

Coronavirus (COVID-19)

School trips

Head Teachers must submit a plan through the Evolve system well in advance of travel (at least 30 days), for this to be risk assessed and approved. Advice on travel can be found on:

Fit for Travel: www.bit.ly/FitForTravel-Coronavirus

and the Foreign and Commonwealth Office: www.bit.ly/Foreign-Travel-Advice

Healthcare professionals

Information for healthcare workers is currently available here:

www.bit.ly/Healthcare-Professionals

If you have recently returned from a country or area identified as a high risk area and have symptoms **please self-isolate immediately** and contact your GP or NHS 24 (phone 111) by phone for urgent clinical assessment and advice.

www.bit.ly/FCO-affected-areas

If you have travelled or transited through a specified country or area and have returned to the UK in the past 14 days and are asymptomatic please notify your line manager and the occupational health department who will be able to provide further advice.

Advice for the public

Advice for the public, including those who have recently returned from at risk areas, is available on the NHS Inform website: www.nhsinform.scot/coronavirus

If you do not have symptoms, and are looking for general information, a free helpline has been set up on **0800 028 2816**.

The helpline is open:

- Monday to Friday, 8am to 10pm
- Saturday and Sunday, 9am to 5pm.

Further guidance will be issued as appropriate if national advice is updated.