

Agenda Item	6.
Report No	CPB 14/17

Highland Community Planning Partnership Board – 4 October 2017

Developing and implementing the Active Highland Strategy

Report by Cathy Steer on behalf of the Active Highland Strategy group

The CPP Board is asked to:

- **Note the progress to develop an action plan for the Active Highland strategy**
- **Approve the action plan which will be the focus of activity for 2017-2019**

1. Introduction

The CPP Board previously approved the Active Highland strategy and asked the Active Highland Strategy Group to undertake community engagement work to help identify priorities and actions for implementing the strategy.

2. Community Engagement

A community engagement plan was developed and approved at the CPP Board meeting on 15 March 2017, and engagement work took place between March and July 2017.

A total of 170 individual and group responses were received from an online survey and various meetings and events that took place between March and July 2017. Feedback from the engagement process confirmed support for the eight Active Highland priorities (Appendix 1) that had emerged and provided some further information to guide development of an action plan.

3. Action plan

The Active Highland strategy group met to review the feedback from the consultation and engagement exercise and develop an action plan for the strategy. The eight Active Highland priorities have been developed into an action plan to drive partnership activity over the next 12 to 18 months. The action plan has been developed as a series of driver diagrams (see attached driver diagrams 1-8). It is proposed that the action plan be a 'live' document that can be added to and updated as programmes of work are created, developed or progress.

4. Recommendations

The CPP Board is asked to:

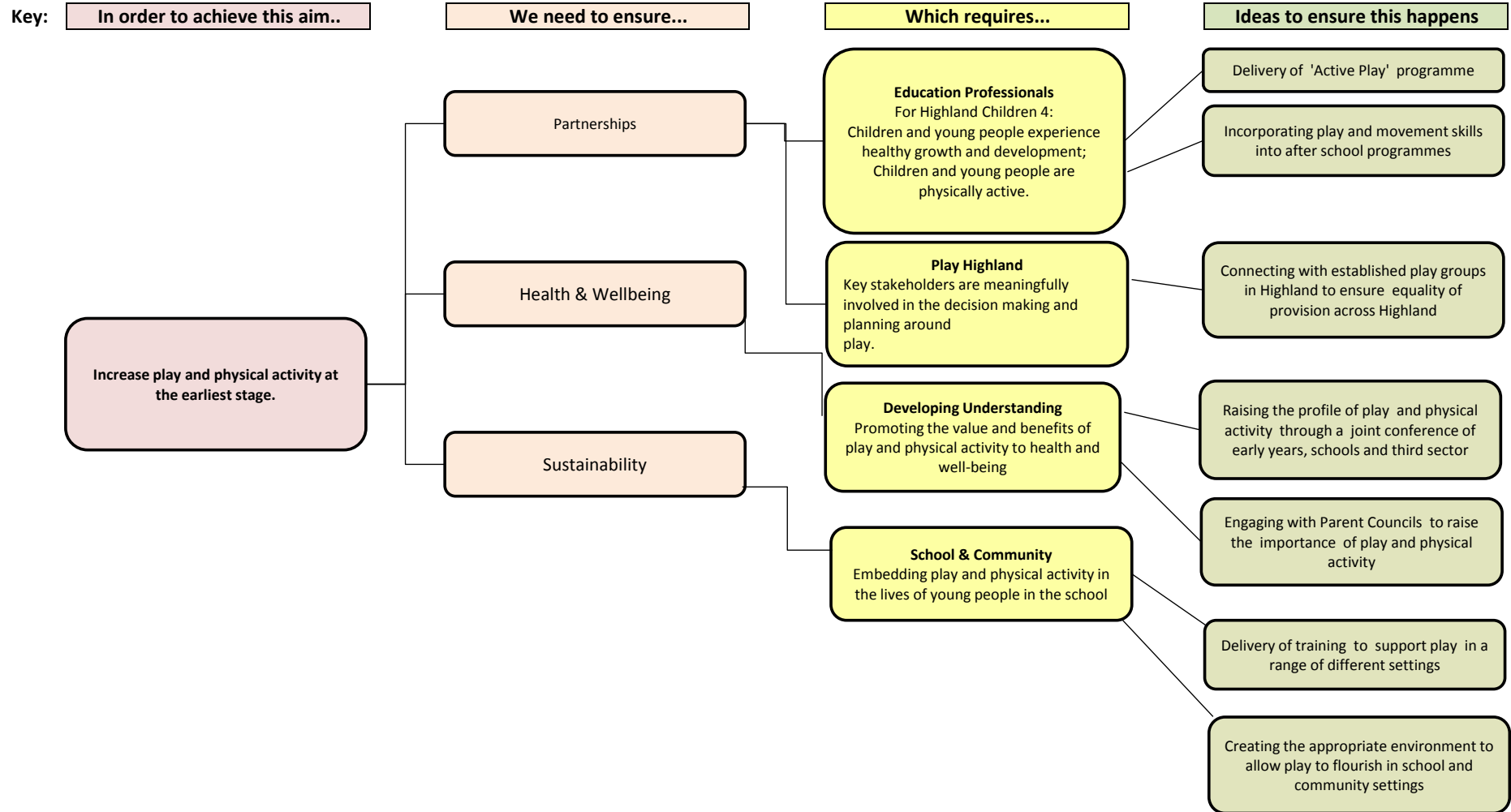
- Approve the Active Highland action plan

Priorities for implementation of the Active Highland strategy

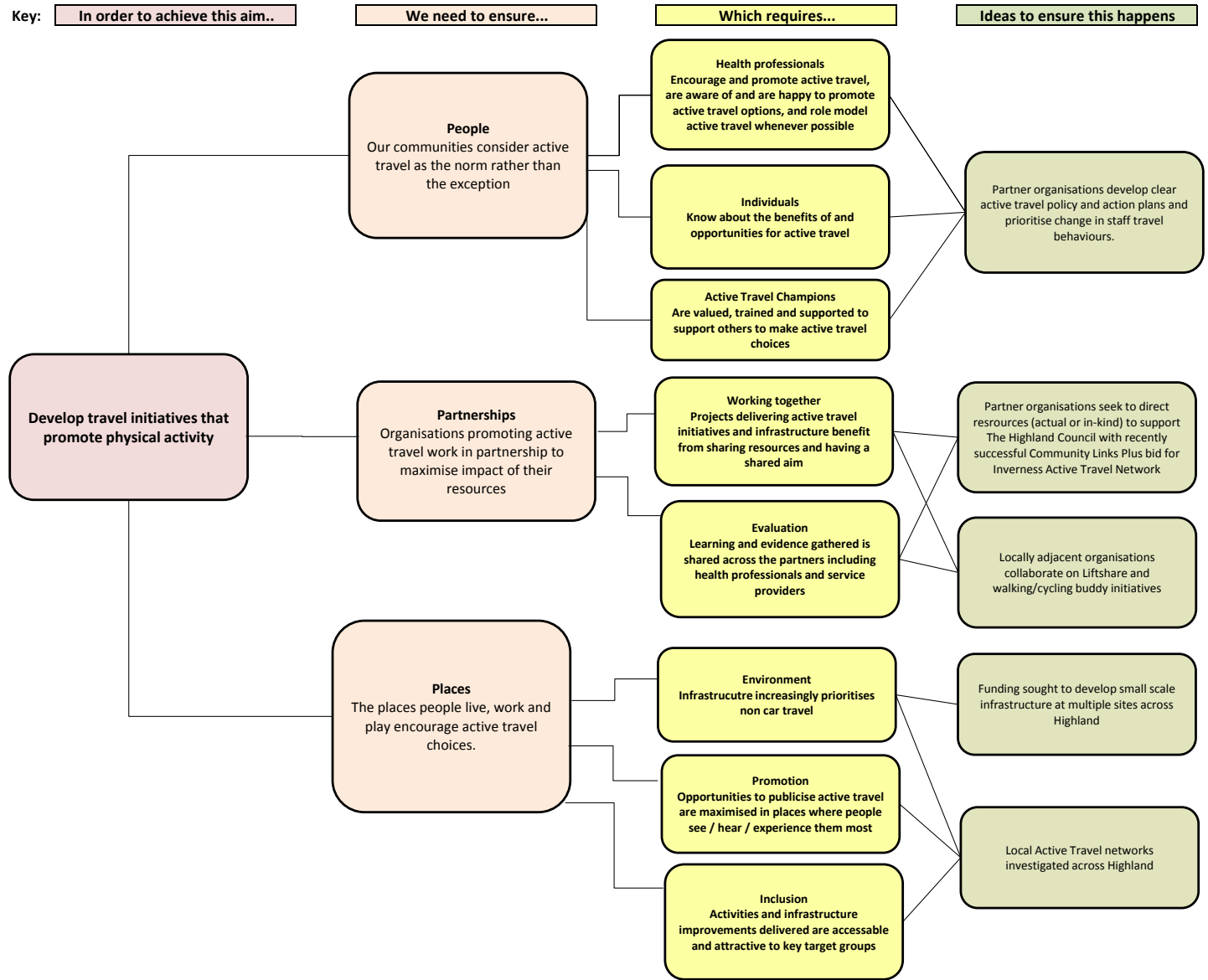
The following priorities have been developed from initial consultation with CPP partners and community engagement work:

1. Develop a partnership approach to play and physical activity that directly targets N3-P7 pupils to embed Health and Wellbeing at the earliest stage.
2. Develop travel initiatives that promote physical activity.
3. Develop capacity and opportunities for exercise programmes that develop and maintain strength and balance in older people.
4. Support partners to expand weekly health walks and exercise programmes in key target areas and communities.
5. Maximise promotion and use of Scotland's natural environment for improving health through development of 'Our Natural Health Service', Greenspace projects, green gym initiatives and the promotion of community path networks.
6. Empower the young people of the Highland's by growing leadership training and opportunities within the medium of sport and physical activity.
7. Develop a locally based tutor workforce that supports an increase in the development of quality opportunities whilst increasing capacity in clubs to deliver a range of sports and activities throughout our Highland Communities
8. Develop a performance development programme aimed at up skilling the coaching workforce in Highland

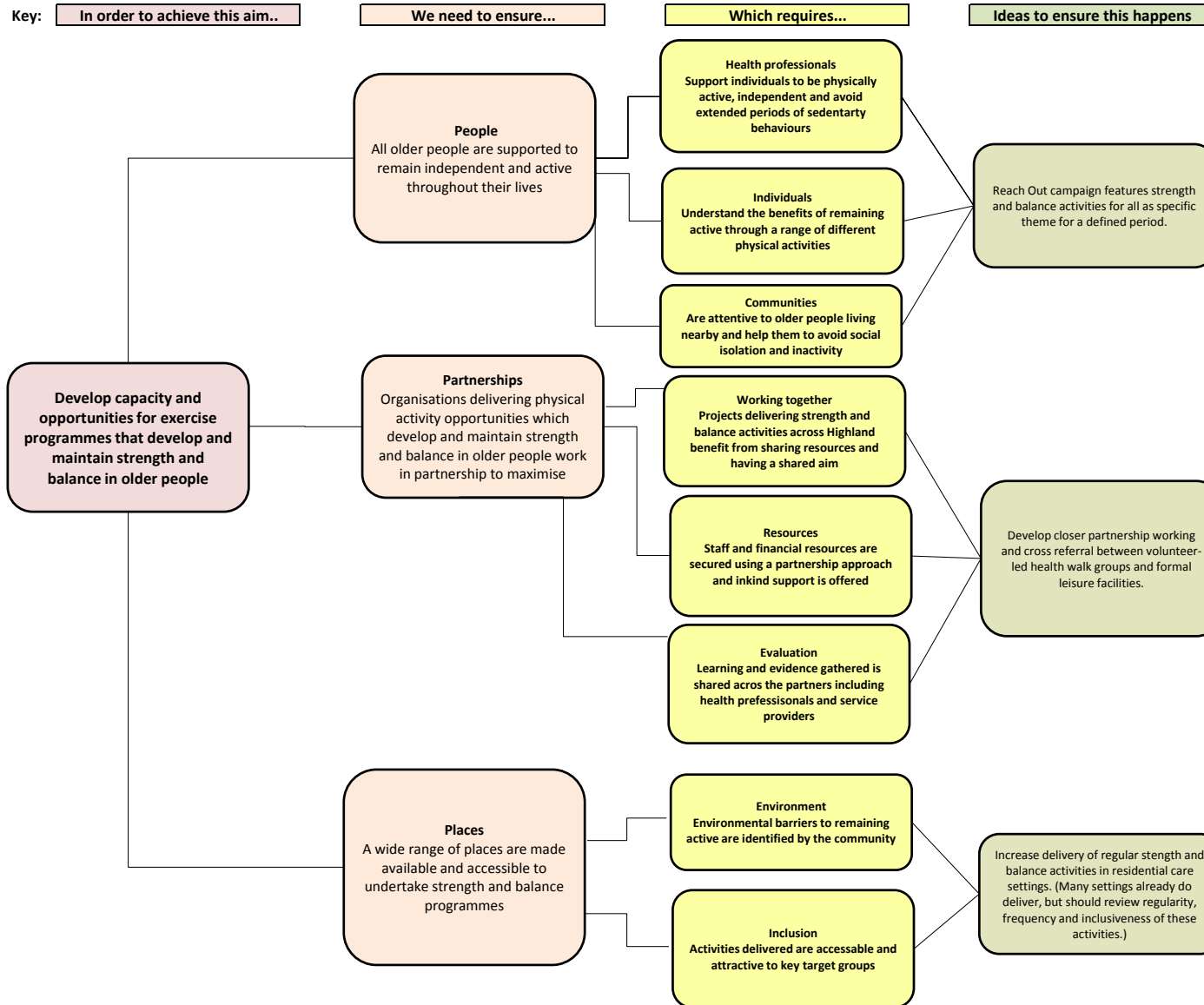
Active Highland: Driver diagram 1



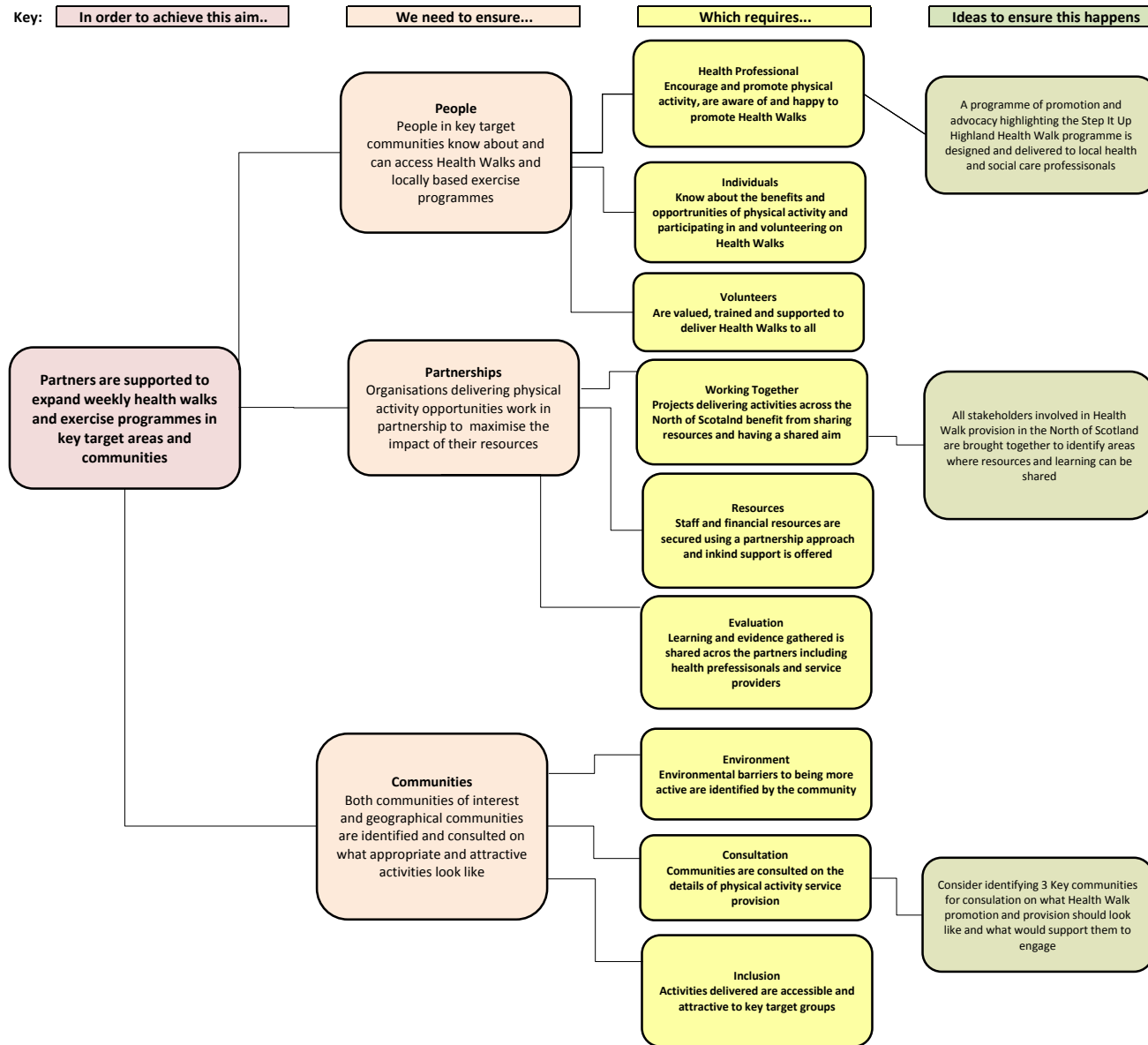
Active Highland: Driver diagram 2



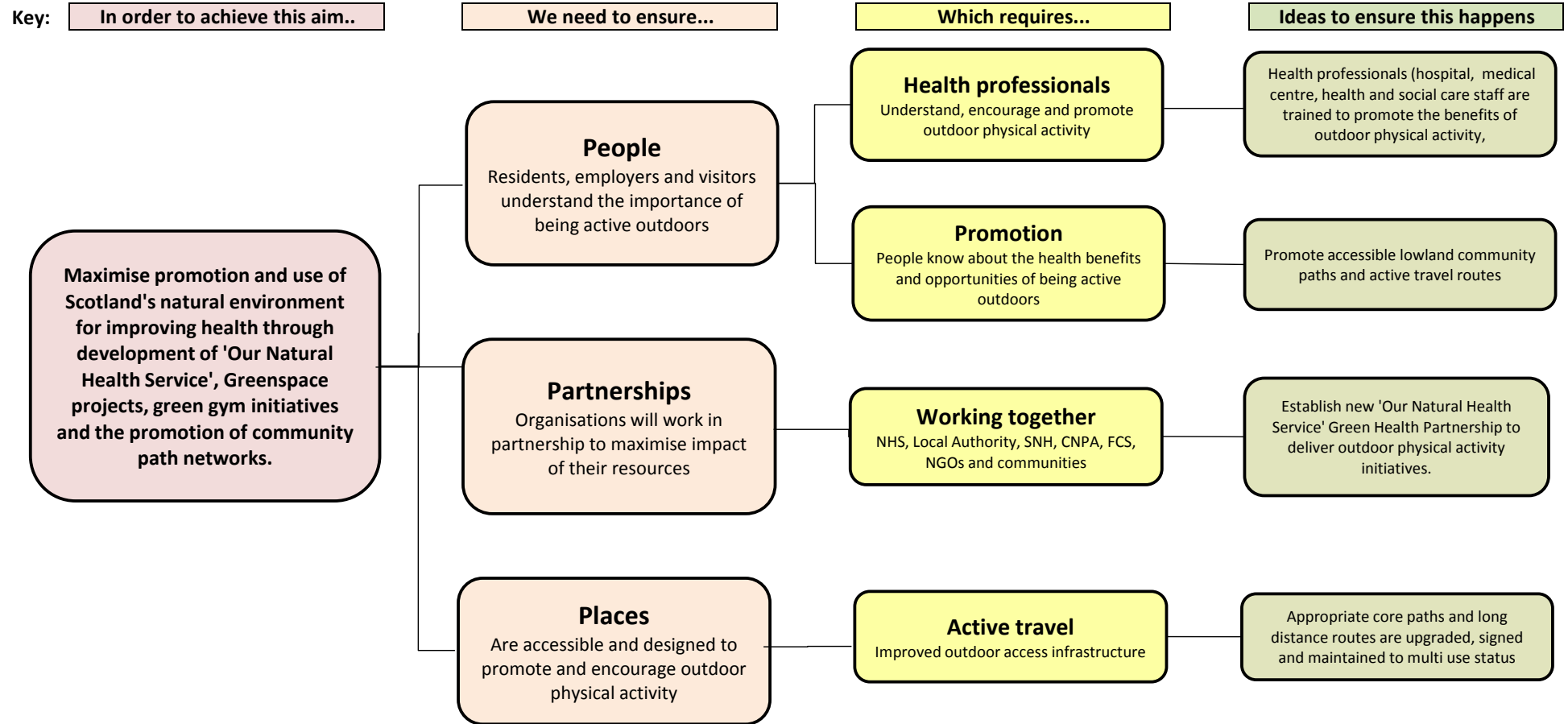
Active Highland: Driver diagram 3



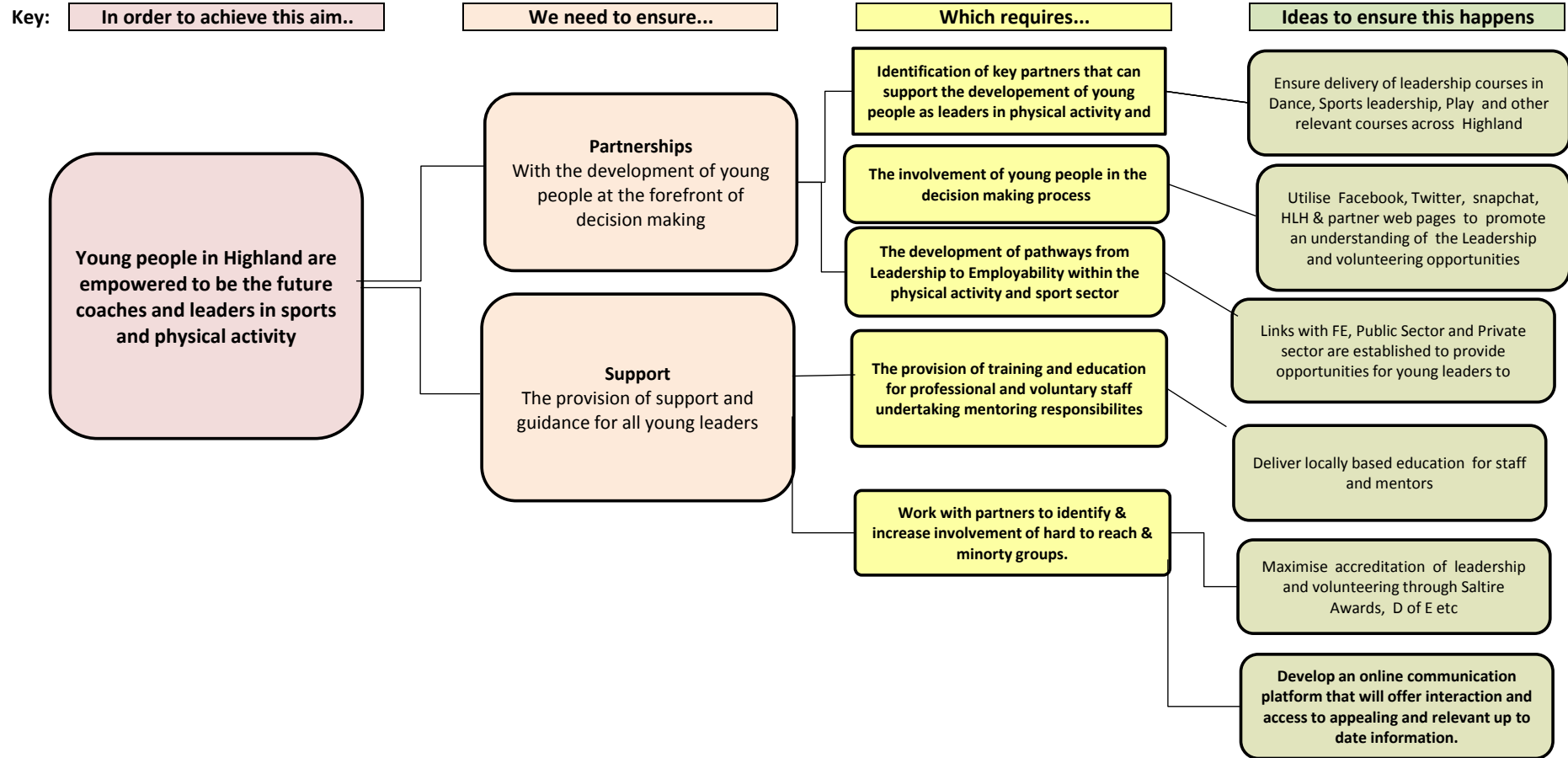
Active Highland: Driver diagram 4



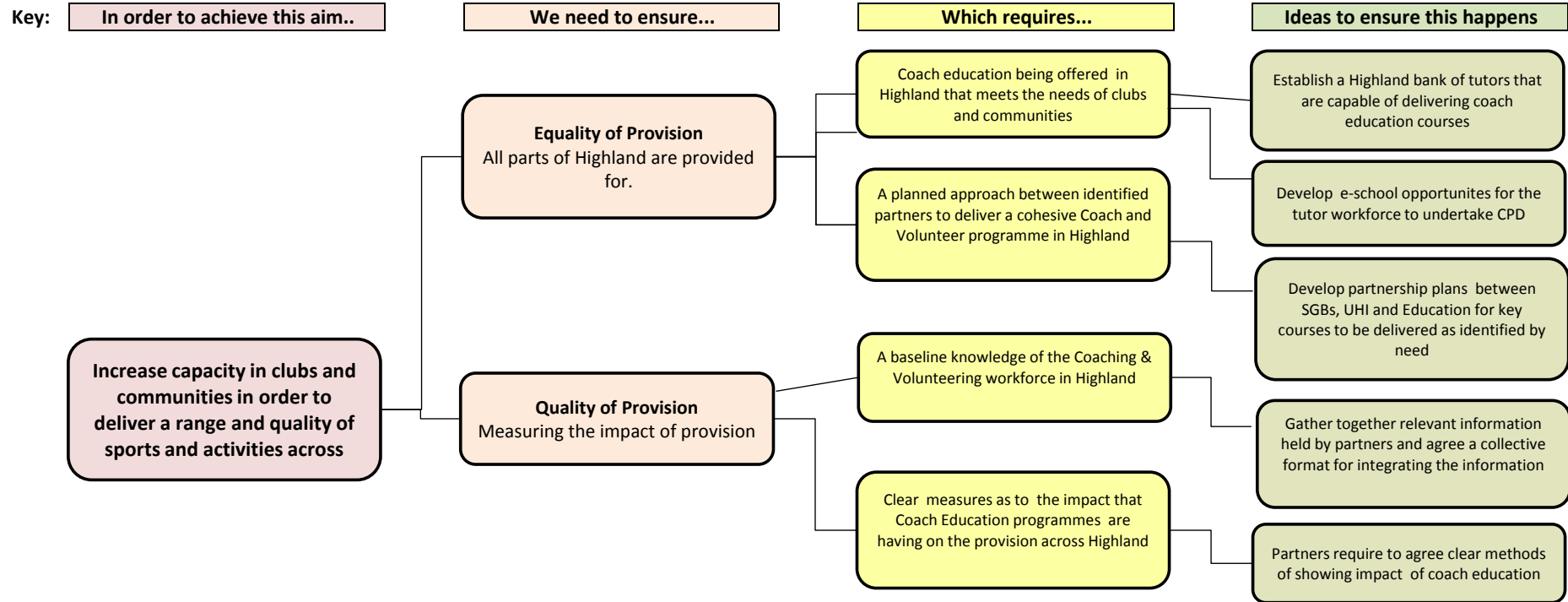
Active Highland: Driver diagram 5



Active Highland: Driver diagram 6



Active Highland: Driver diagram 7



Active Highland: Driver diagram 8

