## CAITHNESS DISTRICT PARTNERSHIP

## ACTION NOTE FROM MEETING OF: 18 March 2016 in Town Hall, Wick

**PRESENT** Cllr Willie Mackay - Chair (WM) THC, Mike Flavell (MF) NHS, Sandra Harrington (SH) NHS, Angela Echavarren (AE) THC, Niall Smith (NS) CVG, Dr Borja Echavarren (BE) NHS, John West (JW) HLH, Pat Groves (PG) THC, Jill Smith (JS) CAB

**APOLOGIES:** Dawn Grant, Bob Silverwood, Pauline Craw, Pam Garbe, Pat Ramsay, Steven Gorman, Keith Moncur, Nina Semple **In attendance**: Alex Macmanus (AM), Assistant Ward Manager, Alison McDiarmid (Notes) and 8 members of the public

ITEM	SUBJECT	ACTION AGREED	LEAD	NAMED OFFICER	TIMESCALE
	Chair	Welcomed everyone to the meeting.			
	Previous Action Note -	AM confirmed that he had sent the DVD to MF.			
	30/10/15	MF updated that he had met with Trudi Morris, Caithness Chamber of Commerce, Ian Sinclair, Caithness & North Sutherland Regeneration Partnership and Ken Nicol, Dounreay regarding Development of the Information Package. Funding needs to be sourced.			
1	Children's Services - Children Services District Plan Update	In DG's absence, deferred to next meeting - Plan is currently a work in progress		DG/AE	
2	Adult Services - Adult Service Change & Improvement Plan	<ul> <li>MF updated with the following main points:</li> <li>All care homes have had an establishment review and a new staff structure has been developed to enable transfer to Agenda for Change terms and conditions</li> <li>Environment walk rounds taking place in care homes</li> <li>Social Worker allocated to each care home</li> <li>Recruiting 4 generic social workers</li> <li>Streamlining services</li> <li>Independent providers for Care at Home</li> <li>East and West Team Social Workers co-located, plan for Care at Home staff to relocate into same buildings</li> <li>Both Teams have a Health &amp; Social Care Co-ordinator</li> </ul>			

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		<ul> <li>One single point/number for contact for Integrated Team eg Occupational Therapy, Mental Health etc - goes live on 4 April. Algorithms in place, daily huddles held but might have some teething problems initially.</li> <li>District Care Panels being held weekly for reviewing of care packages/how to do things better - Personal Outcome Plan (previously called Single Shared Assessment)</li> <li>Professional Lead/Advanced Practitioner for Mental Health post is vacant - going out to advert</li> </ul>		
3	Children's Services – Joint CAB and Midwifery Project	<ul> <li>SH gave a power point presentation on the joint project - available at <a href="http://www.highland.gov.uk/meetings/meeting/3645/district_partnershipcaithness">http://www.highland.gov.uk/meetings/meeting/3645/district_partnershipcaithness</a></li> <li>Discussion took place with the following being noted: <ul> <li>Funding Project started June 2014 for one year</li> <li>WM wished the project well for the future as very beneficial to the families</li> <li>More families engaging with CAB than would have before the project - can assist with the families whole situation to ensure they are getting all benefits they are entitled to</li> <li>Healthy Start vouchers - there appears to be a lot of stigma felt around using them, people are embarrassed. Also the shopkeeper has to sign up to accept the scheme</li> <li>Working with the midwives who pass on the information to the mums-to-be, explaining what assistance can be given by CAB - they can make up their own decisions to interact or not with the project</li> <li>Members within the Highland Council have just agreed to extend further funding until March 2017</li> <li>Future funding - to be sought but this will be hard to come by with all the cutbacks being put in place. Lottery funding was suggested.</li> </ul> </li> </ul>		
	Questions from Members of the Public - Children's Services	No questions arose		
4.	Adult Services - Community Food and Health Practitioner	PG distributed an information sheet titled, Food & Health Highland. Went on to explain her role that she is based in Caithness and the post is funded by Preventative Spend by Highland Council but is employed by NHS. The aim is to Increase access to and affordability of health food for targeted communities most at risk of poorer health outcome; increase the number of people		

	who are eating a healthy diet and are physically active.		
	Busy trying to build relationships in the Community eg promoting vitamin drops for children and tablets for mums, walking group being established, food safety courses in village halls etc. Also went round all the shops in Caithness and only one shop had the Healthy Start sticker displayed. Some shop owners/managers did not know about the scheme. Caithness Food Friends has been set up alongside Caithness Befrienders - cook a meal, take along and eat your meal with your food friend in their home. Delivering Health Issues In the Community (HIIC) courses being held - member of public advised that they had attended, found to be very rewarding, helped with depression, self-esteem and confidence.		
	Highland Council has cut funding for the posts of Community Food and Health Practitioners.		
Adult Services - Poppy Scotland	Apologies received from NS due to unforeseen circumstances - so removed from Agenda		
Adult Services - Self Management Development Fund Update	<ul> <li>WM updated that the SMDF had introduced a £40k fund and a sub group of this District Partnership had recently met when the successful applications were awarded:</li> <li>Laurandy Day Centre - £5,000</li> <li>Macular Society Caithness Support Group - £1,800</li> <li>ADHD - £3,000</li> <li>Caithness Disability Multi Sport - £1,200</li> <li>Caithness Mental Health Support Group - £5,000</li> <li>Dunbeath &amp; District Centre - £4,855</li> <li>Total awarded £20,855</li> <li>AM requested that his thanks be recorded to Yvonne Henry of CVG for all the hard work she had done throughout the County highlighting this fund to the local organisations</li> </ul>		
Questions from Members of the Public -	<i>Q1</i> - Any plans for the Caithness Redesign Reference Group to be held? <i>A</i> - <i>MF</i> responded that the Chair of the group is to retire soon but hopefully a		
	Services - Poppy Scotland Adult Services - Self Management Development Fund Update	Adult       Adult         Adult       Apologies received from NS due to unforeseen circumstances - so removed from Agenda         Adult       Apologies received from NS due to unforeseen circumstances - so removed from Agenda         Mult       WM updated that the SMDF had introduced a £40k fund and a sub group of this District Partnership had recently met when the successful applications were awarded:         Level Update       Laurandy Day Centre - £5,000         Fund Update       Caithness Mental Health Support Group - £1,800         Adult services - Self       Macular Society Caithness Support Group - £1,800         Caithness Disability Multi Sport - £1,200       Caithness Disability Multi Sport - £1,200         Caithness Disability Multi Sport - £4,855       Total awarded £20,855         Advise that this thanks be recorded to Yvonne Henry of CVG for all the hard work she had done throughout the County highlighting this fund to the local organisations.	Adult       Busy trying to build relationships in the Community eg promoting vitamin drops for children and tablets for mums, walking group being established, food safety courses in village halls etc. Also went round all the shops in Caithness and only one shop had the Healthy Start sticker displayed. Some shop owners/managers did not know about the scheme. Caithness Food Friends has been set up alongside Caithness Befrienders - cook a meal, take along and eat your meal with your food friend in their home. Delivering Health Issues In the Community (HIIC) courses being held - member of public advised that they had attended, found to be very rewarding, helped with depression, self-esteem and confidence.         Adult       Services -         Services -       Poppy         Scotland       Apologies received from NS due to unforeseen circumstances - so removed from Agenda         Adult       WM updated that the SMDF had introduced a £40k fund and a sub group of this District Partnership had recently met when the successful applications were awarded:         Poulpotet       • Laurandy Day Centre - £5,000         • Laurandy Day Centre - £5,000       • Macular Society Caithness Support Group - £1,800         • ADHD - £3,000       • Caithness Mental Health Support Group - £1,800         • ADHD - £3,000       • Caithness Mental Health Support Group - £5,000         • Dunbeath & District Centre - £4,855       Total awarded £20,855         AM requested that his thanks be recorded to Yvonne Henry of CVG for all the hard work she had done throughout the County highlighting this fund to the local organisations.         Q1 - An

8.	Any Other	Nil to discuss		
	Current			
	Business			
9.	Next Meeting	Friday 24 June 2016		

THC – Highland Council; NHS – National Health Service; HLH – High Life Highland; CVG – Caithness Voluntary Group; CAB – Citizens Advice Bureau