

SUNDAY 23 APRIL

Dunbeath Strath. **OS 17 159 299**

11.25km / 7 miles approx., riverside path, track and open moorland to Cnoc na Maranaich.

Leader: Steve Farquharson : 01862 811381 / 07826 695721

Optional self-guided low level walk to Soldier's Leap and return, or continue on track, but omit Cnoc na Maranaich.

Car Share: Bonar Bridge PO 09.00 : Golspie 09.30 : Brora Co-op 09.45

The walks **start** / end at car park by Telford Bridge, Dunbeath at **10.30**

SUNDAY 28 MAY

Sciberscross Seven Lochs walk. Start point : **OS 17 775 102**

14.5km / 9 miles, approx. 300m / 984ft. climb. From Sciberscross, towards Pollie & Amat along Ben Armine Lodge track and back to Dalreavoch, near the River Brora Bridge. Car at finish to transport drivers back to cars.

Leader: Stan Holroyd : 01408 621370 / 07890 352804

Optional shorter low level self-guided walk possible.

Car Share:- Bonar Bridge PO 09.15 : Brora Co-op 10.00

The walks start beside track north of Sciberscross Farm at **10.30**

Parking limited, 6 cars maximum.

SUNDAY 25 JUNE

Glen Loth. **OS17 937 127** or **OS17 939 126** (start/end with climb over deer gate). Ben Dhorain 628m / 2060ft and Ben Uarie 623m / 2044ft.

14km / 8.75 miles, circular, track, open hill and moorland, with return to the south west down Glen Sletdale Burn track back to start point.

Leader: Bill Lockyer : 07507 674161

Optional shorter low level self-guided walk possible.

Car Share:- Bonar Bridge : 08.15 : Lairg : 08.30 : Golspie : 09.00 :

Brora Co-op : 09.15 Park at Sletdale Bridge or 200yds before the bridge.

The walks start at **10.00**

SUNDAY 9 JULY : Summer Special

Meall an Fhuer Loch **OS 15 & OS 16 : Start 373 333**

Large parking space on A838, past West Merkland at **10.30**

11.25km / 7 miles, circular, road/track and rough hill to summit.

Bring your own map/printout from Bing Maps/Google or OS.

Leader: David Hannah : 01863 766061 **(No Dogs)**

Easy option, self-guided, same start. Walk to Power Station and maybe a little further up track. 2 miles each way, return same route.

Car share:- Dornoch 08.45 : Golspie 09.00 : Bonar Bridge PO 09.20 :

Lairg 09.40 *Essential : Booking to Secretary by 31st May for High Tea.*

SUNDAY 23 JULY

John o'Groats Trail : Badbea to Dunbeath. **OS 17 088 201**

Approx. 11.26km / 7 miles, one way.

Leader: Ken McElroy, JOGT Trail : 07528 675774

Meet at Dunbeath Heritage Centre at 10.00 **OS 17 158 296**

Car Share: Bonar Bridge PO 08.30 : Golspie 09.00 : Brora Co-op 09.15

Optional self-guided shorter walk from Badbea to Berriedale and return.

Approx. 6.5km / 4 miles.

SUNDAY 27 AUGUST

Ben Hee : 873m / 2864ft. 11.3km / 7 miles, linear. **OS 16 383 329**

Leader: Russell Wood : 07774 117202

Optional self-guided low level walk on path towards Gobernuisgach.

Car Share: The Mound 09.00 : Bonar Bridge PO 09.10 : Lairg 09.30

Parking at start of walk is restricted, so car share wherever possible is recommended. The walks start from West Merkland at **10.20**

Walks Planning Meeting : October to March
Wednesday 6 September 2023 : 7.30 pm
Dornoch Social Club

SUNDAY 24 SEPTEMBER

Strathpeffer to Rogie Falls and return. **OS 26 473 576**

10 miles, forest paths and tracks, semi-circular.

Leader: Jon Jenkins : 01862 810382

Optional self-guided shorter walk, eg Contin to Rogie Falls and back, or a variation.

Car Share: Home Bargains, Tain 09.00

The longer walk starts from Loch Kinellan car park, Strathpeffer at **10.00**

GPS Lat / Long 57.583 – 4.556

- The Bonar Bridge Car Park is on Lairg Road, opposite the Post Office
- The Golspie Car Park is on Fountain Road
- The Lairg Car Park is on Main Street, opposite the Chemists
- The Home Bargains, Tain Car Park is on Morangie Road :Park at rear

- Please contact Walk Leaders if further details of walks are required.
- Please pre-book attendance on walks with the Secretary.

Non Members are advised to contact the Walk Leader the day before the walk to confirm that it is taking place.

CHAIRMAN

Jon Jenkins : 01862 810382
 Knockglass
 Skelbo
 DORNOCH IV25 3QF

VICE CHAIRMAN

Annette Parrott : 01549 402095
 The Croft House
 West Shinness
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SECRETARY

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 Castle Street
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TREASURER

David Hannah : 01863 766061
 Tigh na Cnoc
 Ardgay Hill
 ARDGAY IV24 3DH

The Committee members will be pleased to answer any questions regarding these walks, or on joining the Sutherland Walkers Group. Alternatively, send an e-mail to femmacdonald@btinternet.com

IMPORTANT INFORMATION

- Sutherland Walkers Group is pleased to welcome occasional walkers or new members to any of these walks. Annual Membership (due 8 March) is £10 for adults and free for under 16's. No charge is made for the initial two walks.
- For more details on each walk, please contact the relevant Leader.
- Walks may be altered (or cancelled) if weather conditions dictate.
- Car sharing : £5 contribution, mutually agreed between driver and passengers.
- Walkers wishing to bring their dogs on walks are advised to discuss the suitability of the walk with the Walk Leader beforehand, and in accordance with The Scottish Outdoor Access Code.
- **ALL WALKERS ARE ADVISED TO:-**
 - Bring a packed lunch and sufficient to drink (ideally hot).
 - Have appropriate wind and waterproof clothing.
 - Wear walking boots, which are essential.
- Walkers are responsible **at all times** for themselves and any accompanied children they bring under 16 years of age.
- The Walk Leader's decision is final on all issues concerning their walk. Any concerns about the walk must be made to the Leader in private in order to prevent any undermining of the Leader's authority.
- **Leaders will carry a First Aid Kit**
- New Walk Leaders and ideas for future walks are always welcome.

**Programme of Walks and Events****April 2023****To****September 2023**