

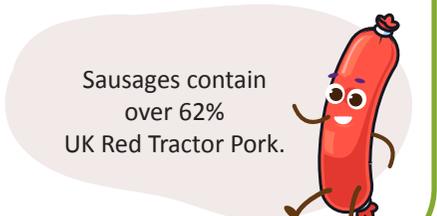
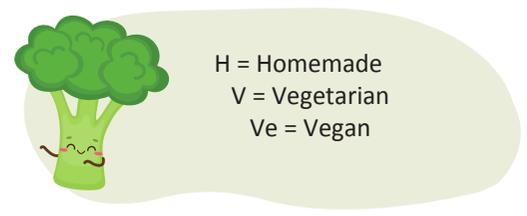
# Single Choice Menu (June - April) for Primary Schools & Early Years

(this menu starts 2nd June 2025)

weeks commencing; 2nd Jun (in-service), 30th Jun, 18th Aug (in-service), 15th Sep (in-service), 27th Oct, 24th Nov, 22nd Dec, 5th Jan (hol), 2nd Feb, 2nd Mar, 30th Mar



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	<b>Fish Fingers &amp; Chips with Seasonal Veg/Salad</b>	<b>Mince &amp; Tatties with Seasonal Veg/Salad (H)</b>	<b>Homemade Sausage Roll, Mashed Potatoes &amp; Beans with Seasonal Veg/ Salad (H)</b>	<b>Spaghetti Bolognese with Seasonal Veg/ Salad (H)</b>	<b>Chicken Goujons in a Wrap with Seasonal Salad</b>
<b>Dessert</b>	Yoghurt & Fruit	Sponge Cake & Fruit	Fruit Platter	Chocolate Cookie & Fruit	Ginger Biscuit & Fruit



Our food contains no unwanted additives e.g. trans fats, MSG, sweeteners or undesirable food colouring



# Single Choice Menu (October - June) for Primary Schools & Early Years

(this menu starts 2nd June 2025)



weeks commencing; 9th Jun, 25th Aug, 22nd Sep, 3rd Nov, 1st Dec, 12th Jan, 9th Feb, 9th Mar

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	Homemade <b>Meatballs</b> in Tomato Sauce with Mash & Seasonal Veg/Salad (H)	Homemade <b>Chicken Curry</b> with Rice, Flatbread & Seasonal Veg/ Salad (H)	<b>Gf Salmon Bubble Fish*</b> & Chips with Seasonal Veg/ Salad  <small>* Salmon Nibbles in ELC</small>	<b>Roast Beef</b> with Gravy, Mash & Yorkshire Pudding* with Seasonal Veg (H)  <small>* No Yorkshire in ELC</small>	Homemade <b>Chicken Burger</b> & Diced Potatoes with Seasonal Veg/ Salad (H)
<b>Dessert</b>	Yoghurt & Fruit	Fruit Platter	Oat Cookie & Fruit	Carrot Cake & Fruit	Shortbread & Fruit



Water or milk available to drink.



H = Homemade  
V = Vegetarian  
Ve = Vegan

Yoghurts contain under 3% fat and less than 10% sugar.



Sausages contain over 62% UK Red Tractor Pork.

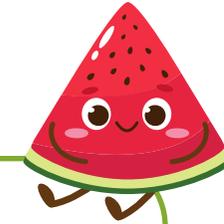


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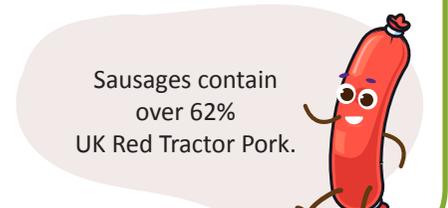
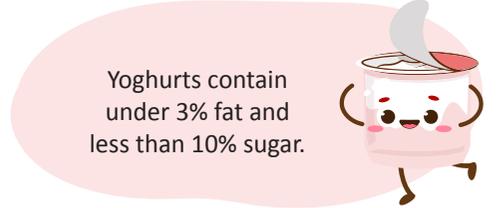
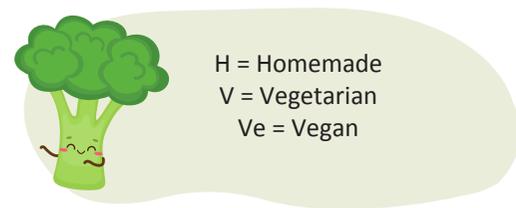
# Single Choice Menu (October - June) for Primary Schools & Early Years

(this menu starts 2nd June 2025)

weeks commencing; 16th Jun, 1st Sep, 29th Sep, 10th Nov, 8th Dec, 19th Jan, 16th Feb (hol), 16th Mar



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	Homemade <b>Beefburger &amp; Diced Potatoes with Seasonal Veg/Salad (H)</b>	<b>Breaded Fish*</b> & Chips with Seasonal Veg/ Salad  <small>* Fish Fingers in ELC</small>	<b>Macaroni Cheese &amp; Garlic Bread</b> with Seasonal Veg/Salad (H, V)	<b>Beef Lasagne &amp; Diced Potatoes with Seasonal Veg/Salad (H)</b>	<b>Chicken Fried Rice</b> with Cook's Choice Homemade Sauce with Seasonal Veg/ Salad (H)
<b>Dessert</b>	Yoghurt & Fruit	Fruit Platter	Ice Cream & Fruit	Chocolate Brownie & Fruit	Flapjack & Fruit



Our food contains no unwanted additives e.g. trans fats, MSG, sweeteners or undesirable food colouring



# Single Choice Menu (October - June) for Primary Schools & Early Years

(this menu starts 2nd June 2025)



weeks commencing; 23rd Jun, 8th Sep, 6th Oct, 17th Nov, 15th Dec, 26th Jan, 23rd Feb, 23rd Mar

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	<b>Pork Sausages in a Hot Dog Roll</b> with Seasonal Veg/Salad	<b>Homemade Fishcakes &amp; Chips</b> with Seasonal Veg/ Salad (H)	<b>Chicken Curry</b> with Homemade Katsu Sauce & Rice with Seasonal Veg/ Salad (H)	<b>Steak Pie &amp; Mashed Potatoes</b> with Seasonal Veg/Salad (H)	<b>Tomato Pasta</b> with Tortilla Chips & Seasonal Veg/ Salad (H, Ve)
<b>Dessert</b>	Yoghurt & Fruit	Lemon Drizzle Cake & Fruit	Coconut Biscuit & Fruit	Fruit Platter	Vanilla Cookie & Fruit



Water or milk available to drink.



H = Homemade  
V = Vegetarian  
Ve = Vegan

Yoghurts contain under 3% fat and less than 10% sugar.



Sausages contain over 62% UK Red Tractor Pork.



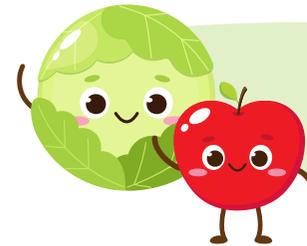
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Check with your school if the meals offered are 3 Choice, 2 Choice, Single Choice or Grab & Go Friday menu.  
Supply issues may mean that some meals are changed at short notice, we will attempt to communicate this through your school.



School meals for children in Primary 1 to 5 are free.  
Payment options are at the link below or contact catering services  
[www.highland.gov.uk/info/878/schools/9/school\\_meals/2](http://www.highland.gov.uk/info/878/schools/9/school_meals/2)



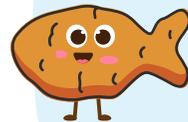
Fruit and Veg are sourced locally where possible.



Eggs are local and free range.



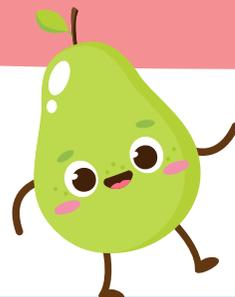
All meat and poultry is UK Farm assured.



Our salmon and white fish is certified by Marine Stewardship Council.



For Allergies, Intolerances, Cultural, Ethical or ASN meal choices - apply online  
[www.highland.gov.uk/info/878/schools/9/school\\_meals/4](http://www.highland.gov.uk/info/878/schools/9/school_meals/4)



Contact details  
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Phone: 01463 644102

