACITY	WARD NAME
Scotmid/Morning, Noon & Night (Culloden Road, Balloch)	Balloch Stores	Culloden Road	Balloch	Inverness	17.50	Ward 18 Culloden and Ardersier
McColls	12 High Street	Ardersier	Inverness	IV2 7QB	6.20	Ward 18 Culloden and Ardersier
Croy Shop	Croy	Inverness-shire	IV2 5PQ		1.36	Ward 18 Culloden and Ardersier
Scotmid/Morning Noon and Night (Smithton Park)	16A/18B Smithton Park	Smithton	Inverness	IV2 7PB	32.90	Ward 18 Culloden and Ardersier
Tesco Extra (Eastfield Way, Inverness)	1A Eastfield Way	Inverness Business a	Inverness	IV2 7GD	372.00	Ward 18 Culloden and Ardersier
Co-operative Group Food Limited (High Street, Nairn)	45 High Street	Nairn		IV12 4AU	24.71	Ward 19 Nairn
Co-operative Group Food Limited (Nairn)	King Street	Nairn		IV12 4DN	52.50	Ward 19 Nairn
Co-operative Group Limited (Moss-side Road, Nairn)	11 Moss-side Road	Nairn		IV12 5NQ	26.00	Ward 19 Nairn
Auldearn Post Office & Stores	High Street	Auldearn		IV12 5HY	2.88	Ward 19 Nairn
Royal Brackla Distillery	Cawdor	Nairn		IV12 5QY	0.00	Ward 19 Nairn
J & J Wilson Supermarket	Loch Loy Holiday Park	East Beach	Nairn	IV12 4PH	6.00	Ward 19 Nairn
Scotmid (Forres Road, Nairn)	Unit 1	Bridgemill	Forres Road	Nairn	20.79	Ward 19 Nairn
Somerfield	Inverness Road	Nairn		IV12 5QF	17.55	Ward 19 Nairn
Sainsbury's Superstore	Balmakeith	Forres Road	Nairn	IV12	160.18	Ward 19 Nairn
Tesco Store (Inshes)	Milton of Inshes	Perth Road	Inverness	IV2 3TW	282.00	Ward 20 Inverness South
Tomatin Distillery Visitor Centre	Tomatin	Inverness		IV13 7YT	10.50	Ward 20 Inverness South
Scottish Midland Cooperative Society Ltd (formerly C	Tower Road	Inverness		IV2 5DG	23.10	Ward 20 Inverness South
Co-operative (Cradlehall Court, Caulfield Road)	4 Cradlehall Court	Caulfield Road, Cradl	Inverness	IV2 5WD	26.00	Ward 20 Inverness South
Whisky by MacWilliam Ltd	10 Burnbrae Terrace	Westhill	Inverness	IV2 5HD	4.00	Ward 20 Inverness South
Spar Shop	Unit 1	Culloden Service Stat	Barn Church Rc	Culloden	26.50	Ward 20 Inverness South
ASDA Store	Ivanhoe Avenue	Inverness		IV2 6BZ	310.66	Ward 20 Inverness South
Co Operative Group Food Limited	Main Street	Newtonmore		PH20 1DR	31.67	Ward 21 Badenoch and Strathspey
Highland Folk Museum	Kingussie Road	Newtonmore		PH20 1AY	4.25	Ward 21 Badenoch and Strathspey
Ralia Cafe	Newtonmore			PH20 1BD	3.99	Ward 21 Badenoch and Strathspey
Speyside Woollen Company	Units 14 & 15	The Station	Aviemore	PH22 1RH	0.63	Ward 21 Badenoch and Strathspey
Co-operative Group Limited (High Street, Kingussie)	31-33 High Street	Kingussie		PH21 1HR	20.50	Ward 21 Badenoch and Strathspey
Laggan Stores Ltd	Laggan Bridge	Newtonmore		PH20 1AH	18.45	Ward 21 Badenoch and Strathspey
Mortimers	3 High Street	Grantown on Spey		PH26 3HB	1.38	Ward 21 Badenoch and Strathspey
The Cairngorm Brewery Company	Unit 12	Dalfaber Industrial Es	Aviemore	PH22 1ST	41.43	Ward 21 Badenoch and Strathspey
Nethy Bridge Stores & Post Office	Nethy Bridge	Inverness-shire		PH25 3DA	8.44	Ward 21 Badenoch and Strathspey
Murchies of Kingussie	24 High Street	Kingussie		PH21 1HR	9.75	Ward 21 Badenoch and Strathspey
Tesco Metro (Aviemore)	Grampian Road	Aviemore		PH22 1RH	108.00	Ward 21 Badenoch and Strathspey
Speyside Heather Centre	Dulnain Bridge	Inverness-shire		PH26 3PA	5.60	Ward 21 Badenoch and Strathspey
Co-operative Group Food Ltd (The Square, Grantov	4 The Square	Grantown-on-Spey	Morayshire	PH26 3HG	54.30	Ward 21 Badenoch and Strathspey
Spar Aviemore	115 Grampian Road	Aviemore		PH22 1SQ	11.90	Ward 21 Badenoch and Strathspey
Boat of Garten Post Office	Deshar Road	Boat of Garten		PH24 3BN	1.50	Ward 21 Badenoch and Strathspey
Dalraddy Holiday Park Shop	Alvie & Dalraddy Estates	By Aviemore	Inverness-shire	PH22 1QB	4.84	Ward 21 Badenoch and Strathspey
Glenmore Forest Park Visitor Centre	Glenmore	Aviemore		PH22 1QU	4.00	Ward 21 Badenoch and Strathspey
M & B Stores	Deshar Road	Boat of Garten		PH24 3BN	9.60	Ward 21 Badenoch and Strathspey
Scotmid (The Square, Grantown)	34 The Square	Grantown on Spey	PH26 3HF		17.55	Ward 21 Badenoch and Strathspey
Costcutter (formerly Scotmid) (Aviemore)	1 Granish Way	Dalfaber	Aviemore	PH22 1UQ	10.52	Ward 21 Badenoch and Strathspey
Kinraig Stores	The Brae	Kinraig		PH21 1NA	4.82	Ward 21 Badenoch and Strathspey
Spar Shop	Main Street	Carrbridge		PH23 3AQ	7.22	Ward 21 Badenoch and Strathspey
Malthurst Esso Aviemore	52 Grampian Road	Aviemore	Inverness-shire	PH22 1PD	9.00	Ward 21 Badenoch and Strathspey
Rothiemurchus Farm Shop	Rothiemurchus Centre	Aviemore	Inverness-shire	PH22 1QH	9.27	Ward 21 Badenoch and Strathspey
Rothiemurchus Farm Shop	Rothiemurchus Centre	Aviemore	Inverness-shire	PH22 1QH	9.27	Ward 21 Badenoch and Strathspey
Malthurst Esso Newtonmore	Perth Road	Newtonmore	PH20 1AP		8.30	Ward 21 Badenoch and Strathspey
Malthurst Esso Grantown	39 Spey Avenue	Grantown-on-Spey	Morayshire	PH26 3EJ	7.00	Ward 21 Badenoch and Strathspey

NAME OF PREMISES	ADDRESS 1	ADDRESS 2	ADDRESS 3	ADDRESS 4	OFF-SALE CAPACITY	WARD NAME
Glencoe Village Store	Carnoch	Glencoe	Ballachulish	PH49 4HS	16.40	Ward 22 - Fort William & Ardnamurchan
Whisky Shop	93 High Street	Fort William		PH33 6DG	42.82	Ward 22 - Fort William & Ardnamurchan
House of Clan Jamfrie	129 High Street	Fort William		PH33 6DG	38.70	Ward 22 - Fort William & Ardnamurchan
Ferry Stores	Kilchoan	Acharacle		PH36 4LH	4.06	Ward 22 - Fort William & Ardnamurchan
Ben Nevis Distillery	Visitors Centre	Lochybridge	Fort William	PH33 6TJ	3.99	Ward 22 - Fort William & Ardnamurchan
Tesco Metro	High Street	Fort William		PH33 6AU	41.54	Ward 22 - Fort William & Ardnamurchan
Ardgour Stores	Clovullin	Ardgour		PH33 7AB	9.36	Ward 22 - Fort William & Ardnamurchan
Onich Filling Station	Onich	By Fort William		PH33 6RZ	0.63	Ward 22 - Fort William & Ardnamurchan
Mairi MacIntyre	67 High Street	Fort William		PH33 6DN	4.37	Ward 22 - Fort William & Ardnamurchan
Morrisons	An Aird	Fort William		PH33 6AN	180.01	Ward 22 - Fort William & Ardnamurchan
Spar	Claggan Road	Fort William		PH33 6QL	27.08	Ward 22 - Fort William & Ardnamurchan
Edinburgh Woollen Mill	13 High Street	Fort William		PH33 6DH	4.80	Ward 22 - Fort William & Ardnamurchan
Lidl UK GmbH (Store:1226)	Camanachd Crescent	Fort William		PH33 6XZ	37.89	Ward 22 - Fort William & Ardnamurchan
Malthurst Road to the Isles Filling Station	North Road	Fort William		PH33 6TQ	7.95	Ward 22 - Fort William & Ardnamurchan
Lochaline Stores	Lochaline	Morvern	Oban	PA80 5XT	3.84	Ward 22 - Fort William & Ardnamurchan
Hyperhut	151 High Street	Fort William		PH33 6EA	3.63	Ward 22 - Fort William & Ardnamurchan
Spar	Grange Road	Fort William		PH33 6JF	17.60	Ward 22 - Fort William & Ardnamurchan
Co-operative Group Limited	Loanfern	Ballachulish		PH49 4JB	16.68	Ward 22 - Fort William & Ardnamurchan
Co-operative Group Limited	20 Stevenson Terrace	Kinlochleven		PH50 4RP	20.31	Ward 22 - Fort William & Ardnamurchan
Acharacle Stores	Acharacle	PH36 4JL			12.00	Ward 22 - Fort William & Ardnamurchan
Strontian Stores	Strontian	Argyll		PH36 4JB	18.42	Ward 22 - Fort William & Ardnamurchan
Sanjays Shop	Bruce Place	Plantation	Fort William	PH33 6HH	5.51	Ward 22 - Fort William & Ardnamurchan
Glenborrodale Castle (Adelphi Distillery)	Glenborrodale	Ardnamurchan	Argyll	PH36 4JP	10.79	Ward 22 - Fort William & Ardnamurchan
Glen Nevis Caravan and Camping Site - Shop 1	(Holiday Park)	Glen Nevis	Fort William	PH33 6SX	2.15	Ward 22 - Fort William & Ardnamurchan
Glen Nevis Caravan and Camping Park - Shop 2	(Touring Park)	Glen Nevis	Fort William	PH33 6SX	2.15	Ward 22 - Fort William & Ardnamurchan

Appendix 5

Off-sales capacities (pure off-sales) per ward and population

Ward	Population	Number of premises (Pure off-sales)	Total capacity (m ²)	Capacity per head of population per ward (m ²)
1. North, West and Central Sutherland	5,568	20	140.28	0.025
2. Thurso	7,218	9	416.66	0.058
3. Wick	6,587	9	409.85	0.062
4. Landward Caithness	11,355	10	91.10	0.008
5. East Sutherland and Edderton	7,952	14	265.43	0.033
6. Wester Ross, Strathpeffer, Lochalsh	11,372	32	417.71	0.037
7. Cromarty Firth	11,748	14	494.22	0.042
8. Tain and Easter Ross	8,860	10	543.37	0.061
9. Dingwall and Seaforth	12,399	12	461.57	0.037
10. Black Isle	9,639	11	164.68	0.017
11. Eilean a' Cheo	10,114	16	228.20	0.022
12. Caol and Mallaig	7,882	15	170.31	0.022
13. Aird and Loch Ness	10,658	15	335.07	0.031
14. Inverness West	8,204	5	67.50	0.008
15. Inverness Central	13,654	28	699.98	0.051
16. Inverness Ness-side	10,008	8	203.85	0.020
17. Inverness Millburn	8,050	11	991.63 or, if Booker Cash & Carry excluded, 587.23	0.123 or 0.073
18. Culloden and Ardersier	11,030	7	452.30	0.041
19. Nairn	11,593	9	310.61	0.027
20. Inverness South	14,092	7	403.58	0.029
21. Badenoch and Strathspey	12,939	26	413.91	0.032
22. Fort William and Ardnamurchan	11,404	25	532.11	0.047

Off-sales capacities – Multiple Grocery Stores

Capacity in m ²	TESCO	MORRISONS	ASDA	SAINSBURY	M&S	LIDL	ALDI	SOMERFIELD	CO-OP	SCOTMID	SPAR	OTHER STORES ⁱ	TOTAL
00.01 – 10.00					1				1		5	111	118
10.01 – 20.00								1	4	4	8	42	59
20.01 – 30.00									13	5	4	12	34
30.01 – 40.00						5	1		5	3	1	8	23
40.01 – 50.00	1					2			5	1		2	11
50.01 – 60.00					1				3				4
60.01 – 70.00													0
70.01 – 80.00	1								2				3
80.01 – 90.00									2				2
90.01 – 100.00	1												1
100.01 – 150.00	3												3
150.01 – 200.00	1	2	1	1									5
200.01 – 250.00	2												2
250.01 – 300.00	1	1											
300.01 – 350.00			1										1
350.01 – 400.00	1												1

ⁱ Includes off-sales at garages selling groceries. Excludes premises dedicated only to off-sales and other premises such as visitors centres, “tartan” shops, etc. which serve the tourist market rather than the community. Also excludes Bookers Cash & Carry, Inverness.

Assessment of the over provision of licensed premises in the Highland Council area

Submitted by the Public Health Department, NHS Highland, August 2013

1. Situation

This paper provides background information and recommendations to inform the Licensing Board's development of a statement on the overprovision of alcohol sales capacity in the Highland Council area in accordance with section 7 of the Licensing (Scotland) Act 2005.

This paper builds on the first paper submitted to the Licensing Board in 2011 entitled '*Preparation of Overprovision Statement under Section 7 of the Licensing(Scotland) Act 2005*¹'. It also makes reference to a paper currently in the public domain published at the same time as Highland's Council draft consultation entitled '*Is there Evidence of Possible Overprovision in Highland?*²' See link below.

<http://www.highland.gov.uk/businessinformation/licensing/>

This paper assesses:

- Information on alcohol related health harm in the Highland Council area
 - An overview of health harm attributable to alcohol
 - Multimember ward level information on health harm attributable to alcohol
- Population access to off-sales and on-sales licensed premises
- Crime and house fire data
- Views of the public

Section 4 makes recommendations for the Licensing Board to consider in preparation of the statement on alcohol overprovision.

In addition a short documentary is available providing expert opinion from a number of sources. These views have been gathered from those personally affected by alcohol and by professionals involved in public health and service delivery.

2. Background

The Licensing (Scotland) Act 2005 (Scottish Government 2005)³ has five central objectives:

- Preventing crime and disorder
- Securing public safety
- Preventing public nuisance
- Protecting and improving public health
- Protecting children from harm.

The Act stipulates that each Licensing Board must publish a statement of its policy with respect to the exercise of the Board’s functions under the Act, in advance of each three-year period.

2.1 The cost of alcohol harm in Highland

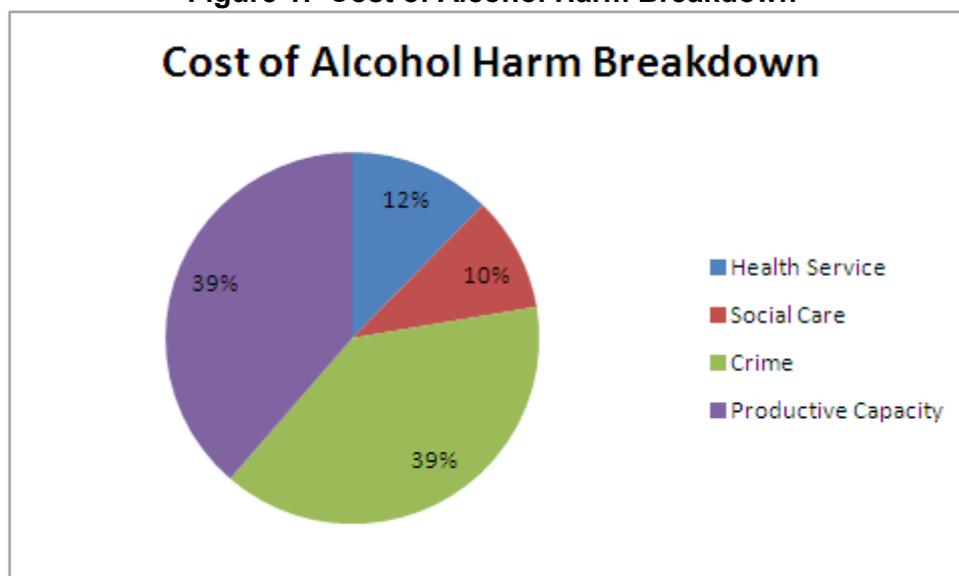
The following Table 1 and Figure 1 show the breakdown of social care and productive capacity costs for Highland as a result of harm caused by alcohol for the year 2010/11⁴. The Highland total is approximately £85 million and this equates per head of population to £383; in comparison the Scotland figure is slightly higher at £396 per head. This does not include wider social costs that estimate the value of non-paid work and intangible social costs associated with people who experience premature mortality from alcohol-related diseases.

Table 1: Cost of Alcohol Harm Breakdown 2007

Cost of Alcohol Harm Breakdown	Millions	Percentage
Health Service	10.40	12
Social Care	8.51	10
Crime	33.11	39
Productive Capacity	32.83	39
Total	84.85	100%

(Source: Alcohol Focus 2010/11⁴)

Figure 1: Cost of Alcohol Harm Breakdown



Source: Alcohol Focus 2010/11⁴

2.2: Problems related to alcohol

Alcohol is an important part of Highland life. Whisky production and associated businesses provides work for thousands of people and brings money into the Highland economy. It can also make a positive contribution to an individual’s mental, and social health, and wellbeing

when used sensibly. Similarly, for communities it can make a positive contribution to social interactions and gatherings.

Alcohol, if not used sensibly, has great potential to cause harm leading the way to negative social, physical and mental health problems including:

Harm - health

- Death
- Acute poisoning and intoxication
- Falls and injuries
- Long term conditions
- Sexual abuse, sexually transmitted diseases and unwanted pregnancies

Societal

- *Crime
- Domestic violence
- Employment issues
- **House fires
- Relationship issues
- Road accidents
- Violence

The list shows that alcohol causes harm beyond the physical and psychological health of the drinker and can impact on the health and wellbeing of people around them.

Alcohol carries a significant risk of dependence and is characterised by the individual not being able to control their drinking and this affecting their social interactions, employment and recreational activities. A European study⁵ estimated that 9.3% of men and 3.6% of women in England were alcohol dependant. Although figures are not given for Scotland prevalence can be estimated for the Highland area. This has been calculated as 11,400 males and 4,640 females aged 18 and over. These figures are probably an underestimate as alcohol sales and prevalence of health harm is higher in Scotland.

***Crime**

Police data shows that between April and November 2012 67530 incidents were logged and out of these 11.6% or 7825 were recorded as alcohol related. When the incidents involving alcohol are broken down into premises types the top three were the categories of Public Place/Rd/Street 40%, Dwelling House 37% and Licensed Premises 5%. Although listed third in Table 2 the incidents associated with licensed premises total less than 5%.

Table 2: Incidents Involving Alcohol by Premise Type April to November 2012

Location	Percentage	Total
Public Place/Rd/Street	40.7	3185
Dwelling House	38.1	2983
Licensed Premises	4.9	391
Shop/Office	3.2	256
Guest House/Hotel	2.0	159
Hospital including medical premises	1.3	104
Police	1.2	101

Residential Establishments	7.1	56
Leisure/Sporting Premises	0.5	42
No information	7.0	548
Total	100%	7825

Source: Police Scotland Highlands and Islands Division 2012⁶

The police beats come out with the highest number of incidents involving alcohol correlate with the most deprived areas in the Highlands. The most common beats where these incidents occur are:

- Inverness Centre
- Inverness West – Merkinch
- Fort William
- Nairn
- Alness
- Dingwall
- Inverness West – Ness
- Wick

****House Fires**

In 2011/12 to date there have been 7 alcohol-related dwelling fires in Highland. This compares to 11 in 2010/11 and 6 in 2009/10. From 2009 to March 2012 there has been one recorded fire fatality from alcohol related dwelling fires. This occurred in Lochaber in 2011/12. It is difficult to interpret these figures because of the small numbers and differing populations covered in each area.

Table 3: Alcohol Related Dwelling Fires

Area	2009/10	2010/11	2011/12	Total
Caithness	1	1	2	4
Easter Ross	0	4	0	4
Inverness & Nairn	4	6	1	11
Lochaber	1	0	0	1
Skye & Lochalsh	0	0	2	2
Sutherland	0	0	1	1
Badenoch & Strathspey	0	0	1	1
Wester Ross	0	0	0	0
Total	6	11	7	24

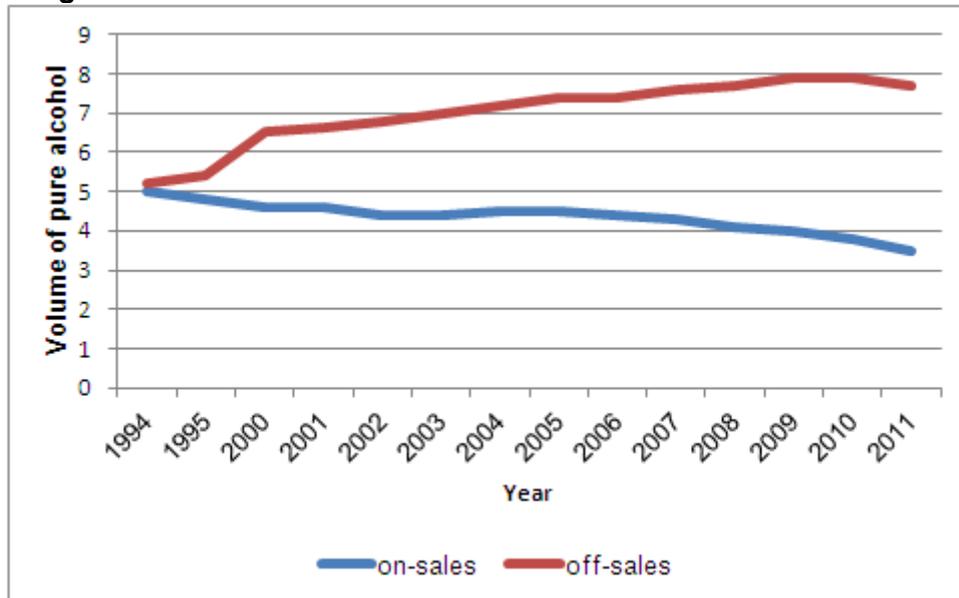
Source: Highland & Islands Fire and Rescue Service 2009-2012⁷

2.3 Alcohol Sales

Although specific sales data is not available for Highland trends for Scotland are available and it is likely that off-license and on-licensed sales will be very similar. In Scotland, the volume of pure alcohol sold per adult through the on-trade decreased by 30% from 5.0L in 1994 to 3.5L in 2011, whereas off-trade sales increased by 48% over the same time period,

from 5.2L in 1994 to 7.7L in 2011. It is estimated that about two-thirds (69%) of all pure alcohol sold in Scotland in 2011 was sold through the off-trade.

Figure 2: Trends in Alcohol Sales in Scotland for on and off sales



Source: NHS Health Scotland 2012⁸

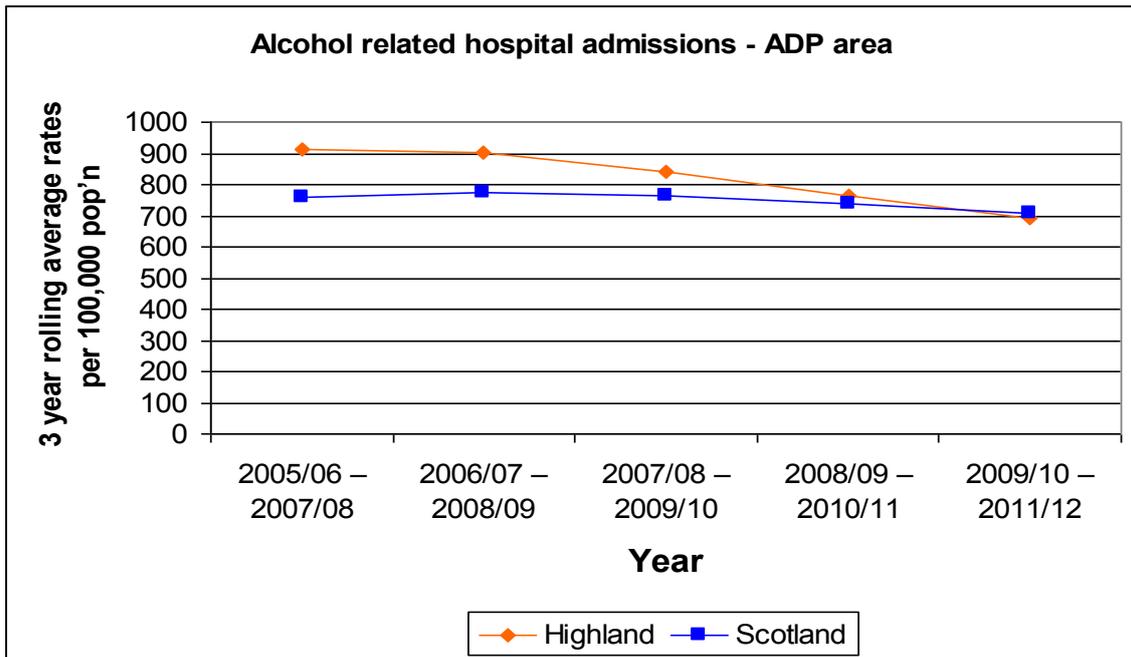
3. Assessment

The following indicators have been included because these data are collected nationally and show changes over time and comparisons to the Scottish average.

3.1 Alcohol Related Hospital Admissions

Highland Alcohol and Drugs Partnership (ADP) area and Scotland both have a decreasing rate per 100,000 population of alcohol related hospital admissions. Highland ADP area remained above the national rate until 2011/12 where it fell just below. Although this downward trend is good news drinking levels still remain dangerously high for many people who live in Highland.

Figure 3: Alcohol Related Hospital Admissions – Highland Council and Scotland



Source: ISD, SMR01 (Mar 2013)⁹ Admissions from non-obstetric and non-psychiatric hospitals

Table 4: General acute inpatient and day care discharges with alcohol-related diagnosis in any position. 3 year rolling average rates per 100,000 population

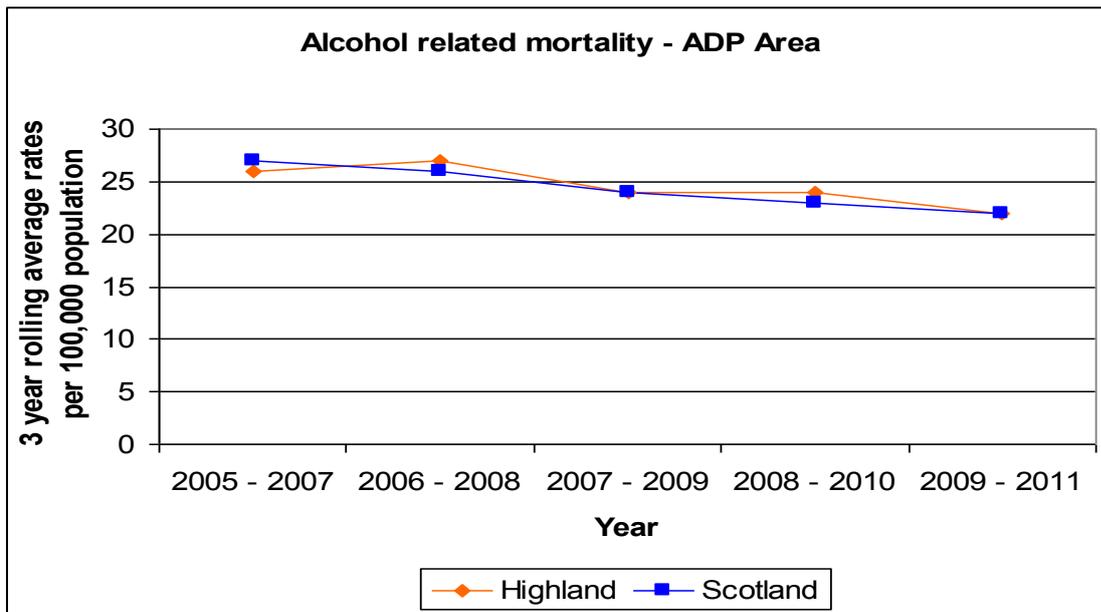
ADP	2005/06 – 2007/08	2006/07 – 2008/09	2007/08 – 2009/10	2008/09 – 2010/11	2009/10 – 2011/12
Highland	913	903	840	763	690
Scotland	758	776	766	736	710

Source: ISD, SMR01 (Mar 2013)⁹

3.2: Alcohol Related Mortality

Highland ADP area and Scotland have had an almost identical rate of alcohol deaths since 2005 showing an encouraging downward trend.

Figure 4: Alcohol Related Mortality by ADP area



Source: ISD 2013¹⁰

Table 5: Alcohol related deaths (underlying cause); Calendar years 2005 - 2011, 3 year rolling average rates per 100,000 population

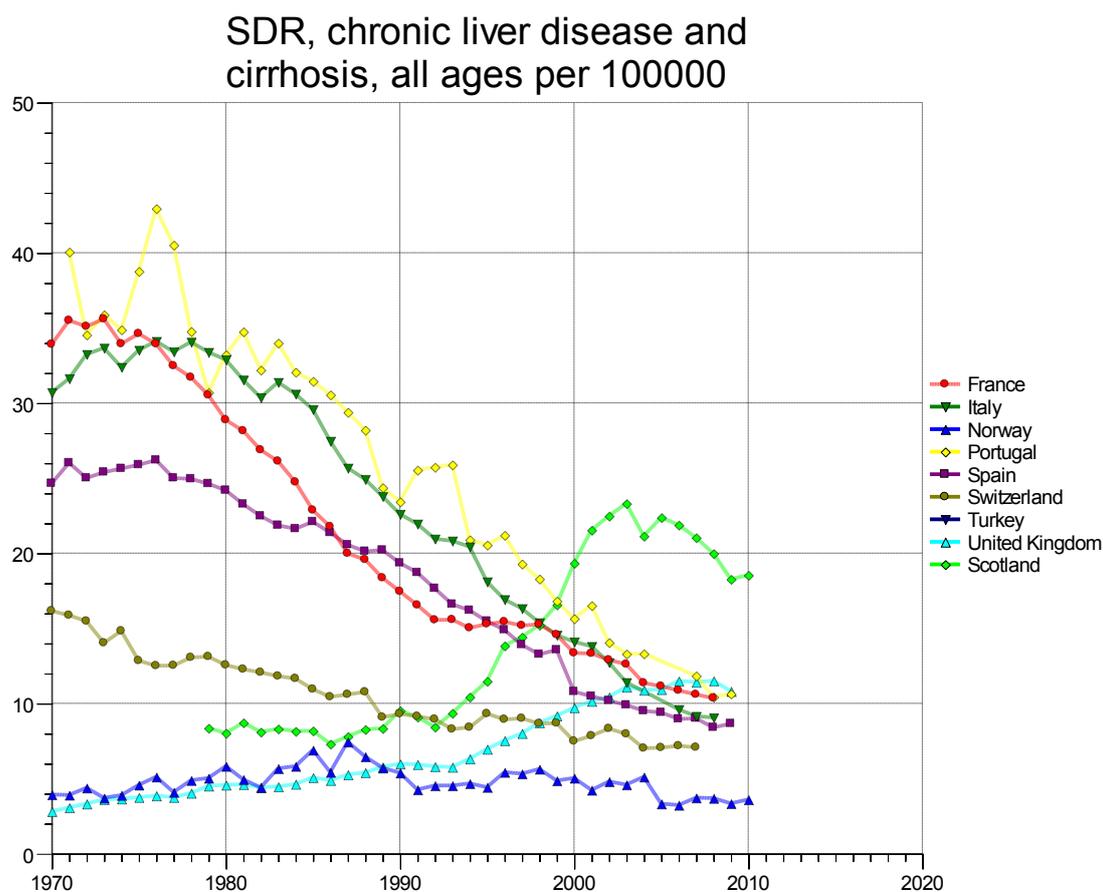
ADP	2005 - 2007	2006 - 2008	2007 - 2009	2008 - 2010	2009 - 2011
Highland	26	27	24	24	22
Scotland	27	26	24	23	22

Source: ISD 2013¹⁰

3.3: Scotland in Comparison to Europe

The recent downward trend for alcohol related deaths and mortality rates for Scotland is encouraging but in comparison to Europe the impact of alcohol remains of concern. Figure 5 shows the Standardised Death Rate for selected alcohol related causes per 10,000 population; Scotland has the highest SDR of these selected countries and between 1995 and 2000 showed an upward trend¹¹. It is also of note that Scotland is higher than the UK figure. See Table 6.

Figure 5: Standardised chronic liver disease and cirrhosis, all ages per 10,000



Source: ScotPHO¹¹

Table 6: SDR Selected Alcohol Related Causes

Country/SDR per 10,000 popn	Scotland	United Kingdom	France	Italy
2001	82.47	51.94	82.15	53.5
Latest data	70.65 (2009)	50.4 (2010)	65.68 (2008)	40.46 (2008)

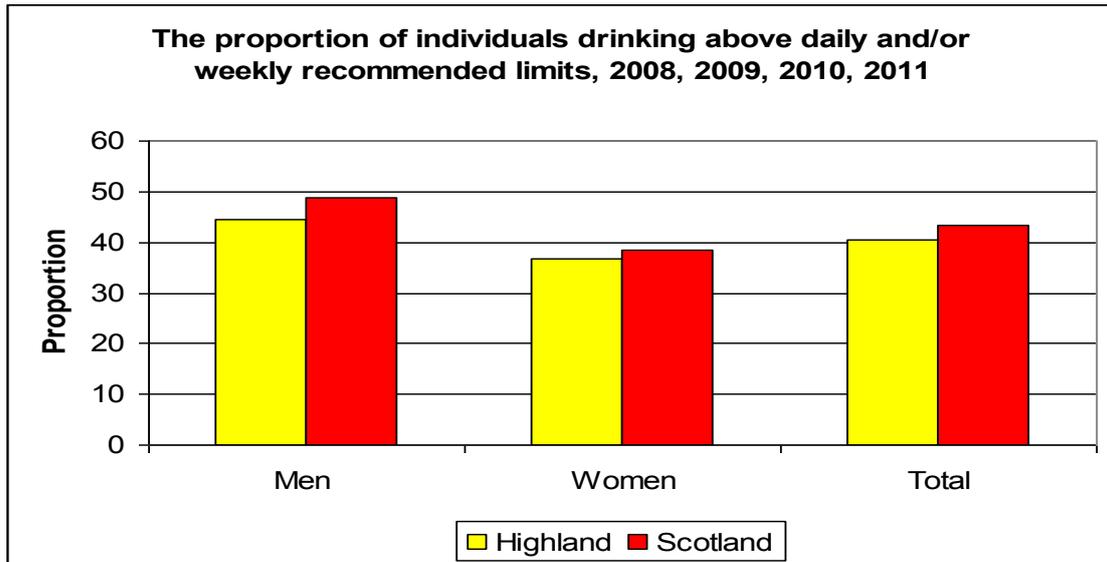
Source: ScotPHO¹¹

3.4: Alcohol related behaviours

3.3.1: Population exceeding weekly and/or daily limits

An indicator has been agreed to measure the population exceeding weekly and/or daily recommended limits. It is as follows: *if an individual drank more than 4 units (men) or 3 units (women) on heaviest drinking day, and/or drank more than 21 units (men) or 14 units (women) in a usual week.* Figures for 2008 to 2011 for the Highland area show 44.5% of men and 36.7% of women drink over the recommended levels that are slightly below the Scottish average¹² but not statistically significant. See Table 7.

Figure 6: The proportion of individuals drinking above daily and/or weekly recommended levels 2008-2011 combined



Source: Scottish Health Survey (2008-11)¹²

Table 7: The proportion of individuals drinking above daily and/or weekly recommended limits, 2008, 2009, 2010, 2011: Aged 16 and over (Figures based on all survey respondents) NHS Board

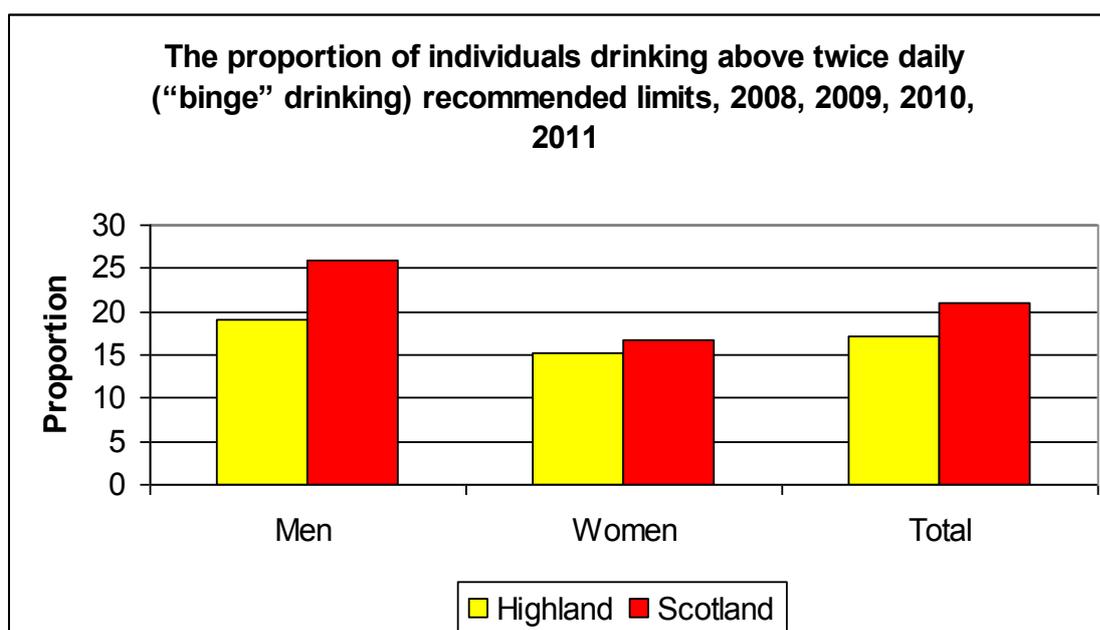
NHS Board	Men	Women	Total
Highland	44.5	36.8	40.5
Scotland	48.7	38.6	43.4

Source: Scottish Health Survey (2008-11)¹²

3.4.2: Proportion of individuals drinking above twice daily recommendations

The indicator for drinking above twice the daily recommendations was drinking greater than 6 units on one occasion for women and greater than 8 units for men. More men than women drank above twice the daily recommendation¹³. The difference between the Highland figure 19.1 and the Scotland figure 26, for men, is statistically significant.

**Figure 7: Proportion of individuals drinking above twice daily recommendations
Combined data 2008 to 2011**



Source: Scottish Health Survey (2008-11)¹³

Table 8: The proportion of individuals drinking above twice daily ("binge" drinking) recommended limits, 2008, 2009, 2010, 2011: Aged 16 and over and current drinker

NHS Board	Men	Women	Total
Highland	19.1	15.2	17.1
Scotland	26.0	16.7	21.1

Source: Scottish Health Survey (2008-11)¹³

3.5: Highland Council – multi member wards

For the purposes of planning and licensing, it is necessary for the Licensing Board to be able to consider the health picture in local areas rather than across the whole council area. When breaking data down to look at very small areas, it can be difficult to interpret the numbers generated due to the small populations or the small numbers of people affected. This is particularly the case for the Highland council area due to the remote and rural nature of its territory. The information in this section of the report is presented at multimember ward level which is large enough to make valid comparisons between places but also small enough to provide locally relevant information.

The data on health related harm is produced by the Scottish Public Health Observatory and illustrates the numbers and rates of people admitted to hospital where their condition is directly or largely attributable to the effects of alcohol. This includes both short term health effects of intoxication and alcohol poisoning and longer term effects on health such as damage to the liver. The figure also includes the fraction of people in

whom alcohol contributed to the development of their health condition including heart attacks, stroke and some types of cancer. As the data is of hospitalisations only, it does not reflect people who were not admitted to hospital, for example those who consulted their GP with an alcohol related problem. It also does not include information from psychiatric and psychological services. It is therefore a significant underestimation of the true picture of health harm as a result of alcohol.

Table 9: Rates of hospitalisation for alcohol related conditions presented by multimember ward for the period between 2007 and 2009¹

Ward Name	Rate of Hospitalisation per 100,000
Aird and Loch Ness	1092.4
Badenoch and Strathspey	1054.7
Black Isle	877.4
Caol and Mallaig	1715.2
Cromarty Firth	1493.7
Culloden and Ardersier	1066.9
Dingwall and Seaforth	1274.7
East Sutherland and Edderton	1137.3
Eilean a' Chèo	1637.3
Fort William and Ardnamurchan	1708.8
Inverness Central	2484.8
Inverness Millburn	1395.6
Inverness Ness-Side	1348.9
Inverness South	1022.8
Inverness West	1521.5
Landward Caithness	1280.1
Nairn	1109.8
North, West and Central Sutherland	1236.9
Tain and Easter Ross	1196.7
Thurso	1475.7
Wester Ross, Strathpeffer and Lochalsh	1189.3
Wick	2143.1

Source: Directorate of Public Health¹

The Scottish average rate for this period is 1088 hospitalisations per 100,000 people in the population. The majority of the multimember wards show rates statistically significantly above the low standard of the Scottish average. These areas are coloured in green in Table 9. Only one multimember ward area, the Black Isle has a directly standardised rate of hospitalisation significantly lower than the Scottish average.

3.6: Population Access to licensed locations: 10 minute walk time and 10 minute drive time

Alcohol availability has been shown in research to have a strong influence on alcohol use and a recent systematic review identified studies that showed significant positive relationships between the density of outlets and levels of violence, alcohol related traffic accidents, self-reported injuries and suicide, sexually-transmitted disease and child abuse or neglect¹⁴. While the nature of the association is contested, the authors conclude that there is sufficient evidence to indicate drinking-related harm associated with increased outlet density.

The postcodes of the alcohol licensed locations in conjunction with unit postcode population data available from the Community Health Index (CHI) at October 2012 to undertake a network analysis in a Geographical Information System. This allowed the calculation of the number of licensed outlets accessible from every postcode in Highland with A CHI population. The access extents were defined by ten minute drive time and a ten minute walk time.

Table 10: Percentage of Highland population within 10 minutes drive and walk times of an alcohol licensed outlet by Licensing Board

All licensed locations	Highland	North	Mid & West	East
10 minutes drive	93.8	94.1	90.4	95.6
10 minutes walk	65.6	65.5	57.7	70.7
Off licenses				
10 minutes drive	90.4	91.1	83.8	94.1
10 minutes walk	53.6	55.1	41.9	60.0

Source: Directorate of Public Health and Policy (2013)¹⁵

Table 10 shows that 94% of the population of Highland are within a 10 minute drive time and 66% are within a 10 minute walk time of a licensed location. For off-licenses only the percentage falls slightly to 90% of the population being within a 10 minute drive time and 54% being within a 10 minute walk time. There are variations within Licensing Board areas for example access is highest in the East and lowest in the Mid and West areas.

3.7: Views of the Public

Two surveys were undertaken to provide public opinion about alcohol provision and overprovision in Highland. The data was collected by using the on-line survey monkey tool

and through a participatory appraisal technique. These methods were chosen to add another dimension to the discussion about alcohol overprovision in addition to quantitative data. It is not possible to report all the findings here and separate reports are posted on Scotland's Alcohol Focus website¹⁶ and available from the HADP.

<http://www.alcohol-focus-scotland.org.uk/licensing-policy-and-practice>

See Appendix one for a summary of the main findings.

Participatory Appraisal - Key results

Question 1: "Alcohol is part of Highland life. Do you agree or disagree with this statement?"

The first question on the Participatory Appraisal asked, "Alcohol is part of Highland life. Do you agree or disagree with this statement?" Figure 8 indicates that 80% (470) of people agreed. When broken down by gender both males 82% (218) and females 79% (252) were mostly in agreement with this statement.

Figure 8: "Alcohol is part of Highland life. Do you agree or disagree with this statement?" (n = 584)

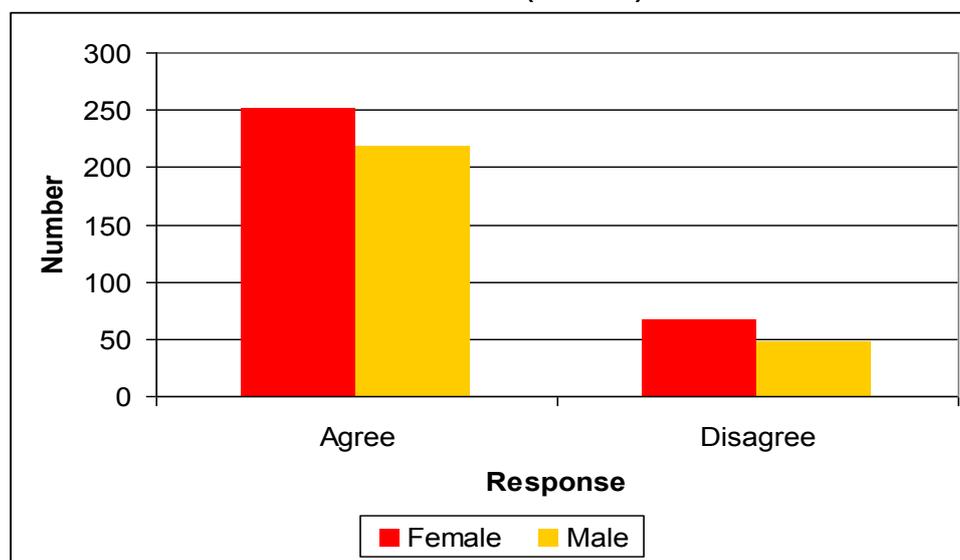
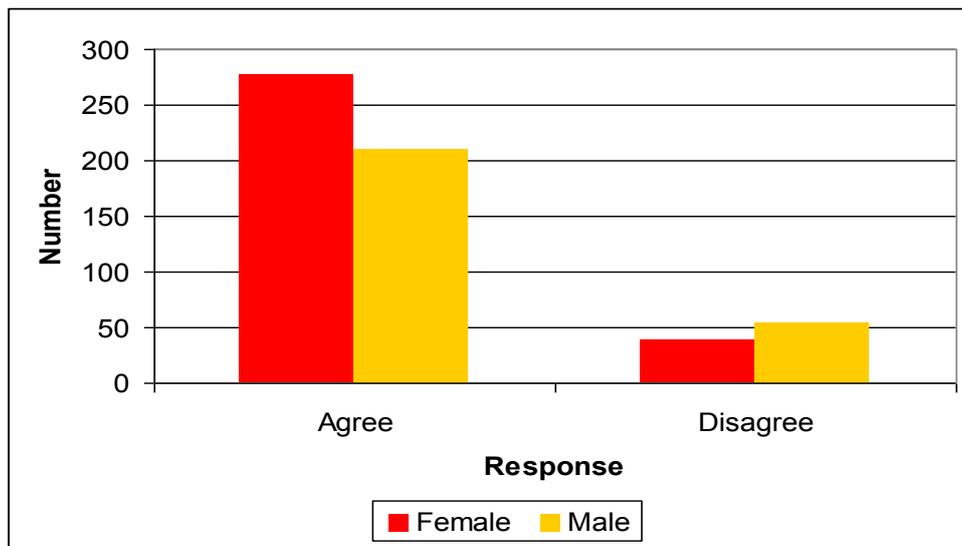


Figure 8 shows how strongly people agreed with the statement (10 being most strongly agree). The majority chose "10", 26% (121) or "8", 24% (111) which indicates there was a very strong agreement to the statement. When the highest three scores (8, 9 and 10) are added together a cumulative 80% strongly agreed.

Question 2: “There are enough places selling alcohol in the area where you live. Do you agree or disagree with this statement?”

The second question on the Participatory Appraisal asked, “There are enough places selling alcohol in the area where you live. Do you agree or disagree with this statement?” 84% (487) agreed with this statement, 48% females (277) and 36% males (210) (Figure 15.)

Figure 9: “There are enough places selling alcohol in the area where you live. Do you agree or disagree with this statement?” (n = 579)

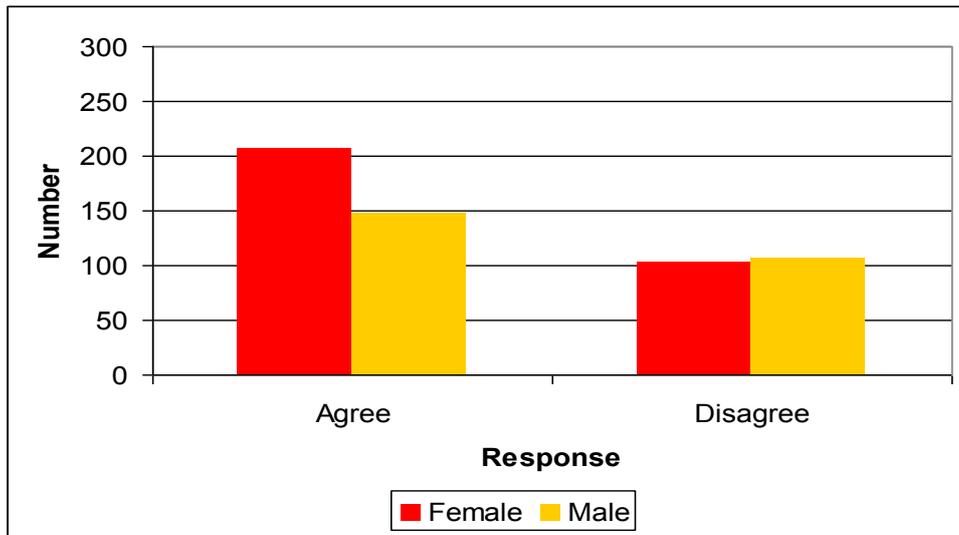


When asked how strongly they agreed the vast majority, 40%, chose the strongest score of 10 (198). Only 1% (7) people chose a low level of agreement (a score of 1-4). This indicates that the majority of respondents feel there are enough places selling alcohol in the area where they live (Figure 9) When the highest three scores (8, 9 and 10) are added together it shows that 71% strongly agreed that there are enough places selling alcohol in the area where they live.

Question 3: “When more alcohol is available people tend to drink more. Do you agree or disagree with this statement?”

The final question in the Participatory Appraisal asked, “When more alcohol is available people tend to drink more. Do you agree or disagree with this statement?” 63% (355) of respondents agreed with this statement (Figure 10.)

Figure 10: “When more alcohol is available people tend to drink more. Do you agree or disagree with this statement?” (n = 565)



The majority of those who agreed with this statement, when asked about strength of feeling gave it a high score (Figure 10). Again, 10 was the strongest level of agreement. Most people scored 8, 23% (84) followed by 22% scoring 10 (77). When the highest three scores (8, 9 and 10) are added together it shows that over half of respondents (56%) strongly agreed that when more alcohol is available people will drink more.

4: Summary and Recommendations

In developing this report it is recognised that alcohol has an important place in Highland culture and contributes significantly to the economy. The two recommendations are intended to tackle the overprovision of alcohol and to reduce alcohol related harm.

The levels of alcohol related health harm in the Highland Council area remain of concern even though in recent years there is a slight downward trend in some of the data such as mortality and hospital admissions. Standardised Death Rates (SDR), comparing Scotland and selected European countries, show that Scotland has one of the highest SDR for chronic liver disease. It is estimated in Highland there are 11,400 males and 4640 females aged 18 and over who are alcohol dependant. As stated previously these figures are probably an underestimate as alcohol sales and prevalence of health harm is higher in Scotland.

The cost of alcohol harm has been estimated in Highland to be £383 per head of population (Scotland is £396) and includes health and social care costs, crime and productive capacity.

The 40.5% of the Highland population exceeding weekly and/or daily drinking limits and the 17.1% of individuals drinking double or more than above twice the daily recommended limit remains of grave concern. Variations in rates of hospitalisation for alcohol related conditions are found at multi-member ward level and should be considered as part of developing the policy statement.

The impact of the downward trend of on-sales and upward trend of off-sales should be considered as part of developing the policy statement. Furthermore the report provides evidence of the population's ease of access to alcohol because over 90% of the population of Highland are within a ten minute drive time of a licensed premise.

The results from the two public surveys indicate that the public are aware of the harmful drinking culture; concerned about the impact of alcohol on children; and confirmed the social trend of buying alcohol from off-sales premises. The public also cited the role of licensing in controlling the supply of alcohol.

There have been a number of challenges in assessing the various data sources because of differences in geographical areas, small data sets and a limited number of time trends. For future analyses this can be improved by agreeing data sets, recording data over time and improved data sharing. The Highland Alcohol and Drugs Partnership from July 2013 manages an agreed set of indicators that will help with future analysis.

Recommendations

The Licensing Board accepts the information provided within this assessment when formulating the Licensing Policy.

Option 1

The Licensing Board should consider in relation to off-sales the overall supply of alcohol in Highland as well as individual premises and agree that the current supply is sufficient. To limit the supply, no more off-sales licenses are agreed, where the sales capacity is 40 square meters and over (or such other square meters as the LB considers appropriate).

Key Evidence

- Standardised mortality rates for Scotland in comparison to European rates (Table 5)
- Alcohol related hospital admission rates and alcohol related mortality (Table 4&5)
- Increased supply of alcohol through off-sales (Figure 2)

- Overall cost to Highland of alcohol related harm is estimated as £383.00 per head (2.1)
- Highland patterns of harmful drinking (Table 7 & 8)
- 79% of alcohol related incidents recorded by the police take place in a 'public place/road/street' and 'dwelling house' , not on licensed premises (Table 2)
- Population access to alcohol licensed premises; 10 minute drive time and walk time (Table 9)
- Public opinion suggesting a willingness to accept a change to licensing practice (3.7)

This is the NHS preferred option.

Option 2

The Licensing Board should consider in relation to off-sales the evidence of health harm based on the 2011 report² where specific multi-member wards are above the Scottish average. To limit the supply, no more off-sales licenses are agreed, where the sales capacity is 40 square meters and over (or such other square meters as the LB considers appropriate).

This relates to the following wards: Caol and Morag; Cromarty Firth; Dingwall and Seaforth; Eilean a'Cheo; Fort William and Archnamurchan; Inverness Central; Inverness Milburn; Inverness Ness-Side; Inverness West; Landward Caithness; Thurso and Wick.

Key Evidence

- Rates of hospitalisation for alcohol related conditions based on the report submitted by Public Health Directorate 2011 (Table 9)
- Alignment to police data (2.2 Crime)
- As option 1

Finally, the Licensing Board agrees to receive future reports on the impact of alcohol harm as the data sources continue to be developed.

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Appendix 1

A Survey Monkey (SM) style questionnaire of 15 questions was posted on the Highland Council and NHS Highland websites and sent out through ADP networks during February 2013. 420 people responded to this questionnaire.

A Participatory Appraisal (PA) tool was devised (for adults) and the data was collected by trained volunteers co-ordinated by the Highland Interface. The local ADP groups also helped collect the data. Over 600 responses were collected through this technique during February and March 2013.

Both tools focused on off-sales access, availability and affordability. Respondents were not asked about personal drinking habits.

Results of the survey and participatory appraisal

There was close alignment between the findings of both surveys.

SM: 76% (316) of off-sales alcohol was purchased most frequently from the supermarket

PA: 58% (350) of off-sales alcohol was purchased most frequently from a supermarket

SM: 62% (256) of respondents travelled for less than 15 minutes to purchase alcohol.

PA: 49% (194) of respondents travelled less than 5 minutes to purchase alcohol. If travel time is increased to less than 15 minutes the percentage goes up to 71%

PA: 80% (470) of respondents agreed that alcohol was part of Highland life.

(SM; No equivalent question.)

SM: 75% (299) respondents agreed there were either 'about right' or 'too many' places selling alcohol in the area they lived.

PA: 84% (487) of respondents agreed that there were enough places selling alcohol in the area where they lived

PA: 63% (355) of respondents agreed that when more alcohol was available people tend to drink more.

(SM: No equivalent question).

PA: 64% (256) of respondents said they were influenced by alcohol type/brand promotions. Furthermore 37% (146) reported that the amount of alcohol they purchased was influenced by promotions and offers.

(SM: No equivalent question).

SM: Overwhelmingly, when asked to select which premises should not be selling alcohol, respondents selected 'garages/petrol stations' 93% (256). Supermarkets were selected by 11% (27) of the respondents.

(PA: No equivalent question).

PA: Comfort/relaxation/socialising 80% (319) followed by price 62% (249) were reported to be the main reason why people drank at home rather than a licensed premise.

(SM: No equivalent question)

Children and the control of alcohol.

One question was dedicated to the issue of children and the control of alcohol (SM) and was entirely free text. Key issues such as the normalisation of alcohol alongside everyday products and the importance of parents being role models were raised. Solutions varied

from parents being seen as role models by drinking sensibly and alcohol being banned in the home where there were children.

Questions relating to what the public would like to change

There were many thoughtful and meaningful suggestions in response to questions about what the public would like to change. There were a polarisation of views and opinions such as further liberalisation of alcohol versus further licensing restrictions. The role of licensing was raised particularly in relation to the statement 'is there enough places selling alcohol in the area where you live'. The respondents saw licensing an important control measure in these circumstances. Most comments about education related to changing the drinking habits of younger people.

Participatory Appraisal Questions

It is not practical to include all the survey data. Here are the three key questions asked in the participatory appraisal:



DATE

Your Ref:

Our Ref:

Ms Susan Blease
Deputy Clerk to the Highland Licensing Board
The Highland Council
Council Offices
High Street
Dingwall
IV15 9QN

Divisional Co-ordination Unit
Highland and Islands Division
Police HQ
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Dear Ms Blease

LICENSING (SCOTLAND) ACT 2005 OVERPROVISION ASSESSMENT CONSULTATION

I refer to the above and submit the following information.

To assist with this process the following crime and incident data has been compiled from Crime & Incident Figures Relating to Alcohol, Highland Area Command^{1st} April 2012 to 30th November 2012.

Currently there are approximately 1212 licences in the Highland area, which breaks down to:

- 313 off-sales
- 899 on-sales

To create this report the following data has been examined:

- All alcohol related incidents in Highland by beat area
- All alcohol defined crimes (crimes of drunkenness)
- SIMD 2012
- Data from the Health Intelligence and Knowledge Team NHS Highland

The period covered is **1st April 2012 to 30th November 2012.**

Report Constraints

A breakdown of the locations of licensed premises has not been provided therefore no mapping of licence provision in Highland has been provided within this report.

Recording constraints with regards to the geocoding of the locations of incidents have meant that crime mapping is not available. The data is not recorded at datazone level, therefore the results returned in this report are broken down by beat area.

SIMD 2012

The SIMD crime domain measures the rate of selected crime at small area level. It is based on six indicators of broad crime types, chosen partly on the basis of the relevance of their impact on the local neighbourhood and partly on the availability of data.

The six indicators are:

- **Recorded Crimes of Violence**
- **Recorded Sexual Offences**
- **Recorded Domestic Housebreaking**
- **Recorded Vandalism**
- **Recorded Drugs Offences**
- **Recorded Common Assault**

The top data zones in the Crime domain for the Highlands are shown in the following table:

Data Zone Name	Data Zone Reference	Overall Rank in Highland in 2012
Inverness Central & Longman	S01003853	3
Wick Pultneytown South	S01003977	48
Inverness Merkinch North	S01003860	51
Wick	S01003984	74
Fort William	S01003731	91
Loch Ness/Drumnadrochit	S01003758	101
Inverness Crown and Haugh	S01003815	105
Wick South	S01003978	160
Thurso West	S01004007	174
Dingwall	S01003907	183
Inverness Merkinch	S01003849	188
Inverness Merkinch	S01003855	206
Inverness Hilton	S01003793	221
Alness	S01003922	232
Invergordon	S01003920	258
Inverness Muirtown	S01003824	263
Thurso East	S01004002	265

There are 17 data zones in the Highlands which are in the most deprived 15% in Scotland and these are shown in the following table:

Data Zone Name	Data Zone Reference	Rank in Highland 2012	Rank in Scotland 2012	% in Highland 2012	% in Scotland 2012	Population
Inverness Merkinch North	S01003860	1	32	5%	5%	709
Inverness South Kessock	S01003862	2	107			694
Wick Pultneytown South	S01003977	3	288			481

Inverness Merkinch East	S01003849	4	298		920
Invergordon Strath Avenue	S01003924	5	375		496
Wick Hillhead North	S01003985	6	404		661
Inverness Central & Longman	S01003853	7	479	10%	1052
Inverness Merkinch South	S01003855	8	519		855
Wick South	S01003976	9	578		725
Alness Kirkside	S01003926	10	686		639
Inverness Hilton West	S01003796	11	796		638
Seaboard South	S01003937	12	797		754
Inverness Merkinch Telford	S01003845	13	821		1000
Dingwall Central	S01003907	14	867		752
Wick South Head	S01003978	15	918		507
Inverness Raigmore North	S01003839	16	949		631
Alness Teaninich	S01003922	17	970	10%	906
					Total = 12420

The data zones in the above table are common with the beats contained within this report which are connected to alcohol related crimes and incidents.

Consultation with NHS Highland

The NHS Health Intelligence and Knowledge Team have carried out their own research into alcohol related illnesses and how they affect NHS Highland.

General acute inpatient and day case discharges:

- Over the 5 year period 2006-07 to 2010-11, there has been a 19% decrease in the rate of alcohol-related discharges in NHS Highland. This compares with a 6% reduction nationally. Rates in NHS Highland are currently very similar to those reported for the whole of Scotland.
- The decrease could be connected to the change in the pattern of psychiatric inpatient care in recent years with more care now being provided in the community setting in NHS Highland. This has resulted in a reduction in alcohol-related psychiatric discharges, however, one in five of all discharges in psychiatric specialties have a diagnosis directly related to alcohol.
- There are differences in alcohol related diagnoses with age. Alcohol intoxication and toxic effects of alcohol are more frequently recorded in the hospital care of those in younger age groups, while liver disease, psychoses and dependence are more frequently recorded in those in the older age groups.
- In 2011-12, the rate of alcohol-related discharges from general acute hospitals was 5 times greater from patients living in the most deprived twenty percent of areas in NHS Highland compared to those living in the least deprived twenty percent. However it is worthy of note that this is a consequence of conditions that often arise from years of alcohol-related chronic illness. These years are often associated with downward social mobility as chronic drinking results in the dislocation of work and family functions, loss of employment and new living arrangements are common outcomes and there is frequently a requirement for new housing and this accommodation is often necessarily found in the most deprived areas. This pattern reflects the burden of disease resulting from long-term alcohol misuse.
- In NHS Highland hospitals, 40 beds on average are occupied every day by patients with a diagnosis directly attributable to alcohol.

Alcohol Related Deaths:

- In 2011 there were 53 alcohol related deaths in Highland.

- In recent years there has been a fall in the number of male alcohol related deaths recorded in Highland and Scotland.
- Nationally there has been a small reduction in female alcohol-related mortality rates whereas the comparable rates for females in Highland have been static since 2006.
- Mortality from chronic liver disease (including cirrhosis) is higher for men and women aged 15-74 years in Scotland than of those in England and Wales.
- Alcohol related mortality rates in men in Highland and Scotland are over twice as high as those of women.

Alcohol related incidents

Research has been carried out of all incidents logged in Northern Constabulary's Incident Logging system which are marked as alcohol related.

Between April and November 2012, 67,530 incidents were logged. Out of these incidents 7,825 were marked as having Alcohol involved.

The percentage of incidents involving alcohol over this period is 11.6%.

The most common Incident Subject Types that involve alcohol over this period are:

Subject Description	Total
BREACH OF THE PEACE	1242
DRUNK PERSON	1068
ASSAULT	604
DOMESTIC INCIDENT	576
NOISE – NEIGHBOUR	444
MEDICAL SERVICES	349
CONCERN FOR PERSON	345
NOISE OTHER	329
ADVISORY CALL	298
DRINK DRIVING	268
VANDALISM (DELIBERATE DAMAGE)	260
THEFT - NOT HB/OLP/VEHICLE	190
DRUGS	135
OTHER CRIME	109
SHOPLIFTING	109
CHILDREN/YOUTHS (INCL C&YP)	93

The percentage of Violent/Disorder incidents which involve alcohol are 44.6%, which is nearly half of all logged incidents involving alcohol.

When these incidents are broken down into Beat areas, Inverness Centre, Inverness West Merkinch, Fort William, Nairn and Alness are some of the beats which have the highest number of incidents involving alcohol. The following table provides figures for the beats with incidents involving alcohol from April to November 2012.

BEAT	Total
INVERNESS CENTRE	1118
INV WEST – MERKINCH	659
FORT WILLIAM	454

BEAT	Total
INV EAST - DRAKIES	34
CASTLETOWN	31
GLENCOE	31

NAIRN	368	DRUMNADROCHIT	29
ALNESS	357	FORT AUGUSTUS	28
DINGWALL	316	STRATHPEFFER	28
INV WEST – NESS	301	DORNOCH	27
WICK	289	GAIRLOCH	27
THURSO	247	MALLAIG	27
INV WEST – DALNEIGH	245	EVANTON	25
INV EAST - HILTON/MILTON	237	BANAVIE	24
TAIN	211	BALLOCH	23
INVERGORDON	209	NORTH KESSOCK	23
AVIEMORE	200	NEWTONMORE	20
INV EAST - CROWN	188	UIG	18
INV EAST - RAIGMORE	175	LYBSTER	17
INV EAST - INSHES/LEYS	116	LOCHINVER	14
SMITHTON	115	BONAR BRIDGE	12
INV EAST - LONGMAN	106	CARRBRIDGE	12
INV EAST - DRUMMOND/LOCHARDIL	94	CROMARTY	12
PORTREE	92	DUNVEGAN	12
BEAULY	90	SPEAN BRIDGE	12
CULLODEN	84	DAVIOT	11
CAOL	77	STRONTIAN	11
INV WEST - KINMYLIES	75	NETHYBRIDGE	10
FOYERS	73	RHICONICH	10
MUIR OF ORD	73	LOCHCARRON	9
ULLAPOOL	68	HALKIRK	8
KYLE OF LOCHALSH	66	INVERGARRY	7
GRANTOWN ON SPEY	65	WATTEN	7
WESTHILL	64	LAIRG	6
CONON BRIDGE	58	BOAT OF GARTEN	5
INV WEST - SCORGUIE	53	HELMSDALE	5
ARDERSIER	52	CANNICH	3
FORTROSE	46	INVERNESS SUPPORT	3
KINLOCHMORE	44	TONGUE	3
GOLSPIE	42	DUNBEATH	2
BRORA	38	OTHER FORCE	1
BROADFORD	37	REAY	1
KINGUSSIE	37		

When the incidents involving alcohol are broken down into premises types, Public Place/Road/Streets and Dwelling Houses are the most common types.

The following table shows the type of premises where these incidents occur:

LOCATION TYPE	Total
PUBLIC PLACE/RD/STREET	3185
DWELLING HOUSE	2983
LICENSED PREMISES	391
SHOP/OFFICE	256
GUEST HOUSE / HOTEL	159
HOSPITAL (INCL MEDICAL PREMS)	104
POLICE	101
RESIDENTIAL ESTABLISHMENT	56
LEISURE / SPORTING PREMISES	42

The total number of incidents occurring at Licensed Premises during this period is 391 which is a total of 5% of the incidents, although we cannot confirm how many incidents which occurred in Public Place/Road/Streets were connected to Licensed Premises.

The most common days of the week for incidents occurring involving alcohol are Saturday, Sunday and Friday as shown in the table below:

DAY OF WEEK	Total
SATURDAY	1929
SUNDAY	1790
FRIDAY	1171
THURSDAY	864
WEDNESDAY	713
MONDAY	690
TUESDAY	670

The most common hours of the day for these incidents to occur is between 21:00 and 03:00 hours as the following table shows:

HOUR OF DAY	Total	HOUR OF DAY	Total
0	733	15	274
1	719	14	254
23	658	13	206
22	645	4	202
2	603	11	156
21	543	12	145
3	431	10	131
20	416	5	125
19	397	9	97
18	311	8	70
17	304	6	66
16	281	7	60

Combining the days of the week and the hours of the day, the most common day and hour combination for incidents to occur involving alcohol are:

- **Friday between 21:00 and 23:00 hours.**
- **Saturday between 20:00 and 03:00 hours.**
- **Sunday between 00:00 and 04:00 hours.**

Incidents at Licensed Premises Marked as Crimes

Analysis of incidents which have been marked as a crime and taken place at the location type of Licensed Premises, show the following areas as having the highest incidence of these crimes;

Area	Number of Incidents
Inverness	83
Caithness	7
Badenoch	7
Ross & Cromarty	10
Lochaber	3

Incidents Marked as Public Place/Road/Street with Alcohol Involved

A total of 3185 incidents were reported to have occurred at the location of Public Place/Road/Street and the most common type of offences at this location are:

Offence Type	Total
DRUNK PERSON	642
BREACH OF THE PEACE	499
ASSAULT	263
DRINK DRIVING	231
CONCERN FOR PERSON	151
MEDICAL SERVICES	131
NOISE OTHER	96
VANDALISM (DELIBERATE DAMAGE)	95
DRUGS	83

Out of these incidents reported, the most common beats were:

Beat	Total
INVERNESS CENTRE	662
INV WEST - MERKINCH	216
NAIRN	179
FORT WILLIAM	176
INV WEST - NESS	145
DINGWALL	132

Beat	Total
ALNESS	109
WICK	104
AVIEMORE	99
INV EAST - CROWN	95
TAIN	94
THURSO	91

Incident Type of Urinating

The following table shows the number of incidents reported as the subject type of Urinating over the days of the week:

BEAT	MON	TUE	WED	THU	FRI	SAT	SUN	Total
INVERNESS CENTRE	8	5	7	10	1	21	31	83
AVIEMORE	3	1		2	1	1	7	15
DINGWALL			2			3	6	11
NAIRN	2		3			3	3	11
FORT WILLIAM				1		4	5	10
WICK		2			1		5	8
THURSO	2	2	1			1	1	7

Over the period searched it shows that Inverness Centre had the most incidents of this type.

Incidents Marked as Crimes

After looking at the incidents for the period 1st April to 30th November 2012, out of the 7,825 incidents reported involving alcohol, 466 incidents were marked as crimes using the following specific crime types:

- D&I & Habitual Drunk (Last 3 Cons/3 Last Yr)
- Disorderly on Licensed Premises
- Drunk & Attempt to Enter Licence Premises

- Drunk in Charge of a Child
- Drunk in/Attempt to Enter Designate Sport Ground
- Refusing to Quit Licensed Premises.

The most common beat areas where these types of crimes were committed are as displayed in the following table:

BEAT	D&I & HABITUAL DRUNK(LAST 3CONS/3LASTYR)	DISORDERLY ON LICENSED PREMISES	DRUNK & ATTEMPT TO ENTER LICENCE PREM.	DRUNK IN CHARGE OF A CHILD	DRUNK IN/ATT. ENTER DESIGNATE SPORT GRND	REFUSING TO QUIT LICENSED PREMISES	Total
INVERNESS CENTRE	115	2	1	3		29	150
INV WEST - NESS	24						24
INV WEST - MERKINCH	21			1			22
FORT WILLIAM	18					3	21
INV EAST - LONGMAN	8				6		14
DINGWALL	8				5		13
INV EAST - RAIGMORE	13						13
INV EAST - CROWN	12						12
NAIRN	11	1					12
THURSO	9					2	11
WICK	6	3				2	11
TAIN	9					1	10
INV WEST - DALNEIGH	6						6
INVERGORDON	4					1	5
ALNESS	4						4
INV EAST - HILTON/MILTON	3			1			4
INV WEST - SCORGUIE	4						4
WESTHILL	4						4
AVIEMORE	1					2	3
PORTREE	2					1	3
BEAULY	2						2
BROADFORD	1					1	2
CAOL	1			1			2
DRUMNADROCHIT	2						2
GLENCOE	2						2
INV WEST - KINMYLIES	2						2
MUIR OF ORD	2						2
SMITHTON	1			1			2
ULLAPOOL	1					1	2
BANAVIE	1						1
BRORA	1						1
CONON BRIDGE		1					1
CULLODEN	1						1
DUNROSSNESS						1	1
HALKIRK			1				1
INV EAST - DRAKIES				1			1
INV EAST - DRUMMOND/LOCHARDIL	1						1
INV EAST - INSHES/LEYS	1						1
INVERNESS SUPPORT	1						1
LOHCARRON			1				1
NORTH KESSOCK						1	1
SPEAN BRIDGE				1			1

Liquor Licensing Offences

Research into the following liquor licensing offences:

- Liquor Licensing Laws – Other Offences
- Permit Riotous Behaviour In Licensed Premises
- Person Under 18 Excisable / Consume at Bar
- Purchase Excise Liquor For Consume By Under 18
- Sale Of Drink To Person Under 18
- Sports Ground Offence (Possess Alcohol)

shows that 47 incidents in total were marked as crimes.

The breakdown of the locations where these incidents have occurred is shown in the following table:

BEAT	LIQUOR LIC.LAWS - OTHER OFFENCES	PERMIT RIOTOUS BEHAVIOUR IN LIC PREM	PERSON U18 BUY EXCISABLE / CONSUME AT BAR	PURCHASE EXCISE LIQ FOR CONS BY U18	SALE OF DRINK TO PERSON UNDER 18	SPORTS GROUND OFFENCE (POSSESS ALCOHOL)	Total
ALNESS					4		4
INV EAST - CROWN				3			3
INV EAST - LONGMAN						3	3
DINGWALL				1		1	2
FORT WILLIAM				1	1		2
NAIRN				2			2
TAIN				2			2
BRORA				1			1
CONON BRIDGE			1				1
DRUMNADROCHIT	1						1
FORTROSE				1			1
INV WEST - MERKINCH				1			1
KYLE OF LOCHALSH				1			1
WICK				1			1

Incidents Types Marked As Crimes

The following table shows the most common Incident Types to be marked as crimes which involved alcohol:

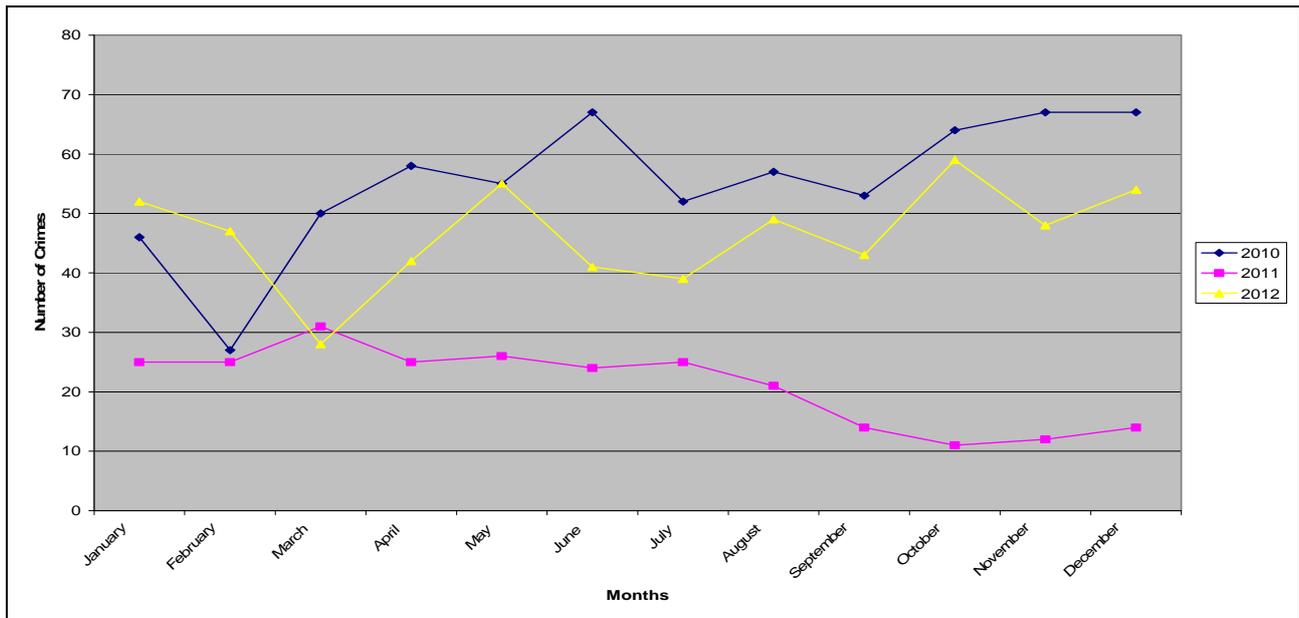
SUBJECT TYPE	INCIDENTS INVOLVING ALCOHOL MARKED AS CRIME
BREACH OF THE PEACE	634
ASSAULT	495
DOMESTIC INCIDENT	366
DRUNK PERSON	295
VANDALISM (DELIBERATE DAMAGE)	230
DRINK DRIVING	194
THEFT - NOT HB/OLP/VEHICLE	127
SHOPLIFTING	107
OTHER CRIME	95
DRUGS	84
COURT OFFENCE	64
LOCAL BYELAW OFFENCE	46
CIVIC GOV(T) ACT OFFENCE	37
ASSAULT ON POLICE	34

Out of the 3,199 incidents which were marked as crimes, 1,790 of these involve Violent/Disorder crimes.

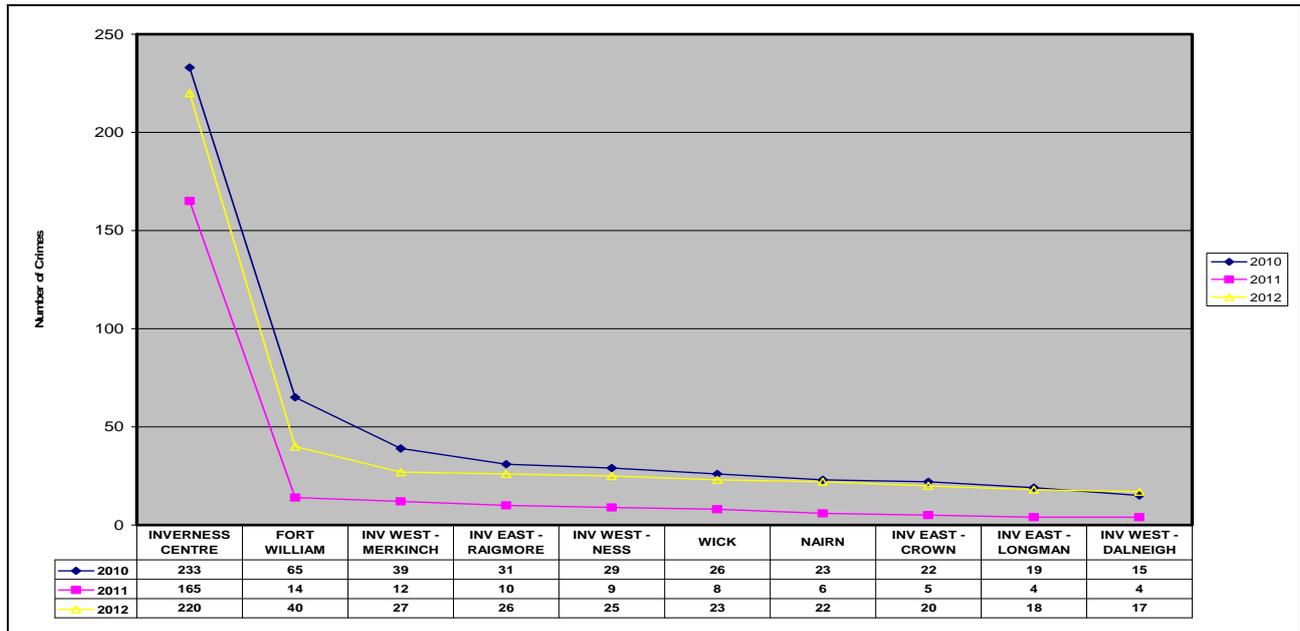
Analysis of Crimes of Drunkenness – Date Period January to December 2010-2012

Analysis was carried out of crimes of drunkenness, over the period of January to December, 2010 to 2012.

The following chart shows the 3 year period broken down by months:



The following chart shows the beats where the majority of crimes of drunkenness have occurred over the three year period.



Key Findings

- The beats which come out with the highest number of incidents involving alcohol correlate with the most deprived areas in the Highlands. The most common beats where these incidents occur are:
 - Inverness Centre
 - Inverness West – Merkinch
 - Fort William
 - Nairn
 - Alness
 - Dingwall
 - Inverness West – Ness
 - Wick
- The most common types of incidents which involve alcohol are:
 - Breach of the Peace
 - Drunk Person
 - Assault
 - Domestic Incident
- The most common type of premise where incidents occur which involve alcohol are:
 - Public Place/Road/Street
 - Dwelling House
- The most common day and hour combinations for incidents to occur which involve alcohol are:
 - Friday between 21:00 and 23:00 hours
 - Saturday between 20:00 and 03:00 hours
 - Sunday between 00:00 and 04:00 hours
- Licensed Premises in Inverness have the highest incidence of recorded crime.

- The mortality rate from chronic liver disease (including cirrhosis) is higher for men and women aged 15-74 years in Scotland than that of those in England and Wales.
- Alcohol related mortality rates in men in Highland and Scotland are over twice as high as those of women.
- In 2011-12 the rate of alcohol-related discharges from general acute hospitals was 5 times greater from patients living in the most deprived twenty percent of areas in NHS Highland compared to those living in the least deprived 20%.

If the overprovision policy statement takes into account the above information, I believe that in the longer term, it will contribute positively towards the Licensing (Scotland) Act 2005 'Licensing Objectives'

- Preventing Crime and Disorder
- Securing Public Safety
- Preventing Public Nuisance
- Protecting and Improving Public Health
- Protecting Children from Harm

I hope this information helps inform the debate surrounding the Overprovision assessment and as always am happy to discuss the matter further.

Yours sincerely

Colin Gough
Chief Inspector
Divisional Co-ordination Unit

**Provision of licensed premises in the Highland Council area
Health harm attributable to alcohol
Submitted by the Public Health Department, NHS Highland, October 2011**

This paper provides background health information and recommendations to inform licensing board's development of a statement on the overprovision of alcohol sales capacity in the Highland Council area in accordance with section 7 of the Licensing (Scotland) Act 2005.

The paper includes

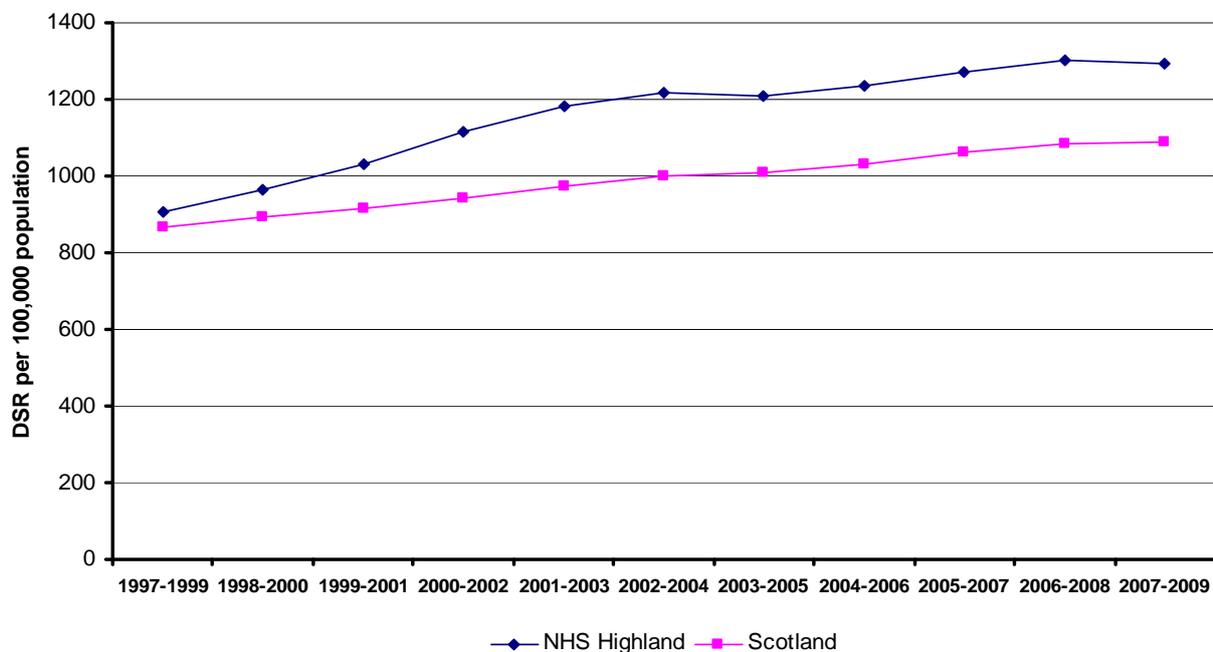
- 1 Information on alcohol related health harm in the Highland Council area
 - a. An overview of health harm attributable to alcohol
 - b. Multimember ward level information on health harm attributable to alcohol
- 2 An examination of the spatial relationships between areas of high health harm and premises density
- 3 Recommendations for the board policy and statement on overprovision

An overview of health harm attributable to alcohol

Alcohol is an important contributor to the economy and cultural identity of the Highland Council area. Whilst it holds a central importance to various aspects of our lives, it also has a profound effect on our health and wellbeing.

Over the past 10 years, the rate of hospital admission as a result of harmful alcohol use has increased in the NHS Highland area, as it has done across Scotland (Figure 1). Rates of harm are in excess of the Scottish average and the difference between the two widened over the past 10 years. Scotland is one of the worst offenders in the UK and across Europe for alcohol related health harm; it is used in this illustration as a comparator and we do not suggest that this is an ideal standard to be aimed for. This widening gap is a clear cause for concern.

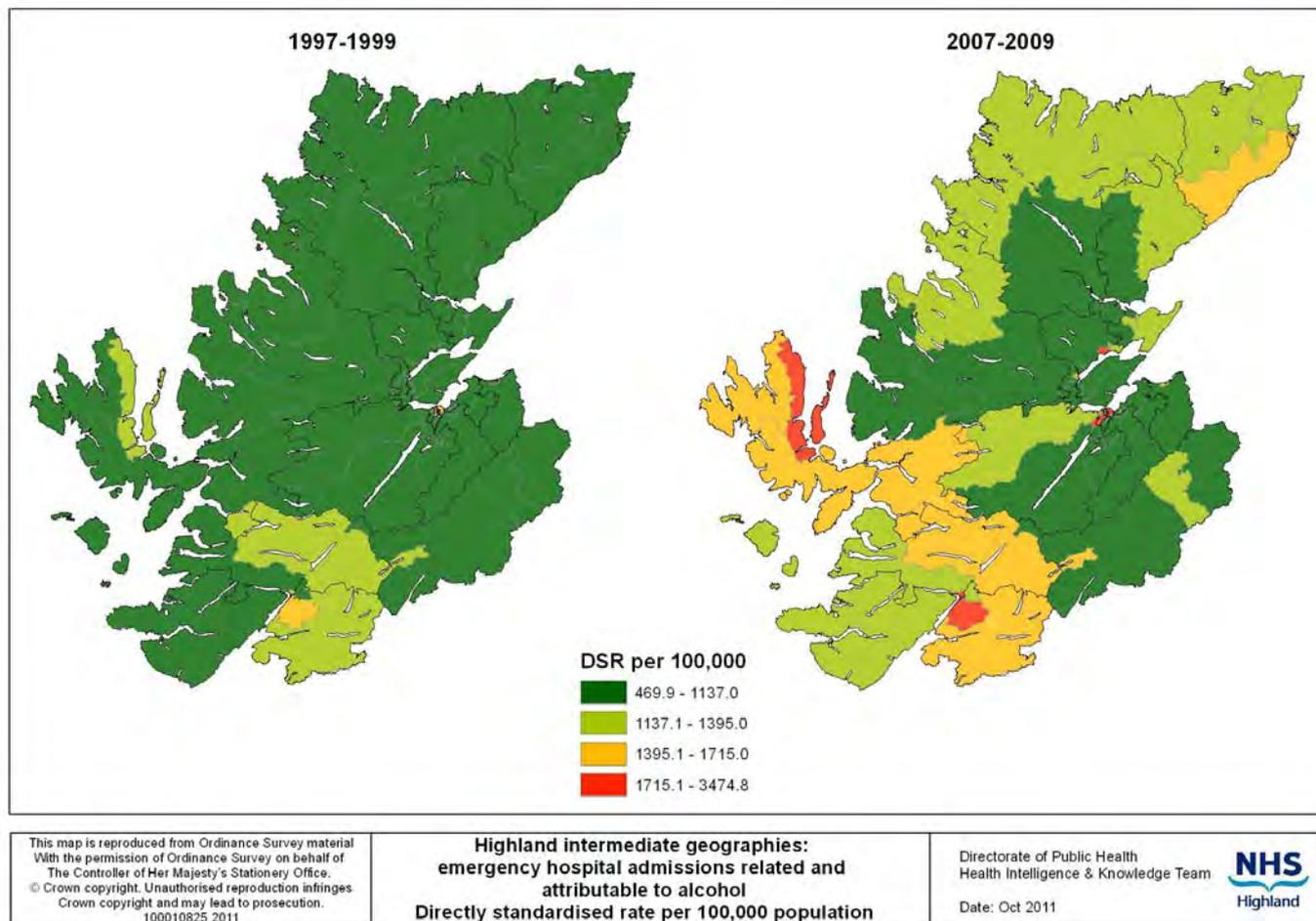
Figure 1: Patients hospitalised with alcohol related conditions in NHS Highland and Scotlandⁱ



It is possible to illustrate this trend looking at a more local level within the Highland council area as illustrated in figure 2. Large parts of the Highland Council area show a worsening health picture. It is noteworthy that 10 years ago, no part of the Highland council area was displaying the excessively high rates of alcohol related harm, coloured red. These rates, which can be up to three and a half times the Scottish average, are seen in Inverness, Skye, Fort William and Alness

ⁱ 3 year average directly standardised rates per 100,000 population. Data sourced from SCOTPHO community profiles 2010

Figure 2 Change in hospital discharge rates over 10 year period from years 1997-9 to years 2007 – 9ⁱⁱ



For the purposes of planning and licensing, it is necessary for the board to be able to consider the health picture in local areas rather than across the whole council area. When breaking data down to look at very small areas, it can be difficult to interpret the numbers generated due to the small populations or the small numbers of people affected. This is particularly the case for the Highland council area due to the remote and rural nature of its territory. The information in the rest of the report is presented at multimember ward level which is large enough to make valid comparisons between places but also small enough to provide locally relevant information.

ⁱⁱ3 year average of patients discharged from hospital with alcohol related and attributable conditions in Highland Intermediate geographies directly age-sex standardised rates per 100,000 directly age-sex standardised rates per 100,000. There are 54 'intermediate geographies' in Highland. They are 'intermediate' between small areas such as datazones, and larger areas such as Local Authority areas.

Data source: ScotPHO Community Health and Wellbeing Profiles (2010)

Multimember ward level information on health related harm

The data on health related harm is produced by the Scottish Public Health Observatory and illustrates the numbers and rates of people admitted to hospital where their condition is directly or largely attributable to the effects of alcohol. This includes both short term health effects of intoxication and alcohol poisoning and longer term effects on health such as damage to the liver. The figure also includes the fraction of people in whom alcohol contributed to the development of their health condition including heart attacks, stroke and some types of cancer. As the data is of hospitalisations only, it does not reflect people who were not admitted to hospital, for example those who consulted their GP with an alcohol related problem. It also does not include information from psychiatric and psychological services. It is therefore a significant underestimation of the true picture of health harm as a result of alcohol

Table 1: Rates of hospitalisation for alcohol related conditions presented by multimember ward for the period between 2007 and 2009³

Ward Name	Rate of hospitalisation per 100,000
Aird and Loch Ness	1092.4
Badenoch and Strathspey	1054.7
Black Isle	877.4
Caol and Mallaig	1715.2
Cromarty Firth	1493.7
Culloden and Ardersier	1066.9
Dingwall and Seaforth	1274.7
East Sutherland and Edderton	1137.3
Eilean a' Chèò	1637.3
Fort William and Ardnamurchan	1708.8
Inverness Central	2484.8
Inverness Millburn	1395.6
Inverness Ness-Side	1348.9
Inverness South	1022.8
Inverness West	1521.5
Landward Caithness	1280.1
Nairn	1109.8
North, West and Central Sutherland	1236.9
Tain and Easter Ross	1196.7
Thurso	1475.7
Wester Ross, Strathpeffer and Lochalsh	1189.3
Wick	2143.1

The Scottish average rate for this period is 1088 hospitalisations per 100,000 people in the population. The majority of the multimember wards show rates statistically significantly above the low standard of the Scottish average. These areas are coloured in orange in table 1. Only one multimember ward area, the Black Isle has a directly standardised rate of hospitalisation significantly lower than the Scottish average.

It is considered that alcohol related harm is related to patterns of alcohol consumption which is function of both availability and affordability. There are certain groups of people who are more likely to experience health harm as a result of alcohol than others;

³Patients discharged from hospital annually with alcohol related and alcohol attributable conditions. 3 year average presented is directly standardised rate per 100,000 population. Data source SCOTPHO

these include people who are socio economically disadvantaged. The Licensing Act (Scotland) 2005 does not give any statistical thresholds for what constitutes overprovision leaving it to the local licensing board to decide what levels of alcohol related harm, including alcohol related health harm are acceptable.

We have acknowledged that the Scottish average is not a healthy starting point, however despite this, 21 out of the 22 multimember wards show rates of alcohol related health harm that are comparable to or worse than this average.

We would conclude that in the majority of the Highland Council area, provision and availability of alcohol are sufficient. Furthermore, the evidence of unacceptably high levels of alcohol related health harm in the 12 highlighted areas serves as an indicator of overprovision both in and around these areas.

Examination of spatial relationships between alcohol related health harm and the provision of licensed premises

Premises density

The nature of the link between the density of licensed premises and alcohol related harm is widely cited in the literature. Density can be defined as the number of premises per unit number of people usually resident in that area or per unit area and a number of measures exist as to how this can be measured. It is of value to consider both given the geographical terrain covered by the Highland Council area

The number of premises per 1000 people ranges from 14 in the multimember ward of Fort William and Ardnamurchan to 1 in the Inverness Ness Side ward area, there is an average of 5 premises per 1000 people across the whole of the Highland Council area.

Associations have been demonstrated between the spatial density of licensed premises and levels of violent crime, child abuse and neglect, domestic abuse and road traffic accidents. In common with this previous research, we have identified a positive correlation between the premises density as measured by the number of premises per 1000 people and rates of health harm. The relationship may be explained by confounding factors, that is that a higher density of outlets may co exist in areas of higher deprivation. When taking into account indicators of socioeconomic deprivation, a positive association was still observed, although this association lacked statistical significance. Causality, if present could be mediated by patterns of drinking and patterns of social interaction

There is an average of about 2 premises per square kilometre, ranging from 29 per km² in Inverness Central to 0.014 in North West and Central Sutherland. The highest densities are seen in Inverness, Thurso and Wick. This range is a reflection of the range of geographical terrain in the Highland Council area from large towns to remote settlements. It is difficult to draw out any firm conclusions about any patterns that may be present.

Types of premises

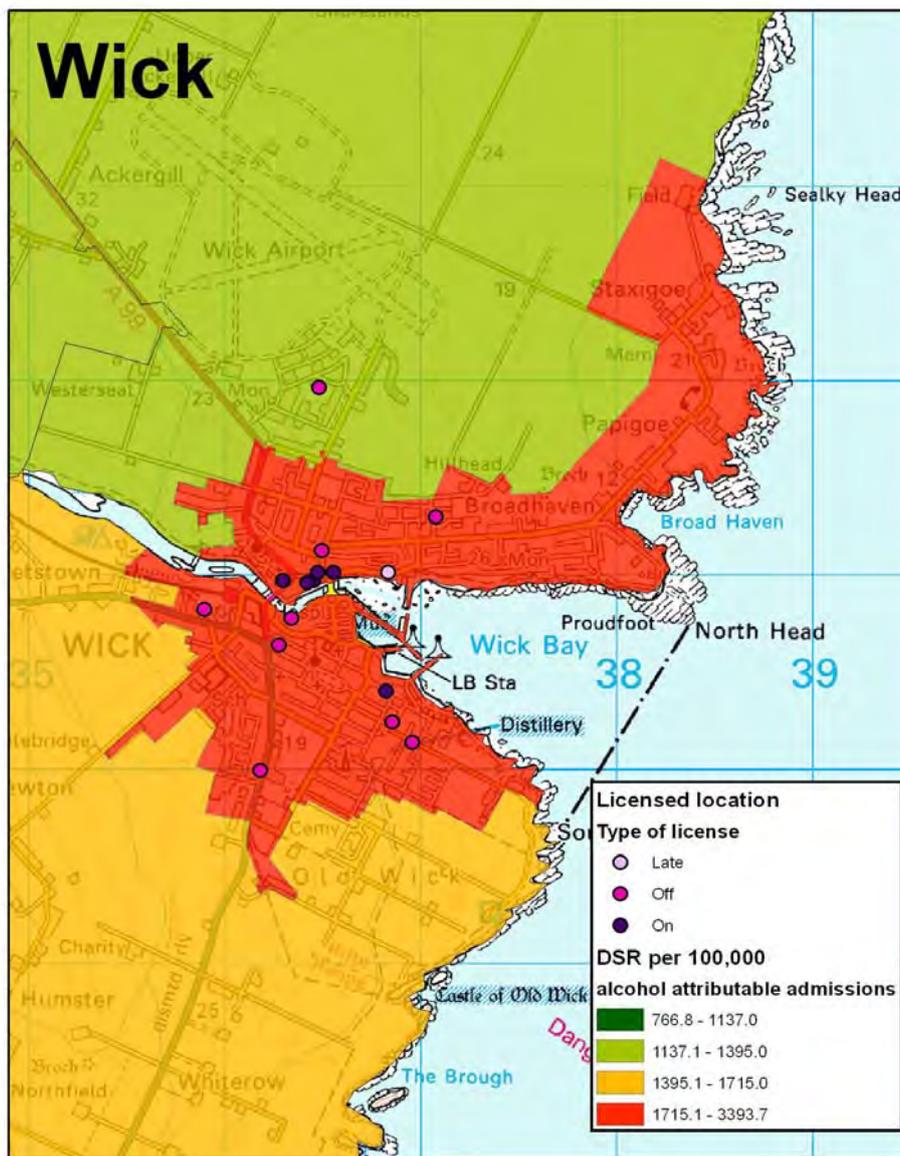
A significant proportion of the licensed premises present in the Highland Council area support the tourist industry. Studies from New Zealand excluded facilities intended solely or mainly for the purposes of tourism¹. There is some evidence that a greater mix of premises is associated with lower levels or different types of alcohol harm. The most common predictors of harm are pubs, bars, nightclubs and off licences². This section of analysis focused on pubs and other on premises licensed establishments, off sales and late night premises as classified by the Highland licensing board. It is widely accepted that the most common location for drinking alcohol in the Highland council area is in private homes, consuming alcohol bought in off licensed premises. The market share of

these off licensed premises in the North East (including figures for the Grampian area) suggests that the majority of off license sales occur through multiple grocers ³.

A more detailed area profile is provided for some of the areas highlighted as having high levels of alcohol related health harm.

Whilst these maps provide an indication of the location of particular licensed premises in relation to levels of health harm at a local level, they do not provide the complete picture. People will travel large distances to purchase alcohol and access particular offers and discounts. This may be particularly the case for some parts of the Highland Council area than others given the geography and location of amenities.

Figure 3: Wick area detail: alcohol licensed premises and patients discharged from hospital with alcohol related and attributable conditions in Highland Intermediate geographies: directly age-sex standardised rates per 100,000



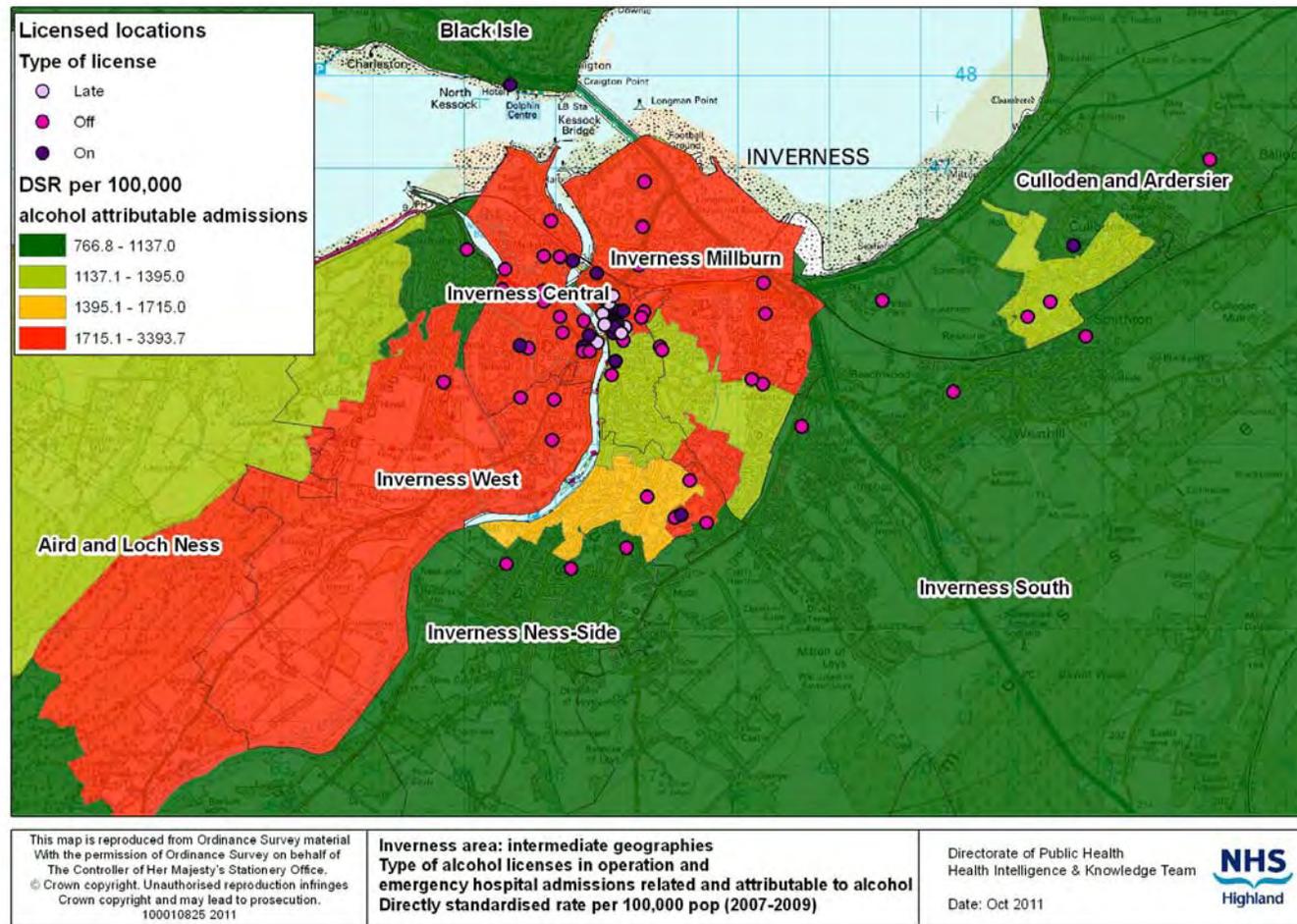
Wick area: intermediate geographies
Type of alcohol licenses in operation and emergency hospital admissions related and attributable to alcohol
Directly standardised rate per 100,000 pop (2007-2009)

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 100010825 2011

NHS Highland
 Directorate of Public Health
 Health Intelligence & Knowledge Team
 Assynt House
 Date: Oct 2011

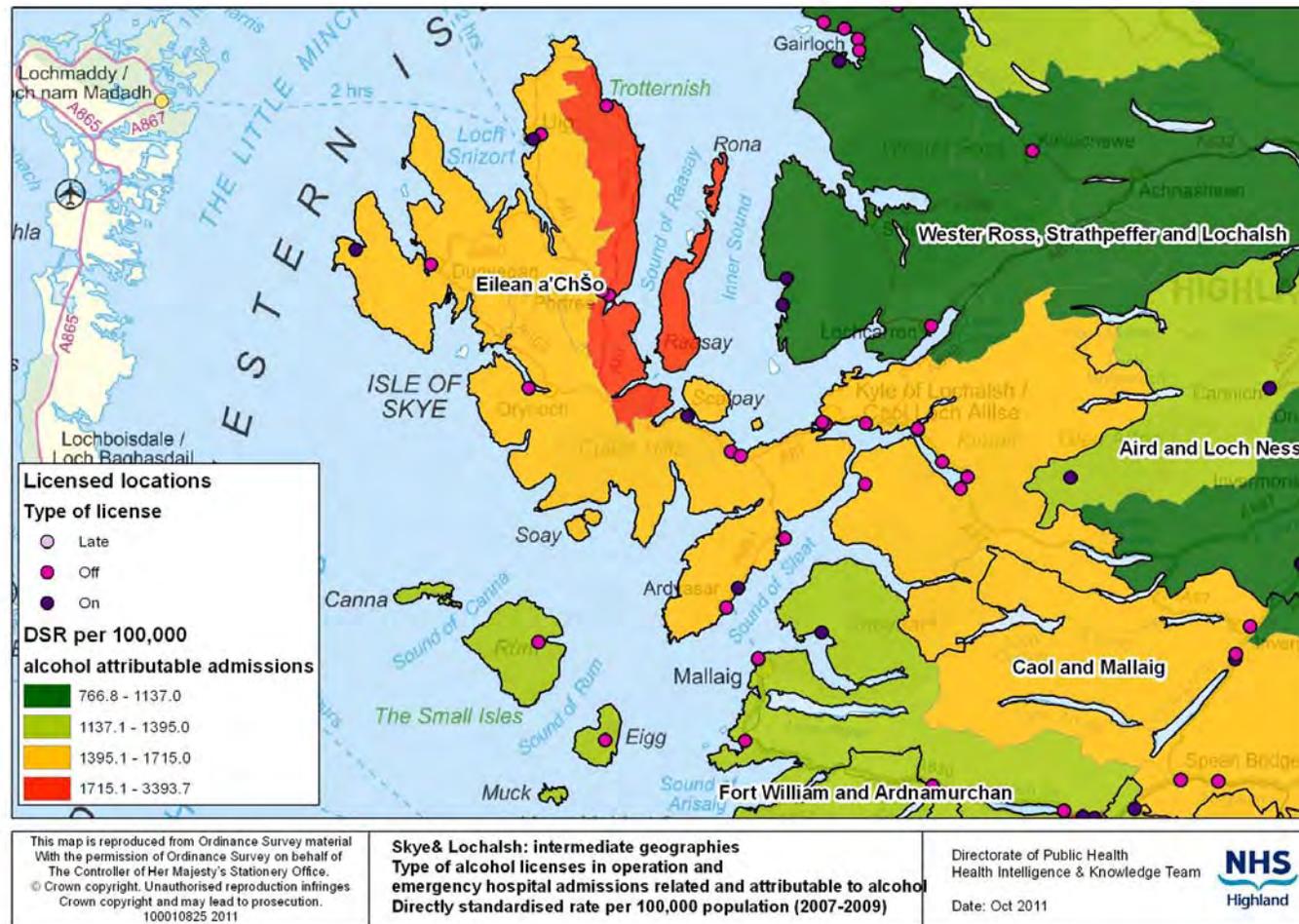
Data source: ScotPHO Community Health and Wellbeing Profiles (2010)

Figure 4: Inverness area detail: alcohol licensed premises and patients discharged from hospital with alcohol related and attributable conditions in Highland Intermediate geographies: directly age-sex standardised rates per 100,000



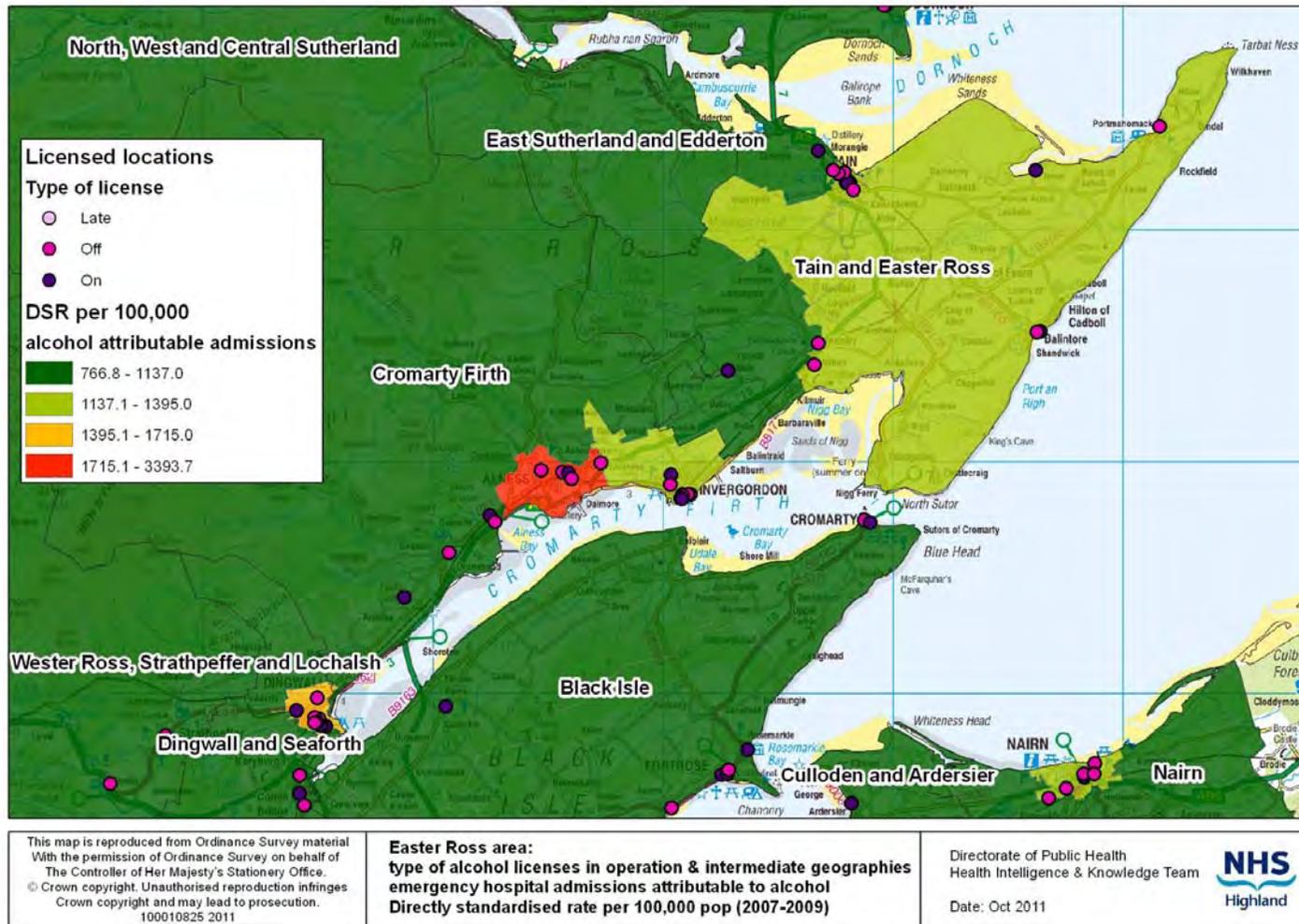
Data source: ScotPHO Community Health and Wellbeing Profiles (2010)

• Figure 5: Skye and Lochalsh area detail: alcohol licensed premises and patients discharged from hospital with alcohol related and attributable conditions in Highland Intermediate geographies: directly age-sex standardised rates per 100,000



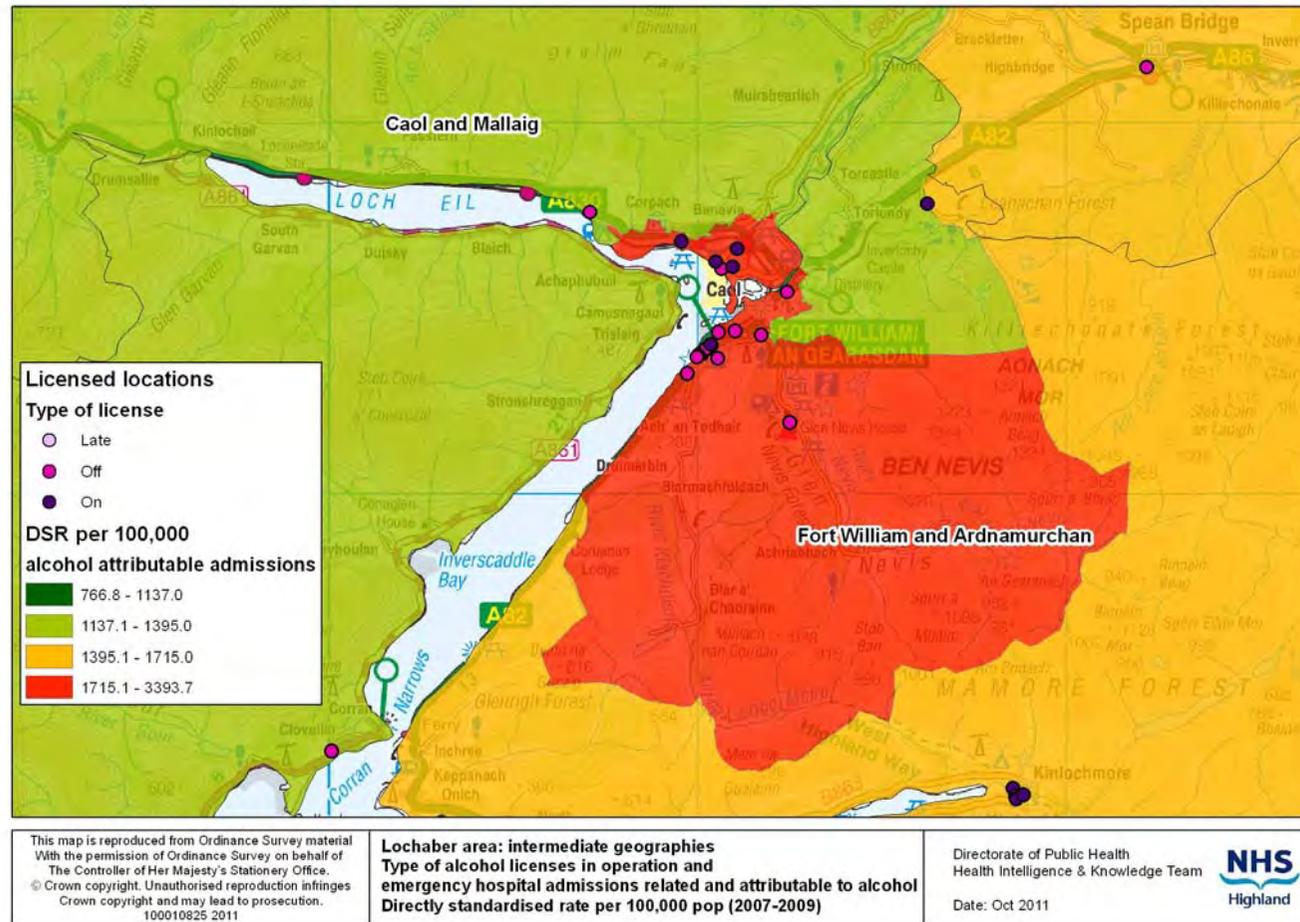
Data source: ScotPHO community health profiles 2010

• Figure 6: Easter Ross area detail: alcohol licensed premises and patients discharged from hospital with alcohol related and attributable conditions in Highland Intermediate geographies: directly age-sex standardised rates per 100,000



Data source: ScotPHO Community Health and Wellbeing Profiles (2010)

Figure 7: Lochaber area details: alcohol licensed premises and patients discharged from hospital with alcohol related and attributable conditions in Highland Intermediate geographies: directly age-sex standardised rates per 100,000



Data source: ScotPHO Community Health and Wellbeing Profiles (2010)

Recommendations for the Licensing Board's statement on overprovision

The levels of alcohol related health harm in the Highland Council area are overall in excess of the Scottish average, this level of health harm is. A positive association has been demonstrated between the number of licensed premises per 1000 people and levels of alcohol related health harm. We are not able to conclude from existing evidence what is the optimum number of premises to reduce rates of health harm to an acceptable level.

12 multimember council wards have been identified to have rates of harm significantly in excess of the Scottish average and NHS Highland would consider levels of this magnitude to be intolerably high.

We would recommend that in these 12 areas, the licensing board consider there to be at present over provision of pubs and on premises licenses, late opening and off licenses. In these areas we would recommend that the Licensing board ask potential licensees for evidence to demonstrate that their premises will not further contribute to the health harm already present before granting further licenses or renewing expired licenses.

In areas out with these 12 affected ward areas but where there is likely to be a draw of customers from the 12 affected areas, we would recommend that consideration be given to the impact of this on the health harm in these neighbouring areas. In practice this may be the case where the application concerns large and multiple grocer establishments or a super pub rather than for small pubs or corner shops.

The licensed trade business in the Highland Council area is a dynamic one subject to changes and seasonal variations. The provision of more detailed information from the licensing board, including sales data, capacity and opening hours of premises would be of benefit in further analysing the relationship between the provision of licensed premises and health harm.

NHS Highland would recommend that the next statement of licensing policy produced by the licensing board is developed whilst giving consideration to health and health harm evidence. NHS Highland would be able to provide such information on request.

- 1 Connor JL, Kypri K, Bell ML et al. 2011 Alcohol outlet density: levels of drinking and alcohol related harm in New Zealand a national study *JECH* 65(10) 841-847
- 2 Newton A, Hirschfield A, Sharrat K et al 2010 Building an evidence base on alcohol supply points: a pilot project to generate intelligence for managing areas with licensed premises. University of Huddersfield, Applied Criminology Centre
- 3 Pattaoni L, Emmerson C, Sudbery M et al 2007 The relationship between off sales and problem drinking in Scotland: literature review. Scottish Executive Social Research

NAME OF PREMISES	ADDRESS 1	ADDRESS 2	ADDRESS 3	ADDRESS 4	OFF-SALE CAPACITY	WARD NAME
Lochinver Stores	10 Main Street	Lochinver	Sutherland	IV27 4JY	15.00	Ward 01 - North, West and Central Sutherland
J J S Horne	West End Stores	Melvich	Sutherland	KW14 7YL	7.00	Ward 01 - North, West and Central Sutherland
Drumbeg Stores	Drumbeg	Sutherland	IV27 4NW		5.50	Ward 01 - North, West and Central Sutherland
Kyle Bakery	Dornoch Road	Bonar Bridge	Sutherland	IV24 3EB	3.75	Ward 01 - North, West and Central Sutherland
Bettyhill General Merchants	Bettyhill	by Thurso	Caithness	KW14 7SP	2.75	Ward 01 - North, West and Central Sutherland
Richard Mackay & Son (Durness) Limited	Durine	Durness	Sutherland	IV27 4PN	8.12	Ward 01 - North, West and Central Sutherland
Inverpark Stores	Inverpark	Lochinver	Sutherland	IV27 4LN	7.95	Ward 01 - North, West and Central Sutherland
Invercassley Stores	Rosehall	by Lairg	Sutherland	IV27 4BD	3.58	Ward 01 - North, West and Central Sutherland
Bervie Stores Ltd	The Harbour	Kinlochbervie	Sutherland	IV27 4RR	7.50	Ward 01 - North, West and Central Sutherland
Studio 17	Balnakeil Wines	Sangomore Headland	Durness	Sutherland	8.40	Ward 01 - North, West and Central Sutherland
Peter Burr Stores	Tongue	by Lairg	Sutherland	IV27 4XF	5.20	Ward 01 - North, West and Central Sutherland
Shin Stores	Spar Store	Lochside	Lairg	Sutherland	9.20	Ward 01 - North, West and Central Sutherland
Tongue Stores and Post Office	Main Street	Tongue	Sutherland	IV27 4XF	4.18	Ward 01 - North, West and Central Sutherland
Scourie Stores	Scourie	Sutherland	IV27 4SX		9.60	Ward 01 - North, West and Central Sutherland
The Store	Bettyhill	by Thurso	Caithness	KW14 7SS	12.00	Ward 01 - North, West and Central Sutherland
Oasis Store	170 Main Street	Lairg	Sutherland	IV27 4AR	7.00	Ward 01 - North, West and Central Sutherland
Bridgend Stores	Ord Place	Lairg	Sutherland	IV27 4AZ	5.50	Ward 01 - North, West and Central Sutherland
Mathers	Sangomore	Durness	Sutherland	IV27 4PZ	3.75	Ward 01 - North, West and Central Sutherland
Post Office Stores	Rogart	Sutherland	IV28 3XA		11.00	Ward 01 - North, West and Central Sutherland
Talmine Stores & Post Office	Talmine	Melness	by Lairg	IV27 4YT	3.30	Ward 01 - North, West and Central Sutherland
Co-operative Group Food Limited	Meadow Lane	Thurso		KW14 8ER	65.75	Ward 02 - Thurso
Bin Ends	42 Princes Street	Thurso		KW14 7AB	41.45	Ward 02 - Thurso
McColls	Provost Sinclair Road	Thurso		KW14 7AS	23.43	Ward 02 - Thurso
Tesco Store	Millbank Road	Thurso		KW14 8PS	174.00	Ward 02 - Thurso
Lidl UK GmbH	Castlegreen Road	Thurso		KW14 7LS	32.85	Ward 02 - Thurso
Shop	4 Traill Street	Thurso		KW14 8EJ	16.50	Ward 02 - Thurso
D & M Fraser	The Shop	Castlegreen Road	Thurso	KW14 7NB	37.65	Ward 02 - Thurso
Co-operative Group Food Limited	2 Mount Pleasant Road	Thurso		KW14 8HR	20.57	Ward 02 - Thurso
Bridgend Filling Station	Bridgend	Thurso		KW14 8PP	4.46	Ward 02 - Thurso
Co-operative Group Food Limited	Angle Park	Thurso Road	Wick	KW1 5LW	44.77	Ward 03 - Wick
The Shop Girnigoe Street Ltd	12 Girnigoe Street	Wick		KW1 4HH	12.80	Ward 03 - Wick
Tesco Store	Wick Airport	Wick		KW1 4QS	239.00	Ward 03 - Wick
Lidl UK GmbH	South Road	Wick		KW1 5NH	38.11	Ward 03 - Wick
Bin Ends	2 River Street	Wick		KW1 5EA	40.00	Ward 03 - Wick
Hillhead Store	9 Hillhead Road	Wick		KW1 4JE	18.50	Ward 03 - Wick
One Stop Shop	29 Wellington Street	Wick		KW1 5HJ	5.42	Ward 03 - Wick
Pulteney Distillery	Huddart Street	Wick		KW1 5BA	6.25	Ward 03 - Wick
Malcolm's	73 Kinnaid Street	Wick		KW1 5BB	5.00	Ward 03 - Wick
Shop First and Last in Scotland	Pier	John O'Groats	Wick	KW1 4YR	5.20	Ward 04 - Landward Caithness
Keiss Corner Shop	Main Street	Keiss		KW1 4UY	15.00	Ward 04 - Landward Caithness
McColls	Main Street	Castletown		KW14 8TU	21.37	Ward 04 - Landward Caithness
John O'Groats Knitwear Co	County Road	John O'Groats		KW1 4YR	1.17	Ward 04 - Landward Caithness
Woodside Store	Main Street	Watten		KW1 5XG	3.22	Ward 04 - Landward Caithness
2 C Local	Main Street	Lybster		KW3 6AE	11.60	Ward 04 - Landward Caithness
The Shop	The Village	Dunbeath		KW6 6EG	14.09	Ward 04 - Landward Caithness
Reay Shop	Main Street	Reay		KW14 7RG	7.40	Ward 04 - Landward Caithness
Mackay of Halkirk	1 Sinclair Street	Halkirk		KW12 6XP	12.05	Ward 04 - Landward Caithness
Berry Good	c/o Tiree Cottage	Watten		KW1 5YJ		Ward 04 - Landward Caithness

NAME OF PREMISES	ADDRESS 1	ADDRESS 2	ADDRESS 3	ADDRESS 4	OFF-SALE CAPACITY	WARD NAME
Nisa Local	1A Dornoch Retail Park	Dornoch	Sutherland	IV25 3SF	18.00	Ward 05 - East Sutherland and Edderton
Co-operative Group Food Limited	Main Street	Golspie	Sutherland	KW10 6RA	25.94	Ward 05 - East Sutherland and Edderton
Co-operative Group Food Limited	Fountain Square	Brora	Sutherland	KW9 6NX	42.30	Ward 05 - East Sutherland and Edderton
West End Stores	Main Street	Golspie	Sutherland	KW10 6TQ	8.26	Ward 05 - East Sutherland and Edderton
Spar Foodstore	2 Dunrobin Street	Helmsdale		KW8 6JA	13.00	Ward 05 - East Sutherland and Edderton
Dornoch Stores	12 Castle Street	Dornoch	Sutherland	IV25 3SN	12.39	Ward 05 - East Sutherland and Edderton
Clynelish Distillery	Brora	Sutherland		KW9 6LR	21.00	Ward 05 - East Sutherland and Edderton
Co-operative Group Food Limited	Cathedral Square	Dornoch	Sutherland	IV25 3SJ	26.16	Ward 05 - East Sutherland and Edderton
Benview Stores	Ross Street	Golspie	Sutherland	KW10 6SA	14.40	Ward 05 - East Sutherland and Edderton
Cunninghams	South Brae	Brora	Sutherland	KW9 6NU	31.80	Ward 05 - East Sutherland and Edderton
Grannies Heilan Hame Supermarket	Embo	Dornoch	Sutherland	IV25 3QD	11.00	Ward 05 - East Sutherland and Edderton
ICS Retail	Bridgend	Brora	Sutherland	KW9 6NR	12.00	Ward 05 - East Sutherland and Edderton
Nisa Store	Main Street	Golspie	Sutherland	KW10 6TG	18.59	Ward 05 - East Sutherland and Edderton
McColls	8 Trentham Street	Helmsdale	Sutherland	KW8 6JD	10.59	Ward 05 - East Sutherland and Edderton
McColls	Auchtercairn	Gairloch	Ross-shire	IV21 2BH	20.90	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Sands Caravan and Camping	Gairloch	Ross-shire		IV21 2DL	4.17	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Kinlochewe Service Station	Kinlochewe	By Achnasheen		IV22 2PA	2.29	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Balmacara Stores	Reraig	Balmacara	Ross-shire	IV40 8DH	32.37	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Polbain Stores	201 Polbain	Polbain	Achiltibuie	By Ullapool	4.80	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
West Highland Woollen Company	5 Shore Street	Ullapool	Ross Shire	IV26 2UJ	14.89	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Dornie Stores	3 Francis Street	Dornie	Kyle	IV40 8EJ	4.85	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Kinlochewe Village Stores	Kinlochewe	by Achnasheen	Ross Shire	IV22 2PA	3.16	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Shiel Shop	Glenshiel	Kyle		IV40 8HW	5.07	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Kyle Station Visitor Centre	Station Platform	Kyle of Lochalsh	Ross-shire	IV40 8AQ	9.40	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Ceol na Mara	7 Shore Street	Ullapool	Ross Shire	IV26 2UJ	3.27	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Strath Stores	Strath	Gairloch	Ross Shire	IV21 2BZ	12.88	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Laide Post Office & General Store	Laide	by Achnasheen	Ross Shire	IV22 2NB	5.02	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Lochcarron Food Centre	Main Street	Lochcarron	Ross Shire	IV54 8YD	11.50	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Contin Village Stores	Contin	By Strathpeffer		IV14 9ES	3.34	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Achiltibuie Stores	155 Achiltibuie	Achiltibuie	Ross Shire	IV26 2YG	3.58	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
McColls	The Square	Strathpeffer	Ross Shire	IV14 9DW	22.58	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Aultbea Stores	Aultbea	by Achnasheen	Ross Shire	IV22 2JD	12.65	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Poolewe Village Store	Poolewe	Achnasheen		IV22 2JU	6.62	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Tesco Store	Latheron Lane	Ullapool		IV26 2XB	74.00	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Ebor Foodmarket Limited	26-28 West Argyle Street	Ullapool		IV26 2TY	42.80	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
The Glenelg Shop	Kirkton	Glenelg		IV40 8JR	3.60	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Dundonnell Stores	Durnamuck	Dundonnell	Ross-shire	IV23 2QZ	7.53	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Co-operative Group Food Limited	Bridge Road	Kyle of Lochalsh		IV40 8BU	34.00	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Gairloch Chemi-store	Pier Road	Gairloch	Ross Shire	IV21 2BQ	2.07	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Kyle Post Office & Mini Market	Station Road	Kyle of Lochalsh		IV40 8AE	29.81	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
A. & J. Grocers	Carn-Raineach	Camustiel	by Strathcarron	Wester Ross	5.60	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Inverewe Garden Visitor Centre and Retail Shop	Inverewe Garden	Poolewe	by Achnasheen	Ross Shire	4.64	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Lochbroom Filling Station	Garve Road	Ullapool		IV26 2SX	5.24	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Inverinate Service Station	Inverinate	By Kyle		IV40 8HB	6.10	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Kintail Crafts	Ault-Na-Chruinn	Glenshiel	By Kyle	Ross-shire	2.98	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Lochcarron Garage	Main Street	Lochcarron	Strathcarron	Ross Shire	16.00	Ward 06 - Wester Ross, Strathpeffer, Lochalsh
Murray Retail	83 High Street	Invergordon		IV18 0AB	36.75	Ward 07 - Cromarty Firth
Invergordon Service Station	130 High Street	Invergordon		IV18 0AE	3.15	Ward 07 - Cromarty Firth

NAME OF PREMISES	ADDRESS 1	ADDRESS 2	ADDRESS 3	ADDRESS 4	OFF-SALE CAPACITY	WARD NAME
Skiach Filling Station	Evanton			IV16 9XJ	4.49	Ward 07 - Cromarty Firth
The Co-operative Food	46/48 High Street	Alness		IV17 0PS	47.40	Ward 07 - Cromarty Firth
Morrisons	Dalmore Road	Alness		IV17 0UY	196.00	Ward 07 - Cromarty Firth
The Co-operative Food	101/105 High Street	Invergordon		IV18 0AB	46.80	Ward 07 - Cromarty Firth
Milton Stores Ltd	Drovers Way	Milton	Invergordon	IV18 0PT	10.00	Ward 07 - Cromarty Firth
Lidl UK GmbH	Dalmore Road	Alness		IV17 0UY	44.95	Ward 07 - Cromarty Firth
Visitor Centre Shop	Dalmore Distillery	Alness			2.85	Ward 07 - Cromarty Firth
SER Supplies	131-133 High Street	Invergordon		IV18 0AJ	12.06	Ward 07 - Cromarty Firth
Alldays Stores	Coulhill Locality Centre	Coulhill	Alness	IV17 0RS	30.50	Ward 07 - Cromarty Firth
Co-operative Group Food Limited	13 Balconie Street	Evanton		IV16 9UN	27.35	Ward 07 - Cromarty Firth
Reid Road Stores	Reid Road	Invergordon		IV18 0QF	6.92	Ward 07 - Cromarty Firth
Bridgend Stores	5 Novar Road	Alness		IV17 0QG	25.00	Ward 07 - Cromarty Firth
Asda Store	Knockbreck Road	Tain			173.40	Ward 08 - Tain and Easter Ross
Co-operative Group Food Limited	Morangie Road	Tain		IV19 1HP	80.15	Ward 08 - Tain and Easter Ross
Co-operative Group Food Limited	14 High Street	Tain		IV19 1AE	31.50	Ward 08 - Tain and Easter Ross
Portmahomack Post Office & Stores	Main Street	Portmahomack		IV20 1YB	6.08	Ward 08 - Tain and Easter Ross
Kens Garage	Kildary	IV18 0NX			27.86	Ward 08 - Tain and Easter Ross
Lidl UK GmbH	Morangie Road	Tain		IV19 1PY	37.89	Ward 08 - Tain and Easter Ross
Spar	8 Main Street	Balintore	Ross-Shire	IV20 1UE	37.50	Ward 08 - Tain and Easter Ross
Spar - Balintore	14a Bank Street	Balintore		IV20 1UQ	3.59	Ward 08 - Tain and Easter Ross
I & R Bannerman	The Burgage	Tain		IV19 1BW	4.75	Ward 08 - Tain and Easter Ross
Tesco Superstore	Shore Road	Tain		IV19 1EH	140.65	Ward 08 - Tain and Easter Ross
Spar Dingwall	40 High Street	Dingwall	Ross Shire	IV15 9SN	7.25	Ward 09 - Dingwall and Seaforth
Maryburgh Stores	Proby Street	Maryburgh	Dingwall	Ross Shire	17.00	Ward 09 - Dingwall and Seaforth
Tesco Store	Mart Road	Dingwall	Ross Shire	IV15 9PP	210.00	Ward 09 - Dingwall and Seaforth
Co-operative Food Limited	Old Evanton Road	Dingwall	Ross-shire	IV15 9RA	29.91	Ward 09 - Dingwall and Seaforth
The Mace Store	14 Mill Street	Dingwall	Ross-shire	IV15 9PX	5.69	Ward 09 - Dingwall and Seaforth
Highland Groceries	Great North Road	Muir of Ord		IV6 7TP	20.75	Ward 09 - Dingwall and Seaforth
Spar Conon Bridge	Station Road	Conon Bridge	Ross Shire	IV7 8BJ	12.39	Ward 09 - Dingwall and Seaforth
West End Filling Station	Strathpeffer Road	Dingwall	Ross-shire	IV15 9QF	34.88	Ward 09 - Dingwall and Seaforth
Co-operative Food	Co-operative Food	Bridge Street	Muir of Ord	Ross-shire	31.12	Ward 09 - Dingwall and Seaforth
Ord Filling Station	Great North Road	Muir of Ord		IV6 7XR	19.30	Ward 09 - Dingwall and Seaforth
Lidl, Dingwall		Dingwall			33.50	Ward 09 - Dingwall and Seaforth
Glen Ord Distillery Visitor Centre	Glen Ord Distillery	Muir of Ord	Ross-shire	IV6 7UJ	33.50	Ward 09 - Dingwall and Seaforth
Crofters Foods & Deli	18 High Street	Rosemarkie	Ross-shire	IV10 8UF	6.90	Ward 10 - Black Isle
Scotmid	37 High Street	Avoch		IV9 8PT	31.80	Ward 10 - Black Isle
Tore Service Station	Tore	Ross Shire		IV6 7RZ	8.39	Ward 10 - Black Isle
M G Phillips Ltd	17 High Street	Rosemarkie	Ross-shire	IV10 8UF	10.64	Ward 10 - Black Isle
Co-operative Group Food Limited	67/73 High Street	Fortrose	Ross Shire	IV10 8TF	21.50	Ward 10 - Black Isle
Spar Shop	White House	Main Street	North Kessock	Ross Shire	8.06	Ward 10 - Black Isle
Scotmid	27 Millbank Road	Munloch	Ross Shire	IV8 8NL	26.00	Ward 10 - Black Isle
Culbokie Village Store	Smithfield	Culbokie	by Dingwall	Ross Shire	2.24	Ward 10 - Black Isle
Cromarty Stores	15 Bank Street	Cromarty	Ross Shire	IV11 8UY	21.35	Ward 10 - Black Isle
Black Isle Brewery	Allangrange Mains	Munloch	Ross Shire	IV8 8NZ	15.00	Ward 10 - Black Isle
The Cromarty Brewing Company	Canon Street	Davidston	Cromarty	Ross shire	12.80	Ward 10 - Black Isle
Isle of Skye Emporium	The Green	Portree	Isle of Skye	IV51 9BT	10.45	Ward 11 - Eilean a' Cheo
Staffin Stores Limited	Talla Stafainn	Staffin	Isle of Skye	IV51 9JS	6.70	Ward 11 - Eilean a' Cheo
Co-operative Group Food Limited	Woodpark	Dunvegan Road	Portree	Isle of Skye	75.20	Ward 11 - Eilean a' Cheo

NAME OF PREMISES	ADDRESS 1	ADDRESS 2	ADDRESS 3	ADDRESS 4	OFF-SALE CAPACITY	WARD NAME
The Brewery Shop (Buth An Leanna)	The Pier	(Unit 2)	Uig	Isle of Skye	2.00	Ward 11 - Eilean a' Cheo
The Stop Shop	Carbost	Isle of Skye		IV47 8SR	3.78	Ward 11 - Eilean a' Cheo
Co-operative Group Food Limited	Main Street	Broadford	Isle of Skye	IV49 9AB	55.05	Ward 11 - Eilean a' Cheo
Rankins Stores and Post Office	Uig	By Portree	Isle of Skye	IV51 9XP	10.40	Ward 11 - Eilean a' Cheo
Uig Filling Station	Uig Pier	Uig	Isle of Skye	IV51 9XX	8.91	Ward 11 - Eilean a' Cheo
Portree Knitwear	11 Wentworth Street	Portree	Isle of Skye	IV51 9EJ	2.05	Ward 11 - Eilean a' Cheo
Ardvasar Foodstore	Ardvasar	Isle of Skye		IV45 8RS	4.29	Ward 11 - Eilean a' Cheo
The Watermill at Skye Serpentarium	The Old Mill	Harrapool	Broadford	Isle of Skye	0.86	Ward 11 - Eilean a' Cheo
The Top Shop	Ford Road	Broadford	Isle of Skye	IV49 9AB	8.27	Ward 11 - Eilean a' Cheo
Fasgadh Stores	Dunvegan	Isle of Skye		IV55 8WA	10.22	Ward 11 - Eilean a' Cheo
The Co-operative Food	3 Bank Street	Portree	Isle of Skye	IV51 9DA	24.38	Ward 11 - Eilean a' Cheo
Mackenzie Stores	Staffin	Isle of Skye		IV51 9JS	3.00	Ward 11 - Eilean a' Cheo
Praban Na Linne Ltd	Eilean Iarmain	Isle of Skye		IV43 8QR	2.64	Ward 11 - Eilean a' Cheo
Co-operative Group Limited	Kilmallie Road	Caol	Fort William	PH33 7EN	13.75	Ward 12 - Caol and Mallaig
Glengarry Filling Station	Invergarry	Inverness-shire		PH35 4HL	0.60	Ward 12 - Caol and Mallaig
Rum Stores	Isle of Rum	PH43 4RR			2.53	Ward 12 - Caol and Mallaig
K K Cameron	Glenloy Street	Caol	Fort William	PH33 7DR	7.29	Ward 12 - Caol and Mallaig
Seven Heads Store	Spean Bridge	PH34 4EB			9.13	Ward 12 - Caol and Mallaig
Roy Bridge Stores	Roy Bridge	PH31 4AE			5.04	Ward 12 - Caol and Mallaig
Linnhe Lochside Holidays Shop	Corpach	Fort William		PH33 7NL	3.23	Ward 12 - Caol and Mallaig
The Harbour Shop	Main Street	Mallaig		PH41 4PU	8.34	Ward 12 - Caol and Mallaig
Glenfinnan Station Museum	Glenfinnan Station	Glenfinnan		PH37 4LT	0.50	Ward 12 - Caol and Mallaig
Spar	The Harbour	Arisaig	Inverness-shire	PH39 4NH	14.87	Ward 12 - Caol and Mallaig
Spar	Spean Bridge	Inverness-shire		PH34 4EP	23.58	Ward 12 - Caol and Mallaig
Co-operative Group Limited	Station Road	Mallaig		PH41 4PY	21.86	Ward 12 - Caol and Mallaig
Isle of Eigg Shop	An Laimhrig	Isle of Eigg		PH42 4RL	3.20	Ward 12 - Caol and Mallaig
Co-operative Group Food Limited	1 Royal Bank Buildings	Corpach	Fort William	PH33 7JG	26.66	Ward 12 - Caol and Mallaig
Spar	Main Street	Mallaig		PH41 4PU	29.73	Ward 12 - Caol and Mallaig
Great Glen Trading Centre	Tartan House	Glen Service Station	Dunard	Fort Augustus	19.84	Ward 13 Aird and Loch Ness
Glenmoriston Stores	Invermoriston	IV63 7YA			3.02	Ward 13 Aird and Loch Ness
Foyers Stores	Foyers	Inverness-shire		IV2 6XU	6.00	Ward 13 Aird and Loch Ness
Urquhart Castle	by Drumnadrochit	Nr Inverness		IV63 2XJ	157.30	Ward 13 Aird and Loch Ness
Bridgend Filling Station	Station Road	Beaully	Inverness-shire	IV4 7EH	15.11	Ward 13 Aird and Loch Ness
Bunchrew Caravan Park Shop	Bunchrew	Inverness-shire		IV3 8TD	1.10	Ward 13 Aird and Loch Ness
Cannich Post Office & Stores	Main Street	Cannich	Beaully	IV4 7LN	10.97	Ward 13 Aird and Loch Ness
Scotmid (The Square, Beaully)	The Square	Beaully	Inverness-shire	IV4 8BX	20.91	Ward 13 Aird and Loch Ness
Scotmid (Drumnadrochit)	Balmacaan Road	Drumnadrochit	Inverness-shire	IV63 6UQ	39.54	Ward 13 Aird and Loch Ness
Loch Ness Clansman Hotel Gift Shop	Brackla	Loch Ness Side	Inverness-shire	IV3 8LA	6.91	Ward 13 Aird and Loch Ness
Loch Ness Monster Visitor Centre	Drumnadrochit	Inverness		IV63 6TU	8.19	Ward 13 Aird and Loch Ness
The Whisky Shop	Loch Ness Exhibition	Drumnadrochit	Inverness-shire	IV63 6TU	11.69	Ward 13 Aird and Loch Ness
Drumnadrochit Post Office	Main Street	Drumnadrochit		IV63 6TX	1.92	Ward 13 Aird and Loch Ness
Co-operative Group Food Limited (Beaully)	7 High Street	Beaully	Inverness-shire	IV4 7BY	32.21	Ward 13 Aird and Loch Ness
East Kindrummond Farm	Dores	Inverness		IV2 6TU	0.36	Ward 13 Aird and Loch Ness
Bught Park Stores	98 Torvean Avenue	Inverness		IV3 5SW	2.08	Ward 14 Inverness West
Laidlaws	95 Bruce Gardens	Inverness		IV3 5HF	8.28	Ward 14 Inverness West
Spar Kinmylies	2 Charleston Court	Kinmylies	Inverness	IV3 8YB	8.50	Ward 14 Inverness West
Morning, Noon & Night (Glenurquhart Road, Inverness)	Unit 1	Glenurquhart Road	Inverness	IV3 5NZ	45.60	Ward 14 Inverness West
Blackpark Filling Station	Great North Road	Inverness		IV3 8QH	3.04	Ward 14 Inverness West

NAME OF PREMISES	ADDRESS 1	ADDRESS 2	ADDRESS 3	ADDRESS 4	OFF-SALE CAPACITY	WARD NAME
LA Food Centre	36 Laurel Avenue	Inverness		IV3 5RP	8.13	Ward 15 Inverness Central
Fox's Newsagents	47 Tomnahurich Street	Inverness		IV3 5DU	38.38	Ward 15 Inverness Central
Aldi Stores Telford Street Inverness	16 Telford Street	Inverness		IV3 5JZ	33.39	Ward 15 Inverness Central
Chalky's	65 Haugh Road	Inverness		IV2 4SD	4.33	Ward 15 Inverness Central
Tesco Metro (Tomnahurich Street)	8-10 Tomnahurich Street	Inverness		IV3 5DD	116.00	Ward 15 Inverness Central
Greig Street Stores	19 Greig Street	Inverness		IV3 5PT	12.18	Ward 15 Inverness Central
Co-operative Group Limited (Church Street, Inverness)	61 Church Street	Inverness		IV1 1DR	39.86	Ward 15 Inverness Central
The Edinburgh Woollen Mill	28/30 High Street	Inverness		IV1 1JQ	1.80	Ward 15 Inverness Central
Lidl UK GmbH (Store: 1021)	Telford Street	Inverness		IV3 5LU	46.62	Ward 15 Inverness Central
Key Store	4 Lochalsh Road	Inverness		IV3 8HW	6.37	Ward 15 Inverness Central
Dalneigh Stores	36 St Margarets Road	Inverness		IV3 5HQ	5.65	Ward 15 Inverness Central
Co-Operative Group Food Ltd (Telford Street, Inverness)	Telford Street	Inverness		IV3 5LS	83.00	Ward 15 Inverness Central
G B Rodgers	18 Grant Street	Inverness		IV3 8BL	5.03	Ward 15 Inverness Central
Marks and Spencer	9 Eastgate	Inverness		IV2 3TL	59.62	Ward 15 Inverness Central
The Whisky Shop	17 Bridge Street	Inverness		IV1 1HD	75.00	Ward 15 Inverness Central
James Pringle Weavers of Inverness	21 Bridge Street	Inverness		IV1 1HG	6.00	Ward 15 Inverness Central
Ezee	114 Academy Street	Inverness		IV1 1LX	24.00	Ward 15 Inverness Central
Iceland	Unit 3 B	Rose Street	Inverness	IV1 1NQ	11.00	Ward 15 Inverness Central
The Highlander	6-8 Bridge Street	Inverness		IV1 1HD	4.38	Ward 15 Inverness Central
Inverness Mini Mart	118 Benula Road	Inverness		IV3 8EL	3.17	Ward 15 Inverness Central
Station Newsagents (formerly The Bus Stop)	Farraline Park	Inverness		IV1 1NH	11.88	Ward 15 Inverness Central
Barney's	35 Castle Street	Inverness		IV2 3DU	3.28	Ward 15 Inverness Central
Spar	45 Thornbush Road	Inverness		IV3 8AB	10.38	Ward 15 Inverness Central
Spar	40 Montague Row	Inverness		IV3 5QB	15.09	Ward 15 Inverness Central
Tomlinsons Beer Shop	79 Castle Street	Inverness		IV2 3EA	27.66	Ward 15 Inverness Central
Merkinch Store & Post Office	1-3 Lochalsh Road	Inverness		IV3 8HU	4.02	Ward 15 Inverness Central
Home Bargains	Unit 4	Rose Street Retail Park	Rose Street	Inverness	25.44	Ward 15 Inverness Central
Highland Bottle Shop	45 King Street	Inverness		IV3 5DG	18.32	Ward 15 Inverness Central
Scotmid (Hilton Village)	6 Hilton Village	Inverness		IV2 4HT	17.00	Ward 16 Inverness Ness-side
Scotmid (Green Drive, Culduthel)	1 Green Drive	Culduthel	Inverness	IV2 4EX	14.70	Ward 16 Inverness Ness-side
Co-operative Group Limited (Tomatin Road, Inverness)	13 Tomatin Road	Hilton	Inverness	IV2 4UA	9.09	Ward 16 Inverness Ness-side
Drummond Stores	114 Culduthel Road	Inverness		IV2 4EE	5.24	Ward 16 Inverness Ness-side
Tesco Superstore (Dores Road)	Ness Side	Dores Road	Inverness	IV2 4QX	92.40	Ward 16 Inverness Ness-side
Lochardil Stores	Morven Road	Inverness		IV2 4BU	14.88	Ward 16 Inverness Ness-side
Drumblair Stores	31 Dores Road	Inverness		IV2 4RP	10.34	Ward 16 Inverness Ness-side
Scotmid	Balloan Road	Inverness			40.20	Ward 16 Inverness Ness-side
Crown Deli	17 Kingsmills Road	Inverness	IV2 3JT		1.62	Ward 17 Inverness Millburn
McColls	40 Culcabock Road	Inverness	IV2 3XQ		28.20	Ward 17 Inverness Millburn
Kingswell Service Station Ltd	36 Old Perth Road	Inverness	IV2 3RH		9.75	Ward 17 Inverness Millburn
Morning, Noon & Night (Raigmore)	2-4 Mackintosh Road	Raigmore	Inverness	IV2 3TT	22.20	Ward 17 Inverness Millburn
Crown Stores	13 Kingsmills Road	Inverness	IV2 3JT		6.35	Ward 17 Inverness Millburn
Esso Kessock Service Station	Longman Road	Inverness	IV1 1SD		12.68	Ward 17 Inverness Millburn
Morrisons	Millburn Road	Inverness	IV2 3TR		252.11	Ward 17 Inverness Millburn
Majestic Wine Warehouse	12a Harbour Road	Inverness	IV1 1SY		404.40	Ward 17 Inverness Millburn
Highland Wholefoods Workers Co-operative	Unit 6	13 Harbour Road	Longman Industrial Estate	Inverness	1.06	Ward 17 Inverness Millburn
Booker Limited	19 Longman Drive	Inverness	IV1 1SU		247.50	Ward 17 Inverness Millburn
BP Longmans Filling Station	22-24 Longman Road	Inverness	IV1 1RY		5.76	Ward 17 Inverness Millburn
Historic Scotland, Fort George Visitor Centre	Ardersier	Inverness shire	IV2 7TD		2.34	Ward 18 - Culloden and Ardersier

NAME OF PREMISES	ADDRESS 1	ADDRESS 2	ADDRESS 3	ADDRESS 4	OFF-SALE CAPACITY	WARD NAME
Co-operative Group Food Limited (Shopping Centre,	Shopping Centre	Keppoch Road	Culloden	Inverness-shire	20.00	Ward 18 Culloden and Ardersier
Scotmid/Morning, Noon & Night (Culloden Road, Ball	Balloch Stores	Culloden Road	Balloch	Inverness	17.50	Ward 18 Culloden and Ardersier
McColls	12 High Street	Ardersier	Inverness	IV2 7QB	6.20	Ward 18 Culloden and Ardersier
Croy Shop	Croy	Inverness-shire	IV2 5PQ		1.36	Ward 18 Culloden and Ardersier
Scotmid/Morning Noon and Night (Smithton Park)	16A/18B Smithton Park	Smithton	Inverness	IV2 7PB	32.90	Ward 18 Culloden and Ardersier
Tesco Extra (Eastfield Way, Inverness)	1A Eastfield Way	Inverness Business a	Inverness	IV2 7GD	372.00	Ward 18 Culloden and Ardersier
Co-operative Group Food Limited (High Street, Nairn)	45 High Street	Nairn		IV12 4AU	24.71	Ward 19 Nairn
Co-operative Group Food Limited (Nairn)	King Street	Nairn		IV12 4DN	52.50	Ward 19 Nairn
Co-operative Group Limited (Moss-side Road, Nairn)	11 Moss-side Road	Nairn		IV12 5NQ	26.00	Ward 19 Nairn
Auldearn Post Office & Stores	High Street	Auldearn		IV12 5HY	2.88	Ward 19 Nairn
Royal Brackla Distillery	Cawdor	Nairn		IV12 5QY	0.00	Ward 19 Nairn
J & J Wilson Supermarket	Loch Loy Holiday Park	East Beach	Nairn	IV12 4PH	6.00	Ward 19 Nairn
Scotmid (Forres Road, Nairn)	Unit 1	Bridgemill	Forres Road	Nairn	20.79	Ward 19 Nairn
Somerfield	Inverness Road	Nairn		IV12 5QF	17.55	Ward 19 Nairn
Sainsbury's Superstore	Balmakeith	Forres Road	Nairn	IV12	160.18	Ward 19 Nairn
Tesco Store (Inshes)	Milton of Inshes	Perth Road	Inverness	IV2 3TW	282.00	Ward 20 Inverness South
Tomatin Distillery Visitor Centre	Tomatin	Inverness		IV13 7YT	10.50	Ward 20 Inverness South
Scottish Midland Cooperative Society Ltd (formerly G	Tower Road	Inverness		IV2 5DG	23.10	Ward 20 Inverness South
Co-operative (Cradlehall Court, Caulfield Road)	4 Cradlehall Court	Caulfield Road, Cradl	Inverness	IV2 5WD	26.00	Ward 20 Inverness South
Whisky by MacWilliam Ltd	10 Burnbrae Terrace	Westhill	Inverness	IV2 5HD	4.00	Ward 20 Inverness South
Spar Shop	Unit 1	Culloden Service Stat	Barn Church Road	Culloden	26.50	Ward 20 Inverness South
ASDA Store	Ivanhoe Avenue	Inverness		IV2 6BZ	310.66	Ward 20 Inverness South
Co Operative Group Food Limited	Main Street	Newtonmore		PH20 1DR	31.67	Ward 21 Badenoch and Strathspey
Highland Folk Museum	Kingussie Road	Newtonmore		PH20 1AY	4.25	Ward 21 Badenoch and Strathspey
Ralia Cafe	Newtonmore			PH20 1BD	3.99	Ward 21 Badenoch and Strathspey
Speyside Woollen Company	Units 14 & 15	The Station	Aviemore	PH22 1RH	0.63	Ward 21 Badenoch and Strathspey
Co-operative Group Limited (High Street, Kingussie)	31-33 High Street	Kingussie		PH21 1HR	20.50	Ward 21 Badenoch and Strathspey
Laggan Stores Ltd	Laggan Bridge	Newtonmore		PH20 1AH	18.45	Ward 21 Badenoch and Strathspey
Mortimers	3 High Street	Grantown on Spey		PH26 3HB	1.38	Ward 21 Badenoch and Strathspey
The Cairngorm Brewery Company	Unit 12	Dalfaber Industrial Es	Aviemore	PH22 1ST	41.43	Ward 21 Badenoch and Strathspey
Nethy Bridge Stores & Post Office	Nethy Bridge	Inverness-shire		PH25 3DA	8.44	Ward 21 Badenoch and Strathspey
Murchies of Kingussie	24 High Street	Kingussie		PH21 1HR	9.75	Ward 21 Badenoch and Strathspey
Tesco Metro (Aviemore)	Grampian Road	Aviemore		PH22 1RH	108.00	Ward 21 Badenoch and Strathspey
Speyside Heather Centre	Dulnain Bridge	Inverness-shire		PH26 3PA	5.60	Ward 21 Badenoch and Strathspey
Co-operative Group Food Ltd (The Square, Grantow	4 The Square	Grantown-on-Spey	Morayshire	PH26 3HG	54.30	Ward 21 Badenoch and Strathspey
Spar Aviemore	115 Grampian Road	Aviemore		PH22 1SQ	11.90	Ward 21 Badenoch and Strathspey
Boat of Garten Post Office	Deshar Road	Boat of Garten		PH24 3BN	1.50	Ward 21 Badenoch and Strathspey
Dalraddy Holiday Park Shop	Alvie & Dalraddy Estates	By Aviemore	Inverness-shire	PH22 1QB	4.84	Ward 21 Badenoch and Strathspey
Glenmore Forest Park Visitor Centre	Glenmore	Aviemore		PH22 1QU	4.00	Ward 21 Badenoch and Strathspey
M & B Stores	Deshar Road	Boat of Garten		PH24 3BN	9.60	Ward 21 Badenoch and Strathspey
Scotmid (The Square, Grantown)	34 The Square	Grantown on Spey	PH26 3HF		17.55	Ward 21 Badenoch and Strathspey
Costcutter (formerly Scotmid) (Aviemore)	1 Granish Way	Dalfaber	Aviemore	PH22 1UQ	10.52	Ward 21 Badenoch and Strathspey
Kinraig Stores	The Brae	Kinraig		PH21 1NA	4.82	Ward 21 Badenoch and Strathspey
Spar Shop	Main Street	Carrbridge		PH23 3AQ	7.22	Ward 21 Badenoch and Strathspey
Malthurst Esso Aviemore	52 Grampian Road	Aviemore	Inverness-shire	PH22 1PD	9.00	Ward 21 Badenoch and Strathspey
Rothiemurchus Farm Shop	Rothiemurchus Centre	Aviemore	Inverness-shire	PH22 1QH	9.27	Ward 21 Badenoch and Strathspey
Malthurst Esso Newtonmore	Perth Road	Newtonmore	PH20 1AP		8.30	Ward 21 Badenoch and Strathspey
Malthurst Esso Grantown	39 Spey Avenue	Grantown-on-Spey	Morayshire	PH26 3EJ	7.00	Ward 21 Badenoch and Strathspey

NAME OF PREMISES	ADDRESS 1	ADDRESS 2	ADDRESS 3	ADDRESS 4	OFF-SALE CAPACITY	WARD NAME
Glencoe Village Store	Carnoch	Glencoe	Ballachulish	PH49 4HS	16.40	Ward 22 - Fort William & Ardnamurchan
Whisky Shop	93 High Street	Fort William		PH33 6DG	42.82	Ward 22 - Fort William & Ardnamurchan
House of Clan Jamfrie	129 High Street	Fort William		PH33 6DG	38.70	Ward 22 - Fort William & Ardnamurchan
Ferry Stores	Kilchoan	Acharacle		PH36 4LH	4.06	Ward 22 - Fort William & Ardnamurchan
Ben Nevis Distillery	Visitors Centre	Lochybridge	Fort William	PH33 6TJ	3.99	Ward 22 - Fort William & Ardnamurchan
Tesco Metro	High Street	Fort William		PH33 6AU	41.54	Ward 22 - Fort William & Ardnamurchan
Ardgour Stores	Clovullin	Ardgour		PH33 7AB	9.36	Ward 22 - Fort William & Ardnamurchan
Onich Filling Station	Onich	Fort William		PH33 6RZ	0.63	Ward 22 - Fort William & Ardnamurchan
Mairi MacIntyre	67 High Street	Fort William		PH33 6DN	4.37	Ward 22 - Fort William & Ardnamurchan
Morrisons	An Aird	Fort William		PH33 6AN	180.01	Ward 22 - Fort William & Ardnamurchan
Spar	Claggan Road	Fort William		PH33 6QL	27.08	Ward 22 - Fort William & Ardnamurchan
Edinburgh Woollen Mill	13 High Street	Fort William		PH33 6DH	4.80	Ward 22 - Fort William & Ardnamurchan
Lidl UK GmbH (Store:1226)	Camalachd Crescent	Fort William		PH33 6XZ	37.89	Ward 22 - Fort William & Ardnamurchan
Malthurst Road to the Isles Filling Station	North Road	Fort William		PH33 6TQ	7.95	Ward 22 - Fort William & Ardnamurchan
Lochaline Stores	Lochaline	Morvern	Oban	PA80 5XT	3.84	Ward 22 - Fort William & Ardnamurchan
Hyperhut	151 High Street	Fort William		PH33 6EA	3.63	Ward 22 - Fort William & Ardnamurchan
Spar	Grange Road	Fort William		PH33 6JF	17.60	Ward 22 - Fort William & Ardnamurchan
Co-operative Group Limited	Loanfern	Ballachulish		PH49 4JB	16.68	Ward 22 - Fort William & Ardnamurchan
Co-operative Group Limited	20 Stevenson Terrace	Kinlochleven		PH50 4RP	20.31	Ward 22 - Fort William & Ardnamurchan
Acharacle Stores	Acharacle	PH36 4JL			12.00	Ward 22 - Fort William & Ardnamurchan
Strontian Stores	Strontian	Argyll		PH36 4JB	18.42	Ward 22 - Fort William & Ardnamurchan
Sanjays Shop	Bruce Place	Plantation	Fort William	PH33 6HH	5.51	Ward 22 - Fort William & Ardnamurchan
Glenborrodale Castle (Adelphi Distillery)	Glenborrodale	Ardnamurchan	Argyll	PH36 4JP	10.79	Ward 22 - Fort William & Ardnamurchan
Glen Nevis Caravan and Camping Site - Shop 1	(Holiday Park)	Glen Nevis	Fort William	PH33 6SX	2.15	Ward 22 - Fort William & Ardnamurchan
Glen Nevis Caravan and Camping Park - Shop 2	(Touring Park)	Glen Nevis	Fort William	PH33 6SX	2.15	Ward 22 - Fort William & Ardnamurchan

Appendix 5

Off-sales capacities (pure off-sales) per ward and population

Ward	Population	Number of premises (Pure off-sales)	Total capacity (m ²)	Capacity per head of population per ward (m ²)
1. North, West and Central Sutherland	5,568	20	140.28	0.025
2. Thurso	7,218	9	416.66	0.058
3. Wick	6,587	9	409.85	0.062
4. Landward Caithness	11,355	10	91.10	0.008
5. East Sutherland and Edderton	7,952	14	265.43	0.033
6. Wester Ross, Strathpeffer, Lochalsh	11,372	32	417.71	0.037
7. Cromarty Firth	11,748	14	494.22	0.042
8. Tain and Easter Ross	8,860	10	543.37	0.061
9. Dingwall and Seaforth	12,399	12	461.57	0.037
10. Black Isle	9,639	11	164.68	0.017
11. Eilean a' Cheo	10,114	16	228.20	0.022
12. Caol and Mallaig	7,882	15	170.31	0.022
13. Aird and Loch Ness	10,658	15	335.07	0.031
14. Inverness West	8,204	5	67.50	0.008
15. Inverness Central	13,654	28	699.98	0.051
16. Inverness Ness-side	10,008	8	203.85	0.020
17. Inverness Millburn	8,050	11	991.63 or, if Booker Cash & Carry excluded, 587.23	0.123 or 0.073
18. Culloden and Ardersier	11,030	7	452.30	0.041
19. Nairn	11,593	9	310.61	0.027
20. Inverness South	14,092	7	403.58	0.029
21. Badenoch and Strathspey	12,939	26	413.91	0.032
22. Fort William and Ardnamurchan	11,404	25	532.11	0.047

Off-sales capacities – Multiple Grocery Stores

Capacity in m ²	TESCO	MORRISONS	ASDA	SAINSBURY	M&S	LIDL	ALDI	SOMERFIELD	CO-OP	SCOTMID	SPAR	OTHER STORES ⁱ	TOTAL
00.01 – 10.00					1				1		5	111	118
10.01 – 20.00								1	4	4	8	42	59
20.01 – 30.00									13	5	4	12	34
30.01 – 40.00						5	1		5	3	1	8	23
40.01 – 50.00	1					2			5	1		2	11
50.01 – 60.00					1				3				4
60.01 – 70.00													0
70.01 – 80.00	1								2				3
80.01 – 90.00									2				2
90.01 – 100.00	1												1
100.01 – 150.00	3												3
150.01 – 200.00	1	2	1	1									5
200.01 – 250.00	2												2
250.01 – 300.00	1	1											
300.01 – 350.00			1										1
350.01 – 400.00	1												1

ⁱ Includes off-sales at garages selling groceries. Excludes premises dedicated only to off-sales and other premises such as visitors centres, “tartan” shops, etc. which serve the tourist market rather than the community. Also excludes Bookers Cash & Carry, Inverness.