

# Great Glen Way Route Stages



How you choose to break your route into stages is entirely up to you. We provide here itineraries for 4, 5, 6 and 7 day adventures.

Accommodation type and availability vary along the Glen. Please check that your desired accommodation is possible when planning your route and we would always suggest booking in advance, particularly in smaller settlements. Please remember that if you are camping or wild camping, then you have much greater flexibility.

## 4 days

No of Days	Start	End	Distance (Km)	Distance (Miles)
Day 1	Fort William	South Laggan	37.7km	23.42 miles
Day 2	South Laggan	Invermoriston	34.3km	21.34 miles
Day 3	Invermoriston	Drumnadrochit	23km	14.3 miles
Day 4	Drumnadrochit	Inverness	32km	19.88 miles
Day 1	Fort William	Invergarry	45.2km	28.07 miles
Day 2	Invergarry	Invermoriston	29.2km	18.13 miles
Day 3	Invermoriston	Drumnadrochit	23km	14.3 miles
Day 4	Drumnadrochit	Inverness	32km	19.88 miles

## 5 days

Day 1	Fort William	Gairloch/Sp Bridge	17.04km	10.59 miles
Day 2	Gairloch/Sp Bridge	South Laggan	20.7km	12.84 miles
Day 3	South Laggan	Invermoriston	34.3km	21.34 miles
Day 4	Invermoriston	Drumnadrochit	23km	14.3 miles
Day 5	Drumnadrochit	Inverness	32km	19.88 miles
Day 1	Fort William	Gairloch/Sp Bridge	17.04km	10.59 miles
Day 2	Gairloch/Sp Bridge	Invergarry	28.1km	17.48 miles
Day 3	Invergarry	Invermoriston	29.2km	18.13 miles
Day 4	Invermoriston	Drumnadrochit	23km	14.3 miles
Day 5	Drumnadrochit	Inverness	32km	19.88 miles

## 6 days

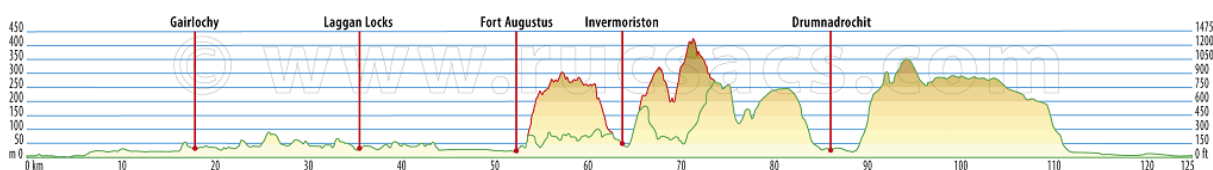
Day 1	Fort William	Gairlochy/Spean Bridge	17.04km	10.59 miles
Day 2	Gairlochy/Sp Bridge	South Laggan	20.7km	12.84 miles
Day 3	South Laggan	Fort Augustus	19.5km	12.14 miles
Day 4	Fort Augustus	Invermoriston	14.8km	9.21 miles
Day 5	Invermoriston	Drumnadrochit	23km	14.3 miles
Day 6	Drumnadrochit	Inverness	32km	19.88 miles
Day 1	Fort William	Gairlochy/Sp Bridge	17.04km	10.59 miles
Day 2	Gairlochy/Sp Bridge	Invergarry	28.1km	17.48 miles
Day 3	Invergarry	Fort Augustus	14.36km	8.92 miles
Day 4	Fort Augustus	Invermoriston	14.8km	9.21 miles
Day 5	Invermoriston	Drumnadrochit	23km	14.3 miles
Day 6	Drumnadrochit	Inverness	32km	19.88 miles
Day 1	Fort William	Gairlochy/Sp Bridge	17.04km	10.59 miles
Day 2	Gairlochy/Sp Bridge	South Laggan	20.7km	12.84 miles
Day 3	South Laggan	Fort Augustus	19.5km	12.14 miles
Day 4	Fort Augustus	Altsigh	21.74km	13.51 miles
Day 5	Altsigh	Drumnadrochit	16.08km	10 miles
Day 6	Drumnadrochit	Inverness	32km	19.88 miles

## 7 days

Day 1	Fort William	Gairloch/Spean Bridge	17.04km	10.59 miles
Day 2	Gairloch/Sp Bridge	South Laggan	20.7km	12.84 miles
Day 3	South Laggan	Fort Augustus	19.5km	12.14 miles
Day 4	Fort Augustus	Invermoriston	14.8km	9.21 miles
Day 5	Invermoriston	Drumnadrochit	23km	14.3 miles
Day 6	Drumnadrochit	Abriachan	12.54km	7.79 miles
Day 7	Abriachan	Inverness	19.46km	12.09 miles
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Day 2	Gairloch/Sp Bridge	Invergarry	28.1km	17.48miles
Day 3	Invergarry	Fort Augustus	14.36km	8.92 miles
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Day 4	Fort Augustus	Altsigh	21.74km	13.51 miles
Day 5	Altsigh	Drumnadrochit	16.08km	10 miles
Day 6	Drumnadrochit	Abriachan	12.54km	7.79 miles
Day 7	Abriachan	Inverness	19.46km	12.09 miles

Looking for more of a challenge? Seeking some of the best views of the Great Glen and Loch Ness?

Route sections between Fort Augustus / Invermoriston and Invermoriston /Altsigh give a choice between high and low route options. (See the red sections of the route profile below) Both high sections add a significant climb and descent to your journey, with Ft Augustus – Invermoriston being 1 mile longer by the high route and Invermoriston – Altsigh being  $\frac{3}{4}$  of a mile shorter.



Route Profile is courtesy of Rucksack Readers.