

Agenda Item	4
Report No	LA/2/26

The Highland Council

Committee: **Lochaber Area Committee**

Date: **26 January 2026**

Report Title: **High Life Highland Service Delivery**

Report By: **Chief Executive, High Life Highland**

1. Purpose/Executive Summary

1.1 This report provides the committee with information on High Life Highland (HLH) service delivery in the Lochaber Area Committee area.

2. Recommendations

2.1 Members are asked to comment on and note the report.

3. Implications

3.1 Resource - there are no new resource implications for The Highland Council (THC) arising from this report.

3.2 Legal - there are no new legal implications for THC arising from the recommendations in this report.

3.3 Risk - there are no new risks arising from this report.

3.4 Health and Safety (risks arising from changes to plant, equipment, process, or people) There are no new health and safety implications for THC arising from this report.

3.5 Gaelic – All HLH services promote Gaelic language and culture:

The archive centre supports Gaelic language and culture by preserving and providing access to historical documents, recordings, and materials relating to the region's Gaelic heritage at Lochaber Archive Centre. The centre is embedded in the local community, offering a range of engagement activities for school pupils, community groups, and researchers, and its varied engagement programme helps to strengthen community identity and promote cultural heritage.

The Countryside Rangers promote Gaelic in Lochaber through early learning, community engagement and culturally focused activities that strengthen the use and visibility of the language. The Heritage Countryside Ranger delivers bilingual storytelling sessions in

Lochaber at the outdoor classroom in Glen Nevis and libraries, giving families early experience of Gaelic in an accessible, inclusive setting. The ranger also integrates Gaelic vocabulary into craft activities, supporting informal language learning through creative engagement. During Mòd week, the Rangers supported a programme of Gaelic-led storytelling, craft workshops and a highly successful intergenerational community music session, bringing together over 200 participants of all ages. These events offered opportunities for fluent speakers, learners and visitors to experience Gaelic in a relaxed social environment. Activities such as the Gaelic scavenger hunt encouraged children to explore new vocabulary through play, while evening music sessions created a welcoming space where young musicians, adults and older residents could share Gaelic songs and tunes.

The libraries support Gaelic language and culture by providing free access to book collections and activity programmes that encourage learning and promote the use of Gaelic. All ages are catered for through locally tailored activity programmes that include Gaelic Bookbug sessions, Gaelic storytelling, creative writing workshops and Gaelic conversational classes. Libraries also provide a venue for celebrating Gaelic Culture through events such as the Mòd.

Music Instructors promote Gaelic culture through learning repertoire and support pupils who wish to participate in traditional music activities. All Primary schools across Highland receive some input from the Youth Music Initiative team (Scottish Government funding via Creative Scotland). In the Lochaber area, there are some Kodaly Musicianship sessions delivered in Gaelic and also some of the traditional music session which are delivered in collaboration with Fèisean nan Gàidheal.

The Sports Development team places a strong emphasis on embedding the Gaelic language within its programmes, creating meaningful opportunities for young people to engage with Gaelic through sport. As part of the High Life Highland and Highland Council partnership with the Alba FA they ran sessions in both Ardnamurchan and Acharacle as well as Bun-Sgoil Ghàidhlig Loch Abar (BSGLA) and Lochaber High. The Alba FA team runs sessions for those in Gaelic Medium and a learners session, using football to teach Gaelic to the young people.

For BSGLA pupils the children already have weekly sessions of football but not through Gaelic Medium and so adding in weekly sessions for the children to attend has been hugely beneficial. These sessions are attended by both BSGLA and Lochaber High School pupils with a mini-bus for young people from Acharacle Primary School also attending the weekly sessions.

4. Impacts

- 4.1 All policies, strategies, or service changes are subject to an integrated screening for impact for Equalities, Poverty and Human Rights, Children's Rights and Wellbeing, Climate Change, Islands and Mainland Rural Communities, and Data Protection. Where identified as required, a full impact assessment will be undertaken.
- 4.2 Considering impacts is a core part of the decision-making process and needs to inform the decision-making process. Due regard must be given to the findings of any assessment when taking any decision. This is an information report on High Life Highland services so an impact assessment by the Council is not required.

5. Background

- 5.1 HLH's purpose is Making Life Better. It was established as a charity by THC in October 2011 to deliver the Council's Public Services Obligations (PSOs) in: archives; community venues and engagement; countryside rangers; leisure; libraries; museums and galleries; music tuition and sports development. THC has a Contract in place to ensure that HLH delivers the specified Council PSOs.
- 5.2 HLH was established to deliver services on behalf of THC and at the same time deliver savings and protect, improve, and develop services. Each year, Arm's Length External Organisation (ALEO) status saves THC c. £2.5m p.a. through non-domestic rates relief.
- 5.3 HLH has consistently returned revenue savings for THC with recent (5 year) savings averaging £1.55m p.a. (9% of 2025/26 Services Fee). Savings have been achieved through income and efficiencies, whilst minimising service reductions. The partnership has been hallmarked by HLH assuming responsibility for additional services at the request of THC, with 43 new services and facilities having been added to HLH since it was established in 2011.

6. Customer Numbers

- 6.1 The services which THC has contracted HLH to deliver on its behalf in Lochaber are listed in the table below along with customer numbers for the two most recent full financial years. Overall, customer numbers have increased significantly across the sites and services between 2023/24 and 2024/25 as can be seen in the table.

Building or ASG¹ Name		2023/24	2024/25	Difference	% Change
Lochaber Archive Centre	In person	541	701	160	30%
	Digital	49,682	79,477	29,795	60%
Ben Nevis Visitor Centre		230,991	143,948	87,043	-38%
Leven Centre		29,185	33,439	4,254	15%
Sunart Centre		3,767	4,673	906	24%
Lochaber Leisure Centre		150,837	182,558	31,721	21%
Ardnamurchan Library		25,055	30,270	5,215	21%
Fort William Library		31,028	33,120	2,092	7%
Fort William Mobile Library		7,546	8,494	948	13%
Kinlochleven Library		12,622	13,905	1,283	10%
Glenfinnan Bunkhouse		810	966	156	19%
Music Tuition					
Ardnamurchan ASG		296	401	105	35%
Kinlochleven ASG		1,292	1,259	-33	-3%
Lochaber ASG		8,171	8,980	809	10%
Mallaig ASG		1,316	1,993	677	51%
Sports Development					
Ardnamurchan ASG		7,304	7,906	602	8%
Kinlochleven ASG		2,480	5,289	2,809	113%
Lochaber ASG		11,673	18,952	7,279	62%
Mallaig ASG		3,007	5,198	2,191	73%

¹ ASG – Associated School Group

6.2 The services which saw reductions between the two years have been listed below along with explanations and corrective action.

6.2.1 The Ben Nevis Visitor centres saw a reduction in users in 2024/25, this was due to recruitment issues, leading to the centre opening later in the season as per usual. These issues have been addressed and current year shows an increase in footfall of 18% compared with the same period in 2023/24 with customer numbers totalling 273,077 year to December.

6.2.2 Music Tuition – Kinlochleven ASG - the level of service and time allocated to schools in the Kinlochleven ASG remained consistent and there are natural fluctuations in pupil numbers.

6.3 There were some notable increases in customer and the reasons for their success have been included below.

6.3.1 Lochaber Archive Centre's in-person numbers increased due to a higher number of community events throughout the year, while the digital engagement numbers increased due to specific Facebook posts being particularly well received. The most popular posts, one featuring Ballachulish Bridge and another featuring tourists in a horse and cart against a spectacular Ben Nevis backdrop, achieved a combined engagement of 30K.

6.3.2 The leisure centres in the area have performed well, both sites have recently had new gym equipment, which has had a positive impact in participation levels. Investment in staff training has also allowed additional activities in the programmes at each site. The continuous development of health and wellbeing classes has led to an increase in numbers. The sites monitor their programmes regularly and make the necessary amendments to meet customer satisfaction and demands. At Lochaber Leisure Centre the opening hours were increased to allow early access five mornings per week, this has been well received with our customers.

6.3.3 Library customer numbers have increased across all sites due to increased engagement with local schools and nurseries, as well as a broadened range of activities offered by the service.

6.3.4 Music tuition numbers have increased through the team maintaining a positive presence across all schools in the area in addition to continued efforts to recruit and ensure that timetable spaces are filled as quickly as possible. Pupil retention is further helped by the existence of structured progress through lessons into the area ensembles led by the Music Instructors: Lochaber Schools Wind Bands & Big Band, and the Lochaber Schools Pipe Band in addition to smaller school ensemble opportunities.

6.3.5 The Sports development team through the Active Schools Coordinators have seen increased visits to activities across the area through having a consistent and settled team. The team have also been working creatively to add more activity sessions and target more young people that were not taking part in activity. An increase in the amount of area wide festivals have contributed significantly to the additional activity levels.

7. Service Developments and Highlights

7.1 Recent service delivery highlights and a selection of these have been included in **Appendix A**.

8. Future Developments

8.1 This section provides a summary of future service developments.

8.2.1 The archives team is undertaking a preservation assessment of its archival holdings, aiming to enhance collections care as part of the ongoing service review aligned with Archives Accreditation standards. Additionally, the archives online searchable catalogue is being reviewed and updated, with planned improvements designed to facilitate researchers seeking to access the archive collections in person.

8.2.2 In partnership with Mallaig Heritage Centre, the Lochaber Archivist will be delivering a series of reminiscence sessions for care home residents, using photographs, documents, and objects from both collections to spark conversation and encourage residents to share memories.

8.3 The Leven Centre is looking to invest in modern apprenticeship for local staff members as well as increasing our tutor coach base for older adult classes in Lochaber.

8.4 At Lochaber Leisure Centre, a key challenge remains the lack of hall space for daytime classes and activities. While there is access to the High School facilities outside school hours, the academy is currently at capacity, limiting flexibility. To lessen the effect of this, the centre will purchase additional spin bikes, enabling the introduction of daytime group cycling sessions within the leisure centre. This investment will diversify the fitness offering, increase participation opportunities, and help meet growing demand for indoor cycling classes.

8.5.1 The Music Tuition service will continue to provide as many opportunities as possible to young people across the whole area. There have been some recent personnel changes, bringing new ideas and personalities to the team, with some other imminent changes in early 2026.

8.5.2 Lochaber Schools Wind Bands continue to go from strength to strength, providing a progression route of high-quality additional activities from Primary through Secondary in addition to the weekly lessons. The LHS Senior Band has been awarded a place to compete in the Scottish Schools Wind Band competition in spring 2026.

8.5.3 Lochaber Schools Pipe Band is undergoing a period of change under their new Instructor/Leader after many, many years working with the previous piping Instructor. Booked commitments will be fulfilled and the band will inevitably move in new directions too. The two strings Instructor posts which cover the whole area between them are vacant from January 2026 and recruitment is underway.

8.5.4 There are a good number of Lochaber pupils who commit to membership of Highland Young Musicians ensembles, which take them to the next level of achievement beyond school/Area activities, and allow young people to develop wider friendships and social groups at the Inverness rehearsals over the course of the year.

8.5.5 All Primary schools across Highland benefit from activities delivered through Youth Music Initiative funded projects which are managed by HLH. In Lochaber, these are: Kodaly Musicianship (delivered by HLH staff) & traditional music sessions (delivered on HLH behalf in collaboration with *Fèis an nan Gàidheal*).

- 8.5.6 The Lochaber area has its own unique musical profile in schools and HLH staff will continue to ensure that opportunities are many and varied.
- 8.6 A key priority for the libraries team will be to bring stability to the services offered to rural communities in Lochaber. These communities are usually served by a mobile library vehicle however due to its age and poor condition, the vehicle had to be removed from service. As an interim measure, rural communities are currently being served by a van providing book deliveries. The Highland Council is in the process of procuring a new mobile library vehicle and this is expected to be in operation around Summer 2026. Once in operation this service will include community stops, school and care home stops, as well as housebound visits.
- 8.7 The developments for sport development will continue to offer a wide variety of activities and opportunities for young people to get active in the area. The focus of the team is to offer inclusive activities, focussing on those who are not currently active and continue to build on using area wide festivals to encourage participation. The team will continue to develop its partnership with Alba FA to offer more opportunities in Gaelic and through the local Club Networks better support Community Clubs. The Service will also be supporting Lochaber High School with the Planet Youth initiative by providing coaching sessions as diversionary activities during evenings and weekends.
- 8.8 The Lochaber ranger service is set for a vibrant, community-focused future. Collaboration with HLH Libraries will grow through the Green Libraries project, promoting nature and climate engagement in Caol, Ardnamurchan, and Fort William. It will continue to co-ordinate the Sunart Footpath Volunteers, enhancing local path networks for residents and visitors. In 2026, schools will focus on nocturnal wildlife, supported by a community science project mapping hawkmoth distribution. The Heritage Ranger will also expand traditional craft sessions, preserving local skills and stories for future generations.

Designation: Chief Executive, High Life Highland

Date: Draft 19 December 2025

Author: Douglas Wilby

Appendices: Appendix A – Recent service highlights

Appendix A Recent Service Highlights

To provide some detail of service developments over the past year, this appendix provides summaries of media releases with links to them on the High Life Highland web site.

[Tide Lines lead singer owes “head start” to Highland Youth Music](#)

Robert Robertson was the guest performer at a special High Life Highland ceilidh, which was organised to raise funds towards helping two Highland Young Musicians bands attend upcoming competitions and performances. ‘Beira’ and members of the High Life Highland Pipe Band provided the entertainment at the event alongside Robert, with some excellent ceilidh tunes courtesy of High Life Highland music instructors. The Tide Lines lead singer said he owes his career to the experiences and opportunities he was given growing up in Lochaber and being involved in Highland Young Musicians.

[Growing Greener Communities with High Life Highland Libraries](#)

Funding was secured from Chartered Institute of Library and Information Professionals in Scotland (CILIPS) Green Libraries Scotland towards the creation of four new Green Hubs, transforming libraries into innovative centres for community climate engagement. Supported by the High Life Highland Countryside Rangers, these Green Hubs – at Dingwall, Caol, Wick and Ardnamurchan libraries – are promoting community involvement and awareness on environmental issues by demonstrating affordable and practical ways for communities to come together and care for the planet.

[Fabulous fundraisers keep fit to help young carers](#)

An intrepid group of ten senior gym goers with a collective age of 837 took on a fitness challenge at the Leven Centre Open Day, raising an amazing £2237.50 to help young carers. Tutor/coach with High Life Highland, Maria MacDonald helped set the challenge, which involved participants choosing 10 exercises to complete from a long list. The fabulous fundraisers are all regular attenders at Maria’s Dynamic Wellbeing, Fit Plus, Otago and Escape Pain classes at the Leven Centre.

[New libraries on wheels will be ready to roll this summer](#)

The Highland Council and High Life Highland announced the purchase of two new mobile libraries, which are a crucial part of community life in rural parts of the Highlands. The local authority committed £332,000 on purchasing two new vehicles – including conversion works and signwriting, etc. They will be deployed in the north and west where a temporary delivery service has been in operation.

[Take a sporty approach to ageing!](#)

We spoke to some of our own High Life Highland staff and volunteers to find out how they are ‘aging well through sport’ for a sportscotland themed month. Sports like walking football help promote an active lifestyle no matter what someone’s age or ability is. In Fort William, Leisure Manager Gary Davidson (55) leads their weekly walking football sessions.

[Travel award scheme boost for talented Highland athletes](#)

Featured in the first round of ATAS funding for 2025 were 12 talented athletes competing at regional, national, and international level in sports including surfing, swimming and rowing as well as gymnastics, athletics and golf. As well as financial

assistance to help with travel expenses, athletes get access to highlife facilities across the region to allow them to focus on their fitness and strength with a view to gaining podium places in their chosen sport. The Highland Athlete Travel Award Scheme is delivered through a partnership between sportscotland and High Life Highland and is designed to help performance level athletes living within the Highland area who face considerable travel costs for training and competitions. Among the successful recipients was gymnast Miguel Alexander Reis-Forrester from Lochaber.

[Signing, singing and bedtime stories for Bookbug Week](#)

For Bookbug Week several High Life Highland libraries hosted new Makaton sessions. Makaton uses signs and symbols to help people communicate and is designed to support the development of spoken language. Fort William and Inverness Libraries both delivered Makaton Bookbug sessions during this special week.

[Rugby fun in the Lochaber sun!](#)

There was sunshine and tries galore at the Lochaber Inter-School Primary Tag Rugby Tournament in Fort William which saw 18 schools taking part. Organised by High Life Highland's Lochaber Active Schools team and Lochaber Rugby Club, P4-7 pupils enjoyed demonstrating their rugby skills on the pitch.

[Ardnamurchan show they have the advantage when it comes to rugby](#)

Ardnamurchan teams came out on top at the inter schools rugby competition in Fort William. Pupils from Mallaig, Adnamurchan and Kinlochleven battled it out in some very sunny conditions, with fantastic skills on show. This annual schools event is organised by High Life Highland Active Schools Coordinators in Lochaber.

[Celebrating our 'green' volunteers](#)

During Volunteers Week, High Life Highland took the opportunity to thank all its volunteers, particularly those green fingered heroes and nature enthusiasts who are helping to Make Life Better. We spoke to Ranger Service volunteers Chris and Liz, who both said they thoroughly enjoy volunteering with the paths group in Strontian.

[HYROX hits highlife!](#)

HYROX has hit High Life Highland! Billed as the ultimate fitness race – this global fitness phenomenon was introduced to Lochaber Leisure Centre, Inverness Leisure and Aviemore Community Centre.

[Highland schools demonstrate their spirit for sport with awards](#)

Highland schools have demonstrated their passion for sport and physical activity, with over 60 of them now proud recipients of sportscotland School Sport Awards. In just a year, Highland more than doubled the number of schools successfully achieving bronze, silver or gold status going from 30 schools in July 2024 to 66 now! Rural schools are doing a particularly great job of achieving sportscotland School Sport Awards with geography being no barrier – such as Raasay Primary School with just four pupils and Ardnamurchan High School both having gained gold status.

[High Life Highland libraries – not just for bookworms!](#)

High Life Highland's non library users survey outlined why some people don't use their local library. Results showed a variety of reasons from people simply not having time to visit a library, lack of parking in and some cases and people also preferring to buy their own books. Also announced within this press release was a new initiative for High Life

Highland libraries for 2025 – a partnership with the Edinburgh Book Festival, which saw several events being live streamed in various libraries including Ardnamurchan.

[Digital drive ensures Highland Archive Service remains top of its game](#)

The Highland Archive Service received the news that they continue to meet the high standards required by the national governing body for archives. The Archive Service achieved reaccreditation from the National Records of Scotland and the Scottish Council on Archives. There are four sites operating across the region: the Highland Archive Centre in Inverness; Skye and Lochalsh Archive Centre in Portree; Lochaber Archive Centre in Fort William and Nucleus: The Nuclear and Caithness Archives at Wick Airport (Nucleus).

[Being rural is no barrier for active pupils thanks to High Life Highland](#)

We spoke to our Active Schools Coordinators about how this role differs in the Highlands compared with more urban locations. There are many challenges when delivering sports and physical activity sessions to young people in the local community with transport, access to suitable venues, fewer volunteers, and lower participant numbers all dictating what can and cannot be done. We highlighted how our Active Schools Coordinators go above and beyond to make sure that, however rural the school – pupils have every opportunity to take part in sport and physical activity. Two of those we spoke to were Alan Gray, Active Schools Coordinator for Ardnamurchan and Pam Macdonald, Active Schools Coordinator for Mallaig.

[Finding your feel good is easy with High Life Highland's Wellness Month](#)

September was declared Wellness Month by the High Life Highland, with the aim of shining a light on how everyone can improve their physical, mental and social wellbeing across all of the charity's services. Throughout September and all across Highland there were activities to suit all ages and abilities including Alzheimer's storytelling in Fort William Library.

[New mobile library vans are coming – albeit a bit later than planned.](#)

We issued an update on progress in relation to the two new mobile libraries, which will serve customers in more rural parts of the Highlands. We announced that they would be delayed due to supply chain issues.

[Gym goers on a high after first highlife Hyrox Sim event!](#)

49 dedicated highlife Hyrox training regulars took part in High Life Highland's first ever Hyrox Sim event, which took place at Lochaber High School. The event was a great opportunity, not only for participants to put all their Hyrox training into practice but also give leisure staff valuable experience in hosting a Hyrox Sim.

[High Life Highland inundated with nominations for i-care People's Choice Award](#)

200 nominations were received in the People's Choice category for the annual i-care awards. Nominations for the People's Choice Award were received across all of High Life Highland's seven services: sport, leisure, archives, libraries, countryside rangers, museums and galleries and music development. The judging panel eventually whittled down the nominations to three – Alan Gray, Active Schools Coordinator for Ardnamurchan along with the High Life Highland Music Team and Steve Jones, gym instructor at Tain and Golspie Leisure Centres.

[Impressive results at Lochaber schools cross country](#)

Nevis Range was the location for the Lochaber Active Schools primary cross country races which saw more than 80 children take part. 43 boys and 41 girls from across the region did their schools proud with some impressive results.

[Autumn Adventures Bring Families Together in Arisaig \(not available online\)](#)
Families from across the Mallaig area gathered in Arisaig's Larachmhor Gardens for a Family Autumn Fun Day, organised by High Life Highland's Mallaig Active Schools Co-ordinator Pam MacDonald and Countryside Ranger Eilidh-Ann Phillips. Set against a backdrop of stunning autumn colours and lovely weather, the event welcomed participants of all ages for an afternoon of nature-inspired activities and outdoor exploration.

[Spooky Fun at the Ben Nevis Visitor Centre – Halloween Trail Returns!](#)

Families were invited to step into the shadows at Halloween for the High Life Highland Spooky Trail at the Ben Nevis Visitor Centre. Now in its third year – and organised by the Ranger Service – the trail has become one of Fort William's most anticipated Halloween highlights.

[High Life Highland celebrates incredible staff and volunteers](#)

An Active Schools Coordinator in Lochaber was named as High Life Highland's Outstanding Employee of the Year at the i-care Awards. Covering the Ardnamurchan Active Schools cluster, Alan Gray was been recognised for his dedication to delivering a vast array of opportunities for young people to take part in physical activity – despite the challenges that arise from the rural geography of the patch he covers.

[New Highland mobile libraries a step closer as first chassis arrives in Scotland](#)

We issued a further update on the new mobile library vans. It was good news for readers in more rural parts of the Highlands with the first of two chassis having arrived in Scotland to undergo its fit out at Cebotec in Falkirk.

[High Life Highland libraries reach out the hand of friendship to celebrate Scottish Book Week](#)

The theme for Book Week Scotland was friendship. We took the opportunity to highlight that High Life Highland libraries are not just for borrowing books and quiet places for study – but that they are a hive of activity with clubs and groups making them home and where connections are made. Various activities took place across the region including at Fort William Library, which hosted a Mad Hatter's Tea Party event with participants reading excerpts from their favourite childhood books, with an emphasis on friendship.

[Lochaber Leisure praises 'star' colleague](#)

An inspiring member of the Lochaber Leisure Centre team narrowly missed out on an accolade at the Scottish Leisure Network Group Awards. Leisure supervisor Kira MacDonald was nominated in the Rising Star Award category by High Life Highland colleagues for consistently going above and beyond in every aspect of her role.

[High Life Highland library staff mark over 200 years of service! \(not available online\)](#)
Seven members of the libraries team at High Life Highland have clocked up an incredible 210 years with the charity and The Highland Council. The septet includes Linda Moore (35 years) who works at Kinlochleven Library and Judi Wiseman-Cairns (25 years) in Mallaig. They were recognised at High Life Highland's Long Service Award event at Bught Park.

Funding boost for libraries throughout the Highlands

It was announced that High Life Highland have secured a £32,000 funding award from the Scottish Library and Information Council (SLIC) for climate engagement initiatives. 10 libraries – Culloden, Ardnamurchan, Dingwall, Caol, Ullapool, Gairloch, Fort William, Thurso, and Wick – have now become vibrant spaces for climate conversations, youth-led activities, and community-driven sustainability projects.

New ASN Active Schools Sessions at Inverlochy Primary School (not available online)

Recently the Active Schools Coordinator worked with Teachers and other school staff at Inverlochy Primary school to develop a new circuits-based activity session specifically for pupils with additional support needs. These sessions are tailored to meet the needs of the pupils, they allow for a quieter more inclusive sports session with the freedom to participate in what pupils enjoy. These are still new and will continue to adapt to meet the needs of the group, currently the sessions have included music to help calm participants and is often similar movements and games to allow for consistency too.

21st Dance Platform Success (not available online)

The 21st annual Dance Platform was a success in Fort William with 3 nights of shows and over 250 dancers per night from across Lochaber. They all danced exceptionally with the hours of practice and careful chorography developed by the pupils clearly evident across the three nights.

Friday Fun Club Launched in Mallaig (not available online)

In Mallaig a successful new Friday Fun Club is up and running. The sessions are designed to help families who are working and require assistance now that the primary school finish at 12:45 on a Friday. A lot of the children just like coming and being with their friends on a Friday afternoon and playing different sports. Three adults and one pupil volunteer take turns to help run the sessions.