Highland Alcohol and Drugs Partnership – Strategy Group Meeting

Tuesday 21st November 2023; 2pm-4pm Larch House, Inverness and via Microsoft Teams

Present:	Andrea Broad – NHS Highland		
	Andrew Garraway – Highland Alcohol and Drugs Partnership		
	Arlene Johnstone – NHS Highland		
	Bev Fraser – NHS Highland		
	Caroline Robertson - CrossReach		
	Carron McDiarmid - Chair		
	Cathy Steer – NHS Highland		
	David Reid – NHS Highland		
	Debbie Delonnette – Highland Council		
	Debbie Stewart – NHS Highland		
	Elisabeth Smart – NHS Highland		
	Frances Matthewson – Highland Alcohol and Drugs Partnership		
	Iain Templeton – Third Sector Interface Representative		
	Ian Kyle – Highland Council		
	Iver Forsyth – Highland Alcohol and Drugs Partnership		
	James Dunbar – Housing First		
	Katy MacLeod – Scottish Drugs Forum		
	Mhairi Wylie - Highland Third Sector Interface		
	Ray Buist – Audit Scotland		
Apologies:	Denise Stampfer		
	Donna Munro – Highland Council		
	Cllr Kate MacLean – Highland Council		
	Teresa Green – NHS Highland		
Notes:	Steph Tyrer – Highland Alcohol and Drugs Partnership		

1. Welcome

- Carron welcomed everyone to the meeting and thanked Liz Smart for her time spent as interim Chair and the support and patience given to her during her handover.
- Carron also welcomed Steph Tyrer as the new Administration and Communications Officer for the ADP and Iver Forsyth who has started his secondment as Housing First Specialist for the ADP.
- Audit Scotland representative was welcomed as a guest to provide an update on a planned audit and to clarify the expectations from the Partnership.
- A Vice Chair (up to 2 people) will need to be appointed and nominations will be sought at the next meeting.
- Also, a big thank you was given to Debbie Stewart, who is moving on to a new post, for her contribution, help and support to the Partnership over the years.
- It was also noted that this would have been the last meeting for Mark Holloway before Scott Watson takes over as Governor of the Prison in the new year.
- Carron raised a declaration of interest due to her role as a Non-Executive Director with Public Health Scotland. PHS provides intelligence support to all the ADP's in Scotland and PHS is referred to in some of the papers in the agenda but no conflicts of interest were identified requiring her to be absent for any item.
- 2. Minutes of Previous Meeting and Actions

	I Minutes:					
	These were accepted as a true and accurate account of the meeting held on the 29 th					
	of August 2023. 2.2 Actions:					
	<u>nance</u> – It had been suggested that a fi					
	stems we have in place, in terms of the e if we can respond more quickly and e					
	nding was needed.	ancientiy. Ayreeu that a	review of systems for			
	B Positive developments to highlight	since 29 th August 202				
2.0	Recovery Walk	Since 25 August 202				
	Over 50 people with lived experience,	plus family members	participated in the			
	Recovery Walk. Thanks were given to					
	to Beechwood House for hosting the		ine event and			
	Mental Health Forum Awards – congr		sed.			
	The Custody Healthcare Team won th					
	the MATPACT initiative.	0 1	0,			
	The Caithness Assertive Outreach Te	<u>am</u> were highly comme	nded for their Trigger			
	Checklist approach. The Trigger Chec					
	for outreach. Recent MATPACT data					
	months of being in custody. Looking t		necklist and the			
	MATPACT into a harm reduction tool	kit for MAT.				
3. Dev	velopment Session					
	3.1 Involving People/Families with					
•	Thanks were given to Debbie for the o	covering report which se	et out a phased peer			
	research approach.					
•	It was noted that this is an important of	levelopment as an area	for improvement for			
	the Partnership.					
•	Katy MacLeod from the Scottish Drug					
	work they have been commissioned to do by HADP around involving people and					
			nvolving people and			
	families with lived and living experience	ce.				
•	families with lived and living experience It was recognised that the Recovery V	ce.				
	families with lived and living experience It was recognised that the Recovery V this.	ce. Vorkers Training Projec	t (RWTP) links in with			
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- One model has been agreed for MAT 3 outreach the service spec is being written up.
- Raising awareness of the trigger checklist.
- Standardised harm reduction backpacks have been agreed.
- There is a SOP, which includes anticipatory care planning, for MAT 5.
- A baseline has been gathered for psychology regarding staff in DARS about what their availability and confidence is to deliver psychological interventions.
- Quality Improvement (QI) methodology has been used to identify themes and create driver diagrams to display a theory of change and share with our Primary Care colleagues.
- The Specialist GP has taken over the prescribing for some patients stable on Buvidal.
- Partners in Advocacy and Highland Advocacy launched the new advocacy service on Monday, which will support MAT8.

Challenges

- Looking to develop the jobs plans of non-medical prescribers to include the need for structured support to provide safer practice.
- There is some mapping work underway to see if some processes can be standardised as there is a lot of variation between teams in their prescribing and outreach provision.
- Harm reduction within MAT4 MIST have requested that vaccines are delivered within services need to identify training needs and availability.
- Accommodation is still a challenge in the delivery of all MAT standards.
- Capacity and resourcing of shared care within primary care continues to be a challenge.
- Carron shared more recent communication from Scottish Government about cooccurring mental health and substance use conditions around MAT 9 which advises that Healthcare Improvement Scotland has been commissioned to produce an exemplar interface protocol which sets out how the services should work together. Arlene Johnstone has been nominated to be the lead for Highland and be responsible for its delivery and oversee the progress in both mental health and substance use services. NHS Highland, and not HADP, is accountable for the delivery of the MAT standards.
- Arlene confirmed that the current MAT Oversight Group would be split for Highland and Argyll & Bute, both reporting to the NHSH Senior Leadership Team (SLT) and Mental Health Clinical Governance Group. The Highland MAT Oversight Group will report into HADP. Two events per year will be planned, where North Highland and Argyll & Bute can come together (one on Teams and one event in person).

Argyli & Bute can come together (one on reams and one event in person).						
Action Points	Lead/Responsible	<u>Timescale</u>				
MAT standards monthly	Chair, Steph Tyrer	Each Strategy Group				
reporting to be a	Reports from Arlene					
standing item on the						
Steering Group agenda.						
4.3 Partnership Fund	ed Services – Progress Repo	orts				
 report of 99 pages. This this is essential busine resources are invested mapped against the 5 mof investment. There was some discu 	 4.3 Partnership Funded Services – Progress Reports Carron noted that 23 different HADP funded services are reported on in a long report of 99 pages. This felt difficult to scrutinise in the meeting time available, yet this is essential business for the partnership and for our accountability on how resources are invested. Item 7.2 on the agenda showed all the 23 funded services mapped against the 5 national outcomes and this helped to understand the spread of investment. There was some discussion around how we can review the updates on funded services better to give them adequate scrutiny and attention. Suggestions 					

included:

- a rolling programme of topics or a spotlight on different topics each time alongside exception reporting;
- having a thematic approach along with RAG status which concentrates on problem areas, issues, gaps in service development and delivery;
- looking at what the ADP needs to come to the Strategy Group and what does not, splitting for operations and strategy;
- o whether we should have sub-groups by theme or outcome for reporting and
- whether the strategy group should meet more often for scrutiny and support.
- There was consensus that the current format makes outcomes reporting challenging. It was noted that there are a number of one-off projects due to finish relatively soon which will reduce the number of reports.

Summary highlights of the long-term grants

- There is good progress with Planet Youth with 5 pilot schools having completed their second biannual survey.
- Action for Children are working with vulnerable families through Parents Under Pressure (PuP) and facilitating input to the Highland Councils Family First strategy.
- The CAMHS psychologist post has been vacant for a while and a senior clinical psychologist is currently covering that work. There has been close partnership working between CAMHS and the Youth Action Service.
- The specialist midwife post has reported that by April next year over 50% of midwives in Highland will be trained in Alcohol Brief Interventions (ABI's) and drug and alcohol supports.
- Drug Treatment and Testing Order 2 (DTTO2) Highland are doing some very good work around supporting fathers in terms of contact with children.
- The harm reduction Police Officer is acting as a bridge into treatment for particularly vulnerable people. He has also been going through relevant cases to identify people who have drug and alcohol related issues and supporting them into treatment.
- Recruitment difficulties seem to be a common theme.
- New Start Highland have given some helpful descriptions on how risks are being managed there.

Local Improvement Fund (LIF) grants

- The highlight is the continuing opportunity to progress dialogue with communities.
- The lowlight would be getting the information back from people on time.

One-off grants

- There are positive examples of partners working collaboratively e.g. Café 1668 is being used by Action for Children as part of their Parents Under Pressure programme. And the specialist midwives have done awareness raising work with families in those settings.
- Some projects have highlighted that they don't expect to spend their funding allocation by the end of the year. A number of the projects have been delayed starting due to recruitment challenges. The majority are Third Sector partners and they have the facility to extend the life of the project by slipping start dates and carrying over slippage to next year.

Support team highlights

- Minimum Unit Pricing has been under consultation and closes tomorrow a response has been submitted on behalf of HADP. When the overprovision statement was renewed a few weeks ago, off-sales capacity was reduced from 40 square metres to 30 square metres, therefore any applications for off-sales over 30 square metres will not be granted. This is a positive development.
- Iver Forsyth is 2 weeks in to his 6-month secondment. An advisory group has been agreed with DARS, Housing/Homelessness and Third Sector partners who will be contributing to that throughout December. Iver will be looking at the current

caseload of people on Housing First and seeking to recommend a way of operating in Highland for those people at highest risk of drug and alcohol-related						
deaths as well as identifying who else may benefit from a Housing First service.						
	Action Points Lead/Responsible Timescale					
 Coordinator will liaise with those project leads who don't expect to spend their funding allocation by the end of the year. 	Coordinator	December 2023				
 Annual Report to go to the NHSH Board in Jan 2024. 	Coordinator	December 2023				
• To identify improvements in reporting on services/projects HADP invests in to enable better scrutiny and support of HADP funded services. Development session to be planned.	Chair/Coordinator	Early 2024				
4.4 Public Protection	Chief Officers Group Report	for 22/11/23				
The update report of HPPCO						
 At the last meeting there h thanks to Debbie, Frances Carron has also produced 	nad been a request for an exce s, and Liz for providing the repo I a short report seeking feedba	ort.				
support the COG with pub	plic protection duties.					
Action Points	Lead/Responsible	<u>Timescale</u>				
 HPPCOG to be a standing item on the strategy group meeting agenda. 	Chair/Steph Tyrer	Each meeting				
	ning Partnership Board (verb	al feedback from 15/09/23				
-	n preparing for 5/12/23)					
		3.				
 Bullet points of discussion from CPP Board meeting 15/09/23: The Director of Public Health (DPH) has asked for work to be progressed across the various death reviews – child death reviews, drugs death reviews and suicide deaths - to see if there are any common issues and to share good practice. The Annual Report was signed off by the CPP Board at the meeting in September. There was the helpful suggestion that HADP should produce a public facing report. The Chair noted that because our accountability is to the CPP Board we should have written feedback on this agenda which we will take forward in future meetings. 						
 Verbal update on preparing for the meeting on 5/12/23: CPP Board meets on Thursday this week and will look at how to ensure the Highland outcome improvement plan (HOIP) and the priorities within it, reads across to individual partner priorities and vice versa. Debbie will be providing an update on the Partnerships self-assessment action plan. We will need to revisit this at some point or undertake a new self-assessment. This will be based on guidance from the government. 						

<u>Act</u>	<u>ion Points</u>	Lead/Respons	<u>ible</u>	<u>Times</u>	<u>cale</u>
•	Written updates from	Chair		Each s	strategy group
	CPP Board meetings to			meetin	g
	be provided to the				
	strategy group, including				
	actions required of				
	HADP and any issues to				
	escalate to ensure good				
	governance.				
	4.6 National Performa	ance Audit of Dr	ug and Alcoh	ol Serv	ires
Bull	et points of discussion:		ag and Alcon		
	 Ray Buist from Audit S been agreed. The mail both national and local investment in drug and what scrutiny is being value for money is being are going to the right p Scotland will also be lot in service developmendone to address the baliving experience are in how people with lived delivery of services at The audit will also look Standards and mental 4 ADP's have been chareas and demograph Glasgow, North Ayrshi scope. Audit Scotland team and will explore site, recognising the b to step back from High have a lighter touch so challenging time. Ray and Debbie if they con Key points raised in di Health Improver residential rehat there are a nur coordinated at Audit Scotland commission, or fatigue. Public Health S mission and also 	n areas are leaded lised levels. Also d alcohol services undertaken bothing achieved. A kolaces and what do boking at inclusion at inclusion at inclusion to looking at inclusion and living at how arriers to people informing strategy and living experies a local level. A at how joined up health). I osen for audit to ics and identify we ire and Clackman were not aware of the possibility of urden that places and as a field si o as not to place will try to work the ne to a final decises scussion were: ement Scotland (ab in terms of inving nber of other piel a national level. could utilise som r add any relevan Scotland (PHS) a	ership, governa looking at fund s, where the m nationally and ey line of enque butcomes are b n of people wit accessible set accessing ther accessing ther at a national l ence are contri- b working is in see what is ha that challenges nanshire & St of capacity cha stepping back s on the Coordi- te, then Audit S unnecessary b is out as best l sion in the com HIS) also have olving people w ces of work our he of the data co the questions to re doing an ev	ance and ding mo oney is locally to iry is who being act the lived as rvices an m. How evel as buting to practice appening s exist. irling are allenges from Hi inator ro Scotland urden a he can a he can a ing days an age with lived there to collected this, to a aluation	d accountability at dels/the amount of being invested and to establish what nether investments shieved. Audit and living experience re and what is being people with lived and well as looking at o the design and e- (e.g. between MAT g across different e the other ADP's in with the support ghland as a field work ble. If they are unable d will endeavour to t an already and will speak to Liz s. nda in relation to d experience and hat could be d through the SDF avoid research
	level.	stated they were	keen to involv		and because of the
				e rignia	and because of the
Act		spect of the HAD		iblo	Timoscalo
	<u>ion points</u> Undete en audit timeseele		Lead/respons Coordinator	<u>-inie</u>	Timescale
	Update on audit timescale		Coordinator		Dec 2023
	implications to be provided				
5. P	artnership Improvement				
	5.1 Drug Death Revie	ws and Prevent	ion		

		Of the cases reviewed at the last meeting, there is a need for more timely service					
	• •	reports on previous contact.					
		In some instances, there can be very limited information.					
		The need for information regarding access to treatment services to be supplied by sexual health services has been actioned.					
		Previously rapid access to treatment could be challenging – MAT Standards and					
	exceeding the waiting	times standard are making a di	fference.				
		at the meeting looked at the fu					
		oving to more frequent (bi-mon					
	with learning shared m	on more quickly and ensure rev	lews are more responsive				
	•	s there may be fewer deaths th	is year in comparison to the				
		/ear. However, this may increa	•				
	NRS takes place.	, ,					
	•	the webinar report to be used a	at the next Prevention Group				
	meeting.						
<u>Ac</u>	tion Points	Lead/Responsible	Timescale				
•	Remain as standing item	Coordinator/Liz Smart	Each strategy group				
	on steering group agenda to inform		meeting				
	practice and strategy.						
		and Drug Deaths – Webinar	Feedback				
		eport, thanks to those that help					
	webinar.		-				
	The presentations and	discussions in the workshops	were informative.				
	•	ell attended and evaluated.					
		ver more webinars in the future	e and the Chair is keen for				
۸	one in-person event ea		Timescele				
<u>AC</u>	<u>tion Points</u> Programme of	Lead/Responsible Coordinator	Timescale Given recruitment timing, by				
•	webinars/seminars to be	Coordinator	early summer				
	developed.						
		on Drugs Annual Report 202	2-2023				
	• A link to the National M	lission annual report was inclu	ded in the Agenda for				
	information.	-					
	5.4 Drug Consumptio						
		rovided a news report on prog	ress on the pilot of the				
6	Glasgow facility for info Strategy and Partnership						
0.		Introductory Conversations					
	Carron has had conversations with 22 people involved in HADP with several more						
		people still to meet. Thanks to all that have provided time to speak to her about					
	HADP.	HADP.					
		positive comments about the					
		this being seen as a good foru	m for having conversations				
	inal might otherwise he	that might otherwise not happen.					
	•	Pressures and gaps have been highlighted with some related to our geography					
	Pressures and gaps ha		e related to our geography				
	 Pressures and gaps had and equity in service p 	rovision across the region.					
	 Pressures and gaps had and equity in service p 						
	 Pressures and gaps ha and equity in service p A recurring theme was that. 	rovision across the region.	only a bank or more than				

	A request was made a				
	individuals and getting	services togeth	ner to hear about	t what fa	amilies have to
	endure.				
	 There is a desire to ma 				hird Sector and have
	a good emphasis on p	revention and c	ommunity resou	rces.	
	When Carron has met	everyone she v	vill produce a wr	itten rep	oort and share with
	everyone to highlight h	low it will shape	e her approach to	o chairin	g the sessions with
	HADP going forward.				
Ac	tion Points	Lead/Respon	<u>sible</u>	Timeso	<u>cale</u>
•	Report for next meeting.	Chair		Februa	ry 2024
	6.2 ADP Key Require	ments 2024			
	Debbie has produced a	a table showing	the key require	ments o	f HADP in terms of
	when reporting is usua	illy due.	• •		
	• This will be included in		or handover docu	ument a	nd for agenda
	planning and governar				0
	6.3 National ADP Anr		22/23		
	• There is a link on the A	Agenda to the n	ational ADP Anr	ual Sur	vey 2022/23 which
	pulls together informat				
	shared for information.	•••			
	6.4 Future Strategy D	evelopment			
	Debbie introduced the		. Bullet points fro	om the c	liscussion:
	• There is a starter pape				
	assessment of HADP a				
	priorities.		0	•	
	• PHS are developing a	new evaluation	framework and	it is pro	posed we have a
	development session e				
	and make a start on a	refreshed strate	egy for Highland		-
Ac	<u>tion Points</u>		Lead/Respons	sible	<u>Timescale</u>
٠	HADP key reporting requir	ements to be	Coordinator		Dec 2023
	included in the Coordinato	r handover			
	document.				
٠	Self-assessment to be pro	grammed	Coordinator		By early Spring '24
	using Govt. framework.				
•	Risk workshop to be arran	ged.	Coordinator/Ch	air	By early Spring '24
•	New HADP strategy to be	drafted	Coordinator		During 2024
	drawing on new national e	valuation			
	framework.				
7.	Finance				
	7.1 Q2 Finance Retu				
	Following David's pres		report produced	for the	SG, the main bullet
	points of discussion we				
	Our total funding from				
	on last year and target	ed for different	developments. A	A£110k	underspend is
	forecast by year end.				
	 Debbie said the Third \$ 				
	agreed to fund, at a co			•	
	been delayed and is a				mment normally
	allow ADP to utilise sli		-		
	The Taskforce Respon				
	development of stabilis				
1	Although the money co	omes in under t	hat heading, we	have be	een exploring
1					
	inclusion of this type of	<u>f service i</u> n rela	<u>tion to Res</u> identi	<u>al Re</u> ha	b monies.

 She questioned what of and rehab services in t Debbie and Teresa have develop in-house detop and will therefore take New Craigs currently h Carron suggested have slippage could be rede adjust in year allocation social care budgets. <u>Action Points</u> Contact with SG 	his financial ye ve been meetin k facilities withir longer to organ aving 2 beds a ng a conversat ployed. Scottis	ar. g with Beechwo n Beechwood. T ise. There are I vailable. ion with Scottish n Government h ge budget press sible	bod to lool This would imited pla n Governr nas indica	k at how we can I require health input ces for detox with ment about how the ted it is looking to ther health and
required to confirm scope to redeploy				
projected underspend.				
7.2 Investment Plans	2023/24 and 2	024/25		
 Debbie was thanked for 			services/n	projects by national
outcome. This was dise				
7.3 Corra Funding				
 Corra funding is availa closing dates coming u open to existing grant I unlikely to be able to a 8. Emerging Risks 	ip soon. Please nolders only. Th	note the Local his means the C	Support F	und from Corra is
	uitmont and T	molino		
 8.1 Coordinator Recruitment and Timeline The Chair would like to have a discipline of risk management brought into the HADP strategy group, hence the agenda item. Three risks were identified and for the 2nd and 3rd risk further work is needed on understanding the risk and the mitigation required. There is a risk of continuity with the coordinator post soon to be vacant. The closing date has been extended to the 11th of December with interviews taking place in the new year. There is a risk of increasing costs. While our allocation from Scottish Government has a 1% uplift, costs have been risen faster, including staffing in some projects and medication costs, especially Buvidal. There is a possible risk around the delivery of ABI's due to the current review of all locally enhanced services in Highland. A locally enhanced service pays GP's in Highland to deliver the majority of ABI's. Whilst we don't know the impact this will have, it is a possible risk for the future. Emerging risks to remain on the agenda and a risk register to be completed following the workshop planned by early Spring 2024. 				
9. National Reports and Con	sultation			
9.1 Minimum Unit Pric		ation Respons	е	
Bullet Points of Discussion:			-	
 Liz gathered a HADP response and has submitted this on our behalf. Partners can still respond individually to the consultation. 				
9.2 National Collaborative – Call for Evidence Findings				
Bullet Points for Discussion:				

 There is a link on the Agenda to the findings of the Call For Evidence. The Charter of Rights will be launched by the National Collaborative on 11th 				
December. – Carron will attend to	o represent HADP.			
9.3 UK Clinical Guidelines for Alcol	hol Treatment – Consultation			
	 There is a current consultation out on UK Clinical Guidelines for Alcohol Treatment with a link to provide feedback. The closing date is 8th December. 			
10. Date and time of next meeting:	Tuesday 20 th February 2024; 2pm-4pm			
The next meeting will also be offered as a hybrid meeting.				
• Carron is happy to take reflections on her chairing of today's meeting by email.				
 Please email feedback to the Chair or Coordinator on anything that has worked well or could be better. 				

Summary of action points

Agenda item	Action	Lead/responsible	Time scale
2.2	Finance sub-group to review the current systems for allocating grants and commissioning services, to enable quicker and more efficient responses. Agreed that a review of systems for funding was needed.	Chair	
3.1	Progress reports on involving people/families with lived experience to the steering group (template report to be provided).	Katy MacLeod	Each steering group meeting
4.2	MAT standards monthly reporting to be a standing item on the Steering Group agenda.	Chair/Steph Tyrer Reports from Arlene	Each strategy group
4.3	Coordinator will liaise with those project leads who don't expect to spend their funding allocation by the end of the year.	Coordinator	Dec 2023
4.3	Annual Report to go to the NHSH Board in Jan 2024.	Coordinator	Dec 2023
4.3	To identify improvements in reporting on services/projects HADP invests in to enable better scrutiny and support of HADP funded services. Development sessions to be planned.	Chair/Coordinator	Early 2024
4.4	HPPCOG to be a standing item on the strategy group meeting agenda.	Chair/Steph Tyrer	Each meeting
4.5	Written updates from CPP Board meetings to be provided to the strategy group, including actions required of HADP and any	Chair	Each strategy group meeting

	issues to escalate to ensure good governance.		
4.6	Update on Audit timescales and implications to be provided.	Coordinator	December 2023
5.1	Remain as standing item on steering group agenda to inform practice and strategy.	Coordinator/Liz Smart	Each strategy group meeting
5.2	Programme of webinars/seminars to be developed.	Coordinator	Given recruitment timing, by early Summer
6.1	The Chair will provide a report for the next meeting following her introductory conversations.	Chair	February 2024
6.2	HADP key reporting requirements to be included in the coordinator handover document	Coordinator	Dec 2023
6.4	Self-assessment to be programmed using Govt. framework.	Coordinator	By early Spring 2024
6.4	Risk workshop to be arranged	Coordinator/Chair	By early Spring 2024
6.4	New HADP strategy to be drafted drawing on new national evaluation framework.	Coordinator	During 2024
7.1	Contact with SG required to confirm scope to redeploy projected underspend.	Chair/Coordinator	Dec 2023
8	Emerging risks to remain on the agenda and a risk register to be completed following the workshop planned by early Spring 2024.	Chair/Coordinator	Each strategy group meeting